

REVIEW

Copper Induced Changes in Reproductive Functions: Review of *In Vivo* and *In Vitro* Effects

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Summary

The goal of this study is to summarize the current knowledge on the effects of one of the essential metals, copper (Cu) on the reproductive system. The development of past four decades addressing effects of Cu on reproductive organs is reviewed. The most relevant data obtained from *in vivo* and *in vitro* experiments performed on humans and other mammals, including effects of copper nanoparticles (CuNPs) on the reproductive functions are presented. Short term Cu administration has been found to exert deleterious effect on intracellular organelles of rat ovarian cells *in vivo*. *In vitro* administration in porcine ovarian granulosa cells releases insulin-like growth factor (IGF-I), steroid hormone progesterone (P₄), and induces expression of peptides related to proliferation and apoptosis. Adverse effect of Cu on male reproductive functions has been indicated by the decrease in spermatozoa parameters such as concentration, viability and motility. Copper nanoparticles are capable of generating oxidative stress *in vitro* thereby leading to reproductive toxicity. Toxic effect of CuNPs has been evident more in male mice than in females. Even though further investigations are necessary to arrive at a definitive conclusion, Cu notably influences the reproductive functions by interfering with both male and female reproductive systems and also hampers embryo development in dose-dependent manner.

Keywords

Copper • Effect • Reproductive Function • *In vivo* • *In vitro* • Nanotoxicity

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30 **Introduction**

31 Copper (Cu) is necessary in maintaining the functioning of living organisms, being an essential trace
32 element (Michaluk and Kochman 2007, Roychoudhury *et al.* 2008, 2009, Uauy *et al.* 2008, Yunus *et al.*
33 2015). The widespread use of this metal in electronic industry, building materials, water pipes, wood
34 preservatives, transportation sectors, intrauterine contraceptive devices resulted in its adverse effects,
35 including toxicity (CDA 2013, Roychoudhury and Massanyi 2014, Zhang *et al.* 2012).

36 Copper is readily absorbed after ingestion, inhalation and dermal exposure (Bentur *et al.* 1988).
37 Following both acute and chronic ingestion of Cu compounds significant absorption takes place through
38 the gastrointestinal tract (Cross *et al.* 1979, Nagaraj *et al.* 1985, Spitalny *et al.* 1984). Dietary Cu is
39 absorbed across the mucosal membrane in the small intestines, but also to a limited extent in the
40 stomach in mammals (Pena *et al.* 1999). Active transport mechanisms are believed to be involved at
41 lower dietary levels, while passive diffusion may occur at higher levels (Varada *et al.* 1993). Most
42 absorbed Cu is retained within the mucosal cells, bound mainly to metallothionein or glutathione
43 (Tapiero *et al.* 2003). It is stored primarily in the liver, brain, heart, kidney and muscles. In serum, Cu is
44 normally about 98% bound to ceruloplasmin with the remainder in association with albumin. In acute
45 intoxication, when the serum concentration of Cu rises rapidly, the metal binds to albumin rather than
46 to ceruloplasmin (Piscator 1979). Under normal physiological conditions, approximately 98% of the Cu
47 excretion is through the bile and the remaining 2% is through the urine (Wijmenga and Klomp 2004).
48 The post-Golgi vesicular compartment of the hepatocyte is localized in close vicinity to the biliary
49 canalicular membrane and is thereby involved in the biliary excretion (Langner and Denk 2004). The
50 elimination of Cu in the urine may be greatly enhanced in the Cu-poisoned patient if the body storage

51 sites are saturated (Walsh *et al.* 1977). Minimal amounts of Cu are eliminated in the skin, hair, and
52 sweat (Turnlund *et al.* 1990). Small amounts of Cu are secreted daily by salivary, gastric, pancreatic and
53 duodenal excretions. The dietary Cu biological half-life is reported to be 13 to 33 days, with biliary
54 excretion being the main route of elimination (Barceloux 1999).

55 Human economic activities, involving the production and usage of Cu and its compounds, as well as the
56 consumption of materials that contain amounts of Cu, result in its re-distribution in different
57 environmental media. Because it is an essential metal, an adequate supply is necessary for normal
58 metabolism (Georgopoulos *et al.* 2001). The usual routes by which humans receive toxic exposure to Cu
59 are through skin or eye contact, as well as by inhalation of powders and dusts (USEPA 1986). In the cases
60 of acute exposure, the inhalation of Cu-containing mists can cause congestion of the mucous
61 membranes in the nose and pharynx, and possibly also ulceration with perforation of the nasal septum
62 (Scheinberg 1983). If the toxicant reaches the gastrointestinal tract, there may be irritation including
63 salivation, nausea, vomiting, gastric pain, haemorrhage, gastritis and diarrhoea (Sittig 1985). Ingestion
64 leaves metallic taste in mouth, burning sensation in the throat, nausea, vomiting, epigastric pain,
65 diarrhoea, hypotension, haematemesis, melaena, haemolytic anaemia and gastrointestinal
66 haemorrhage, pallor, oliguria, anuria, jaundice, delirium, coma, hepatic failure, respiratory failure and
67 convulsions are the features of poisoning in the cases of acute exposure. There is centrilobular necrosis
68 and biliary stasis in the liver. In some cases hypotension leading to shock develops, indicating a poor
69 prognosis (Chugh *et al.* 1975, Cole and Lirenman 1978, Nagaraj *et al.* 1985,
70 Thirumalaikolundusubramanian *et al.* 1984). Acute exposure to Cu salts may cause irritation to the skin
71 (Scheinberg 1983), itching, erythema and an allergic contact dermatitis (Sittig 1985). Metallic Cu may
72 cause keratinization of the hands and soles of the feet, but not normally dermatitis (Sittig 1985).

73 Several mechanisms have been proposed to explain Cu-induced cellular toxicity. Copper can exist in
74 both oxidized, cupric (Cu^{2+}), or reduced, cuprous (Cu^+), state. In living cells, Cu acts as catalyst in the
75 production of superoxide radicals, hydroxyl radicals and hydrogen peroxide via the Haber-Weiss reaction
76 (Bremner 1998; Kadiiska *et al.* 1993), which can cause oxidative damage and induce adverse effects
77 (Gaetke and Chow 2003). High concentrations of Cu may cause increased oxidative damage to lipids,
78 proteins, and DNA. Recently, it has been suggested that copper-oxide nanoparticles (CuONPs) are toxic
79 to skin-associated cells and that extracellular signal-regulated kinase (Erk) and p53 may be the key
80 factors regulating the cytotoxicity (Luo *et al.* 2014). CuONPs also induced oxidative stress and apoptosis
81 in HaCaT human keratinocytes (Alarifi *et al.* 2013). In another study, human MCF-7 cells were treated
82 with Cu^{2+} in a dose–response manner and used attenuated total reflection Fourier transform infrared
83 microspectroscopy combined with computational analysis to examine cellular alterations. Cupric ions
84 induced bimodal dose–response effects on cells, while lipids and proteins seemed to be the main cell
85 targets (Llabjani *et al.* 2014).

86 Reproductive and developmental effects of Cu have been well-documented in both *in vivo* and *in vitro*
87 experiments (Chattopadhyay and Biswas 2013, Kolesarova *et al.* 2010, Roychoudhury *et al.* 2010, 2014).
88 During the last decade a particular rise (from 16% - 40%) has been noted in the research relating to
89 reproductive effects of Cu (Fig. 1A). The goal of this review is to summarize the results of previously
90 performed *in vivo* and *in vitro* experiments. The *in vivo* experiments appear to have attracted more
91 attention from researchers in comparison to *in vitro* experiments in recent times. Among different
92 targets a large number of *in vivo* works focused on developmental defects (35%), whereas *in vitro*
93 research focused more on neuroendocrine effects (25%). Investigated data is presented into two broad
94 categories: (1) *in vivo* experiments, and (2) *in vitro* experiments, which are further subdivided based on
95 the affected targets. The subdivisions mainly include effects of Cu on neuroendocrine system, ovarian
96 function, spermatozoa, testis, foetal development, and nanotoxicity (Fig. 1B).

97 ***In vivo* Experiments**

98 **Neuroendocrine Effects**

99 In the development and regulation of reproductive system hypothalamic-pituitary gonadal (HPG) axis
100 plays a critical role (Forgacs *et al.* 2012). There are certain classes of compounds which are capable of
101 affecting pituitary function directly by altering the hormone secretion and cellular activity. While some
102 compounds affect pituitary function indirectly by modifying central nervous system (CNS) and gonadal
103 hormone stimulation, many other compounds have both direct and indirect effects (Cooper *et al.* 1986).
104 Copper plays an important role in the activity of dopamine β -monooxygenase by catalyzing
105 hydroxylation of dopamine to noradrenaline, which is an essential neurotransmitter involved in the
106 secretion of gonadotropin releasing hormone (GnRH). Binding of GnRH with a specific receptor on the
107 gonadotrope cell membrane is responsible for the release of luteinizing hormone (LH) and follicle
108 stimulating hormone (FSH) from the anterior pituitary (Michaluk and Kochman 2007). Complexes of Cu
109 with GnRH reportedly evoked the release of FSH more effectively than LH (Kochman *et al.* 2005), but
110 complex of Cu^{2+} with luteinizing hormone releasing hormone (LHRH) brought about a high release of LH
111 and even higher release of FSH (Yu *et al.* 2008). In the presence of Cu^{2+} , secretion of growth hormone by
112 incubated pituitary cells of 32-35 days old pigs was stimulated *in vivo* (Kochman *et al.* 2005). In 2007,
113 Hazum reported induction of ovulation by Cu and the reduction in serum LH when reducing agents are
114 injected.

115 **Effects on ovarian function**

116 As early as 1936, Fevold and colleagues were the first to report that ovulation could be induced by
117 intravenous injection of Cu salts. It was observed that the number of antral follicles in mice ovaries
118 decreased by 100 mg/kg copper sulfate (CuSO_4) administration following 14 days and at a dose of 200
119 mg/kg after 35 days showed significantly lower quantities of all follicular classes including primordial,
120 primary, growing, secondary, and antral follicles and also *corpus luteum* (Babaei *et al.* 2012). Checking of

121 vaginal smear has been the most widespread method to test ovarian function in laboratory rodents, but
122 certain biochemical parameters from ovarian tissue or blood sample could be more specific functional
123 parameter and histological examination may be performed to check morphological changes (Forgacs *et*
124 *al.* 2012). Buffalo-cows were clinically and gynaecologically examined and blood samples were collected
125 to study the correlation between Cu status and ovarian function. Results revealed that 19.12% of the
126 examined animals showed clear clinical signs of Cu deficiency (hypocuprosis) and 21.84% of these
127 hypocupremic buffalo-cows suffered from ovarian inactivity and low serum progesterone level, during
128 the luteal phase of the estrous cycle (Ahmed *et al.* 2009). Short term administration of Cu (14 days) even
129 with low dose (100 mg/kg) was found to exert deleterious effects on intracellular organelles of mouse
130 ovarian cells (Babaei *et al.* 2012). Recently, the most typical ovarian follicle of a rodent bank vole
131 (*Myodes glareolus*) was presented for the first time. High dose of Cu was found to exert negative effect
132 on morphological development whereas low dose relatively increased the uterus weight, but Cu had no
133 effect on the number of follicles (Schramm *et al.* 2014). Studies on the effect of Cu on ovarian function
134 has not remained limited to mammals only. Copper exposure has been linked with altered ovarian
135 function in a crustacean, estuarine crab (*Chasmagnathus granulata*), wherein although 14 days
136 exposure to 0.1 mg/L of Cu showed no significant change of the gonadosomatic index the eyestalk
137 ablated exposed females showed significantly lower gonadosomatic index values than the control
138 (Medesani *et al.* 2004).

139 **Effects on spermatozoa and testis**

140 The effect of Cu has been investigated on quality of spermatozoa and testicular histopathology (Sakhaee
141 *et al.* 2012). The primary functions of the testicles are to produce spermatozoa, androgens, and male sex
142 hormone, testosterone (Forgacs *et al.* 2012). A significant decrease in spermatozoa concentration,
143 viability and motility indicated the possibility of adverse effect of Cu on male fertility (Roychoudhury *et*
144 *al.* 2008, 2010). Copper was found to play an essential role in spermatogenesis and male infertility in

145 Wistar albino rats (Sakhaee *et al.* 2012). Copper intake even with low dose (100mg/kg) showed adverse
146 effects on testis morphology in male mice 14th day of exposure onwards (Babaei *et al.* 2012). The role of
147 Cu in the spermatozoa is unclear, but it appears to be involved in spermatozoa motility and may also act
148 at the pituitary receptors which control the release of LH (Yunus *et al.* 2015). Fertility is adversely
149 effected by Cu, specifically a decline in male reproductive capacity had been suggested in a number of
150 studies (Roychoudhury *et al.* 2008, 2010, Sakhaee *et al.* 2012). In immature male rat a dose of 2000 and
151 3000 µg/kg body weight for 26 days resulted in reduction of serum testosterone, FSH and LH whereas
152 1000 µg/kg caused rise in their levels (Chattopadhyay *et al.* 1999). Bank voles, when exposed to 150 and
153 600 mg/kg Cu for 12 weeks showed low sperm count and spermatozoa head abnormalities, while higher
154 dose compromised spermatozoa tail membrane integrity, viability and motility (Schramm *et al.* 2014).

155 Among men, symptoms of adverse effect of Cu usually include prostate enlargement, prostate
156 infections, erectile dysfunction, depression, anxiety, testicular pain and testicular cancer (Badiye *et al.*
157 2013). At any stage of cell differentiation the disruption of spermatogenesis may result in the decrease
158 of total sperm count (Sharpe *et al.* 2003). Moreover, progressive spermatozoa motility is impaired due
159 to the accumulation of metals in the epididymis, prostate, vesicular seminalis or seminal fluid (Hess
160 1998). Seminal plasma Cu concentrations found in oligozoospermic, asthenozoospermic and
161 azoospermic groups was significantly higher than normozoospermic group (Eidi *et al.* 2010).

162 **Developmental effects**

163 Copper present in either excess or deficient amount during the developmental stage plays an important
164 role. Developmental effects of Cu relate more to its deficiency rather than toxicity. Development of the
165 CNS was found to be affected by reduced Cu availability (Danks 1988). Deficiency of Cu during embryonic
166 and foetal development can result in numerous gross structural and biochemical abnormalities.
167 Evidence for the importance of Cu for prenatal development arose from studies of enzootic ataxia, a
168 disease in lambs. Neonatal ataxia and brain abnormalities have been reported among Cu deficient

169 newborn goats, swine, guinea pigs and rats (Keen *et al.* 1998). Developmental defects were observed in
170 rats, mice, and chickens in response to Cu deficiency (Hurley and Keen 1979, Opsahl *et al.* 1984, Phillips
171 *et al.* 1991, Vulpe 1995). In addition to brain defects, Cu-deficient fetuses and neonates were
172 characterized by connective tissue abnormalities and cardiac hemorrhages in sheep, rats, guinea pigs
173 and mice (Hurley and Keen 1979, Rucker *et al.* 1998, Tinker and Rucker 1985).

174 The average intake of Cu by women during childbearing age is lower than the daily intake for adults,
175 which is 1.5–3.0 mg Cu (NRC 1989). A correlation between low Cu in drinking water and the occurrence
176 of neural tube defects was reported (Morton *et al.* 1976), with an implication that deficiency of Cu could
177 result in birth defects. It has been found that Cu increases the incidence of foetal resorptions and
178 induces malformations in the offspring of pregnant hamsters when administered high intravenous doses
179 of Cu (Ferm and Hanlon 1974). A daily diet supplemented with >6 mg Cu/kg as CuSO₄ impaired lactation
180 in female minks (*Neovison vison*) (Lecyk 1980). Increased mortality was observed in the fetuses of
181 pregnant mice fed 104 mg Cu/kg/day as CuSO₄ during gestation, and developmental abnormalities at
182 155 mg Cu/kg/day (Aulerich *et al.* 1982).

183 **Nanotoxicity**

184 Recently, nanoparticles (NPs) have been found to exert adverse effect on reproductive organs, as they
185 are able to penetrate through biological barriers (Singh *et al.* 2009). Severe toxic symptoms have been
186 observed in male mice suffering more from copper nanoparticles (CuNPs) than females after they were
187 exposed to the same mass of particles (Chen *et al.* 2006). Copper oxide (CuO) was found to reduce the
188 GSH content and inhibit the catalase (CAT) and superoxide dimutase (SOD) activities, which caused
189 embryo oxidative damage and changes in the physiology of zebrafish, including hatching failure, shorter
190 body length, and lower reproduction (Liu *et al.* 2014). Copper NPs were effective in decreasing the
191 reproduction in red worms (*Eisenia fetida*), too (Alahdadi and Behboudi 2015). Copper oxide NPs

192 significantly reduced the body length of zebrafish. The hatching rates of the embryos exposed to
193 CuONPs decreased with the increasing concentrations of 1 mg/dm³ to 25 mg/dm³ (Liu *et al.* 2014).

194 Table 1 summarizes the main *in vivo* effects of Cu compounds on reproductive functions.

195 ***In vitro* experiments**

196 **Neuroendocrine effects**

197 Lorenson *et al.* (1983) investigated the effect of divalent metal ions on *in vitro* release of GH and
198 prolactin (PRL) from bovine adenohypophysial secretory granules. Complexes of Cu with GnRH (Cu-
199 GnRH) bind with the GnRH receptors. The effect of Cu-GnRH was found to be dose-dependent in porcine
200 pituitary cells to modulate cyclic adenosine monophosphate synthesis and phosphoinositols formation
201 apparently increasing LH release (Kochman *et al.* 2005). Copper ions stimulate both basal and GnRH-
202 stimulated LH release from pituitary cells of immature female rats (Hazum 1983). Copper was reported
203 as a potent releaser of GnRH from isolated hypothalamic granules (Burrows and Barnea 1982),
204 supporting the hypothesis that it influences GnRH neurons and Cu action only occurs in GnRH granules.

205 **Effects on ovarian function**

206 Roychoudhury *et al.* (2014) for the first time demonstrated the effect of Cu on IGF-I release by porcine
207 ovarian granulosa cells. Results indicated that the release of insulin like growth factor I (IGF-I) is
208 stimulated by 2 µg/mL CuSO₄ concentration used, but lower concentrations (0.33 – 1 µg CuSO₄/mL) did
209 not have any influence on IGF-I release (Kolesarova *et al.* 2010, Roychoudhury *et al.* 2014). It was
210 observed that Cu administration in granulosa cells released IGF-I, progesterone (P₄) and induced
211 expression of peptides related to proliferation and apoptosis. High amounts of Cu in the follicular fluid
212 and granulosa cells of goat have been detected from small, medium, and large antral atretic follicles,
213 respectively (Bhardwaj and Sharma 2011, Misro *et al.* 2008). Bhardwaj and Sharma (2011) reported
214 potential use of Cu as atretic marker and for fertility improvement plans in *in vitro* studies. The effect of
215 Cu on porcine ovarian granulosa cells proved to be concentration dependent. A dose of 2µg/mL CuSO₄

216 was found to enhance the monolayer of porcine ovarian granulosa cells (Kolesarova *et al.* 2010,
217 Roychoudhury *et al.* 2014).

218 **Effects of spermatozoa and testis**

219 Misro *et al.* (2008) demonstrated the release of Cu and its effect on functional integrity of human
220 spermatozoa following co-incubation of semen with CuT 380A (intra-uterine device). High release of Cu
221 from CuT 380A drastically lowered spermatozoa motility and viability but only marginally affected the
222 acrosome status or nuclear chromatin condensation in short term incubations. Cultured rabbit
223 spermatozoa showed negative influence of high Cu concentrations in semen, particularly on parameters
224 of spermatozoa motility (Roychoudhury *et al.* 2008). Decrease of total motility of rabbit spermatozoa
225 was reported within the concentration range of 3.70-4.85 $\mu\text{g}/\text{mL}$ CuSO_4 , beyond which no significant
226 change could be detected (Roychoudhury *et al.* 2010). After 2 hours, an increase was noted for both the
227 parameters for evaluation of spermatozoa distance and velocity, i.e., distance curved line and velocity
228 curved line in concentrations 3.63 and 3.57 $\mu\text{g}/\text{ml}$ CuSO_4 , respectively whereas after 24 and 48 hours
229 almost all the spermatozoa including those of control were found to be dead recording no motility at all
230 concentrations. At a concentration of 3.63 $\mu\text{g}/\text{ml}$ CuSO_4 motility and progressive motility of spermatozoa
231 remained unaltered (Roychoudhury *et al.* 2010).

232 **Developmental effects**

233 Foetus stores almost ten times more Cu than the adult organism per unit of body mass (Michaluk and
234 Kochman 2007). It was shown that Cu and ceruloplasmin (a Cu-binding protein) concentrations rise
235 significantly during pregnancy, and Cu is accumulated in brain of foetus (Uauy *et al.* 2008). Copper is
236 reportedly involved in development of mouse preimplantation embryos *in vitro*, when exposed to
237 100mM concentration for 24 hours at the 1-cell, 2-cell, 4-cell, 6-8-cell, morula and blastocyst stages
238 (Vidal and Hidalgo 1993). It was reported that during *in vitro* maturation, the optimal embryo
239 development up to the blastocyst stage was partially dependent on the presence of adequate

240 concentration of Cu (Picco *et al.* 2012). Percentages of matured oocytes that developed to the
241 blastocyst stage were found to be the highest ($33.2 \pm 1.6\%$) in oocytes matured with 6 $\mu\text{g/ml}$ Cu
242 exposure. *In vitro* post-implantation development of mouse embryos from Swiss and NMRI strains were
243 investigated for teratogenic potential of Cu. Embryos were cultured in rat serum for 48 hours and
244 supplied concentrations of CuCl_2 in culture medium in order to study its direct effects. The embryos from
245 NMRI strain showed failure of closure of neural tube in head region, and significant retardation of
246 embryonic development (Checiu *et al.* 2008). Development of 2-cell and 8-cell mouse preimplantation
247 embryos to the blastocyst stage was completely inhibited by Cu concentrations of 13.3 $\mu\text{g/mL}$ and
248 higher (Whittingham 1972).

249 **Nanotoxicity**

250 Nanoparticles were found to cause pulmonary injury, hepatotoxicity, renal toxicity, immunotoxicity,
251 neurotoxicity, and reversible testis damage in animals (Bai *et al.* 2010, Bartneck *et al.* 2012, Chou *et al.*
252 2008, Derfus *et al.* 2004, Lin *et al.* 2008, Schipper *et al.* 2008, Wu *et al.* 2011). Recently it was reported
253 that the small size of CuNPs is responsible for its toxic effect (Meng *et al.* 2007). Copper nanoparticles
254 were found to be capable of generating oxidative stress *in vitro* (Ahamed *et al.* 2010, Fahmy and
255 Cormier 2009), which in turns leads to reproductive toxicity. Exposure to CuONPs leads to increase in
256 size of lipid droplets. Copper sulfate salt was more toxic than the CuONPs in freshwater flea *Daphnia*
257 *magna* (Tavares *et al.* 2014).

258 Table 2 summarizes the main *in vitro* effects of Cu compounds on reproductive functions.

259 **Conclusions**

260 The results of previous investigations indicate that the hormonal effects may play an important role in
261 the effects of Cu on reproductive functions both at the neuroendocrine and gonadal levels in the HPG
262 axis (Cooper *et al.* 1986, Forgacs *et al.* 2012). Complexes of Cu with GnRH induce the release of FSH and
263 LH (Cooper *et al.* 1986). Targets of effects include the neuroendocrine system, spermatozoa, and

264 development of embryos, testicular and ovarian functions. Copper plays an important role in the activity
265 of dopamine β -monooxygenase, which participates in tyrosine metabolism (Michaluk and Kochman
266 2007). Adequate amount Cu is needed during the development of embryo (Danks 1988), the lack of
267 which may bring about serious developmental defects in the offspring and may even result in foetal
268 resorption (Ferm and Hanlon 1974). Copper NPs, at its infancy cause toxicity at levels of regulation due
269 to their small size (Ahamed *et al.* 2010). They readily cross the biological barrier resulting in reproductive
270 toxicity (Singh *et al.* 2009). In human Cu transport, Cu is shuttled from one protein to another to
271 eventually become loaded on Cu-dependent enzymes (Festa and Thiele 2011, O'Halloran and Culotta
272 2000). To avoid toxicity of Cu^+ , the intracellular concentration of Cu is regulated via dedicated proteins
273 that facilitate its uptake, efflux as well as distribution to target Cu-dependent proteins and enzymes
274 (Festa and Thiele 2011, O'Halloran and Culotta 2000, Robinson and Winge 2010). In humans, the 68-
275 residue Cu^+ chaperone Atox1 picks up Cu^+ that has entered the cell via CTR1 and delivers the metal to
276 cytoplasmic metal-binding domains in ATP7A and ATP7B (also called Menke's and Wilson disease
277 proteins, respectively), two homologous multidomain P1B-type ATPases located in the trans-Golgi
278 network (Festa and Thiele 2011, O'Halloran and Culotta 2000, Robinson and Winge 2010). During
279 gestation, copper transfer across the placenta increases (McArdle and Erlich 1991). Uptake is through a
280 high affinity carrier, Ctr1. Ctr1 is expressed early in pregnancy, and homozygous mutant embryos die
281 early in gestation (Lee *et al.* 2001). Once taken up by the placenta, Cu is bound to one of a series of
282 chaperone proteins, which deliver the metal to its target molecule. In placenta, ATP7A is located in
283 several different cell types, whereas ATP7B is found only in syncytiotrophoblast (Hardman *et al.* 2004).
284 Intriguingly, protein levels do not appear to change during gestation, which implies that the increase in
285 transfer seen as development progresses (McArdle and Erlich 1991) is related to localization of the
286 protein. In a study conducted during the first trimester and at term in 216 mothers in Finland, low
287 copper concentrations in placenta were connected to higher birth weights (Kantola *et al.* 2004).

288 Impaired placental Cu trafficking has been associated with the development of preeclampsia (Iseminger
289 *et al.* 2010). Even though further investigations are necessary to arrive at a definitive conclusion, Cu
290 notably influences reproduction by interfering with both male and female reproductive functions and
291 also hampers embryo development in dose-dependent manner.

292 **Conflict of Interest**

293 There is no conflict of interest.

294 **Acknowledgements**

295 This work was supported by the Ministry of Education, Science, Research and Sports of the Slovak
296 Republic (1/0022/13, 1/0532/11), Slovak Research and Development Agency of the Slovak Republic
297 (APVV-0304-12) and the Department of Biotechnology, Government of India.

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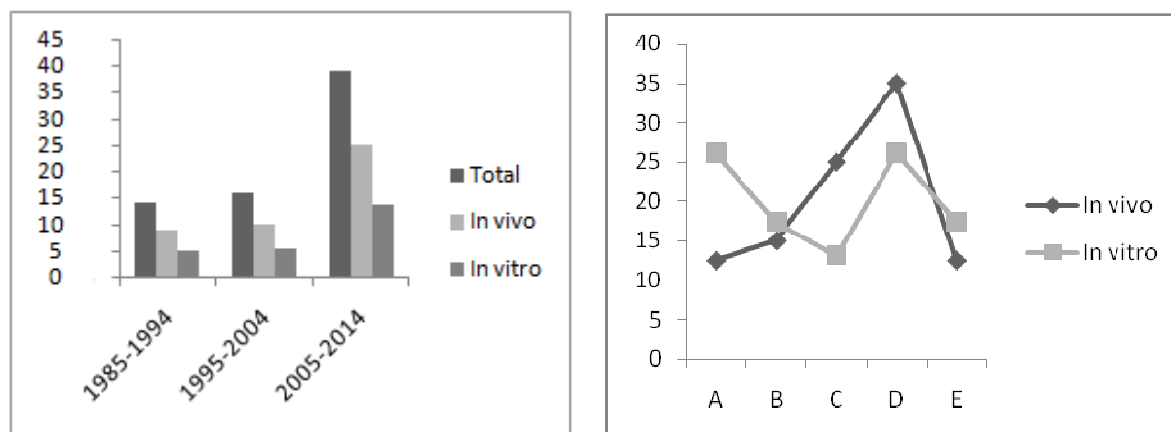
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523 **Fig. 1.** *In vivo* and *in vitro* studies on effects of Cu on reproductive functions. I: Trend of research in the
 524 field of effects of Cu on reproduction during last three decades and comparison between *in vivo* and *in*
 525 *vitro* studies; II: Percentage of studies on effected targets *in vivo* and *in vitro*: A-Neuroendocrine effects,
 526 B-Effects on ovarian function, C-Effects of spermatozoa and testis, D-Developmental defects, E-
 527 Nanotoxicity.

528 **Table 1.** *In vivo* studies on the effects of Cu compounds on reproductive functions

Test System	Exposure	Effect	References
Female mice	100 mg/kg CuSO ₄ for 14 days	Decrease in number of antral follicles.	Babaei <i>et al.</i> 2012
	200 mg/kg CuSO ₄ for 35 days	Lower quantities of all follicular classes including primordial, primary, growing, secondary, antral and also corpus luteum	
<i>C. granulata</i> (Estuarine crab)	100 mg/kg Cu for 14 days	Cu produced no significant effect while eyestalk ablated crabs showed significantly lower gonadosomatic index	Medesani <i>et al.</i> 2004
Female mouse	100 mg/kg for 14 days	Deleterious effects on intracellular organelles of mouse ovarian cell	Babaei <i>et al.</i> 2012
Male mice	100 mg/kg for 14 days	Toxic effect from 14 th day of exposure on testis	Babaei <i>et al.</i> 2012
Immature male	2000 and 3000 µg/kg bw for	Reduction of serum	Chattopadhyay

rats	26 days	testosterone, FSH and LH, whereas 1000 µg/kg bw causes rise in their levels	et al. 1999
Bank vole	150, 600 mg/kg Cu for 12 weeks	Low spermatozoa count and sperm head abnormality	Schramm <i>et al.</i> 2014
Female mink	>6 mg Cu/kg/d as CuSO ₄	Impaired lactation	Lecyk <i>et al.</i> 1980
Pregnant mice	104 mg Cu/kg/d	Increased mortality rate was observed	Aulerich <i>et al.</i> 1982
	155 mg Cu/kg/d	Developmental abnormalities are observed	
Zebrafish	1 mg/dm ³ to 25 mg/dm ³ of CuNPs	Decrease in hatching rate of embryos	Liu <i>et al.</i> 2014

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530 **Table 2.** *In vitro* studies on the effects of Cu compounds on reproductive functions

Test System	Exposure	Effect	References
Porcine ovarian granulosa cells	0.33-1 µg/ml CuSO ₄	2µg/ml stimulates IGF-I release but lower concentration (0.33-1 µg/ml) did not have any influence	Kolesarova <i>et al.</i> 2010, Roychoudhury <i>et al.</i> 2014
Porcine ovarian granulosa cells	2 µg/ml CuSO ₄	Enhance the monolayer of porcine granulosa cells.	Kolesarova <i>et al.</i> 2010, Roychoudhury <i>et al.</i> 2014
Human spermatozoa	Co-incubation of semen with CuT 380A	Release of Cu from CuT 380A was found to be 9.2 to 40 times higher compared to control incubation with PBS.	Misro <i>et al.</i> 2008
Rabbit spermatozoa	3.70-4.85 µg/ml CuSO ₄	Decrease of total spermatozoa motility, beyond 4.85 no significant change could be detected	Roychoudhury <i>et al.</i> 2010
Rabbit spermatozoa	3.63 µg/ml CuSO ₄	Motility and progressive motility remains unaltered	Roychoudhury <i>et al.</i> 2010
Mouse preimplantation embryo	100 µM for 24h at 1-cell, 4-cell, 6-8 cell morula& blastocyst stage	Cu, affect the developmental stages	Vidal and Hidalgo 1993
Mouse embryo (Swiss & NMRI strain)	9 th day embryo cultured in rat serum for 48hrs and supplied CuCl ₂	Embryo from NMRI strain presented failure of closure of neural tube in head region of the embryo	Checiu <i>et al.</i> 2008
Mouse embryo (2-cell and 8-cell)	13.3 µg/ml Cu and greater	Blastocyst stage was completely inhibited by Cu.	Whittingham <i>et al.</i> 1972

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