

Physiological Research Pre-Press Article

1 **Neuregulin-1 protects against doxorubicin-induced apoptosis in cardiomyocytes through an**
2 **Akt-dependent pathway**

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16 Short title: Neuregulin-1 attenuates doxorubicin-induced apoptosis

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23 **Summary**

24 In previous studies, it has been shown that recombinant human neuregulin-1(rhNRG-1) is capable
25 of improving the survival rate in animal models of doxorubicin (DOX)-induced cardiomyopathy;
26 however, the underlying mechanism of this phenomenon remains unknown. In this study, the role of
27 rhNRG-1 in attenuating doxorubicin-induce apoptosis is confirmed. Neonatal rat ventricular
28 myocytes (NRVMs) were subjected to various treatments, in order to both induce apoptosis and
29 determine the effects of rhNRG-1 on the process. Activation of apoptosis was determined by
30 observing increases in the protein levels of classic apoptosis markers (including cleaved caspase-3,
31 cytochrome c, Bcl-2, BAX and terminal deoxynucleotidyl transferase-mediated deoxyuridine
32 triphosphate nick-end labeling (TUNEL) staining). The activation of Akt was detected by means of
33 western blot analysis. The study results showed that doxorubicin increased the number of TUNEL
34 positive cells, as well as the protein levels of cleaved caspase-3 and cytochrome c, and reduced the
35 ratio of Bcl-2/Bax. However, all of these effects were markedly antagonized by pretreatment with
36 rhNRG-1. It was then further demonstrated that the effects of rhNRG-1 could be blocked by the
37 phosphoinositole-3-kinase inhibitor LY294002, indicating the involvement of the Akt process in
38 mediating the process. RhNRG-1 is a potent inhibitor of doxorubicin-induced apoptosis, which acts
39 through the PI3K-Akt pathway. RhNRG-1 is a novel therapeutic drug which may be effective in
40 preventing further damage from occurring in DOX-induced damaged myocardium.

41 **Keywords**

42 Neuregulin; doxorubicin; apoptosis; cardiomyocyte; Akt;

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45 **Introduction**

46 Doxorubicin (DOX) is an effective antineoplastic drug, and is frequently used in the treatment of
47 hematologic and solid tumors, such as leukemia, breast cancer and sarcoma. However, the drug's clinical
48 benefit is limited by its cardiotoxicity (Singal et al., 1998; Swain et al., 2003). DOX-induced
49 cardiomyopathy is characterized by irreversible left ventricular dysfunction and congestive heart failure
50 with a poor prognosis (Bristow et al., 1978; Takemura et al., 2007). Nevertheless, to date, researchers
51 and scientists have attempted a variety of approaches aimed at preventing the deleterious action of
52 doxorubicin, but presently the ability of these treatments to protect the heart from damage remains
53 limited (Takemura et al., 2007). Dexrazoxane is the only well established and clinically approved
54 cardioprotectant against ANT cardiotoxicity (Popelova et al., 2009; Sterba et al., 2013). Therefore, the
55 development of more therapies which may be used to prevent and/or treat the cardiotoxicity of
56 doxorubicin remains a critical issue in both cardiology and oncology.

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58 Neuregulin (NRG)-1, a member of the neuregulin family, is expressed in many cell types and organs,
59 including the heart. Neuregulin-1/erbB signaling is essential for embryonic cardiac development.

60 Post-natal conditional erbB2-deficiency in cardiomyocytes may result in severe cardiomyopathy and
61 enhanced myocyte susceptibility for DOX-induced death (Crone et al., 2002; Ozelik et al., 2002). There
62 are at least 31 NRG-1 isoforms derived from the NRG-1 gene which are produced by utilizing different
63 promoters and alternative splicing, and different groups use different ligands (Fuller et al., 2008). Among
64 these isoforms, recombinant human neuregulin-1 (rhNRG-1, a component of NRG-1) is a 61-amino-acid
65 peptide containing an EGF-like domain, the domain which is necessary for ErbB2/ErbB4 activation. The
66 authors of this study previously reported that rhNRG-1 is capable of improving cardiac function in

67 patients suffering from congestive heart failure (CHF), with significant increases in left ventricular (LV)
68 ejection fraction (LVEF). Treatment has also decreased end systolic and diastolic volume (ESV and EDV,
69 respectively) (Gao et al., 2010), demonstrating a beneficial effect on pathological remodeling. It has also
70 been reported that rhNRG-1 is capable of activating Erb2/4 heterodimerization, thus improving cardiac
71 function and survival in animal models of doxorubicin-induced cardiomyopathy (Liu et al., 2006).
72 However, the underlying molecular mechanism has yet to be defined. Akt is known to regulate many
73 survival pathways of the cardiac cells (Shiraishi et al., 2004). Recent studies have provided evidence that
74 the anti-apoptotic effects of rhNRG-1 are at least partially mediated by the alteration of PI3K/Akt
75 signaling pathway during H₂O₂-induced cardiomyocyte apoptosis (Jie et al., 2012), as well as
76 ischemia/reperfusion injury in rat hearts (Fang et al., 2010). However, whether or not rhNRG-1 is able to
77 protect cardiomyocytes from DOX-induced apoptosis through the PI3K/Akt pathway has yet to be
78 thoroughly investigated.

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80 In view of this, the authors of this paper postulate that the pretreatment of rhNRG-1 possesses
81 protective effects against DOX-induced injury in cardiomyocytes, and the activation of PI3K/Akt
82 pathway occurs during the process.

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89 **Materials & Methods**

90 **Materials**

91 The RhNRG-1 samples were kindly offered by Professor Zhou of Zensun Sci & Tech Ltd. (Shanghai,
92 China), and doxorubicin (DOX) was obtained from Sigma-Aldrich (St. Louis, MO, USA). The terminal
93 deoxynucleotidyl transferase biotin-dUTP nick end labeling (TUNEL) staining kit was purchased from
94 Roche Diagnostic (Mannheim Germany). LY294002 and primary antibodies against cleaved caspase-3
95 (catalog No. #9664), Bcl-2 (catalog No. #2870), Bax (catalog No. #2772), cytochrome c (catalog No. #4272),
96 phospho-Akt (catalog No. #4060), Akt (catalog No. #4685) and β -actin (catalog No. #4970) were obtained
97 from Cell Signaling Technology (Danvers, MA, USA). Horseradish peroxidase(HRP)-conjugated
98 secondary antibodies were purchased from Beyotime (Beijing, China).

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100 **Cell culture**

101 Neonatal rat ventricular myocytes (NRVMs) were cultured from two-day-old SD rats, as previously
102 described (Tan et al., 2008). The protocol was approved by the Fuwai Hospital Animal Care and Use
103 Committee, in accordance with the “Guide for the Care and Use of Laboratory Animals” published by
104 the US National Institute of Health (National Institute of Health Publication No. 85-23, revised 1996). In
105 brief, the hearts were washed, the atria removed and the ventricles minced after dissection in
106 HEPES-buffered saline solution containing 130 mM NaCl, 3 mM KCl, 1 mM NaH_2PO_4 , 4 mM glucose,
107 and 20 mM HEPES (the pH of which was adjusted to 7.35 with NaOH). The tissues were dispersed in a
108 series of incubations at 37 °C in HEPES-buffered saline solution containing 1.2 mg ml⁻¹ pancreatin and
109 0.14 mg ml⁻¹ collagenase (Worthington, NJ, USA). After centrifugation, the cells were resuspended in a
110 DMEM/F-12 medium (GIBCO, Grand Island, NY, USA) containing 5% (vol/vol) heat-inactivated horse

111 serum, 0.1 mM ascorbate, insulin-transferring sodium selenite media supplement, 100 U ml⁻¹ penicillin,
112 100 µg ml⁻¹ streptomycin, and 0.1 mM bromodeoxyuridine. The dissociated cells were preplated at
113 37 °C for 1 h, then diluted to 1 × 10⁶ cells ml⁻¹ and, plated in culture dishes coated with 10 µg ml⁻¹
114 laminin.

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116 **Cell viability analysis**

117 Cell viability was determined by the MTT assay (Beyotime, Beijing, China). The cells were seeded
118 at 1 × 10⁴ cells/well in 96-well plates. After drug treatment, 20 µl of 5 mg/ml MTT solution was
119 added to each well, and incubated for 4 h. The supernatants were aspirated, and the formazan
120 crystals in each well were dissolved in 150 µl of dimethyl sulfoxide. The absorbance was measured
121 at 570 nm using a micro plate reader (Spectrafluor, TECAN, sunrise, Austria).

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123 **TUNEL assay**

124 Apoptosis was determined by TUNEL assay (Roche), according to the manufacturer's instructions. The
125 cells were visualized by a laser confocal microscope (Zeiss LSM 510 META, Berlin, Germany). The
126 apoptotic cells were counted among at least 100 cells from four randomly selected fields in each sample,
127 and expressed as a percentage of the total number of cells.

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129 **Western blot analysis**

130 After the designated treatment was performed, cells from each group were lysed using RIPA buffer
131 containing 20 mM Tris-HCl (pH 7.4), 150 mM NaCl, 1% Nonider P-40, 0.5% sodium deoxycholate,
132 0.1% SDS, 0.004% sodium azide, 1% PMSF, 1% sodium orthovanadate, and 1% protease inhibitor

133 cocktail at 4°C. The lysate was cleared by 10-min centrifugation at 4°C and 12000×g, after which the
134 supernates were collected. Protein concentration was determined using a bicinchoninic acid assay.
135 Proteins (100 µg) were subjected to 12% SDS-PAGE and transferred to nitrocellulose membranes. The
136 membranes were blocked for 1 h in 1% skim milk and incubated overnight at 4 °C with the primary
137 antibodies. The membranes were then probed using horseradish peroxidase-conjugated goat anti-rabbit
138 IgG. Antigen-antibody complexes were detected by means of enhanced chemiluminescence (American
139 Biosciences Crop, NJ, USA). The protein expression levels were determined by analyzing the signals
140 captured on the nitrocellulose membranes using a Chemi-doc image analyzer (Bio-Rad, USA).

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142 **Statistical analysis**

143 The study results are expressed as mean ± SEM. The statistical significance was calculated by
144 one-way analysis of variance, followed by Tukey's post hoc tests for multiple comparisons. Two
145 groups were evaluated by means of Student's t test. P<0.05 was considered statistically significant.
146 All analyses were performed using SPSS software (v13.0, Chicago, IL, USA).

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155 **Results**

156 **Effects of rhNRG-1 on doxorubicin-induced cardiomyocyte apoptosis**

157 First, the MTT assay was used to assess the cell viability of the NRVMs. It was shown that the decrease
158 in cell viability induced by DOX insult was significantly improved by the rhNRG-1 treatment. As shown
159 in Fig. 1A, after DOX (1 μ M) treatment for 24 h, cell viability decreased significantly (by 55%)
160 compared with the control. The pretreatment of rhNRG-1 (10, 100, 1000 ng/ml) attenuated the
161 DOX-induced decrease in cell viabilities in a concentration dependent manner. It was observed that 1000
162 ng/ml rhNRG-1 shows clear protection against DOX-induced decreased cell viability in NRVMs.
163 Therefore, 1000 ng/ml rhNRG-1 was chosen for the subsequent experiments.

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165 The influence of the rhNRG-1 on apoptotic markers, such as cleaved caspase-3 and cytochrome c, was
166 further evaluated by means of western blotting analyses, as shown in Fig. 1B. The cleaved caspase-3
167 (Fig. 1C) and cytosol cytochrome c (Fig. 1D) were greatly elevated in cells treated with 1 μ M for 24 h.
168 Pre-treatment with rhNRG-1 at 1000 ng/ml for 1 h significantly reduced the quantity of cleaved
169 caspase-3 and cytosol cytochrome c, as compared with that in doxorubicin-treated alone cells. These
170 results indicate that the pretreatment of rhNRG-1 inhibited DOX-induced apoptosis.

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172 **Effects of rhNRG-1 on phospho-Akt in NRVMs**

173 Akt is known to have an inhibitory effect on apoptosis in several cell types (Matsui et al., 2001). In order
174 to determine the effects of rhNRG-1 on Akt phosphorylation in NRVMs, phospho-Akt (for serine 473)
175 was detected (Fig. 2). Western blotting analysis showed that DOX downregulated the levels of
176 phospho-Akt in NRVMs, but these levels were restored to the above basal levels in cells pretreated with

177 rhNRG-1. In order to determine whether or not the restoration of Akt phosphorylation by rhNRG-1 is
178 involved in the signaling of PI3K, the effect of its specific inhibitor LY294002 was used.
179 rhNRG-1-induced restoration of Akt phosphorylation was completely inhibited by LY294002 (10 μ M).

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181 **Role of Akt in the protective effect of rhNRG-1 on doxorubicin-induced NRVMs apoptosis**

182 In order to determine whether or not the rhNRG-1-induced Akt activation is responsible for its cell
183 protective effect, the effect of blocking the PI3K-Akt pathway on the ability of rhNRG-1-induced cell
184 protection was determined. As shown in Fig. 3, in the presence of the PI3K specific inhibitor LY294002,
185 the protective effects of rhNRG-1 on DOX-induced cell injury were completely reversed. Increased cell
186 apoptosis was detected by a fivefold increase in the number of TUNEL-positive myocytes (Fig. 3A, B)
187 and the western blotting analysis of ratio of Bcl-2/Bax (Fig. 3C). Decreased cell viability was
188 determined via MTT assay (Fig. 3D). Therefore, it was shown that the PI3K/Akt signaling pathway is
189 indeed involved in the anti-apoptotic effect of rhNRG-1.

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199 **Discussion**

200 It has previously been shown that doxorubicin significantly reduces NRG-1 protein expression in the heart
201 (Horie et al., 2010). Based upon work in isolated cell systems, current data indicates that a number of
202 processes are regulated by Nrg-1/ErbB signaling, including cell growth and survival (Zhao et al., 1998), as
203 well as myofilament structure and organization (Pentassuglia et al., 2007; Sawyer et al., 2002),
204 myocyte-matrix coupling (Kuramochi et al., 2006) and angiogenesis (Russell et al., 1999). Until now, 31
205 members of spliced variants of NRG-1 have been identified. Their isoforms differ in their tissue-specific
206 expression patterns and their biological activities, thereby contributing to the great diversity of the
207 functions of NRG1 and different groups have used different ligands. In this study rhNRG-1 was focused on,
208 due to the fact that rhNRG-1 was administered by IV to clinically relevant chronic rat models of
209 doxorubicin-induced cardiomyopathy, and cardiac function and survival were improved (Liu et al., 2006).
210 And it is the only one whose safety and efficacy have been assessed in chronic heart failure patients (Gao et
211 al., 2010). The present study shows for the first time that rhNRG-1 attenuates DOX-induced apoptosis via
212 PI3K/Akt signaling in cardiomyocytes.

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214 It has previously been shown that the ability of DEX to prevent the triggering of multiple apoptotic
215 pathways may account for its high efficacy in the prevention of ANT-induced cardiotoxicity (Popelova et
216 al., 2009). So apoptosis plays an important role in DOX-induced cardiotoxicity. It has been demonstrated
217 that Bcl-2 family members, such as Bcl-2 and Bax, and caspase family members, especially caspase-3,
218 play important roles in apoptotic cell death. The proapoptotic members of the Bcl-2 family of proteins
219 enhance the permeability of the mitochondrial outer membrane. An increase in outer membrane
220 permeability results in a protein release from the intermembrane space to the cytoplasm, including

221 apoptogenic molecules such as cytochrome c. Cytochrome c then binds to apoptotic protease activating
222 factor-1 and triggers oligomerization. This complex, known as an apoptosome, recruits and cleaves
223 procaspase-9 into the active enzyme, in turn activating caspase-3, which is directly responsible for cell
224 death (Nishida et al., 2008). In order to examine the underlying mechanism of antiapoptotic of rhNRG-1,
225 the respective expressions of Bcl-2, Bax, cytochrome c and cleaved caspase-3 were examined. The results
226 show that rhNRG-1 upregulated the ration of Bcl-2/bax expression and decreased the protein levels of
227 cytochrome c. It was also found that, under DOX treatment, the activity of caspase-3 was increased, and
228 rhNRG-1 significantly reduced the activation. All of these observations are consistent with the results of
229 the TUNEL assay.

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231 Neuregulins transmit their signals to target cells by interacting with transmembrane tyrosine kinase
232 receptors of the ErbB family. Receptor-ligand interaction induces the heterodimerization of receptor
233 monomers, which in turn results in the activation of intracellular signaling cascades and the induction of
234 cellular responses including proliferation, migration, differentiation, and survival or apoptosis. Under
235 physiological conditions, NRG-1 binds to ErbB3 or ErbB4, which results in the formation of ErbB2/ErbB3
236 or ErbB2/ErbB4 heterodimers. The main receptors for NRG-1 signaling in the heart are ErbB-2 and ErbB-4.
237 Following NRG-1-activated ErbB receptor dimerization, phosphorylation of tyrosine residues in the
238 cytoplasmic domain of the receptor creates docking sites for various adaptor proteins such as Shc, Grb2,
239 and the regulatory subunit of phosphoinositide-3-kinase (PI3-kinase). These, in turn, activate their
240 downstream effectors. And the phosphoinositide 3-kinase(PI3K)-Akt signaling pathway is one of the
241 important signal transtruction pathways regulating cardiac growth, myocardial angiogenesis, glucose
242 metabolism, and cell death in cardiomyocytes (Chaanine et al., 2011). Various growth factors and cellular

243 stress activate Akt through phosphorylation of serine 473 residues. Once activated, Akt proceeds to
244 phosphorylate its downstream targets, in various subcellular locations, contributing to its anti-apoptotic
245 effects (Matsui et al., 2005). As other types of NRG-1 were previously reported (Bian et al., 2009),
246 rhNRG-1-induced activation of Akt. In order to explore whether or not the protective effects of rhNRG-1
247 are associated with the PI3K/Akt pathway, the PI3K specific inhibitor LY294002 was used. Co-treatment
248 of LY294002 and rhNRG-1 abolished the cardioprotective effects of rhNRG-1, which rhNRG-1 alone is
249 not capable of. These results suggest that rhNRG-1 induces cardioprotective effects through the activation
250 of the Akt pathway.

251

252 It must be acknowledged that this study has several limitations. First, the role of alternative ErbB2/ErbB4
253 intracellular signaling pathways in the protective effects of rhNRG-1 (Odiete et al., 2012) were not
254 explored. Further studies are required in the future. In addition, the NRVMs differ from the adult ones, as
255 NRG-1 is capable of inducing tyrosine phosphorylation of receptors ErbB2 and ErbB4 in both neonatal and
256 adult cardiomyocytes, and is quite prominent in neonatal myocytes (Zhao et al., 1998). However, in the
257 present study, the protective effects of rhNRG-1 were not detected in the adult cardiomyocytes. Therefore,
258 the role of rhNRG-1 in adult cardiomyocytes is an issue which requires elucidation in the near future.

259

260 In conclusion, the present study strongly demonstrated that rhNRG-1 protects NRVM from DOX-induced
261 apoptosis, and that rhNRG-1 may potentially be used to treat DOX-induced cardiotoxicity.

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269 **Disclosure**

270 The authors report no funding and conflicts of interest.

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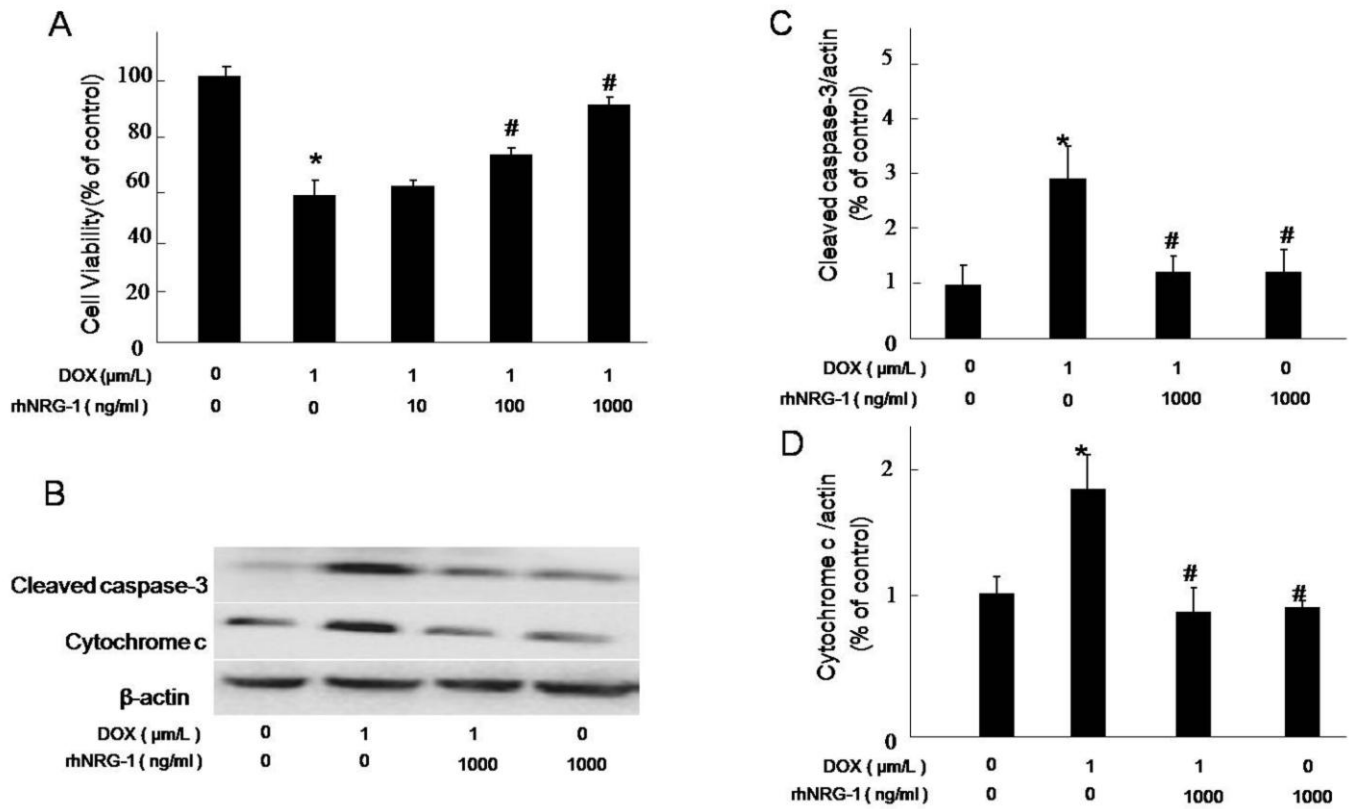
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366 **Fig. 1**

367 Effects of rhNRG-1 on doxorubicin-induced cardiomyocyte apoptosis. NRVMs were pretreated with the
 368 indicated rhNRG-1 concentrations for 1 h, followed by 24 h of DOX (1 μM) treatment. A: Cell viability
 369 was determined by MTT assay. B: Western blotting was performed with the specific antibody against
 370 cleaved caspase-3 and cytochrome c, and β -actin was used as a loading control. C: Densitometric
 371 analysis of cleaved caspase-3. D: Densitometric analysis of cytochrome c. Error bars represent mean \pm
 372 SEM. * $P < 0.05$ vs. control, # $P < 0.05$ vs. DOX alone, (n = 4). DOX: doxorubicin; NRVMs: neonatal rat
 373 ventricular myocytes; rhNRG-1: recombinant human neuregulin-1.

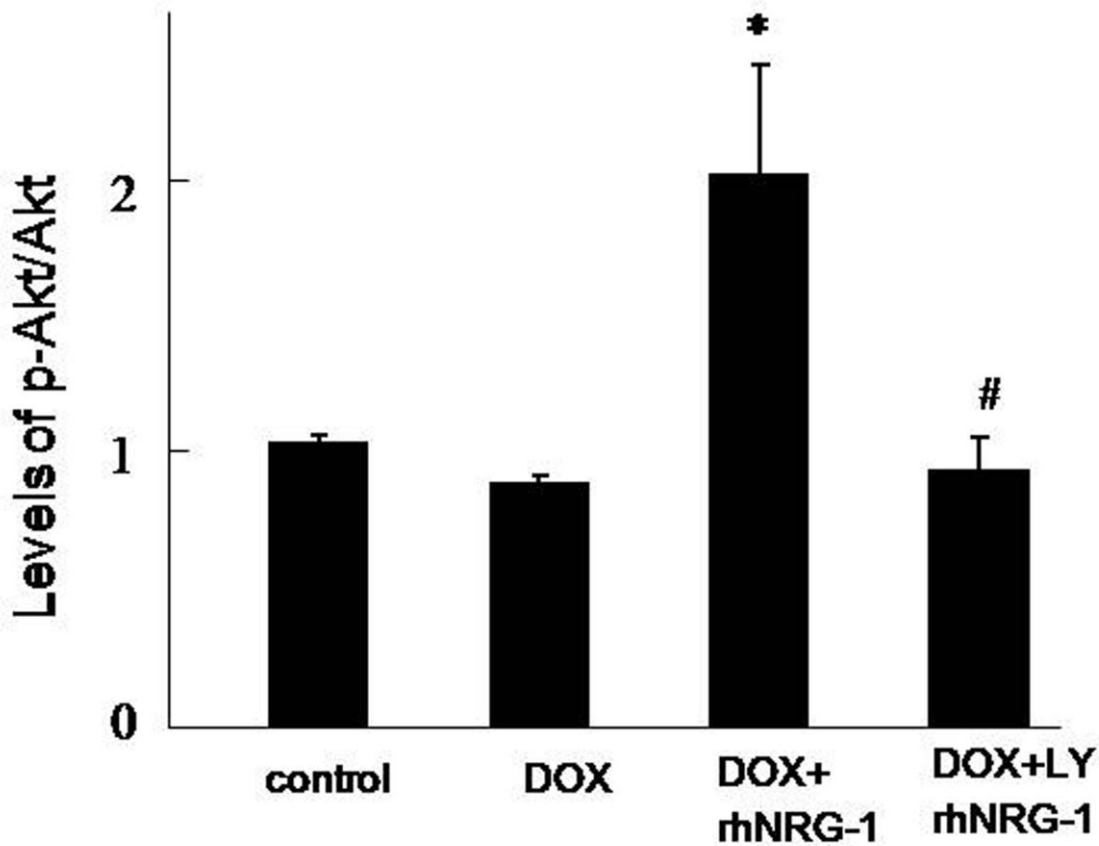
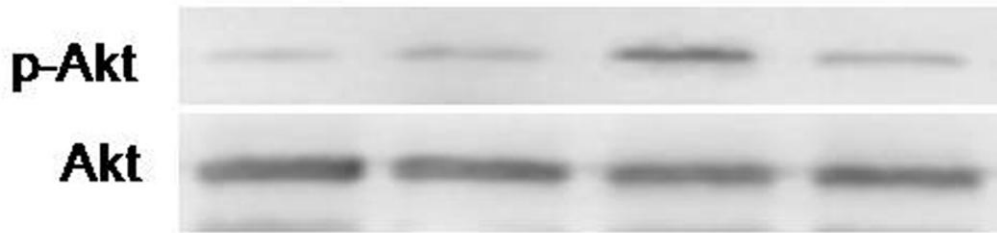
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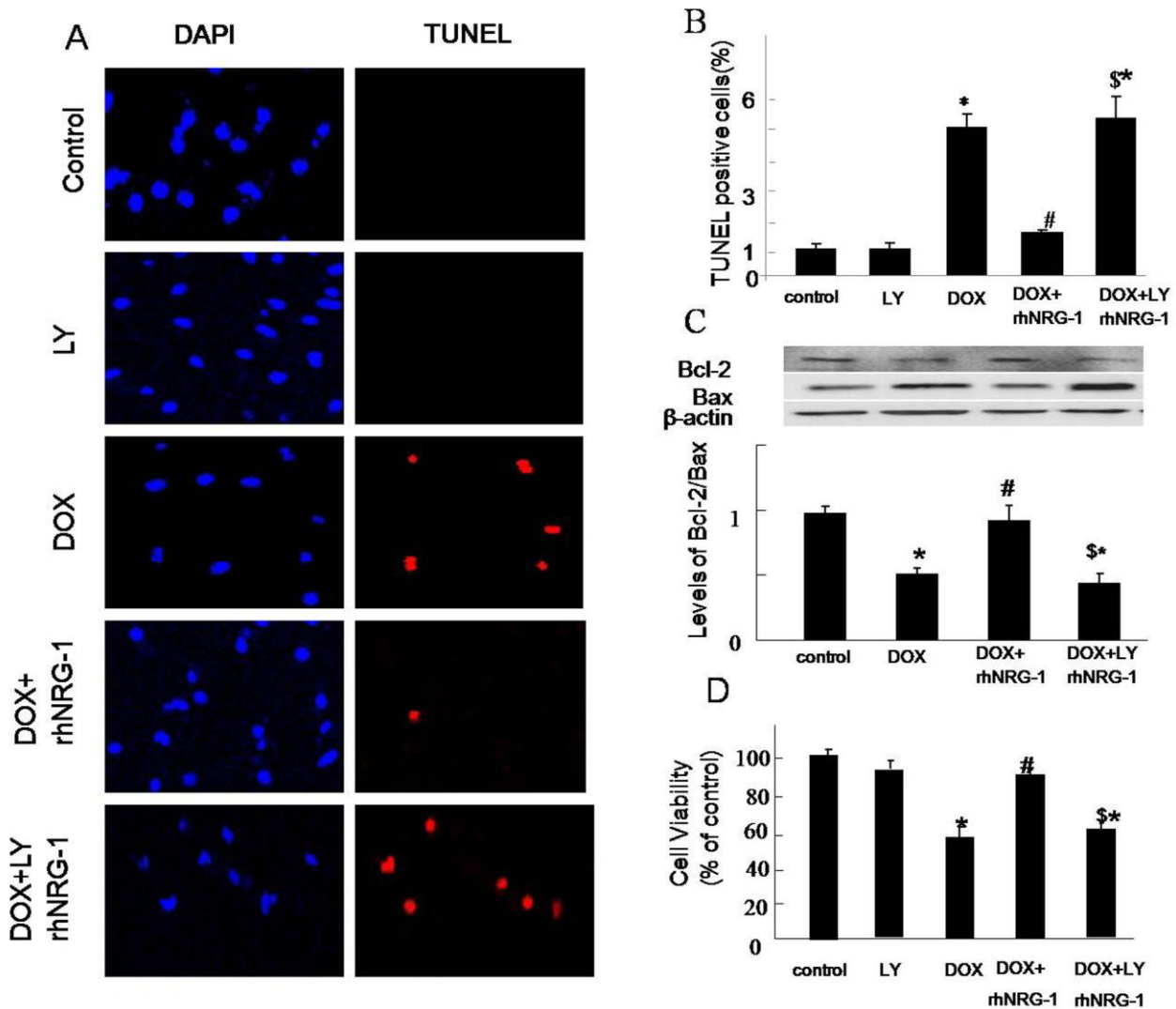
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379 **Fig. 2**

380 Effects of rhNRG-1 on phosphor-Akt in cardiomyocytes. NRVMs were treated with DOX (1 μ M) with or
381 without a 1 h, LY294002 (10 μ M) or rhNRG-1 (1000 ng/ml) pretreatment. The levels of p-Akt and Akt
382 were detected by western blotting. Error bars represent mean \pm SEM. *P < 0.05 vs. control, #P < 0.05 vs.
383 DOX alone, (n = 6). DOX: doxorubicin; NRVMs: neonatal rat ventricular myocytes; rhNRG-1:
384 recombinant human neuregulin-1.



385

386 **Fig. 3.**

387 Role of Akt in the protective effect of rhNRG-1 on doxorubicin-induced NRVM apoptosis. NRVMs were
 388 pre-incubated with 10 μ M LY294002 for 1 h, then pretreated with rhNRG-1 (1000 ng/ml) for 1 h,
 389 followed by DOX (1 μ M) for 24 h. A and B: The decrease in the ratio of TUNEL-positive cells to total
 390 cells. C: The western blotting results showed the decreased ratio of Bcl-2/Bax. D: Cell viability was
 391 determined by MTT assay. Error bars represent mean \pm SEM. *P < 0.05 vs. control, #P < 0.05 vs. DOX
 392 alone, \$P < 0.05 vs. DOX+rhNRG-1, (n = 3). DOX: doxorubicin; NRVMs: neonatal rat ventricular
 393 myocytes; rhNRG-1: recombinant human neuregulin-1.

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