

Effective Field Theory for Lattice nuclei

Nir Barnea

The Racah institute for Physics
The Hebrew University, Jerusalem, Israel

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האוניברסיטה העברית בירושלים
The Hebrew University of Jerusalem



Collaboration

Jerusalem, Israel

D. Gazit, J. Kirscher



האוניברסיטה העברית בירושלים
The Hebrew University of Jerusalem

Trento, Italy

F. Pederiva, L. Contessi



UNIVERSITY
OF TRENTO - Italy

Orsay, France

U. van Kolck



LQCD - The Single Baryon Case

Lattice QCD

- QCD is the fundamental theory for nuclear physics.
- It is formulated in terms of **quarks** and **gluons**.
- At low energy QCD is non-perturbative $\rightarrow$ lattice simulations (LQCD).
- Neutron and proton masses are predictions.
- Same for pion masses.

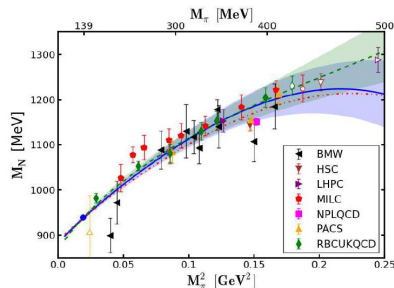
Xui-Lei Ren *et al.*, PRD 87 074001 (2013)

L. Alvarez-Ruso *et al.*, ArXiv hep-ph: 1304.0483 (2013)

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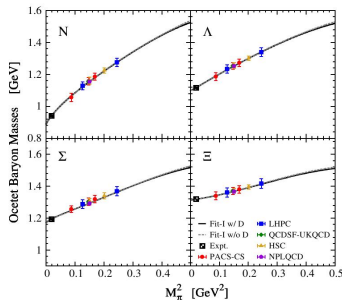
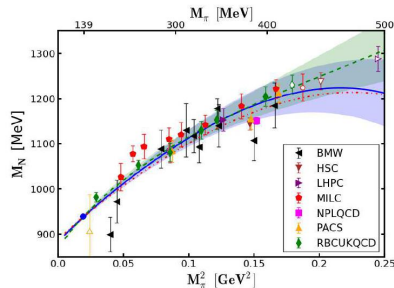
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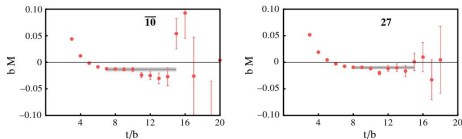
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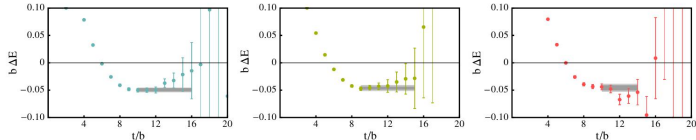


LQCD - Multi Baryon Configurations

Deuteron ($\overline{10}$) and dineutron (27) simulations



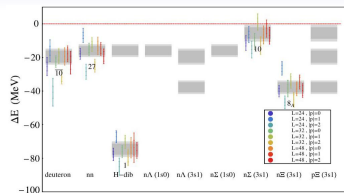
Triton simulations with different lattice sizes ($24^3 \times 48$, $32^3 \times 48$, $48^3 \times 64$)



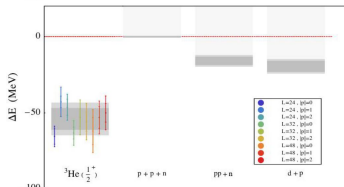
- LQCD simulations with $SU_f(3)$ symmetry
- Large pion mass $m_\pi = 800$ MeV
- Results with $m_\pi = 510$ MeV are already available
- Also the 2-body scattering parameters a_s, r_{eff} @800 MeV

LQCD - Few-Body Baryon Spectra

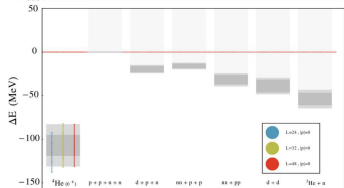
2-body system - Deuteron, dineutron, $n\Lambda$,...



3-body system - ^3He , triton, $^3_\Lambda\text{He}$,...

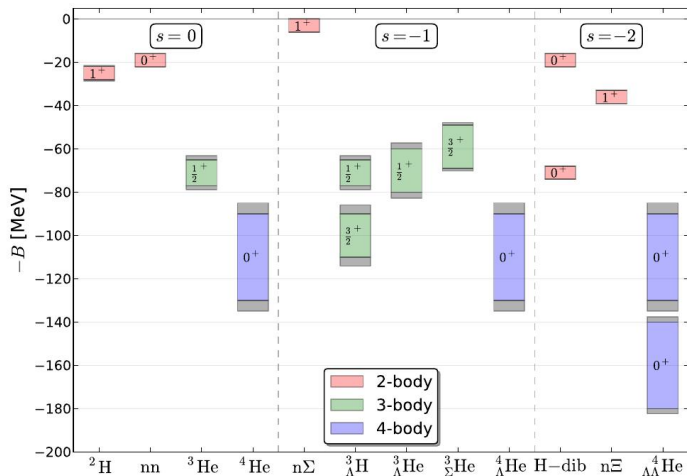


4-body system - ^4He , $^3_\Lambda\text{He}$,...

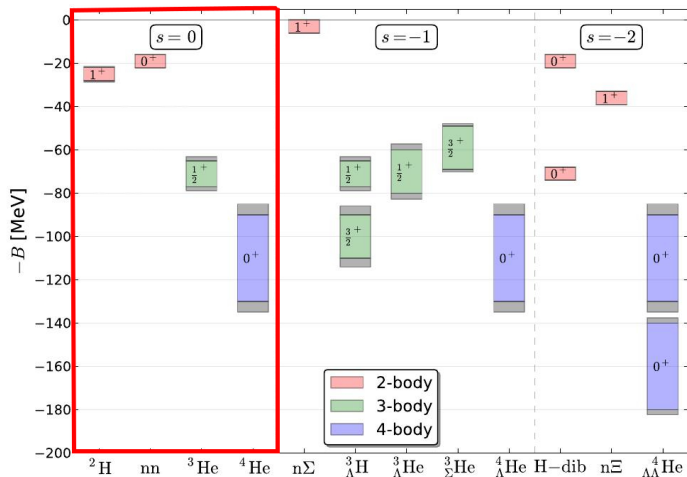


NPLQCD Collaboration, PRD **87** 034506 (2013)

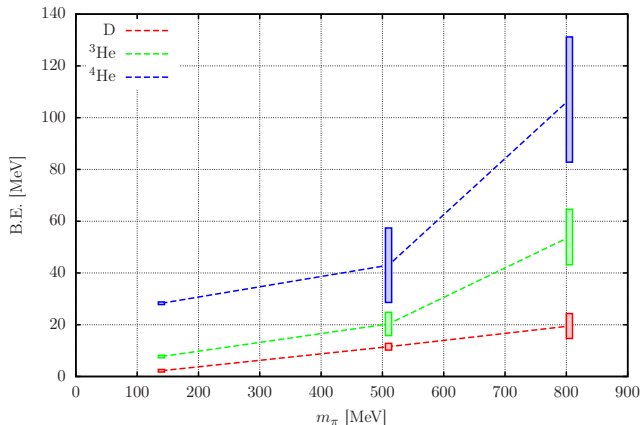
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The Evolution of the Nuclear Spectrum with m_π



NPLQCD Collaboration, PRD **87** 034506 (2013)

T. Yamazaki, K. Ishikawa, Y. Kuramashi, and A. Ukawa, Phys. Rev. D **86** (2012) 074514.

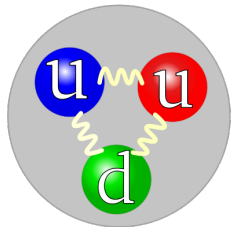
EFT in Nuclear Physics

Effective Field Theory

- At this point LQCD simulations for $A \geq 2$ nuclei are still away from the physical point.
- Currently no reliable NN interactions can be derived from lattice simulations.
- Contemporary nuclear theory is based on Effective Field Theory $\rightarrow$ phenomenology.
- The quarks and gluons degrees of freedom are replaced by baryons and mesons.

$$\mathcal{L}_{\text{QCD}}(q, G) \longrightarrow \mathcal{L}_{\text{NucI}}(N, \pi, \dots)$$

- The $\mathcal{L}_{\text{NucI}}(N, \pi, \dots)$ is constructed to retain QCD symmetries.
- $\mathcal{L}_{\text{NucI}}(N, \pi, \dots)$ is an expansion in low momentum Q .
- Contains all terms compatible with QCD up to a given order.
- The low-energy coupling constants (LECs) are explicit function of the cutoff Λ .



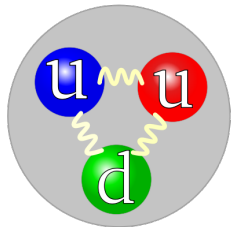
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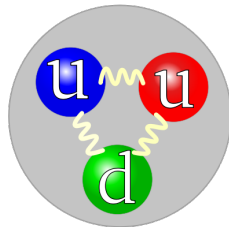
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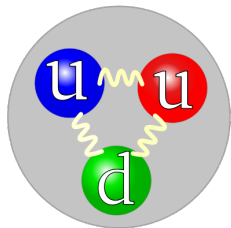
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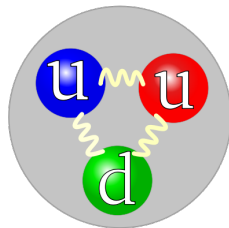
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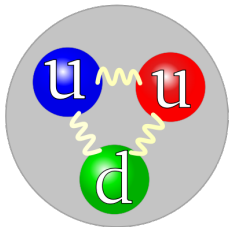
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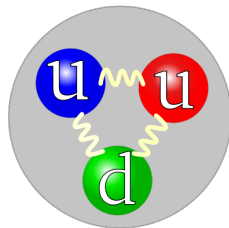
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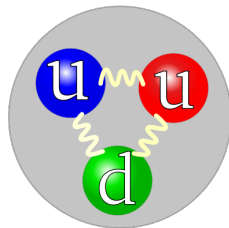
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Effective Field Theory potentials

Low Energy Constants

- There are 2 free parameters in LO, 7 at NLO, ...
- NNN and NNNN forces come in naturally at orders N²LO and N³LO.
- The NNN force contains 2 free parameters

	Two-nucleon force	Three-nucleon force	Four-nucleon force
Q^0		—	—
Q^2		—	—
Q^3			—
Q^4			

2 nucleon force >> 3 nucleon force >> 4 nucleon force ...

$$\begin{aligned}
 V &= - \left(\frac{g_A}{2f_\pi} \right)^2 \frac{(\sigma_1 \cdot q)(\sigma_2 \cdot q)}{q^2 + m_\pi^2} \tau_1 \cdot \tau_2 \\
 &+ C_S + C_T \sigma_1 \cdot \sigma_2 \\
 &+ V_{NLO} + V_{N^2LO} + \dots
 \end{aligned}$$

D. R. Entem and R. Machleidt, PRC **68**, 041001(R) (2003).
 Epelbaum *et al.*, EPJA **19**, 401 (2004), NPA **747**, 362 (2005).

Effective Field Theory potentials

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- There are 2 free parameters in LO, 7 at NLO, ...
- NNN and NNNN forces come in naturally at orders N2LO and N3LO.
- The NNN force contains 2 free parameters

χ^2/datum for the reproduction of the
1999 *np* database

Bin (MeV)	# of data	N ³ LO	NNLO	NLO	AV18
0–100	1058	1.06	1.71	5.20	0.95
100–190	501	1.08	12.9	49.3	1.10
190–290	843	1.15	19.2	68.3	1.11
0–290	2402	1.10	10.1	36.2	1.04

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EFT for Lattice Nuclei

Energy Scales

- Nucleon mass M_n , and mass difference $\Delta = M_\Delta - M_n$
- The pion mass m_π , pion exchange momentum $q_\pi = m_\pi/\hbar c$, and energy

$$E_\pi = \frac{\hbar^2 q_\pi^2}{M_n} = \frac{m_\pi}{M_n} m_\pi$$

- Nuclear binding energy B/A

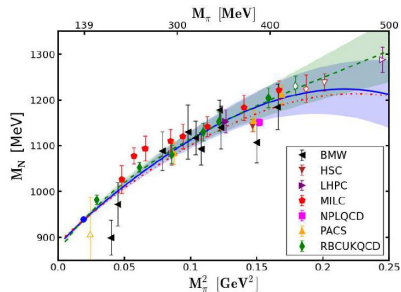
Scale	Nature	LQCD@ $m_\pi=500\text{MeV}$	LQCD@ $m_\pi=800\text{MeV}$
M_n	940 MeV	1300 MeV	1600 MeV
Δ	300 MeV	300 MeV	180 MeV
m_π	140 MeV	500 MeV	800 MeV
E_π	20 MeV	200 MeV	400 MeV
B/A	10 MeV	15 MeV	25 MeV

Conclusions

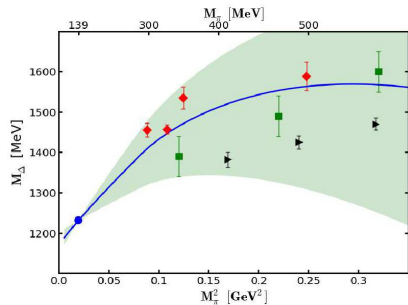
- For the Natural case $\mathcal{L} \longrightarrow \mathcal{L}_{\text{EFT}}(N, \pi)$
- For lattice nuclei at $m_\pi \geq 400\text{MeV}$ $E_\pi \gg B/A$
- In this case $\not t$ EFT is the natural theory $\mathcal{L} \longrightarrow \mathcal{L}_{\text{EFT}}(N)$

The nucleon Δ mass difference

Nucleon mass - n, p



Δ mass



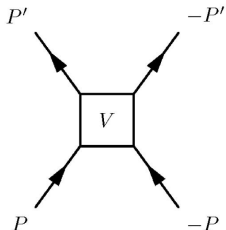
L. Alvarez-Ruso *et al.*, ArXiv hep-ph:
1304.0483 (2013)

π EFT for Lattice Nuclei

- We write all possible terms in $\mathcal{L}$ ordered by the number of derivatives

$$\begin{aligned}\mathcal{L} = & N^\dagger \left(i\partial_0 + \frac{\vec{\nabla}}{2M} \right) N - a_1 N^\dagger N N^\dagger N - a_2 N^\dagger \sigma N \cdot N^\dagger \sigma N \\ & - a_3 N^\dagger \tau N \cdot N^\dagger \tau N - a_4 N^\dagger \sigma \tau N \cdot N^\dagger \sigma \tau N - \dots \\ & - d_1 N^\dagger \tau N \cdot N^\dagger \tau N N^\dagger N\end{aligned}$$

- Higher order terms include more derivatives.
- Naively, the order goes as the number of derivatives.
- The 3-body term appears at LO to avoid the Thomas collapse.
- Due to Fermi symmetry the number of terms can be cut by half.
- The coefficients depend on the cutoff Λ .



Application to AFDMC

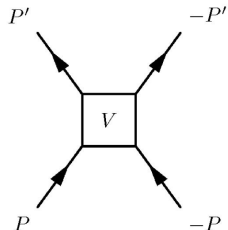
- The potential need be **local**.
- Avoid 3-body spin-isospin operators.

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π EFT Potential at NLO

- At LO the π EFT potential takes the form

$$V_{LO}^{2b} = a_1 + a_2 \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 + a_3 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + a_4 (\boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2) (\boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2)$$

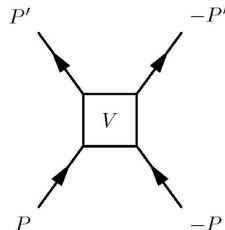
- The leading order also contains a 3-body term of the form

$$V_{LO}^{3b} = D_1 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 \quad \text{or} \quad V_{LO}^{3b} = D_1$$

- At NLO the π EFT potential takes the form

$$\begin{aligned} V_{NLO}^{2b} = & b_1 q^2 + b_2 q^2 \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 + b_3 q^2 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + b_4 q^2 (\boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2) (\boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2) \\ & + b_5 k^2 + b_6 k^2 \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 + b_7 k^2 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + b_8 k^2 (\boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2) (\boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2) \\ & + b_9 i \frac{1}{2} (\boldsymbol{\sigma}_1 + \boldsymbol{\sigma}_2) (\mathbf{k} \times \mathbf{q}) + b_{10} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 i \frac{1}{2} (\boldsymbol{\sigma}_1 + \boldsymbol{\sigma}_2) (\mathbf{k} \times \mathbf{q}) \\ & + b_{11} (\boldsymbol{\sigma}_1 \cdot \mathbf{q}) (\boldsymbol{\sigma}_2 \cdot \mathbf{q}) + b_{12} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\boldsymbol{\sigma}_1 \cdot \mathbf{q}) (\boldsymbol{\sigma}_2 \cdot \mathbf{q}) \\ & + b_{13} (\boldsymbol{\sigma}_1 \cdot \mathbf{k}) (\boldsymbol{\sigma}_2 \cdot \mathbf{k}) + b_{14} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\boldsymbol{\sigma}_1 \cdot \mathbf{k}) (\boldsymbol{\sigma}_2 \cdot \mathbf{k}) \end{aligned}$$

- The incoming particle have relative momentum $\mathbf{p}$, the outgoing $\mathbf{p}'$.
- The momentum transfer $\mathbf{q} = \mathbf{p}' - \mathbf{p}$, and $\mathbf{k} = (\mathbf{p}' + \mathbf{p})$
- Nonlocalities are associated with $\mathbf{k}$.
- The power counting changes for a shallow s-wave dimer.



J. Kirscher, H. W. Griesshammer, D. Shukla, H. M. Hofman, arXiv: 0903.5583
 A. Gezerlis, I. Tews, E. Epelbaum, S. Gandolfi, K. Hebeler, A. Nogga, A. Schwenk, PRL **111**, 032501 (2013).

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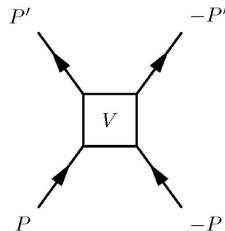
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 A. Gezerlis, I. Tews, E. Epelbaum, S. Gandolfi, K. Hebeler, A. Nogga, A. Schwenk, PRL **111**, 032501 (2013).

π EFT Potential at NLO

- At LO the π EFT potential takes the form

$$V_{LO}^{2b} = a_1 + a_2 \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 + a_3 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + a_4 (\boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2) (\boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2)$$

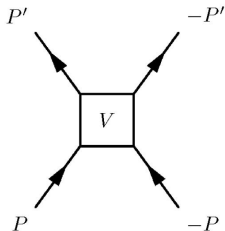
- The leading order also contains a 3-body term of the form

$$V_{LO}^{3b} = D_1 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 \quad \text{or} \quad V_{LO}^{3b} = D_1$$

- At NLO the π EFT potential takes the form

$$\begin{aligned} V_{NLO}^{2b} = & b_1 q^2 + b_2 q^2 \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 + b_3 q^2 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + b_4 q^2 (\boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2) (\boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2) \\ & + b_5 k^2 + b_6 k^2 \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 + b_7 k^2 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + b_8 k^2 (\boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2) (\boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2) \\ & + b_9 i \frac{1}{2} (\boldsymbol{\sigma}_1 + \boldsymbol{\sigma}_2) (\mathbf{k} \times \mathbf{q}) + b_{10} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 i \frac{1}{2} (\boldsymbol{\sigma}_1 + \boldsymbol{\sigma}_2) (\mathbf{k} \times \mathbf{q}) \\ & + b_{11} (\boldsymbol{\sigma}_1 \cdot \mathbf{q}) (\boldsymbol{\sigma}_2 \cdot \mathbf{q}) + b_{12} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\boldsymbol{\sigma}_1 \cdot \mathbf{q}) (\boldsymbol{\sigma}_2 \cdot \mathbf{q}) \\ & + b_{13} (\boldsymbol{\sigma}_1 \cdot \mathbf{k}) (\boldsymbol{\sigma}_2 \cdot \mathbf{k}) + b_{14} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\boldsymbol{\sigma}_1 \cdot \mathbf{k}) (\boldsymbol{\sigma}_2 \cdot \mathbf{k}) \end{aligned}$$

- The incoming particle have relative momentum $\mathbf{p}$, the outgoing $\mathbf{p}'$.
- The momentum transfer $\mathbf{q} = \mathbf{p}' - \mathbf{p}$, and $\mathbf{k} = (\mathbf{p}' + \mathbf{p})$
- Nonlocalities are associated with $\mathbf{k}$.
- The power counting changes for a shallow s-wave dimer.



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- Due to antisymmetrization of the nuclear wave function

$$V_{LO}^{2b} = C_1^{LO} + C_2^{LO} \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2$$

- The leading order also contains a 3-body term of the form

$$V_{LO}^{3b} = D_1^{LO} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 \quad \text{or} \quad V_{LO}^{3b} = D_1^{LO}$$

- Using the freedom to choose these parameters we set

$$\begin{aligned} V_{NLO}^{2b} = & C_1^{NLO} q^2 + C_2^{NLO} q^2 \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 + C_3^{NLO} q^2 \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + C_4^{NLO} q^2 (\boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2) (\boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2) \\ & + C_5^{NLO} i \frac{1}{2} (\boldsymbol{\sigma}_1 + \boldsymbol{\sigma}_2) (\mathbf{k} \times \mathbf{q}) + C_6^{NLO} (\boldsymbol{\sigma}_1 \cdot \mathbf{q}) (\boldsymbol{\sigma}_2 \cdot \mathbf{q}) \\ & + C_7^{NLO} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 (\boldsymbol{\sigma}_1 \cdot \mathbf{q}) (\boldsymbol{\sigma}_2 \cdot \mathbf{q}) \end{aligned}$$

- The antisymmetric potential V_{NLO} contains
 1. LO 2-body: 2 parameters.
 2. LO 3-body: 1 parameter.
 3. NLO: 7 parameters.
- At the moment we consider only LO.

Coordinate space

- We introduce gaussian cutoff in q

$$F_{\Lambda}(q) = e^{-q^2/\Lambda^2} \implies F_{\Lambda}(r) = \left(\frac{\Lambda}{\sqrt{4\pi}} \right)^3 e^{-\Lambda^2 r^2/4}$$

- The potential matrix elements can be evaluated now

$$\begin{aligned} V(\mathbf{r}, \mathbf{r}') &= N \langle \mathbf{r} | \int d\mathbf{k} d\mathbf{q} V(\mathbf{k}, \mathbf{q}) f_{\Lambda}(\mathbf{q}) | \mathbf{r}' \rangle \\ &= N' V(-i\nabla_y, -i\nabla_x) e^{-\Lambda^2 x^2/4} \delta(\mathbf{y}) \end{aligned}$$

where

$$\mathbf{x} = \frac{1}{2}(\mathbf{r} + \mathbf{r}') \quad ; \quad \mathbf{y} = \frac{1}{2}(\mathbf{r}' - \mathbf{r})$$

- The LO potential contains no momentum dependence therefore

$$V_{LO}^{2b}(r) = \left(C_1^{LO} + C_2^{LO} \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 \right) e^{-\Lambda^2 r^2/4}$$

- With our choice of parameterization also V_{NLO} is local.
- The 3-body term takes the form

$$V_{LO}^{3b} = D_1^{LO} \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 e^{-\Lambda^2(r_{13}^2 + r_{23}^2)} \quad \text{or} \quad V_{LO}^{3b} = D_1^{LO} e^{-\Lambda^2(r_{13}^2 + r_{23}^2)}$$

The Hamiltonian

At leading order the coordinate space Hamiltonian is

$$\begin{aligned}
 H = & -\sum_i \frac{\hbar^2}{2M_n} \nabla_i^2 + \sum_{i < j} \left(C_1^{LO}(\Lambda) + C_2^{LO}(\Lambda) \boldsymbol{\sigma}_i \cdot \boldsymbol{\sigma}_j \right) e^{-\Lambda^2 r_{ij}^2} \\
 & + \sum_{i < j < k} \sum_{cyc} D_1^{LO}(\Lambda) (\boldsymbol{\tau}_i \cdot \boldsymbol{\tau}_j) e^{-\Lambda^2 (r_{ik}^2 + r_{jk}^2)}
 \end{aligned}$$

In the 3-body term the notation $\sum_{cyc}$ stands for cyclic permutation of particles (ijk) .

Few-body arsenal

1. Numerov, $A = 2$
2. The Effective Interaction Hyperspherical Harmonics ([EIH](#)) method, $3 \leq A \leq 6$
3. The Resonating Group Method ([RGM](#)), $A \leq 6$
4. The Auxiliary Field Diffusion Monte-Carlo ([AFDMC](#)) method, $A \geq 2$

The "Experimental" data

There are 4 input parameters in our model:

1. The nucleon mass M_n
2. LECs: $C_1^{LO}(\Lambda, m_\pi)$, $C_2^{LO}(\Lambda, m_\pi)$, $D_1^{LO}(\Lambda, m_\pi)$

Binding energies [MeV]

	Nature	Yamazaki	NPLQCD
π	139.6	510.0	805.0
n	939.6	1320.0	1634.0
p	938.3	1320.0	1634.0
nn	-	7.4 ± 1.4	15.9 ± 3.8
D	2.224	11.5 ± 1.3	19.5 ± 4.8
^3H	8.482	20.3 ± 4.5	53.9 ± 10.7
^3He	7.718	20.3 ± 4.5	53.9 ± 10.7
^4He	28.30	43.0 ± 14.4	107.0 ± 24.2

Scattering data @800MeV [fm]

	Nature	NPLQCD
π	139.6	805.0
a_{31}	5.423 ± 0.005	1.82 ± 0.22
r_{31}	1.73 ± 0.02	0.91 ± 0.11
a_{13}	-23.715 ± 0.015	2.33 ± 0.33
r_{13}	2.73 ± 0.03	1.13 ± 0.10

NPLQCD Collaboration, PRD **87** 034506 (2013), hep-lat/1301.5790v1

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The 2-body LECs

- The 2-body potential is diagonal in the S, T basis.

$$\begin{aligned} V_{S,T}^{LO}(r; \Lambda) &= \langle S, T | V^{LO}(r; \Lambda) | S, T \rangle \\ &= \left\{ C_1^{LO}(\Lambda) + [2S(S+1) - 3] C_2^{LO}(\Lambda) \right\} F_\Lambda(r) \\ &\equiv C_{ST}^{LO}(\Lambda) F_\Lambda(r) \end{aligned}$$

- $C_{ST}^{LO}(\Lambda)$ are fitted to the D, nn B.E.

- Summing the bubble diagrams
- We expect to get

$$a_s \approx 1 / \sqrt{m_N B}$$

- For LQCD@ $m_\pi = 800 \text{ MeV}$

EFT

$$\begin{aligned} a_{S=0,T=1}^{LO} &= 1.2 \pm 0.12 \text{ fm} \\ a_{S=1,T=0}^{LO} &= 1.1 \pm 0.11 \text{ fm} \end{aligned}$$

NPLQCD

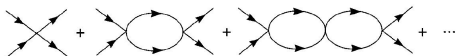
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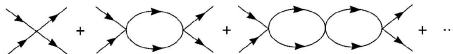
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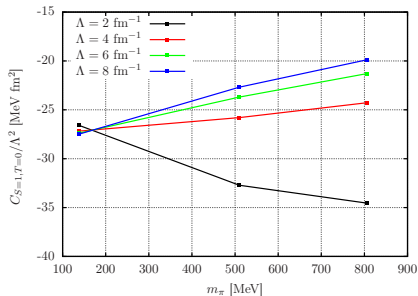
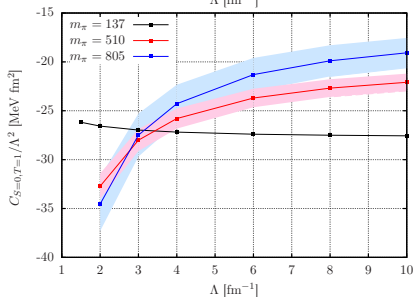
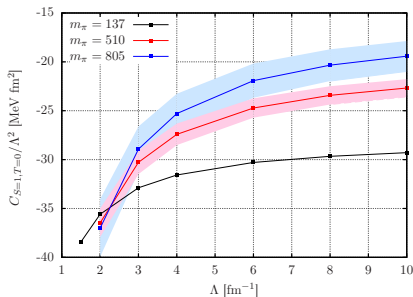
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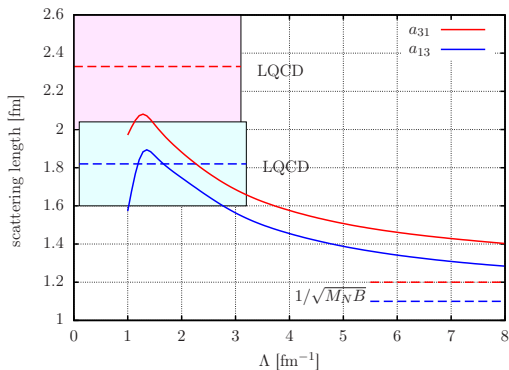
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The 2-body LECs

- The 2-body LECs are monotonic in Λ
- They seem to be also monotonic in m_π
- Only weak dependence on m_π
- For $\Lambda \approx 2 - 3 \text{ fm}^{-1}$ the potential is roughly a constant



The 2-body scattering length



Calibration of D_1

^4He binding energy without NNN force

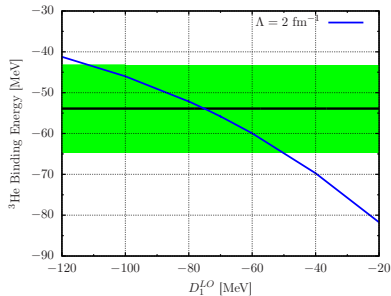
Λ [fm $^{-1}$]	EIHH [MeV]	AFDMC [MeV]
2.0	-256.8	-256.9
4.0	-478.3	-478.2
6.0	-767.1	-766.4
8.0	-1122.9	-1120.8
LQCD	-107.0 ± 24.2	

- The span in the binding energies is reflected in the parameters
- We shall use only the central values

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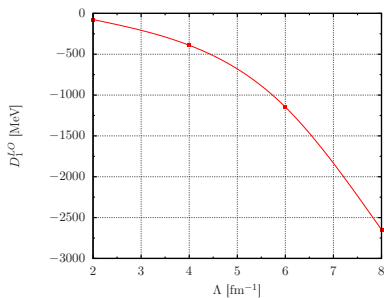
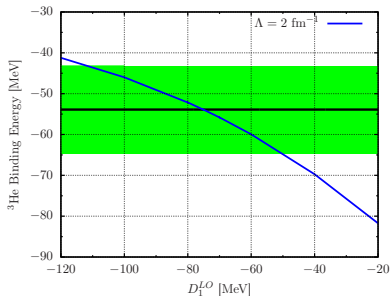


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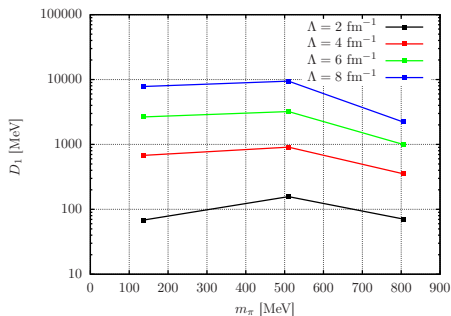
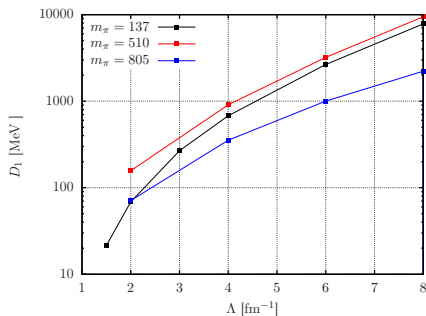
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- The span in the binding energies is reflected in the parameters
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Calibration of D_1

m_π dependence



- For the various m_π 's D_1 presents different Λ dependence.
- D_1 is **NOT** monotonic in m_π
- This can be an indication for a limit cycle.

Predictions/Postdictions

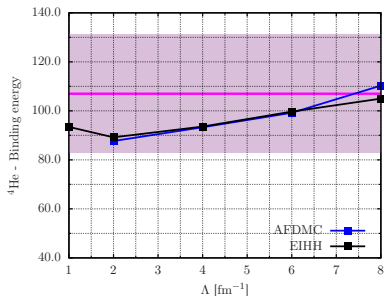
Possible predictions/postdictions

- The nuclear land scape **non-physical** m_π
- Form factors
- Scattering parameters
- ...

Predictions/Postdictions

The binding energy of ^4He

Λ [fm $^{-1}$]	EIHH [MeV]	AFDMC [MeV]
2.0	-89.2(1)	-87.7(1)
4.0	-93.6(1)	-93.3(2)
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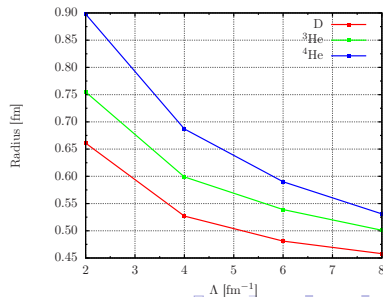
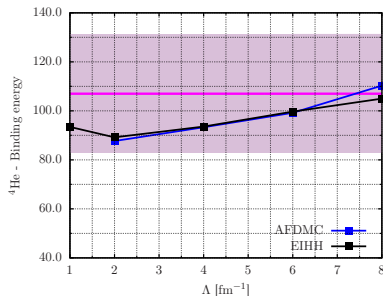
- The ^4He energy comes in accord with the LQCD simulations.
- It has residual cutoff dependence.
- The radii of D, ^3He , ^4He exhibits strong cutoff dependence.
- These issues might be artifacts of our "local" formalism.

Predictions/Postdictions

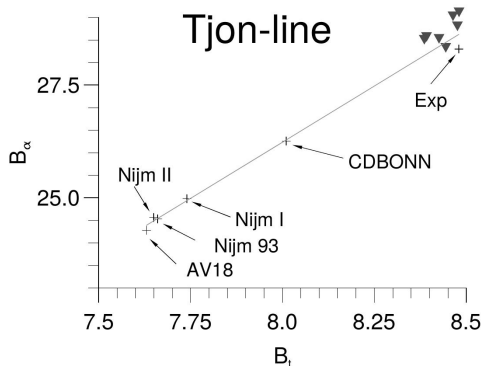
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The Tjon lines



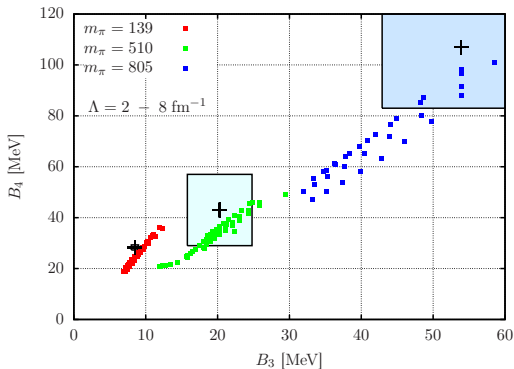
Comments

- The Tjon line is the observed correlation between the triton and ^4He binding energies.
- It was discovered to be a universal property of bosons with large scattering length.

A. Nogga, H. Kamada, W. Glokle, ArXiv/nucl-th/0004023v2 (2000).

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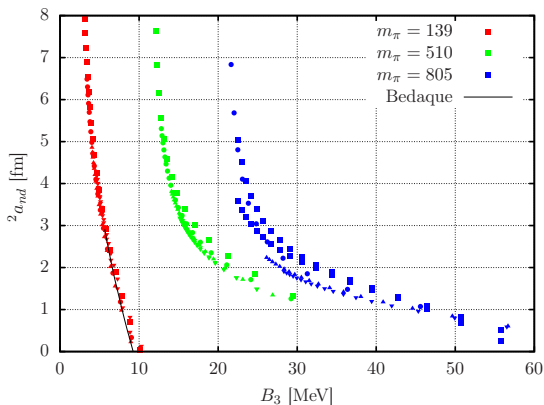
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The Phillips line



Comments

- The Phillips line is the correlation between the triton binding energy and the nd doublet scattering length.
- Again it was proven to be a universal feature.

V. Efimov, Yad. Fiz. 47, 29 (1988).

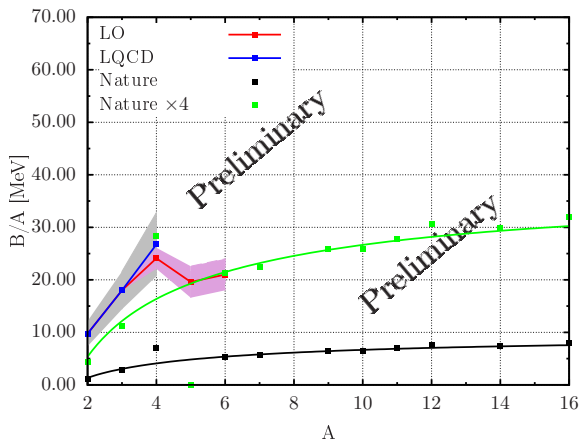
P. F. Bedaque and U van Kolck, Phys. Lett. B 428, 221 (1998).

Few more predictions

Binding energies of the Light nuclei

nuclei	LQCD	EFT $\Lambda = 2 \text{ fm}^{-1}$
D	-19.5 ± 4.8	-19.5
nn	-15.9 ± 3.8	-15.9
${}^3\text{H}, {}^3\text{He}$	-53.9 ± 10.7	-53.9
${}^3\text{n}, {}^3\text{p}$		unbound
${}^4\text{He}$	-107.0 ± 24.2	-89.2
${}^4\text{He } J^\pi = 2^+$		-66 (?)
${}^5\text{He}$		-98.2
${}^6\text{Li}$		-121.(3)

Saturation Energy on the Lattice



Summary and Conclusions

- Lattice QCD simulations of few-nucleon systems open up a new front in nuclear physics.
- π EFT is the appropriate theory to study these Lattice Nuclei, down to rather small pion masses.
- Fitted to recent LQCD data we found that π EFT@LO reproduces the ${}^4\text{He}$ binding energy for $m_\pi = 500, 800\text{MeV}$ within error bars.
- The LECs depend weakly on m_π .
- A challenge for LQCD: the nd scattering length.
- At LO we see problems with the nuclear radii and 2-body scattering lengths.
- Analysis of the $s \neq 0$ sector is underway.