

Physiological Research Pre-Press Article

1 Administration of telmisartan reduced systolic blood pressure and oxidative stress
2 probably through the activation of PI3K/Akt/eNOS pathway and NO release in
3 spontaneously hypertensive rats

4

5 Lina Xu¹, Yin Liu^{2,#}

6 ¹Graduate School of Tianjin Medical University

7 ²Second Department of Cardiology, Tianjin Chest Hospital

8

9 [#]Correspondence: Second Department of Cardiology, Tianjin Chest Hospital, No.93,

10 Xi'an Road, Heping District, Tianjin, China. 300051. E-mail: wmccp2008@126.com

11 Short title: Telmisartan ameliorates hypertension and oxidative stress in rat.

12

13

14 **Abstract**

15 We investigated the effects of telmisartan, the blocker of angiotensin II receptor 1, on
16 the regulation of systolic blood pressure (SBP) and oxidative stress through
17 endothelial nitric oxide (NO) release in spontaneously hypertensive rats (SHR). SHRs
18 randomly received placebo, oral feeding of telmisartan (5 mg/kg or 10 mg/kg) every
19 day and Wistar-Kyoto rats (WKYs) served as normotensive control. The SBP of rat
20 was measured before and weekly thereafter. After a total of 8-week treatment, rats
21 were killed for experimental measurements. Parameters that subject to measurements
22 in isolated aorta endothelial cells include: NO concentration, protein expression levels
23 of angiotensin II receptor 1, nitrotyrosine, 8-isoprostane, SOD, PI3K, Akt, AMPK and
24 eNOS. In addition, L-NMMA, a general inhibitor of nitric oxide synthase, was also
25 applied to test the inhibition of NO concentration. We found that SBPs were
26 significantly lower in telmisartan therapy group than in placebo treated hypertensive
27 rats and WKYs ($p < 0.05$). The NO concentration was significantly higher in
28 telmisartan-treated group with increased activity of the PI3K/Akt pathway and
29 activated eNOS signaling. Blockade of Akt activity reversed such effects. Activation
30 of AMPK also contributed to the phosphorylation of eNOS. L-NMMA treatment
31 reduced less NO concentration in SHR rats than the telmisartan co-treated groups.
32 Oxidative stress in SHRs was also attenuated by telmisartan administration, shown by
33 reduced formation of nitrotyrosine, 8-isoprostane, and recovered SOD protein level.
34 Telmisartan enhanced NO release by activating the PI3K/Akt system, AMPK

35 phosphorylation and eNOS expression, which attenuated the blood pressure and
36 oxidative stress in SHRs.

37 **Keywords**

38 Angiotensin; NO; Hypertension; Oxidative stress; Telmisartan

39

40 **Introduction**

41 Blood pressure (BP) is regulated through the integration of cardiac, neuronal, humoral,
42 and vascular mechanisms. The renin-angiotensin system is one of the most important
43 regulators of blood pressure (Crowley et al., 2008). Studies have shown that chronic
44 treatment of angiotensin II receptor blockers (ARBs) has beneficial effects in
45 spontaneously hypertensive rats (SHRs) (Dupuis et al., 2005). Clinical studies have
46 also reported that ARBs hold beneficial effects on cardiovascular morbidity and
47 mortality in hypertensive patients (Pfeffer et al., 2003; Yusuf et al., 2003). Nitric
48 oxide (NO) is a highly reactive gaseous signaling molecule with a short half-life (3-5
49 seconds). It can diffuse through the biological membrane due to its both water- and
50 lipid-soluble features. NO is recognized as an endothelium-derived relaxing factor
51 that is bio-synthesized endogenously from L-arginine and oxygen by nitric oxide
52 synthases (NOS) (Marsh et al., 2000). Evidences have shown that rats treated with
53 compounds that diminish NO bioavailability, such as pharmacologic inhibitors of
54 endothelial nitric oxide synthase (eNOS) including L-nitroarginine or L-N-arginine
55 methyl ester, displayed reduced vascular responsiveness to normal vasodilatory
56 stimuli (Sakuma et al., 1992). Knockout of eNOS in mice also confirmed the roles of
57 NO in BP regulation (Liu et al., 2008). In this study, we hypothesized that the
58 angiotensin II receptor antagonist telmisartan, in addition to its effect on the RAAS,
59 could enhance the NO release and reduce oxidative stress in aorta endothelial cells
60 (ECs) by up-regulating the eNOS expression through activating PI3K/Akt pathway
61 and AMPK pathway, resulting in attenuated blood pressure in SHRs.

62

63 **Material and Methods**

64 **Animal experiments**

65 Ten-week-old male spontaneously hypertensive rats (SHRs, 220 – 240 g) were fed a
66 standard chow diet. Rats were randomly separated to the following treatments: oral
67 feeding of 5 mg/kg or 10 mg/kg telmisartan in drinking water purchased from
68 Boehringer Ingelheim Inc. (Shanghai, China) per day and vehicle control SHRs (n =
69 8). Selection of telmisartan dosages was based on preliminary studies in our
70 laboratory and previous studies (Susic et al., 2012). Age-matched Wistar-Kyoto rats
71 (WKYs, ~200 g) were used as normotensive controls (n = 8). Systolic arterial
72 pressure was measured by tail-cuff plethysmography once a week. After eight weeks
73 treatments, all rats were anaesthetized with sodium urethane (1.5 g/kg i.p.) and
74 exsanguinated. Aortic homogenates were obtained for following Western blot assay.
75 All animal experiments are approved by the Animal Ethics Committee of Tianjin
76 Medical University.

77 **Isolation of the aorta endothelial cells from SHR rats and Wistar-Kyoto rats**

78 The aorta endothelial cells were isolated using a modification of the murine EC
79 isolation method of Kobayashi et al (Kobayashi et al., 2005). Thoracic aortae were
80 excised and placed in a phosphate buffered solution (PBS) at pH 7.4. Aortae were
81 carefully cleaned of fat, connective tissue and blood, taking care not to touch the

82 luminal surface. The tissue was rinsed with Hank's Balanced Salt Solution (HBSS)
83 and clamped at one end. A solution of 2 mg/ml Type I collagenase (Invitrogen,
84 Carlsbad, CA) in HBSS was injected into the lumen and the tissue was incubated at
85 37 °C for 15 minutes. The clamp was then removed and the lumen flushed with HBSS
86 to collect the ECs. The ECs were then plated in a 60 mm tissue culture dish
87 containing human EC growth media (EGM-2, Lonza, Inc., Basel, Switzerland) for
88 further investigations. To test the inhibitory effects on Akt, 0.5 μM MK2206
89 (ChemieTek, Indianapolis, IN) was dissolved in DMSO and then treated in cell
90 culture medium for 24 h (Liu et al., 2011).

91 **Measurement of NO concentration in the aorta endothelial cells**

92 The fabrication and calibration of the NO electrode were made as described previous
93 study with minor modifications (Tjong et al., 2007). In brief, a platinum wire
94 insulated in a polyethylene tube was dipped with Nafion. The Nafion-coated electrode
95 was further modified with palladium and iridium oxide particles for improving the
96 sensitivity of the NO electrode. Then, a thin film of poly-o-aminophenol (POAP) was
97 deposited in the outer layer to ameliorate the selectivity of the NO electrode and to
98 avoid fouling by proteins. NO standards were prepared by serial dilution of a
99 saturated NO solution. The saturated NO solution was prepared by bubbling PBS (pH
100 7.0) with pure nitrogen for 30 min to remove O₂, following by NO gas (Matheson Gas,
101 Basking Ridge, NJ) for 30 min. Standards were kept in a glass flask with a rubber
102 septum. Electrochemical experiments were performed with a CHI 660A
103 electrochemical analyzer (CH Instruments, Austin, TX) in a three-compartment cell

104 with an Ag/AgCl reference electrode, a Pt wire auxiliary electrode, and a chemically
105 modified electrode as working electrode. The NO electrode was calibrated with
106 successive injections of various concentrations of NO from 20 to 1000 nM to the
107 artificial cerebrospinal fluid in the recording chamber. The current was measured at a
108 voltage of 0.9 V. The current response to various NO concentrations in a nanomolar
109 range was very close to linear with the coefficient of the linear equation ($y=a+bx$) not
110 less than 0.95. The detection limit of our electrode was about 10 nM with signal to
111 noise ratio of 3 (Jian et al., 2007).

112 The aorta endothelial cells were equilibrated in the perfusate for 15-30 min. The
113 tip of the NO electrode was gently placed at the endothelial cells under visual
114 guidance with a dissecting microscope and the level of NO in the extracellular space
115 was then measured. To test the effect of nitric oxide synthase (NOS) inhibitor on NO
116 concentration, cells were pre-treated with 100 μ M L-NMMA (Sigma, St. Louise, MO)
117 for 10 min before NO detection. NO concentration from Wistar-Kyoto rats was used
118 as control.

119 **Western blotting**

120 Proteins from the aorta endothelial cells and aortic homogenates were extracted by
121 using protein extraction kit from Invitrogen. Concentration for each protein sample
122 was analyzed via bicinchoninic acid (BCA) protein assay (Bio-Rad Laboratories,
123 Hercules, CA). Proteins were mixed with Laemmi buffer containing lysis buffer, 10%
124 2-mercaptoethanol, and 2 mg/ml bromophenol blue. Samples were incubated at 95 $^{\circ}$ C

125 for 5 min and 20 μ l of each sample was loaded in each well of a 10%
126 SDS-polyacrylamide mini-gel. Membranes were then transferred to
127 polyvinylidenedifluoride membranes using a transblotting apparatus (Bio-Rad) for 60
128 min. Then membranes were incubated at room temperature for 2 h in TBS buffer with
129 5% skimmed milk, followed by incubating with appropriate primary antibodies
130 including eNOS (1:1000, Santa Cruz Biotechnology Inc. Santa Cruz, CA), p-eNOS
131 (at Ser1177, 1:1000, Santa Cruz), PI3K (1:1000, Cell Signaling, Danvers, MA),
132 p-PI3K (at Tyr508, 1:1000, Cell Signaling), AMPK (1:1000, Cell Signaling),
133 p-AMPK (at Thr172, 1:1000, Cell Signaling), Akt (1:1000, Cell Signaling), p-Akt (at
134 Ser473, 1:1000, Cell Signaling), nitrotyrosine (NTR, 1:1000, Cell Signaling), SOD
135 (1:1000, Santa Cruz), Cytochrome P450 2E1 (CYP2E1, 1:1000, Abcam), and
136 angiotensin II receptor 1 (1:1000, Abcam, Cambridge, MA) in TBS buffer with 5%
137 skimmed milk for overnight at 4 $^{\circ}$ C. After incubation, membranes were washed and
138 incubated with second antibody, anti-mouse IgG conjugated to HRP for eNOS and
139 p-eNOS (1:10000; Santa Cruz), anti-goat IgG conjugated to HRP for angiotensin II
140 receptor 1 (1:10000; Santa Cruz), anti-rabbit for PI3K, p-PI3K, Akt, p-Akt, NTR, and
141 SOD (1:10000; Santa Cruz) in TBS solution with 5% skimmed milk for 1 h. Then
142 blots were developed using chemiluminescence reagent (Pierce Biotechnology,
143 Rockford, IL). Films were exposed and analyzed by using ImageJ software (National
144 Institute of Health, Bethesda, MD). Results were expressed in relative optical density
145 against parallel blotting of β -actin (Sigma, St. Louise, MO).

146 **8-isoprostane measurement**

147 To evaluate the oxidative stress in the primary cultured aorta endothelial cells of
148 SHRs, the level of 8-isoprostane for each sample was measured using commercial kit
149 from Cayman Chemical (Cayman Chemical Company, Ann Arbor, Michigan) and
150 expressed as percentage of control level in Figure.

151 **Statistics and data analysis**

152 Graphpad Prism software (Graphpad Software, Inc., San Diego, CA) was used to
153 analyze the statistics of the data. Results are presented as means +/- SEM and
154 statistical analyses between groups are one-way ANOVA with post-hoc tests for
155 multiple comparisons (Bonferroni correction). Statistical significance was considered
156 at $p < 0.05$.

157

158 **Results**

159 To determine the effect of telmisartan treatment on blood pressure in SHR rats,
160 we measured the SBPs of all group rats every week. The baseline SBP in SHRs was
161 182 ± 2 mmHg which was much higher than that in WKY (121 ± 1 mmHg, $p < 0.001$).
162 Administrations of telmisartan in the dose of 10 mg/kg concentration showed a
163 significant decrease in SBP from week 2, and the administration of 5 mg/kg
164 telmisartan showed a substantial decrease in SBP decrease from week 3 (Fig. 1, $p <$
165 0.01). At the end of week 8, the SBP of both telmisartan-treated groups showed
166 significant reduction when compared with the vehicle control SHR rats.

167 We then examined the endogenous NO bioactivity in the isolated endothelial
168 cells. The NO concentration in the both telmisartan-treated groups (5 mg/kg and 10
169 mg/kg) increased significantly when compared with that in the vehicle control SHR
170 rats (Fig. 2A, $p < 0.05$). The NO concentration reduced in all groups of SHRs
171 significantly after treatment with 100 μ M L-NMMA. The effect of L-NMMA on
172 endogenous NO concentration in telmisartan-free group was significantly stronger
173 than that in telmisartan treated groups (Fig. 2B, $p < 0.05$).

174 Both administrations of telmisartan (5 mg/kg and 10 mg/kg) significantly
175 reduced the formation of nitrotyrosine and 8-isoprostane in the primary cultured aorta
176 endothelial cells of SHR rats, indicating a reduction of oxidative stress in these cells
177 (Fig. 3A and 3B, $p < 0.01$). This effect was accompanied by the restoration of
178 endogenous protein level of antioxidant enzyme SOD (Fig. 3C, $p < 0.01$). In addition,
179 as a key mediator in the formation of oxidative stress, the protein expression level of
180 CYP2E1 was also down-regulated through the action of telmisartan (Fig. 3D, $p <$
181 0.01).

182 The protein expression of eNOS and phosphorylated eNOS in the aorta
183 endothelial cells were examined by Western blot. Results showed that total and
184 phosphorylated eNOS were significantly lower in SHR rats than those in WKY rats
185 (Fig. 4). The total eNOS expression was significantly increased in both
186 telmisartan-treated groups when compared with the vehicle control SHR rats. The
187 phosphorylation of eNOS also increased significantly in groups co-treated with
188 telmisartan when compared with the vehicle control SHR rats (Fig. 4). When cells

189 were treated with Akt-specific blocker, both levels of phosphorylated eNOS and total
190 eNOS were partially blocked.

191 We then test the protein expression level of angiotensin II receptor 1 after the
192 treatment of its specific blocker. As expected, our results showed that the receptor
193 protein expression was significantly decreased in the telmisartan-treated groups when
194 compared with the vehicle control SHR rats. Data suggesting that the telmisartan is
195 effectively specific for blocking this receptor (Fig. 5A).

196 The protein expression of phosphorylation of PI3K and Akt in the endothelial
197 cells were examined by Western blot study. Results showed that the phosphorylation
198 forms of PI3K and Akt were significantly increased in telmisartan-treated groups than
199 control SHR rats. However, the total protein expressions of PI3K and Akt did not
200 show any change after the co-treatment with both telmisartan concentrations when
201 compared with the vehicle control SHR rats (the exact levels of total proteins were not
202 shown) (Fig. 5B and 5C). MK2206 treatment only blocked the phosphorylated form
203 of Akt but did not influence its total form, as well as the expression of PI3K. We also
204 found that the activity of AMPK was activated by the treatment of telmisartan, which
205 probably contributed to the activation of eNOS (Fig. 5D).

206 To connect the findings from *in vitro* to *in vivo*, we then measured the levels of
207 PI3K, Akt, and eNOS in the aortic homogenates from SHRs. After the co-treatments
208 with telmisartan, the level changes of phosphorylated PI3K, Akt, and eNOS showed

209 very similar trends with the *in vitro* results, indicating a consistent phenotype between
210 *in vitro* and *in vivo* studies (Fig. 6).

211

212 **Discussion**

213 This is the first study reporting telmisartan increased NO bioactivity in the primary
214 SHR rat aorta endothelial cell. In the current study, we demonstrated that the SBPs
215 were significantly lower in telmisartan therapy groups than in placebo-treated
216 hypertensive rats, at both 5 mg/kg and 10 mg/kg concentrations. Results from the
217 primary cultured aorta endothelial cells showed the attenuation of hypertension in
218 SHR rats was associated with increased endogenous NO concentration and alleviated
219 oxidative stress, which were probably through the activation of PI3k/Akt/eNOS
220 pathway and AMPK pathway. Hypertension is considered as a major determinant of
221 endothelial dysfunction and angiotensin II receptor 1 antagonists are shown to possess
222 anti-hypertensive effect. Substantial evidences suggested that telmisartan is also a
223 partial PPAR γ agonist and thus it may efficiently improve endothelial function
224 (Benson et al., 2004; Kobayashi et al., 2008). Clinical studies also showed that
225 telmisartan was well-tolerated and effective in lowering blood pressure in
226 hypertensive patients (de Gasparo et al., 2000; Sharpe et al., 2001; Kulkarni et al.,
227 2005). In this study, NO concentration in the SHR was reduced as compared to that in
228 WKYs, which is in agreement with some recent studies (Yang et al., 2011a; Yang et
229 al., 2011b). However, other studies found elevated NO production and NOS

230 expression in the aorta of SHRs when compared with WKYs (Púzserová et al., 2007;
231 Caniffi et al., 2011; Zheng and Yu, 2012). The discrepancies among these studies
232 might result from the temporal and spatial specificity of NOS expressions and other
233 upstream pathways (e.g. PI3K/Akt and AMPK), which determine actual NO
234 production in the aorta of these rat strains. Detail mechanism needs further research.

235 In the present study, telmisartan increased eNOS phosphorylation at Ser1177 as
236 revealed by Western blot analysis on the rat aorta endothelial cells. In fact, eNOS is
237 not only regulated at its expression level, but also its activity is modified by
238 phosphorylation (Harris et al., 2001) and post-translational mechanisms including the
239 interaction of eNOS with other regulatory proteins (Garcia-Cardena et al., 1997; Kone
240 et al., 2000). Increased eNOS phosphorylation may result from an increased eNOS
241 expression by telmisartan and the elevated expression of other eNOS upstream
242 pathways, e.g. PI3K/Akt pathway and AMPK pathway. From our results, the
243 phosphorylation of both PI3K and Akt occurred after telmisartan treatment in the
244 primary cell, indicating the activation of this pathway. It is interesting that this finding
245 is opposite to a recent study showing that treatment with renin reduced hypertension
246 through activating AT1/PI3K/Akt/eNOS signaling (Cheng et al., 2012). The
247 discrepancy can be attributed to different cell types and mechanisms which need
248 further investigation. The blockade of NOS activity with its general inhibitor
249 L-NMMA largely decreased the production of NO in SHR rats, suggesting the NO
250 concentration in the endothelial cells was specific to the NOS (e.g. eNOS), further
251 confirmed the possible involvement of PI3K/Akt/eNOS pathway in the beneficial

252 effects of telmisartan. We also found that AMPK was activated in the upstream of
253 eNOS, which was consistent with a very recent study reporting that telmisartan
254 activates the AMPK/SIRT1 pathway in skeletal muscle (Shiota et al., 2012). In
255 addition, the activation of eNOS may also relate to eNOS-interacting proteins.
256 Telmisartan was reported to improve endothelial function by augmenting the vascular
257 level of tetrahydrobiopterin (BH4, an eNOS cofactor) in aortae of Dahl salt-sensitive
258 rats (Satoh et al., 2010). Moreover, telmisartan up-regulates a BH4-synthesizing
259 enzyme GTP cyclohydrolase I, which reduces eNOS uncoupling in diabetic rats
260 (Wenzel et al., 2008). Polikandriotis et al. showed that rosiglitazone elevates
261 endothelial NO concentration by increasing heat shock protein 90 (hsp90) in
262 HUVEC.30 (Polikandriotis et al., 2005), while hsp90 was identified to strengthen
263 eNOS activities by promoting eNOS-Ser1177 phosphorylation (Fontana et al., 2002).
264 These observations may explain part of mechanisms by which telmisartan increases
265 the eNOS activity in vasculatures. Furthermore, we should also consider the negative
266 feedback regulation of NOS by NO. The elevation of NO production by telmisartan
267 could result in its attenuation after longer telmisartan treatment. Thus, during
268 long-term treatment, the effect of telmisartan on BP could be primarily associated
269 with direct attenuation of AT1 signaling rather than with improved NO bioavailability
270 (Kopincová et al., 2012). However, these possibilities indeed need further
271 experimental verifications. Another limitation of the study is the lack of rat urinary
272 excretion data, which demonstrates the sodium balance. It is also interesting that
273 telmisartan treatment decreased the protein level of AT1. This finding is consistent

274 with a recent study that telmisartan down-regulates AT1 mRNA and protein levels
275 through activation of PPAR γ (Imayama et al., 2006).

276 As the summary, our results have showed that the SBPs were lowered by the
277 treatment of 5 mg/kg and 10 mg/kg telmisartan treatments through blocking
278 angiotensin II receptor 1, activating the PI3K/Akt/eNOS pathway and AMPK
279 pathway, increasing NO release, and alleviating oxidative stress in SHR rats. Those
280 results contributed novel knowledge to the anti-hypertensive properties of telmisartan.
281 *In vivo* data using the aortic and kidney homogenates are needed to reproduce these
282 findings in future studies.

283

284 **Conflict of interest**

285 The authors declare no conflict of interest

286

287 **References**

- 288 BENSON SC, PERSHADSINGH HA, HO CI, CHITTIBOYINA A, DESAI P, PRAVENEK
289 M, QI N, WANG J, AVERY MA, KURTZ TW: Identification of telmisartan as a
290 unique angiotensin II receptor antagonist with selective PPAR γ -modulating
291 activity. *Hypertension* **43**: 993-1002, 2004.
- 292 CANIFFI C, ELESGARAY R, GIRONACCI M, ARRANZ C, COSTA MA: C-type
293 natriuretic peptide effects on cardiovascular nitric oxide system in spontaneously
294 hypertensive rats. *Peptides* **31**: 1309-1318, 2010.
- 295 CHENG WH, LU PJ, HSIAO M, HSIAO CH, HO WY, CHENG PW, LIN CT, HONG LZ,
296 TSENG CJ: Renin Activates PI3K-Akt-eNOS Signaling Through the AT1 Receptor
297 and Mas Receptor to Modulate Central Blood Pressure Control in the Nucleus
298 Tractus Solitarii. *Brit J Pharmacol* **166**: 2024-2035, 2012

299 CROWLEY SD, COFFMAN TM: In hypertension, the kidney breaks your heart. *Curr*
300 *Cardiol Rep* **10**: 470-476, 2008.

301 DE GASPARO M, CATT KJ, INAGAMI T, WRIGHT JW, UNGER T: International union
302 of pharmacology. XXIII. The angiotensin II receptors. *Pharmacol Rev* **52**: 415-472,
303 2000.

304 DUPUIS F, ATKINSON J, LIMINANA P, CHILLON: Comparative effects of the
305 angiotensin II receptor blocker, telmisartan, and the angiotensin-converting enzyme
306 inhibitor, ramipril, on cerebrovascular structure in spontaneously hypertensive rats. *J*
307 *Hypertens* **23**: 1061-1066, 2005

308 FONTANA J, FULTON D, CHEN Y, FAIRCHILD TA, MCCABE TJ, FUJITA N, TSURUO
309 T, SESSA WC: Domain mapping studies reveal that the M domain of hsp90 serves as
310 a molecular scaffold to regulate Akt-dependent phosphorylation of endothelial nitric
311 oxide synthase and NO release. *Circ Res* **90**: 866-873, 2002

312 GARCIA-CARDENA G, MARTASEK P, MASTERS BS, SKIDD PM, COUET J, LI S,
313 LISANTI MP, SESSA WC: Dissecting the interaction between nitric oxide synthase
314 (NOS) and caveolin. Functional significance of the nos caveolin binding domain in
315 vivo. *J Biol Chem* **272**: 25437-25440, 1997.

316 HARRIS MB, JU H, VENEMA VJ, LIANG H, ZOU R, MICHELL BJ, CHEN ZP, KEMP
317 BE, VENEMA RC: Reciprocal phosphorylation and regulation of endothelial
318 nitric-oxide synthase in response to bradykinin stimulation. *J Biol Chem* **276**:
319 16587-16591, 2001.

320 IMAYAMA I, ICHIKI T, INANAGA T, OHTSUBO H, FUKUYAMA K, ONO H,
321 HASHIGUCHI Y, SUNAGAWA K: Telmisartan downregulates angiotensin II type 1
322 receptor through activation of peroxisome proliferator-activated receptor γ .
323 *Cardiovascular research* **72**: 184-190, 2006.

324 JIAN K, CHEN M, CAO X, ZHU XH, FUNG ML, GAO TM: Nitric oxide modulation of
325 voltage-gated calcium current by S-nitrosylation and cGMP pathway in cultured rat
326 hippocampal neurons. *Biochem Bioph Res Co* **359**: 481-485, 2007.

327 KOBAYASHI M, INOUE K, WARABI E, MINAMI T, KODAMA T: A simple method of
328 isolating mouse aortic endothelial cells. *J Atheroscler Thromb* **12**: 138-142, 2005.

329 KOBAYASHI N, OHNO T, YOSHIDA K, FUKUSHIMA H, MAMADA Y, NOMURA M,
330 HIRATA H, MACHIDA Y, SHINODA M, SUZUKI N, MATSUOKA H:
331 Cardioprotective mechanism of telmisartan via PPAR-gamma-eNOS pathway in dahl
332 salt-sensitive hypertensive rats. *Am J Hypertens* **21**: 576-581, 2008.

333 KONE BC: Protein-protein interactions controlling nitric oxide synthases. *Acta Physiol Scan*
334 **168**: 27-31, 2000.

335 KOPINCOVÁ J, PÚZSEROVÁ A, BERNÁTOVÁ I: L-NAME in the cardiovascular system -
336 nitric oxide synthase activator? *Pharmacol Rep* **64**: 511-20, 2012

337 KULKARNI RB, KULKARNI BN, HARIHARAN RS, NAIKWADI A, GAWDE A,
338 BALIGA V, DESAI A: A pilot study for evaluation of the efficacy and safety of
339 telmisartan in reducing microalbuminuria in hypertensive patients with type 2
340 diabetes mellitus. *J Indian Med Assoc* **103**: 187-191, 2005.

341 LIU RX, LIU DX, TRINK E, BOJDANI E, NING G, XING MZ: The Akt-specific inhibitor
342 MK2206 selectively inhibits thyroid cancer cells harboring mutations that can

343 activate the PI3K/Akt pathway. *Journal of clinical endocrinology and metabolism* **96**:
344 E577, 2011.

345 LIU VW, HUANG PL: Cardiovascular roles of nitric oxide: a review of insights from nitric
346 oxide synthase gene disrupted mice. *Cardiovascular research* **77**: 19-29, 2008.

347 MARSH N, MARSH A: A short history of nitroglycerine and nitric oxide in pharmacology
348 and physiology. *Clin Exp Pharmacol Physiol* **27**: 313-319, 2000.

349 PFEFFER MA, MCMURRAY JJ, VELAZQUEZ EJ, ROULEAU JL, KOBER L,
350 MAGGIONI AP, SOLOMON SD, SWEDBERG K, VAN DE WERF F, WHITE H,
351 LEIMBERGER JD, HENIS M, EDWARDS S, ZELENKOFKSKE S, SELLERS M A,
352 CALIFF RM: Valsartan, captopril, or both in myocardial infarction complicated by
353 heart failure, left ventricular dysfunction, or both. *New Engl J Med* **349**: 1893-1906,
354 2003.

355 POLIKANDRIOTIS JA, MAZZELLA LJ, RUPNOW HL, HART CM: Peroxisome
356 proliferator-activated receptor gamma ligands stimulate endothelial nitric oxide
357 production through distinct peroxisome proliferator-activated receptor
358 gamma-dependent mechanisms. *Arterioscl Throm Vas* **25**: 1810-1816, 2005.

359 PÚZSEROVÁ A, CSIZMADIOVÁ Z, BERNÁTOVÁ I: Effect of blood pressure on
360 L-NAME-sensitive component of vasorelaxation in adult rats. *Physiol Res* **56**:
361 S77-S84, 2007.

362 SAKUMA I, TOGASHI H, YOSHIOKA M, SAITO H, YANAGIDA M, TAMURA M,
363 KOBAYASHI T, YASUDA H, GROSS SS, LEVI R: NG-methyl-L-arginine, an
364 inhibitor of L-arginine-derived nitric oxide synthesis, stimulates renal sympathetic
365 nerve activity in vivo. A role for nitric oxide in the central regulation of sympathetic
366 tone? *Circ Res* **70**: 607-611, 1992.

367 SATOH M, HARUNA Y, FUJIMOTO S, SASAKI T, KASHIHARA N: Telmisartan
368 improves endothelial dysfunction and renal autoregulation in Dahl salt-sensitive rats.
369 *Hypertens Res* **33**:135-142, 2010.

370 SHARPE M, JARVIS B, GOA KL: Telmisartan: a review of its use in hypertension. *Drugs*
371 **61**: 1501-1529, 2001.

372 SHIOTA A, SHIMABUKURO M, FUKUDA D, SOEKI T, SATO H, UEMATSU E,
373 HIRATA Y, KUROBE H, MAEDA N, SAKAUE H, MASUZAKI H, SHIMOMURA
374 I, SATA M: Telmisartan ameliorates insulin sensitivity by activating the
375 AMPK/SIRT1 pathway in skeletal muscle of obese db/db mice. *Cardiovasc Diabetol*
376 **11**: 139, 2012.

377 SUSIC D, FARES H, FROHLICH ED: Telmisartan prevents excess-salt-induced exacerbated
378 (malignant) hypertension in spontaneously hypertensive rats. 2012 Aug 27. [Epub
379 ahead of print]

380 TJONG YW, JIAN K, LI M, CHEN M, GAO TM, FUNG ML: Elevated endogenous nitric
381 oxide increases Ca²⁺ flux via L-type Ca²⁺ channels by S-nitrosylation in rat
382 hippocampal neurons during severe hypoxia and in vitro ischemia. *Free Radical Biol*
383 *Med* **42**: 52-63, 2007.

384 WENZEL P, SCHULZ E, OELZE M, MULLER J, SCHUHMACHER S, ALHAMDANI MS,
385 DEBREZION J, HORTMANN M, REIFENBERG K, FLEMING I, MUNZEL T,

386 DAIBER A: AT1-receptor blockade by telmisartan upregulates GTP-cyclohydrolase I
387 and protects eNOS in diabetic rats. *Free Radical Biol Med* **45**: 619-626, 2008.

388 YANG AL, LO CW, LEE JT, SU CT: Enhancement of vasorelaxation in hypertension
389 following high-intensity exercise. *Chin J Physiol* **54**: 87-95, 2011a.

390 YANG Q, XUE HM, WONG WT, TIAN XY, HUANG Y, TSUI SK, NG PK, WOHLFART
391 P, LI H, XIA N, TOBIAS S, UNDERWOOD MJ, HE GW: AVE3085, an enhancer of
392 endothelial nitric oxide synthase, restores endothelial function and reduces blood
393 pressure in spontaneously hypertensive rats. *Br J Pharmacol* **163**: 1078-1085,
394 2011b.

395 YUSUF S, TEO KK, POGUE J, DYAL L, COPLAND I, SCHUMACHER H, DAGENAIS G,
396 SLEIGHT P, ANDERSON C: Telmisartan, ramipril, or both in patients at high risk
397 for vascular events. *New Engl J Med* **358**: 1547-1559, 2003.

398 ZHENG H, YU YS: Chronic hydrogen-rich saline treatment attenuates vascular dysfunction
399 in spontaneous hypertensive rats. *Biochem Pharmacol* **83**: 1269-1277, 2012.

400

401 **Figure legends**

402 Fig. 1. Effect of telmisartan treatment on blood pressure of SHR rats with or without
403 telmisartan co-treatment from week 1 to week 8. Results are presented as means +/-
404 SEM and statistical analyses between groups are one-way ANOVA with post-hoc
405 tests for multiple comparisons. Statistical significance was considered at $p < 0.05$ ($n =$
406 8). Age-matched Wistar-Kyoto rats were used as normotensive controls. WKY,
407 Wistar-Kyoto rats; SHR, spontaneously hypertensive rats, SHR-T5, SHR with 5
408 mg/kg telmisartan; SHR-T10, SHR with 10 mg/kg telmisartan.

409 Fig. 2. Effect of telmisartan treatment on nitric oxide (NO) production from isolated
410 endothelial cells of both SHR rats and Wistar-Kyoto rats (A). After pre-treatment
411 with 100 μ M nitric oxide synthase (NOS) inhibitor L-NMMA, reduction of NO
412 production was also measure in isolated endothelial cells (B). Results are presented as
413 means +/- SEM and statistical analyses between groups are one-way ANOVA with
414 post-hoc tests for multiple comparisons. Statistical significance was considered at $p <$
415 0.05 ($n = 8$). SHR, spontaneously hypertensive rats, SHR-T5, SHR with 5 mg/kg
416 telmisartan; SHR-T10, SHR with 10 mg/kg telmisartan.

417 Fig. 3. Representative Western blot results for the formation of nitrotyrosine (NTR, A), SOD
418 (C), and CYP2E1 (D) in SHR rats with or without telmisartan co-treatment. Level of
419 8-isoprostane was measured in aorta endothelial cells (B). Results are presented as
420 means +/- SEM and statistical analyses between groups are one-way ANOVA with
421 post-hoc tests for multiple comparisons. Statistical significance was considered at $p <$
422 0.05 ($n = 8$). SHR, spontaneously hypertensive rats, SHR-T5, SHR with 5 mg/kg
423 telmisartan; SHR-T10, SHR with 10 mg/kg telmisartan.

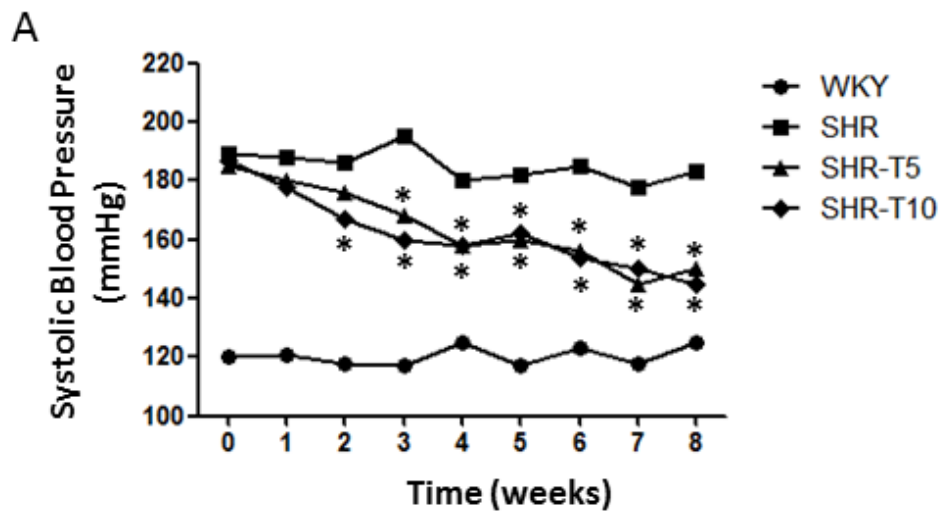
424 Fig. 4. Representative Western blot results for phosphorylated eNOS and total eNOS in SHR
425 rats with or without telmisartan co-treatment and WKY rats. For SHR rats endothelial
426 cells, Akt specific blocker MK2206 was co-treated with or without telmisartan.
427 Results are presented as means +/- SEM and statistical analyses between groups are
428 one-way ANOVA with post-hoc tests for multiple comparisons. Statistical
429 significance was considered at $p < 0.05$ ($n = 8$). SHR, spontaneously hypertensive rats,
430 SHR-T5, SHR with 5 mg/kg telmisartan; SHR-T10, SHR with 10 mg/kg telmisartan.

431 Fig. 5. Representative Western blot results for (A) angiotensin II receptor 1 (AT 1), (B)
432 phosphorylated and total PI3K, and (C) phosphorylated and total Akt in SHR rats
433 with or without telmisartan co-treatment. For SHR rats endothelial cells, Akt specific
434 blocker MK2206 was co-treated with or without telmisartan. Results are presented as
435 means +/- SEM and statistical analyses between groups are one-way ANOVA with
436 post-hoc tests for multiple comparisons. Statistical significance was considered at $p <$
437 0.05 ($n = 8$). SHR, spontaneously hypertensive rats, SHR-T5, SHR with 5 mg/kg
438 telmisartan; SHR-T10, SHR with 10 mg/kg telmisartan.

439 Fig. 6. Representative Western blot results for phosphorylated and total form of PI3K, Akt,
440 and eNOS in the aortic homogenates of SHR rats with or without telmisartan

441 co-treatment. SHR, spontaneously hypertensive rats, SHR-T5, SHR with 5 mg/kg
442 telmisartan; SHR-T10, SHR with 10 mg/kg telmisartan.

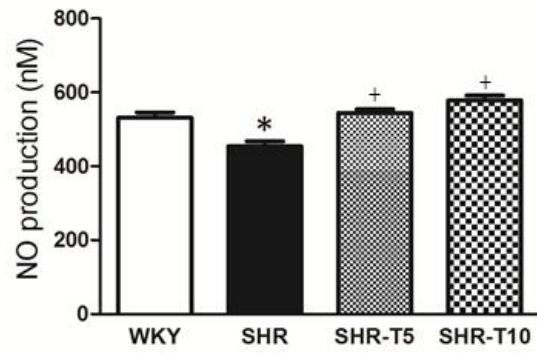
443



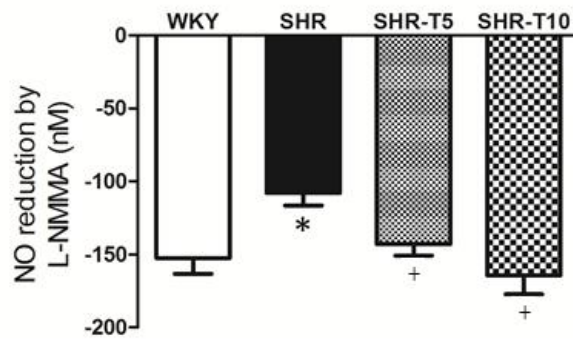
444

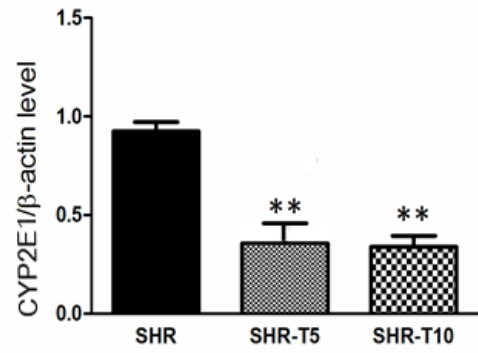
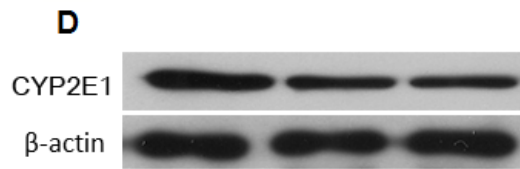
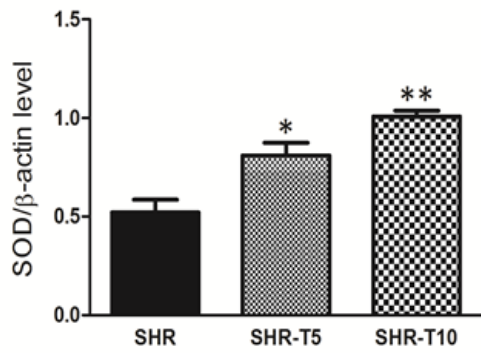
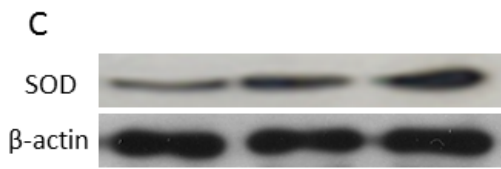
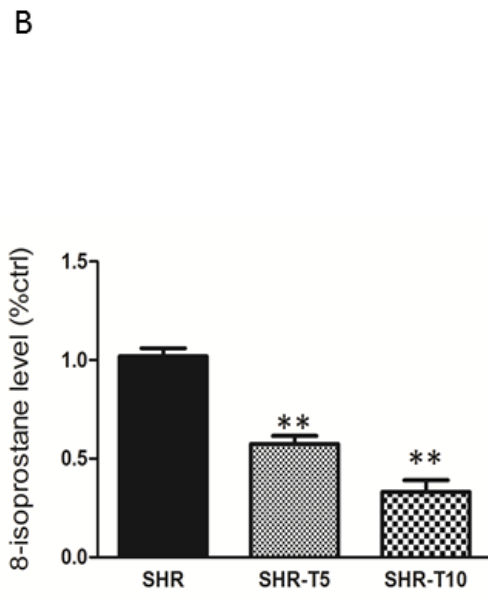
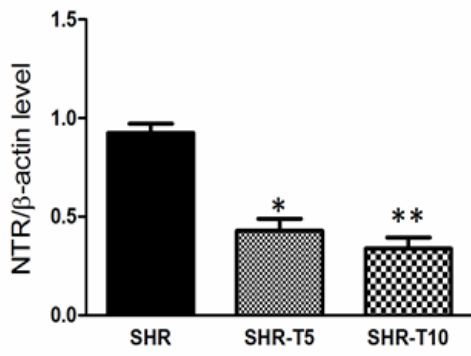
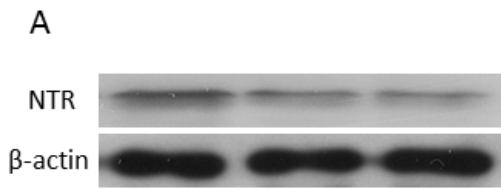
445

A



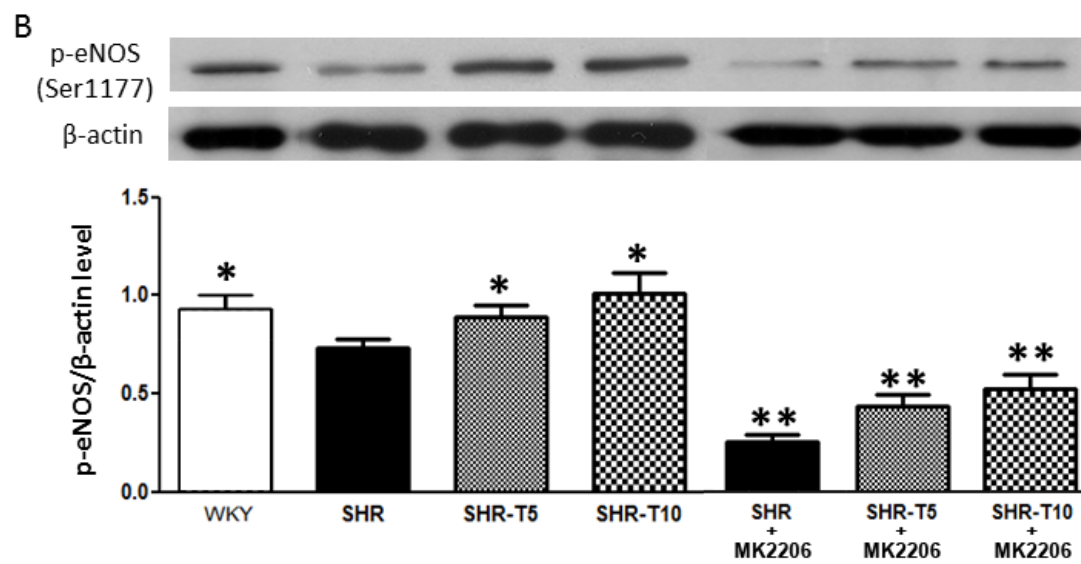
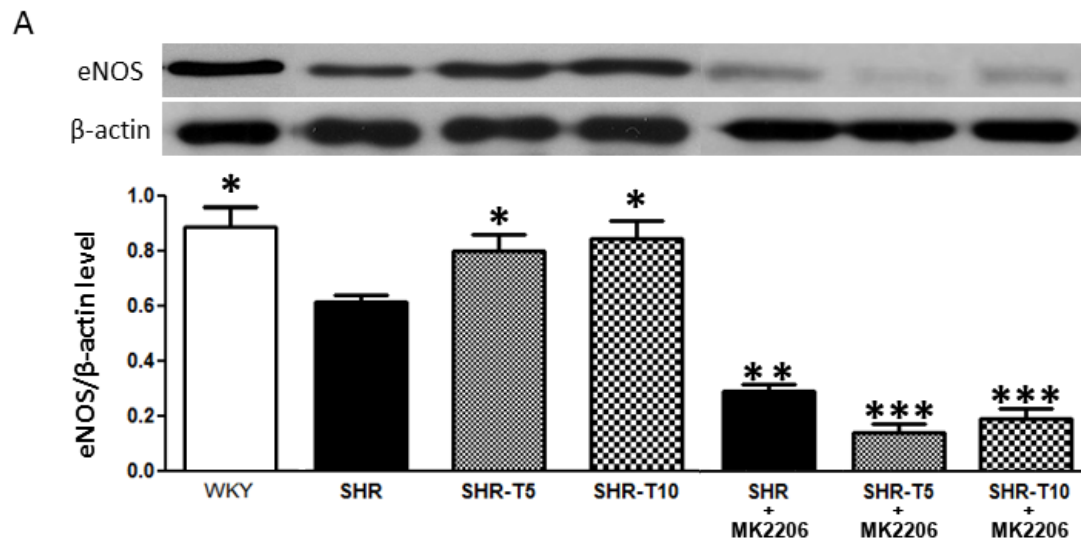
B





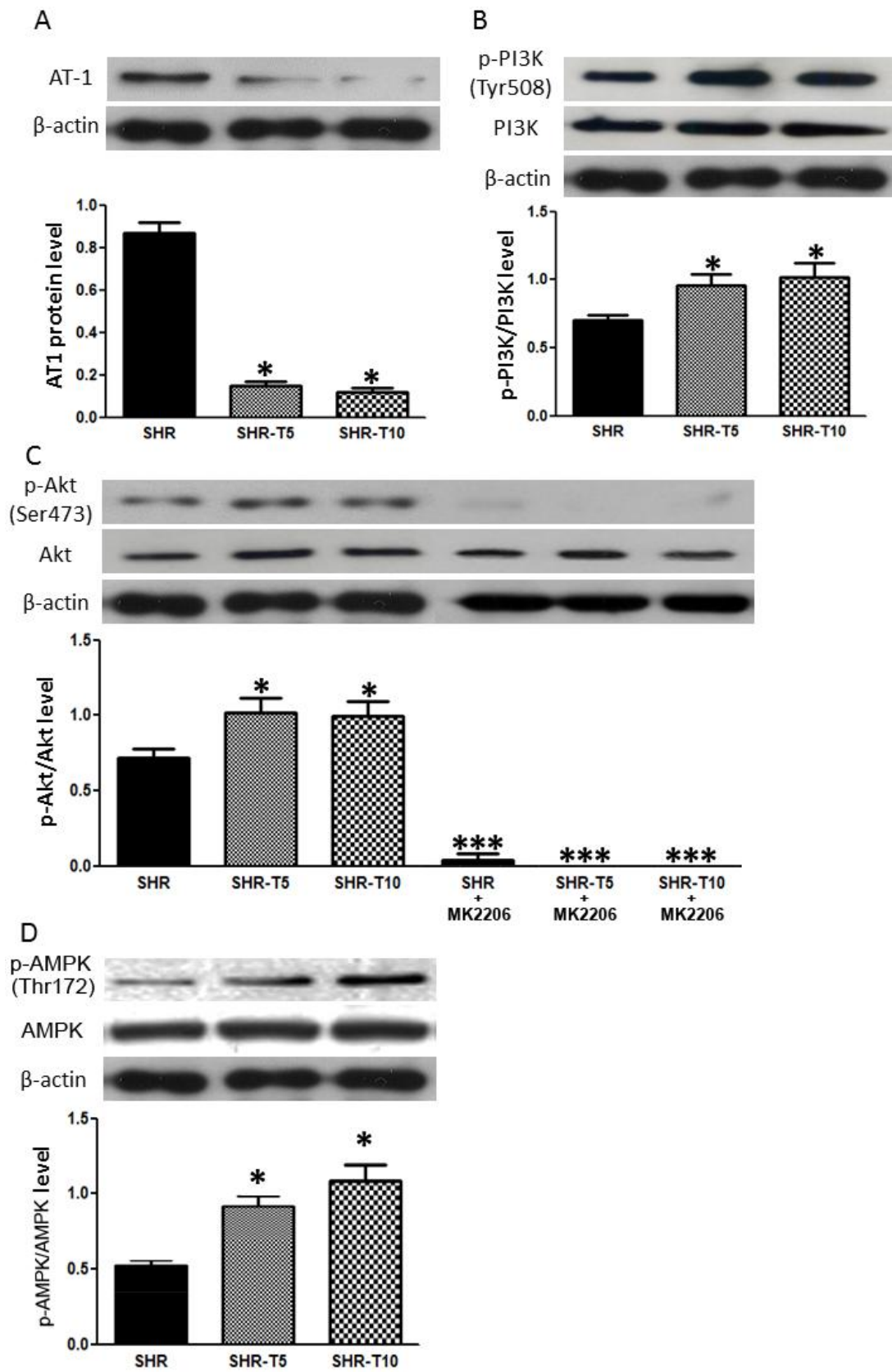
448

449



450

451



452

453

