

Cardiac Surgery Increases Serum Concentrations of Adipocyte Fatty Acid-Binding Protein and its mRNA Expression in Circulating Monocytes but not in Adipose Tissue

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Short title: A- FABP in cardiac surgery patients

Summary

Adipocyte fatty acid binding protein (A-FABP) is a novel adipokine involved in the regulation of lipid and glucose metabolism and inflammation. To evaluate its potential role in the development of postoperative hyperglycemia and insulin resistance we assessed A-FABP serum concentrations and mRNA expression in skeletal and myocardial muscle, subcutaneous and epicardial adipose tissue and peripheral monocytes in 11 diabetic and 20 age- and sex-matched non-diabetic patients undergoing elective cardiac surgery.

Baseline serum A-FABP did not differ between the groups (31.1 ± 5.1 vs. 25.9 ± 4.6 ng/ml, $p = 0.175$). Cardiac surgery markedly increased serum A-FABP in both groups with a rapid peak at the end of surgery followed by a gradual decrease to baseline values during the next 48 hours with no significant difference between the groups at any timepoint. These trends were analogous to postoperative excursions of plasma glucose, insulin and selected proinflammatory markers. Cardiac surgery increased A-FABP mRNA expression in peripheral monocytes, while no effect was observed in adipose tissue or muscle.

Our data suggest that circulating A-FABP might be involved in the development of acute perioperative stress response, insulin resistance and hyperglycemia of critically ill irrespectively of the presence of diabetes mellitus.

Key words: adipocyte fatty acid binding protein; adipose tissue; skeletal muscle; cardiac surgery; insulin resistance;

Introduction

Adipocyte fatty acid binding protein (A-FABP) also known as FABP4, aP2 or adipocyte/macrophage FABP is a cytoplasmic protein found abundantly in adipose tissue (Hunt *et al.* 1986). A-FABP is predominantly expressed in adipocytes (Baxa *et al.* 1989) and macrophages (Boord *et al.* 2002). A-FABP was primarily described as a mostly cytosolic protein constituting 6% of total adipocyte cellular protein content and partially released into circulation. Experimental and clinical studies have suggested that A-FABP plays a role in the regulation of lipid and glucose metabolism, energy homeostasis and inflammation (Furuhashi *et al.* 2008, Hotamisligil *et al.* 1996, Uysal *et al.* 2000, Xu *et al.* 2006). In mice, increased production of both adipocyte and macrophage FABP contributes to metabolic deterioration (Furuhashi *et al.* 2008). Deletion of A-FABP in adipocytes resulted in reduced expression of proinflammatory cytokines in macrophages, while its deletion in macrophages enhanced insulin signaling and glucose uptake in adipocytes (Furuhashi *et al.* 2008). A-FABP deficient mice with genetic or diet induced obesity were protected from insulin resistance, dyslipidemia and hyperglycemia (Hotamisligil *et al.* 1996, Uysal *et al.* 2000). In humans, the reduction of adipose tissue A-FABP expression due to a specific polymorphism of the aP2 gene resulted in lower serum triglyceride levels and significantly reduced the risk of coronary heart disease and type 2 diabetes mellitus (Tuncman *et al.* 2008). Serum levels of A-FABP were closely associated with the presence and severity of coronary artery disease (Bao *et al.* 2011, Doi *et al.* 2011). In contrast, A-FABP levels in chronically malnourished patients with anorexia nervosa were unchanged and were not related to anthropometric or inflammatory parameters

(Haluzikova *et al.* 2009). Serum A-FABP concentrations were significantly higher in females compared to males and were independently associated with waist-to-height ratio and glomerular filtration rate (Tonjes *et al.* 2012). In another study on 495 non-diabetic Chinese adults, elevated plasma concentrations of A-FABP predicted the development of metabolic syndrome in a 5-year follow-up (Xu *et al.* 2007).

A large number of clinical studies have documented the presence of hyperglycemia and insulin resistance in critically ill patients (Van den Berghe 2002) with a couple of recent trials indicating beneficial effects of improved glucose control after continuous intravenous insulin treatment on all-cause morbidity and mortality associated with critical illness. Conflicting data exist regarding optimal target glucose range in different types of patients (Van den Berghe *et al.* 2001, Finfer *et al.* 2009, Blaha *et al.* 2009). The etiopathogenesis of insulin resistance in critically ill patients differs in part from subjects with type 2 diabetes mellitus. Nevertheless, common mechanisms still exist including the development of liver insulin resistance and overproduction of proinflammatory factors by adipose tissue (Kremen *et al.* 2006, Mazurek *et al.* 2003). In a recent study on different experimental models with biologically active synthetic A-FABP inhibitor, the authors demonstrated its potential beneficial effects on insulin resistance, glucose control, circulating lipid levels and development of atherosclerosis (Furuhashi *et al.* 2007) suggesting its potential use in various patient populations suffering from insulin resistance, hyperglycemia and its consequences. We hypothesized that A-FABP may also play a role in the development of hyperglycemia and insulin resistance in patients undergoing elective cardiac surgery. To this end, we measured A-FABP mRNA expression in epicardial and subcutaneous adipose tissue and myocardial and skeletal muscle of patients undergoing elective cardiac surgery and studied its serum changes both during and after the surgery. The secondary

objective of our study was to analyze the influence of type 2 diabetes mellitus on serum A-FABP and its mRNA expression in critically ill cardiothoracic patients.

Methods

Study subjects

The study included 31 male patients who underwent elective cardiac surgery with extracorporeal circulation (coronary artery bypass grafting (CABG) – 23 patients, CABG and aortic valve replacement (AVR) – 4 patients, AVR alone – 1 patient, mitral valve replacement (MVR) – 2 patients and CABG and MVR – 1 patient). Average surgery time was 308 minutes. Eleven subjects had type 2 diabetes mellitus (T2DM) treated by metformin (2 patients), insulin (5 patients) or diet only (4 patients). All patients participating in the study had arterial hypertension, ischemic heart disease and body mass index (BMI) ≥ 25 . None of the patients had diagnosis or suffered from acute or chronic kidney disease, malignancy, thyroid disease, or acute infection.

Thirteen patients had hyperlipidemia treated by atorvastatin (10 patients), rosuvastatin (1 patient) or fluvastatin (2 patients), respectively.

All patients ate the last meal at 6 PM on the day before the surgery. The surgery was performed after an overnight fasting and was started between 7-8 AM in all subjects.

Ten patients received infusion of dobutamine and norepinephrine during and after surgery with maximum dose of 7 $\mu\text{g}/\text{kg}/\text{min}$ and 0.2 $\mu\text{g}/\text{kg}/\text{min}$, respectively with treatment duration from 8 to 33 hours. Glucose infusion was not administered in any of the patients.

All participants signed written informed consent prior to the enrollment into the study.

The study was approved by the Human Ethical Review Board of the Thomayer

University Hospital and Institute for Clinical and Experimental Medicine, Czech Republic and was performed in accordance with the guidelines proposed in the Declaration of Helsinki.

Glucose control protocol and insulin administration

Undiluted arterial blood for measurement of blood glucose (BG) was drawn from an arterial line inserted for routine monitoring procedures. BG was analyzed by a standard point-of-care testing device (Abbott Architect CI 8200, Abbott Diagnostics, Maidenhead, U.K.) every 3 hours.

No glucose infusion was administered in any of the patients during the study. No insulin was administered during the operation. Insulin administration was initiated in postoperative intensive care unit only in patients with blood glucose exceeding 9.9 mmol/l (in 17 patients altogether – 11 with and 6 without T2DM). Human rapid-acting insulin (Actrapid HM, Novo Nordisk, Baegsvard, Denmark) was given via central venous line as a continuous infusion. A standard concentration of 50 IU of insulin in 50 ml of 0.9% NaCl was used. Target glucose range was 6.0 – 9.9 mmol/l. Normal oral food intake was started in 18 to 24 hours after the operation in all study subjects.

Anthropometric examination, blood and tissue sampling

Anthropometric examination of study subjects was performed at baseline one day prior to the operation. All subjects were measured and weighted in light clothes without shoes using standardized scales and BMI was calculated (weight (kg)/height (m)²). Body surface area was calculated using the DuBois and DuBois formula. Waist circumference was measured. The same study nurse did all anthropometric

measurements in a standardized way. Blood samples for hormonal measurements were taken prior to initiation of anesthesia (baseline), prior to the start of extracorporeal circulation, upon completion of the operation and 6, 24, 48, and 96 hours after the end of the operation. Serum was obtained by centrifugation and the samples were subsequently stored in aliquots at -80 °C until further analysis. In a subgroup of 11 patients blood samples for monocyte isolation were obtained in Na-EDTA anticoagulant at the start and upon completion of the surgery and 24 hours after the end of the surgery.

Samples of subcutaneous (thoracic region) and visceral (epicardial) adipose tissue, skeletal muscle (intercostal muscles) and myocardial muscle (right atrium) for mRNA expression analysis were taken at the start and prior to the end of the surgery from approximately the same location in all patients. The samples were obtained from tissues that had not been previously traumatized mechanically or by cauterization in order to avoid the interference of local damage with tissue parameters. Tissue samples were collected to 1ml of RNAlater reagent (Qiagen GmbH, Hilden, Germany) and stored at -80 °C until further analysis. The average time between the initial and final sampling at the end of the operation was 308 minutes.

Hormonal and biochemical assays

Serum levels of A-FABP were measured using a commercial ELISA kit (BioVendor, Modrice, Czech Republic) with a sensitivity of 0.1 ng/ml. The intra- and inter-assay variability of the kit was less than 7%. Serum C-reactive protein (CRP) levels were measured by high sensitive assay (Bender Medsystems, Vienna, Austria) with a sensitivity of 3 pg/ml. The intra- and inter-assay variability of the kit was less than 5% and less than 10%, respectively. Serum insulin concentrations were measured by a

commercial RIA kit (Cis Bio International, Gif-sur-Yvette, France) with a sensitivity of 2.0 μ IU/ml and the intra- and inter-assay variability of the kit was less than 5% and less than 10%, respectively.

Serum concentrations of interleukin-6 (IL-6), interleukin-8 (IL-8) and monocyte chemotactic protein-1 (MCP-1) were measured using Human serum adipokine LINCOplex Kit (panel B) on a Luminex200 instrument (Linco Research, St. Charles, MO, USA). Sensitivity was 1.6 pg/ml for IL-6, 0.2 pg/ml for IL-8 and 0.14 pg/ml for MCP-1, respectively. Intra- and inter-assay variability of the kits was 7.8% and 18% for IL-6, 7.9% and 15% for IL-8, 7.8% and 16% for MCP-1, respectively.

Monocyte separation from whole blood

Peripheral blood leukocytes were obtained from blood samples using Ficoll-Paque Plus (Amersham Biosciences AB, Sweden). For each sample, 5 ml of blood were slowly added into the Falcon tube with 3.5 ml of Ficoll-PaqueTM Plus and the tube was centrifuged immediately. After centrifugation, leukocyte agglomerates were placed in a tube containing 10 ml of PBS (0.01 M PBS), pH 7.4 and centrifuged again, the supernatant was discarded, and the cell pellet was dissolved in PBS. After centrifugation the supernatant was discarded and the pellet was dissolved in DEGAS buffer (0.01 M PBS with 0.5 M EDTA, pH 8 and 1% BSA). Magnetic activated cell sorting technique (MiniMacs Miltenyi Biotec, Bergisch Gladbach, Germany) using microbeads coated with CD14 antibody (MACS CD14 MicroBeads; Miltenyi Biotec) was used to isolate monocytes from cell pellet.

Determination of A-FABP mRNA expression

Tissue samples were homogenized on a MagNA Lyser Instrument using MagNA Lyser Green Beads (Roche Diagnostics GmbH, Mannheim, Germany) and QIAzol Lysis Reagent (Qiagen GmbH, Hilden, Germany). Total RNA was extracted from the homogenized sample of subcutaneous and epicardial adipose tissue using RNeasy Lipid Tissue Mini Kit (Qiagen GmbH, Hilden, Germany). Total RNA from the homogenized skeletal muscle and isolated monocytes was extracted on MagNA Pure instrument using MagNA Pure Compact RNA Isolation (Tissue) kit (Roche Diagnostics GmbH, Mannheim, Germany). RNA concentration was determined from absorbance at 260 nm on a BioPhotometer (Eppendorf AG, Hamburg, Germany). The integrity of the RNA was checked by visualization of 18S and 28S ribosomal bands on 1 % agarose gel with ethidium bromide. Reverse transcription was performed using 0.25µg of total RNA to synthesize the first strand cDNA using the random primers as per the instructions of the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA, USA). Measurements of A-FABP gene expression were performed on an ABI PRISM 7500 instrument (Applied Biosystems, Foster City, CA, USA) using TaqMan[®] Universal PCR Master Mix, NO AmpErase[®] UNG and specific TaqMan[®] Gene Expression Assays (Applied Biosystems, Foster City, CA, USA) and nuclease-free water (Fermentas Life Science, Vilnius, Lithuania). Controls with no template cDNA were performed with each assay and all samples were run in duplicate at a minimum. The increase in fluorescence was measured in real time and threshold cycle (C_T) values were obtained. To compensate for variations in the amount of RNA used and the variable efficiency of reverse transcription, the target gene C_t number was normalized to the endogenous control beta-2-microglobulin (B2M) or LRP10 and the formula $2^{-\Delta\Delta C_t}$ was used to calculate relative gene expression.

Statistical analysis

Statistical analysis was performed on SigmaStat software (Jandel Scientific, San Rafael, CA, USA). The results are expressed as median (interquartile range) or mean \pm standard error of the mean (SEM). Normality of all data was assessed using the Kolmogorov-Smirnov test.

Changes of hormonal levels during perioperative and postoperative state were evaluated using one-way repeated measure analysis of variance (RM ANOVA) and multiple comparisons versus control group test – Dunnett's method. Differences in gene expression between different tissues during operation were evaluated using one-way RM ANOVA and all pairwise multiple comparison procedures – Fisher LSD method. Differences between diabetic and non-diabetic subjects were evaluated using unpaired t-test or Mann-Whitney rank sum test, according to the normality of data. Correlations were analyzed using Spearman's or Pearson's correlation test, according to the normality of data. In all statistical tests p values <0.05 were considered significant.

Results

Clinical characteristics of study participants

Clinical characteristics of study subjects are shown in *Table 1*. There were no differences between diabetic and non-diabetic patients with respect to age, body mass index (BMI), body surface area (BSA), lipid profile and BNP (brain natriuretic peptide). Diabetic subjects showed higher levels of baseline glucose, insulin, HOMA index and glycated hemoglobin, while their hsCRP values were slightly, but

significantly, lower. Baseline A-FABP levels tended to be higher in patients with diabetes, although the difference did not reach statistical significance.

Serum glucose, hormonal and cytokine concentrations during and after surgery.

In both study groups serum A-FABP concentrations during and after the surgical procedure followed the same pattern, peaking at the end of the surgery and returning to baseline levels 24 to 48 hours after the end of the procedure (*Figure 1*). No significant difference in A-FABP area under the curve (AUC) between the groups or its concentrations throughout the study period could be seen, although the maximum increase tended to be higher in the T2DM group (4.6-fold vs. 4.0 fold, $p = 0.078$).

Serum glucose levels culminated 6 hours after the end of the surgery and normalized 48 hours thereafter with no difference between both groups except for the values at baseline and prior to the start of extracorporeal circulation, which were higher in diabetic subjects (*Figure 1*). Serum insulin concentrations started to rise in both T2DM and nonT2DM subjects already during the operation reaching their peaks at 8 to 16 hours after the start of the procedure and remaining significantly elevated for almost the whole study period. The increase was more pronounced in subjects with diabetes mellitus (*Figure 1*). Serum CRP concentrations peaked in both groups at 24 to 48 hours after the end of the surgery and returned to near normal values towards the end of the study period, while IL-6, IL-8 and MCP-1 reached their maximum levels immediately after the end of the surgical procedure. Again, no significant difference could be seen between T2DM and nonT2DM subjects at any of the studied timepoints (*Figure 2*).

A-FABP mRNA expression in adipose tissue, muscle and peripheral monocytes

No significant influence of the performed surgery on A-FABP mRNA expression was detected in either of the studied adipose or muscle tissues (*Figure 3*). A-FABP mRNA expression in epicardial adipose tissue was significantly lower than in subcutaneous adipose tissue both at the start and the end of the surgery, while it did not differ between skeletal and myocardial muscle at any of the studied timepoints (*Figure 3*). In peripheral monocytes A-FABP mRNA expression showed a 4.9-fold increase at the end of the surgery compared to baseline ($p < 0.05$) followed by a significant decrease 24 hours after the end of the surgery (*Figure 4*).

Relationship of A-FABP plasma levels and mRNA expression with anthropometric, biochemical, and hormonal parameters

In the whole study population serum A-FABP area under the curve correlated positively with baseline HbA_{1c} ($R = 0.511$; $p = 0.006$) and IL-8 area under the curve ($R = 0.701$; $p < 0.001$). A-FABP mRNA expression in subcutaneous adipose tissue at the start of the surgery correlated positively with age ($R = 0.417$; $p = 0.025$) and negatively with BSA ($R = -0.434$; $p = 0.017$) and HOMA index ($R = -0.425$; $p = 0.0305$). In epicardial adipose tissue A-FABP mRNA expression showed positive correlation with HDL cholesterol ($R = 0.55$; $p = 0.0014$), while correlating negatively only with BSA ($R = -0.362$; $p = 0.046$). A-FABP mRNA expression in peripheral monocytes correlated positively with A-FABP serum concentrations ($R = 0.625$; $p < 0.001$).

Discussion

Adipocyte fatty acid binding protein (A-FABP) is a recently introduced fat-derived protein involved in metabolic regulations, low-grade inflammation and the development of atherosclerosis. In the present study we show that its systemic levels and mRNA expression in circulating monocytes, albeit not in adipose or muscle tissue, are significantly increased by major cardiac surgery along with parameters of insulin resistance and systemic inflammation suggesting a possible role of A-FABP in the development of perioperative insulin resistance and hyperglycemia of critically ill. A growing number of epidemiological studies have demonstrated a positive relationship of A-FABP with metabolic derangements associated with increased adiposity in humans. Several cross-sectional studies have shown a positive correlation between circulating A-FABP and components of metabolic syndrome including obesity, insulin resistance and dyslipidemia (Tonjes *et al.* 2012, Xu *et al.* 2006, Cabré *et al.* 2008). In a recent prospective trial by Tso *et al.* elevated A-FABP levels predicted the development of type 2 diabetes mellitus independently of obesity and insulin resistance during a 10-year follow-up (Tso *et al.* 2007). Moreover, serum A-FABP levels were shown to be increased in patients with coronary artery disease (CAD) verified by coronary angiography (Doi *et al.* 2011) and were independently associated with cardiovascular morbidity and mortality in another trial on subjects with CAD (Eynatten *et al.* 2012). In our study serum A-FABP reached relatively higher baseline levels in both groups as compared to previously published data (Doi *et al.* 2011). Interestingly, no significant difference between diabetic and non-diabetic individuals could be detected. These findings could most probably be explained by a high prevalence of other components of metabolic syndrome (obesity, dyslipidemia) and by the presence of ischemic heart disease in most of the subjects of both study groups.

Increased production of proinflammatory cytokines and adipokines is a well-established mechanism leading to the development of insulin resistance and hyperglycemia in patients undergoing major cardiac surgery (Kremen *et al.* 2006, Mazurek *et al.* 2003, Kotulak *et al.* 2011). Despite its potentially important role in the pathogenesis of type 2 diabetes mellitus and other obesity-related disorders, minimum data are available about the production, secretion and function of A-FABP during critical illness or surgery-related stress response. Here we demonstrate that systemic A-FABP levels rapidly increase (4- to 5-fold) in response to surgical stress with a subsequent decrease to almost basal levels 24 hours after the procedure. This pattern shows a striking similarity to peri- and postoperative glycemic excursions and serum levels of proinflammatory cytokines assessed in the study (IL-6, IL-8, MCP-1) suggesting thus that circulating A-FABP might be an acute stress response protein as well as play a role in the development of perioperative insulin resistance and hyperglycemia of critically ill. Similarly to baseline levels, no difference could be observed in A-FABP concentrations between diabetic and non-diabetic subjects throughout the whole study period. This finding seems in line with the absence of difference in other studied factors between the 2 groups including blood glucose, insulin and proinflammatory cytokines indicating that metabolic control during and after the performed surgery reached comparable levels in both groups.

Epicardial adipose tissue has been previously identified as an important source of inflammatory mediators under basal conditions (Mazurek *et al.* 2003) and cardiac surgery increased mRNA expression of proinflammatory cytokines in both epicardial and subcutaneous adipose tissue (Kremen *et al.* 2006). In our previous study we demonstrated that circulating levels and epicardial adipose tissue mRNA expression of fibroblast growth factor 21 (FGF-21), which is another novel factor involved in

metabolic regulations, were markedly increased by cardiac surgery (Kotulak et al. 2011). In the present trial baseline mRNA expression of A-FABP was significantly higher in subcutaneous than in epicardial adipose tissue. This is in accordance with findings by *Fisher et al* who demonstrated that A-FABP mRNA and protein production is elevated in subcutaneous as compared to visceral adipose depot in both lean and obese subjects (Fisher et al. 2001). Surprisingly, no effect of cardiac surgery could be seen on mRNA expression of A-FABP in either of the studied adipose tissue pools. As circulating A-FABP levels peaked at the same time the second tissue sample was taken, these findings suggest that neither subcutaneous nor visceral (epicardial) adipose tissue is the primary source of elevated serum A-FABP during cardiac surgery and that, in contrast to e.g. heart-type fatty acid binding protein (H-FABP), another type of FABP which was shown to increase in response to operation-related injury to the heart muscle, A-FABP is not a significant marker of local tissue damage. This was further confirmed by the results of A-FABP mRNA expression in skeletal and heart muscle which was considerably lower than in adipose tissue and was also unaffected by the performed surgery.

Although originally A-FABP has been considered adipocyte specific, macrophages were shown to be other potentially important source of A-FABP. In experimental models on primary human monocytes and monocytic cell lines A-FABP mRNA expression became evident after stimulation with both natural and synthetic peroxisome-proliferator activated receptor gamma (PPAR γ) agonists (Pelton et al. 1999). In macrophages lacking A-FABP (*A-FABP*^{-/-}) significant reduction in the expression of several inflammatory cytokines was described (Makowski et al. 2005). Moreover, after exposition to modified lipoproteins *A-FABP*^{-/-} macrophages showed reduced inflammatory cytokine production and ability to accumulate cholesterol

(Makowski et al. 2005). Apolipoprotein E (ApoE) deficient and *A-FABP*^{-/-} mice were protected against the development of atherosclerosis, while adipocyte *A-FABP*^{+/+}, *ApoE*^{-/-} and macrophage *A-FABP*^{-/-} mice showed similar reduction on atherosclerosis compared to total A-FABP deficient mice (Makowski et al. 2001). In a human study on patients undergoing carotid endarterectomy, macrophage A-FABP mRNA expression was increased in unstable carotid plaques (Agardh et al. 2011). Another recent study on patients with rheumatoid arthritis demonstrated increased A-FABP expression in several types of immune cells including synovial macrophages and B-cells (Andrés Cerezo et al 2013). Taken together, experimental animal and human data strongly indicate a possible role of macrophage A-FABP in atherogenic processes and inflammation. In the present study we analyzed mRNA expression of A-FABP in peripheral monocytes, which are considered circulating precursors of macrophages (Mraz et al. 2011). Strikingly, we found a substantial increase in A-FABP expression at the end of the procedure which practically normalized after 24 hours. This early peak followed by a relatively rapid normalization almost duplicates the peri- and postoperative excursions of serum A-FABP suggesting that peripheral monocytes might be one of the primary sources of increased circulating A-FABP under surgical stress. Moreover, peripheral monocytes have previously been shown to be important mediators of low-grade inflammation. Considering the role of A-FABP in the production of proinflammatory cytokines and activation of endoplasmic reticulum stress in macrophages (Erbay et al. 2009), up-regulation of A-FABP mRNA in monocytes might substantially increase their proinflammatory state, which in turn can potentially contribute to the development of surgery-related hyperglycemia and insulin resistance.

A recent experimental study demonstrated the existence of direct effects of A-FABP on cardiomyocytes resulting in acute inhibition of their contraction. The negative inotropic effect was dependent on A-FABP concentration (Lamounier-Zepter et al. 2009). Thus elevated levels of circulating or locally produced A-FABP might, at least theoretically, influence the development of heart dysfunction. To test this hypothesis we analyzed the relationship between circulating A-FABP and serum brain natriuretic peptide (BNP), a marker of heart failure. However, we were not able to find any significant relationship between circulating BNP and serum A-FABP in the whole cohort as well as in either of the subgroups. Further *in vivo* studies are needed to evaluate the possible influence of A-FABP on heart function in various patient populations.

We are aware of several limitations of our study. The relatively small number of study subjects and high interindividual variability of some of the measured parameters might have been a potential source of bias throughout the statistical analysis. Full-scale studies on larger populations with a more diverse spectrum of critical conditions involving also protein analysis of investigated tissues should be the aim of future research on this topic.

We have demonstrated that irrespectively of the presence of diabetes mellitus elective cardiac surgery induces significant increase in plasma A-FABP that corresponds with hyperglycemia, hyperinsulinemia and proinflammatory response. Peripheral monocytes, and not adipose tissue, seem to be one of the main contributors to this increase. Our data suggest that circulating A-FABP might be involved in acute perioperative stress response with a potential role in the development of perioperative insulin resistance and hyperglycemia of critically ill.

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Tables

Table 1: Baseline anthropometric, biochemical and hormonal characteristics of study subjects. Values are mean \pm SEM. Statistical significance is from un-paired t-test or Mann-Whitney rank sum test, according to the normality of data distribution.

T2DM, type 2 diabetes mellitus, NR, not relevant, BNP, brain natriuretic peptide

| | T2DM | NonT2DM | P |
|--------------------------------------|-------------------|-------------------|--------|
| No. of subjects (male/female) | 11/0 | 20/0 | NR |
| Age (years) | 62.0 \pm 2.0 | 64.7 \pm 1.6 | 0.307 |
| Duration of operation (h) | 5.2 \pm 0.18 | 5.1 \pm 0.23 | 0.457 |
| Body mass index (kg/m ²) | 31.3 \pm 1.46 | 29.4 \pm 0.69 | 0.322 |
| Body surface area (m ²) | 1.98 \pm 0.07 | 2.04 \pm 0.04 | 0.448 |
| Glucose (mmol/l) | 7.28 \pm 0.45 | 5.84 \pm 0.18 | 0.001 |
| Insulin (μ IU/ml) | 29.9 \pm 4.9 | 15.9 \pm 1.8 | 0.014 |
| HOMA-IR index | 10.46 \pm 1.87 | 4.20 \pm 0.58 | 0.003 |
| HbA1c (mmol/mol IFCC) | 51.7 \pm 2.9 | 40.0 \pm 0.7 | <0.001 |
| hsCRP (mg/l) | 0.260 \pm 0.085 | 0.530 \pm 0.113 | 0.048 |
| Total cholesterol (mmol/l) | 3.85 \pm 0.19 | 4.07 \pm 0.15 | 0.312 |
| HDL cholesterol (mmol/l) | 0.893 \pm 0.079 | 0.989 \pm 0.054 | 0.313 |
| LDL cholesterol (mmol/l) | 2.18 \pm 0.19 | 2.42 \pm 0.14 | 0.215 |
| Triglycerides (mmol/l) | 1.77 \pm 0.19 | 1.38 \pm 0.17 | 0.240 |
| BNP (ng/l) | 398 \pm 241 | 215 \pm 60 | 0.620 |
| A-FABP (ng/ml) | 31.1 \pm 5.1 | 25.9 \pm 4.6 | 0.175 |

Figure legends

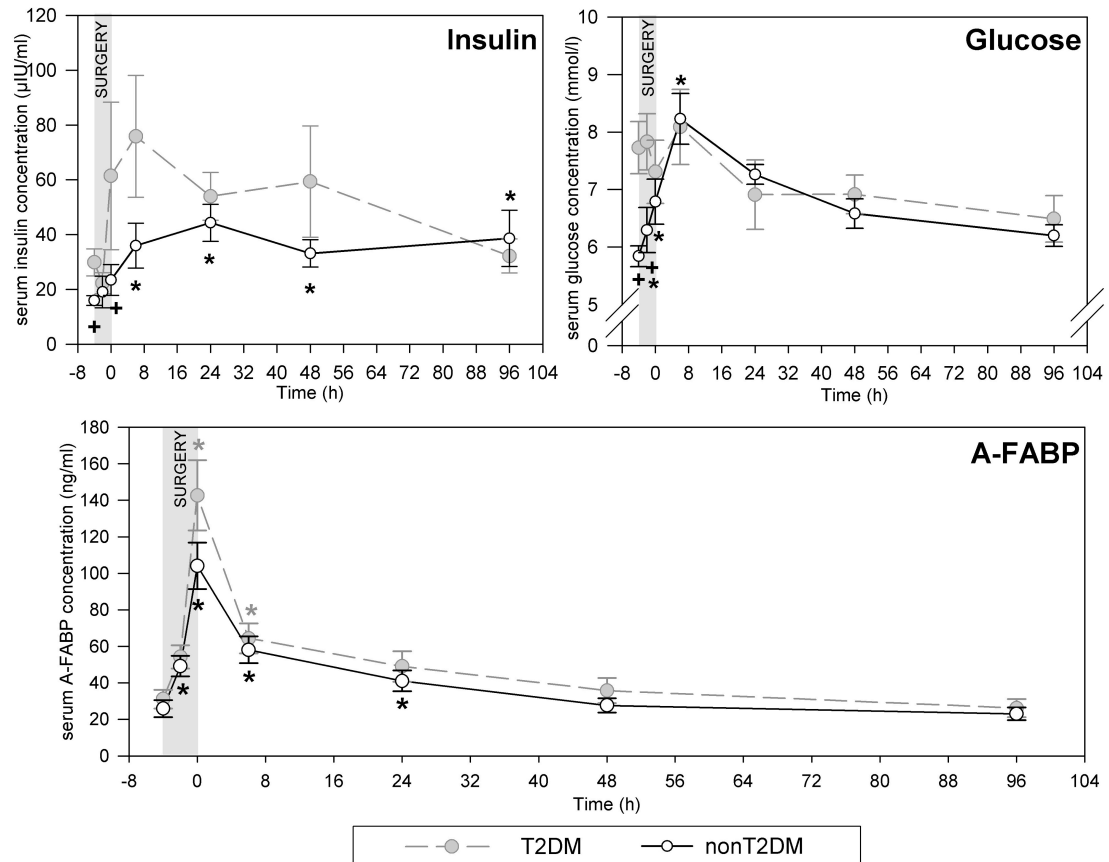


Figure 1

Serum concentrations of insulin, glucose and A-FABP in cardiac surgery patients prior to initiation of anesthesia, prior to the start of extracorporeal circulation, upon completion of the surgery, and 6, 24, 48, and 96 hours after the end of the surgery.

Values are mean \pm SEM. The time of surgery completion was set as time zero.

Statistical significance from one-way RM ANOVA and multiple comparisons versus **control group** test - Dunnett's method: * $p < 0.05$ vs. prior to initiation of anesthesia;

+ $p < 0.05$ vs. T2DM

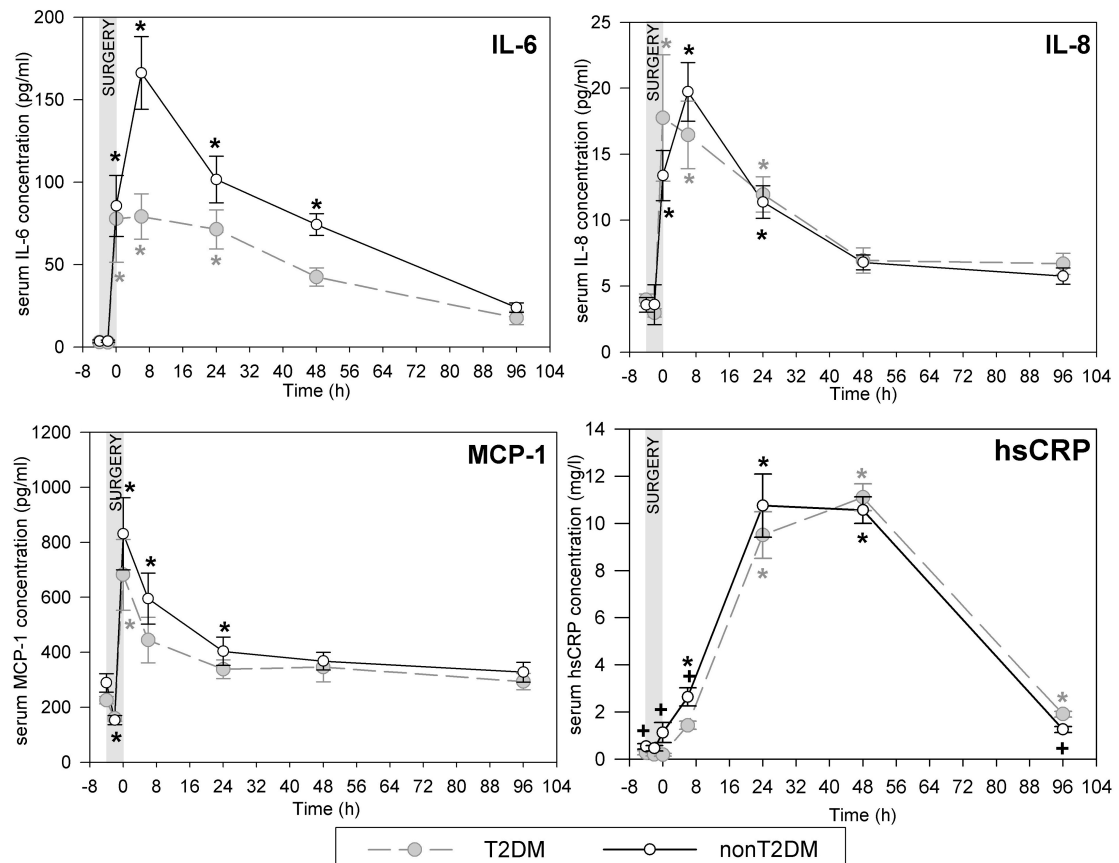


Figure 2

Serum concentrations of IL-6, IL-8, MCP-1 and hsCRP in cardiac surgery patients prior to initiation of anesthesia, prior to the start of extracorporeal circulation, upon completion of the surgery and 6, 24, 48, and 96 hours after the end of the surgery.

Values are mean \pm SEM. The time of surgery completion was set as time zero.

Statistical significance from one-way RM ANOVA and multiple comparisons versus control group test - Dunnett's method: * $p < 0.05$ vs. prior to initiation of anesthesia; + $p < 0.05$ vs. T2DM

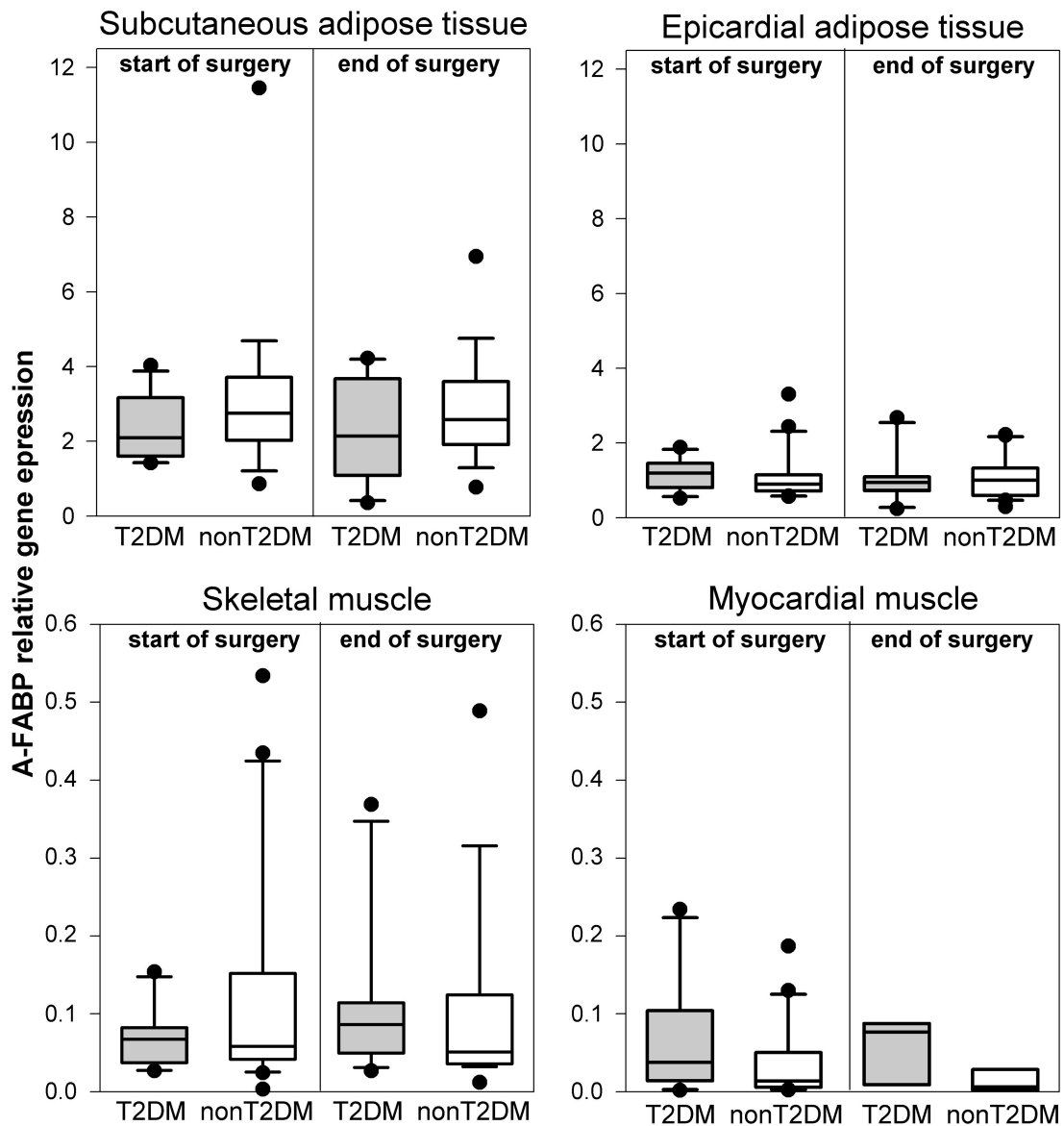


Figure 3

Relative gene expression of A-FABP mRNA in subcutaneous adipose tissue, epicardial adipose tissue, skeletal muscle and myocardial muscle. Samples were taken at the start and prior to the end of surgery. Values are median and interquartile range.

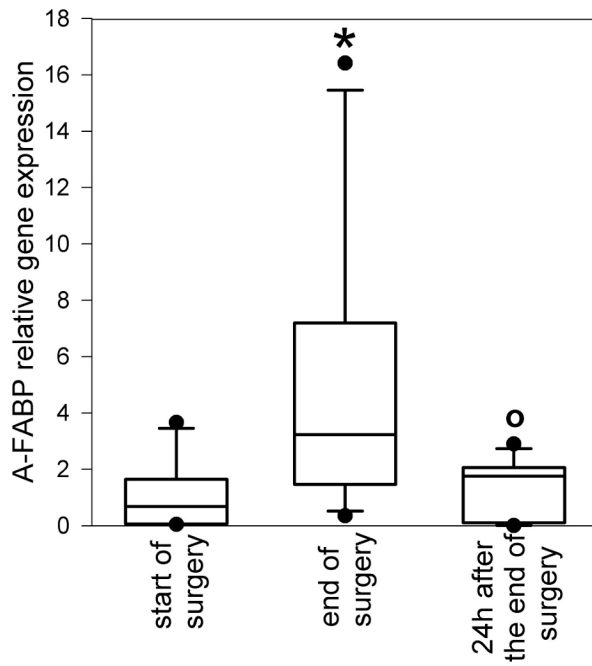


Figure 4

Relative gene expression of A-FABP in isolated monocytes. Samples were taken at the start and end and 24h after the end of surgery. Values are median and interquartile range. Results were normalized to the expression of LRP10. Statistical significance from one way RM ANOVA and all pairwise multiple comparison procedures (Dunn's method): * $p < 0.05$ vs start of surgery; ° $p < 0.05$ vs end of surgery