

Physiological Research Pre-Press Article

1 **Nitric oxide participates in IFN- γ -induced HUVECs hyperpermeability**

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17 **Short title:**

18 NO and IFN- γ -Induced HUVECs Hyperpermeability

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20 **Key words:**

21 Interferon-gamma, permeability, human umbilical vein endothelial cells, nitric oxide, cyclic
22 guanosine monophosphate

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24 **Summary**

25 The endothelial barrier function is tightly controlled by a broad range of signaling
26 cascades including nitric oxide-cyclic guanosine monophosphate (NO-cGMP) pathway. It has
27 been proposed that disturbances in NO and cGMP production could interfere with proper
28 endothelial barrier function. In this study, we assessed the effect of interferon-gamma (IFN- γ), a
29 pro-inflammatory cytokine, on NO and cGMP levels and examined the mechanisms by which
30 NO and cGMP regulate the IFN- γ -mediated HUVECs hyperpermeability. The flux of fluorescein
31 isothiocyanate-labeled dextran across cell monolayers was used to study the permeability of
32 endothelial cells. Here, we found that IFN- γ significantly attenuated basal NO concentration and
33 increased NO levels supplied by a NO donor, sodium nitroprusside (SNP). Besides, application
34 of IFN- γ also significantly attenuated basal cGMP concentration and increased cGMP production
35 donated by a cell permeable cGMP analogue, 8-bromo-cyclic GMP (8-Br-cGMP). In addition,
36 the exposure of the cell monolayer to IFN- γ significantly increased HUVECs basal permeability.
37 However, L-NAME pretreatment did not suppress IFN- γ -induced HUVECs hyperpermeability.
38 L-NAME pretreatment followed by SNP or SNP pretreatment partially reduced IFN- γ -induced
39 HUVECs hyperpermeability. Pretreatment with a guanylate cyclase inhibitor, 6-anilino-5,8-
40 quinolinedione (LY83583), led to a further increase in IFN- γ -induced HUVECs
41 hyperpermeability. The findings suggest that the mechanism underlying IFN- γ -induced increased
42 HUVECs permeability is partly related to the inhibition of the NO production.

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47 **Body text**

48 Vascular wall is composed of a single layer of endothelial cells which plays a critical role
49 in the maintenance of vascular homeostasis, regulation of blood flow, thrombosis, leukocyte
50 trafficking and barrier function (Rajendran *et al.* 2013). Nitric oxide/cyclic guanosine
51 monophosphate (NO/cGMP) signaling cascade has been reported to regulate endothelial cell
52 permeability (Francis *et al.* 2010). A growing body of evidence suggests that depletion of NO
53 bioavailability impairs normal endothelium function. Importantly, endothelial dysfunction is a
54 hallmark for various life-threatening diseases such as cancer, diabetes mellitus and
55 cardiovascular diseases (Rajendran *et al.* 2013).

56 IFN- γ , released by natural killer cells, T1 helper cells and cytotoxic T cells, is a known
57 pro-inflammatory cytokine. In pathological conditions, IFN- γ potentiates the progression of
58 vascular inflammatory diseases such as atherosclerosis (McLaren *et al.* 2009). IFN- γ -induced
59 impairment of barrier function has previously been reported but the underlying mechanism
60 remains poorly understood. The endothelial permeability is regulated by multiple signaling
61 cascades. A previous study reported by Wong *et al.* (2004) has shown that NO and cGMP
62 modulate the increased permeability of brain microvascular endothelial cells caused by IFN- γ
63 (Wong *et al.* 2004). Moreover, epithelial hyperpermeability stimulated by IFN- γ is also
64 associated with activation of phosphatidylinositol 3'-kinase and nuclear factor- κ B (Boivin *et al.*
65 2009). To date, the mechanism by which IFN- γ affects the basal production of NO and cGMP in
66 HUVECs and whether these changes lead to IFN- γ -induced HUVECs hyperpermeability remain
67 unknown. Therefore, the aim of this study was to explore the role of NO-cGMP signaling
68 pathway in the regulation of IFN- γ -induced increased HUVECs permeability.

69 HUVECs (Life technologies, CA, USA) were cultured in 25 cm² tissue culture flasks and

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70 nourished in endothelial cell media (ScienCell, CA, USA). The cells were maintained at 37°C
71 and 5% CO₂ atmosphere. NO production was evaluated by using a colorimetric-based Griess
72 assay. HUVECs at a density of 2 x 10⁵ cells per well were seeded onto 24-well plates. HUVECs
73 were exposed to media, sodium nitroprusside (SNP) (Calbiochem, CA, USA), IFN-γ
74 (eBioscience, CA, USA) or pretreated with SNP followed by IFN-γ. The supernatant was mixed
75 with an equal volume of Griess reagent (Merck and Co., Inc, NJ, USA). The absorbance was
76 measured at a wavelength of 548 nm using a microplate reader (Infinite M200, TECAN,
77 Männedorf, Switzerland). The nitrite levels were calculated from the nitrite standard curve
78 (linear range 0-100 μM).

79 Endothelial cGMP levels were quantified using a Cyclic GMP XPTM assay kit (Cell
80 Signaling Technology, MA, USA). HUVECs at a cell density of 2 x 10⁵ cells per well were
81 seeded onto 24-well plates. Then, the cells were incubated with either media, IFN-γ, 8-Br-cGMP
82 (Biovision Inc., CA, USA) or pretreated with 8-Br-cGMP followed by IFN-γ. After the indicated
83 treatment times, the cells were lysed on ice for 5 min. Then, 50 μl of HRP-linked cGMP was
84 mixed with 50 μl of sample and added onto a 96-well plate pre-coated with anti-cGMP antibody
85 and incubated at RT for 3 hrs. Then, the well plate was washed and TMB substrate was added to
86 allow for color development. The color intensities were measured by a microplate reader at 450
87 nm. The color intensities were inversely proportional to cGMP levels. The cGMP levels in the
88 samples were calculated from the cGMP standard curve (0-166.7 nM).

89 *In vitro* vascular permeability assay (Milipore, MA, USA) was performed as previously
90 described (Ng *et al.* 2015). Briefly, HUVECs were seeded on collagen-coated inserts at a
91 concentration of 2 x 10⁵ cells per insert and the bottom wells were filled with 500 μl of ECM.
92 The cells were incubated for 72 hrs to allow the formation of intact endothelial cell monolayers.

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93 Then, the cells were treated with various treatments according to the experimental design. After
94 the indicated treatment times, the inserts were transferred onto a new 24-well plate in which the
95 plate wells were filled with basal ECM. Then, the solution in each insert was replaced with 150
96 μ l of FITC-dextran. Lastly, the passage of FITC-dextran across the endothelial cell monolayers
97 was measured using a fluorescence microplate reader at an excitation/emission wavelength of
98 485 nm/530 nm. The results were expressed as a percentage compared to control. All the results
99 were expressed as the mean \pm standard error of mean and analyzed using the Student's t test. The
100 difference between each group was considered significant when $p < 0.05$.

101 In Figure 1A, NO levels were significantly suppressed by IFN- γ from 0.1579 ± 0.0145
102 μ M to $0.06491 \pm 0.02182 \mu$ M. To examine whether IFN- γ could suppress the exogenous NO in
103 HUVECs, the effect of IFN- γ on the levels of NO in SNP-treated HUVECs was measured. SNP,
104 at a concentration of 1mM, increased NO levels compared with basal ($2.568 \pm 0.0983 \mu$ M).
105 Incubation of HUVECs with IFN- γ significantly suppressed SNP-induced increased NO levels
106 ($2.030 \pm 0.0571 \mu$ M). These results indicate that IFN- γ suppresses both the basal NO and
107 exogenous NO levels.

108 Next, Figure 1B showed that stimulation of IFN- γ led to suppression of baseline cGMP
109 levels in a HUVECs monolayer, from 18.260 ± 1.376 nM to 4.178 ± 1.041 nM. To examine
110 whether IFN- γ could suppress the exogenous cGMP in HUVECs, the effect of IFN- γ on the
111 levels of cGMP in 8-Br-cGMP-treated HUVEC was measured. 8-bromo-cGMP, at a
112 concentration of 1mM, caused a significant increase in cGMP concentration compared to basal
113 levels (127.6 ± 15.48 nM). Incubation of HUVECs with IFN- γ significantly suppressed 8-Br-
114 cGMP-induced increased cGMP levels (44.63 ± 7.399 nM). These data suggest that IFN- γ
115 inhibits both the basal cGMP and exogenous cGMP levels.

116 To study the potential role of NO and cGMP in the regulation of HUVECs
117 hyperpermeability elicited by IFN- γ , HUVECs were pre-treated with a NO donor (SNP) and a
118 guanylate cyclase inhibitor (LY83583) and the cell permeability was measured (Figure 2). The
119 singly effects of SNP and LY83583 on the basal permeability of HUVECs were measured. SNP,
120 at a concentration of 1mM, significantly decreased HUVECs permeability compared with basal
121 levels (79.94 ± 2.193 % of control); whereas LY83583, at a concentration of 10 μ M, increased
122 basal permeability to 178.5 ± 9.803 % of control. Exposure of the monolayer to IFN- γ
123 significantly increased HUVECs permeability to 532.2 ± 37.34 % of control, compared with
124 basal. However, HUVECs pre-incubated with SNP showed a partial decrease in IFN- γ -induced
125 increased permeability (328.6 ± 16.51 % of control). This indicates that NO is partially involved
126 in the regulation of IFN- γ -induced increased permeability.

127 Pretreatment of LY followed by IFN- γ stimulation produced a further increase in
128 permeability (782.2 ± 34.57 % of control) as compared to IFN- γ group. Notably, LY alone
129 slightly increased basal permeability to a percentage of $178.5 \pm 9.8\%$ (Figure 2). This implies
130 that basal cGMP levels are required to maintain the basal permeability. Following the slightly
131 increased permeability caused by LY, the subsequent further increase in the cell permeability
132 caused by IFN- γ suggests that there could be another target molecule upstream of cGMP that
133 could directly affect the IFN- γ -induced cell permeability as well. This indicates that cGMP might
134 not be involved in the regulation of IFN- γ -induced HUVECs permeability. Therefore, the further
135 increase in HUVECs permeability in LY+IFN- γ might result from other upstream signaling
136 molecules such as NO, in addition to the effect of LY alone. As cGMP is the downstream target
137 of NO, we speculate that the reduction of cGMP levels observed upon induction of IFN- γ might
138 result from the IFN- γ -mediated reduced NO levels, in which NO is partially regulating the IFN-

139 γ -induced HUVECs hyperpermeability.

140 To further confirm that NO is a key regulator in modulating the IFN- γ -mediated increased
141 permeability, HUVECs were pre-treated with an eNOS inhibitor (L-NAME) and the cell
142 permeability was measured. As shown in Figure 3, stimulation of IFN- γ induced HUVECs
143 hyperpermeability to 584.3 ± 44.29 % of control. However, pretreatment of HUVECs with L-
144 NAME did not have a significant effect on increased permeability induced by IFN- γ . This
145 indicates that eNOS might not take part in the regulation of IFN- γ -induced HUVECs
146 hyperpermeability. Therefore, the reduced NO levels caused by IFN- γ is not a consequence of
147 NOS inhibition, but rather, IFN- γ may act through other mechanisms such as ROS generation to
148 reduce NO bioavailability and that this might subsequently causes an increase in cell
149 permeability. However, further study is vital to investigate this possible mechanism.

150 Importantly, one extra group was added in which the HUVECs were pre-treated with L-
151 NAME to inhibit NO production and a subsequent NO replenishment by SNP before IFN- γ
152 induction (Figure 3). In this group, the endothelial hyperpermeability induced by IFN- γ was
153 significantly reduced to 317.2 ± 64.96 % of control, which was comparable to SNP+IFN- γ group
154 (Figure 2). These data imply that replenishment of NO partially suppressed the IFN- γ -induced
155 increased permeability. The data further confirm that NO partially regulates the IFN- γ -mediated
156 increased HUVECs permeability.

157 A previous study demonstrated that NO production triggered by IFN- γ is greatly
158 influenced by the doses used (Morikawa *et al.* 2000). Relatively low concentrations of IFN- γ
159 (0.1 and 1 ng/ml) reduced NO production in murine aortic endothelial cell line via down-
160 regulation of eNOS. In contrast, IFN- γ induced a significant increase in NO levels by increasing
161 iNOS expression at relatively high concentrations (50 and 100 ng/ml). Interestingly, an

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162 intermediate dose of IFN- γ (10 ng/ml) did not alter the basal NO production in HUVECs
163 (Morikawa *et al.* 2000). In apposition, we showed that 10 ng/ml of IFN- γ significantly reduced
164 the NO production in HUVECs. The discrepancy between these findings may be due to different
165 types of vascular beds used; and this explanation is supported by previous findings showing that
166 the mechanism of NO production is largely dependent on the origin of vascular beds (Geiger *et*
167 *al.* 1997, Sugiyama *et al.* 2003).

168 Interestingly, IFN- γ has been reported to induce ROS production in retinal pigment
169 epithelium and hepatocytes (Watanabe *et al.* 2003, Yang *et al.* 2007). Increased ROS generation
170 may lead to a decrease in NO bioavailability (Forstermann 2010). Besides, *in vivo* study using 10
171 ng/ml of IFN- γ has shown that IFN- γ induces oxidative stress and motoneuron death in rat spinal
172 cord embryonic explants (Mir *et al.* 2009). Therefore, it is possible that 10 ng/ml of IFN- γ used
173 in our experimental setting could also induce oxidative stress and lead to impairment of NO
174 bioavailability. However, further investigation is needed to clarify the possibility.

175 Previous study has shown that the plasma levels of IFN- γ are higher in patients with
176 atherosclerosis and hyperlipoproteinemia IIb compared to healthy subjects, 44.4 ± 5.3 pg/ml and
177 19.4 ± 2.1 pg/ml, respectively (Madej *et al.* 1998). Besides, the plasma concentrations of IFN- γ
178 in peripheral atherosclerosis obliterans patients and in healthy subjects are 327 ± 70.0 pg/ml and
179 181 ± 43.0 pg/ml, respectively (Correa *et al.* 2011). Furthermore, the serum levels of IFN- γ in
180 children with food allergy and in healthy children are 633.75 pg/ml and 180 pg/ml, respectively
181 (Hofman 1995). Collectively, the circulating levels of IFN- γ under physiological and/or disease
182 states are varied among the studies; this is likely due to differences in several factors such as the
183 types of disease, severity and age.

184 There is a great controversy over the role of NO and cGMP in the modulation of

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185 endothelial barrier function as both the barrier protective and barrier disruptive effects of NO and
186 cGMP have previously been demonstrated. *In vitro* study using NO donors, such as SNP and
187 DETA NONOate, has reported that NO treatment increases human brain microvascular
188 endothelial cell resistance, evidenced by a reduction in permeability. Besides, SNP treatment also
189 reverses the increased permeability induced by LPS, IL-1 β and IFN- γ (Wong *et al.* 2004). In
190 agreement with their findings, we found that HUVECs stimulated with SNP showed a significant
191 reduction in both the basal permeability and IFN- γ -induced increased permeability.

192 In contrast, NO has also been found to strengthen endothelial permeability as the
193 application of spermine NONOate has been shown to augment the H₂O₂-induced endothelial
194 hyperpermeability (Okayama *et al.* 1997). Besides, upregulation of NO plays a vital role in the
195 IFN- γ -mediated increased permeability of Caco-2BBE intestinal epithelial cells (Unno *et al.*
196 1995). Furthermore, induction of iNOS expression is important for IFN- γ -induced Caco cells
197 hyperpermeability (Chavez *et al.* 1999, Unno *et al.* 1999). On the contrary, other researchers
198 have reported that induction of iNOS does not correlate with IFN- γ -induced hyperpermeability
199 of Caco cells (Satake *et al.* 2001). These controversial data indicate that the role of NO in
200 regulating the cell permeability in the presence of IFN- γ remains debatable. Interestingly,
201 vascular hyperpermeability induced by TNF- α is further augmented by IFN- γ in a dose-
202 dependent fashion but the response is inhibited by a depletion of neutrophils with a monoclonal
203 antibody (Abe *et al.* 1990).

204 A previous study has demonstrated that treatment of HUVECs with 8-bromo-cGMP and
205 8-PCPT-cGMP at a concentration of 1 mM decreases both the basal permeability and thrombin-
206 induced endothelial hyperpermeability (Draijer *et al.* 1995). Besides, incubation of HUVECs
207 with 1mM of 8-bromo-cGMP for 1 h has been shown to increase basal permeability (Varma *et al.*

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208 2002). Here, we showed that inhibition of cGMP production in HUVECs resulted in increased
209 basal permeability and also augmented the IFN- γ -induced increased permeability. Consistent
210 with our finding, a previous study has reported that application of a guanylyl cyclase inhibitor
211 (ODQ) in brain microvessel endothelial cells reduces endothelial monolayer resistance (Wong *et*
212 *al.* 2004).

213 In conclusion, IFN- γ significantly suppressed NO and cGMP levels in HUVECs. The
214 underlying mechanism of IFN- γ -induced increased HUVECs permeability is partly associated
215 with the reduction of NO the production.

216

217 **Conflict of Interest**

218 There is no conflict of interest.

219

220 **Acknowledgements**

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222 Science, Faculty of Medicine and Health Sciences for granting this study.

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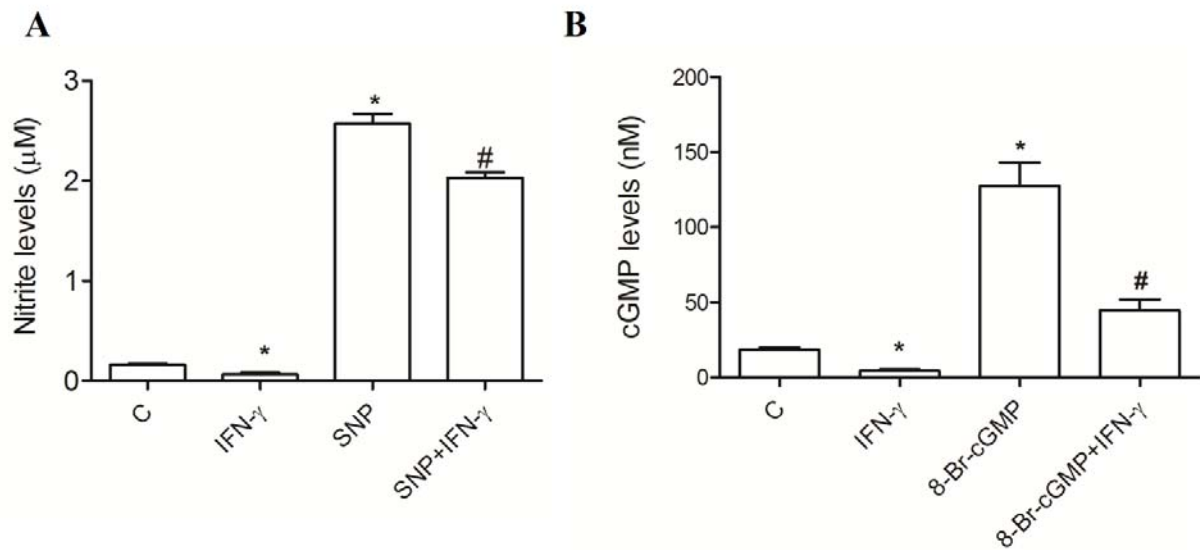
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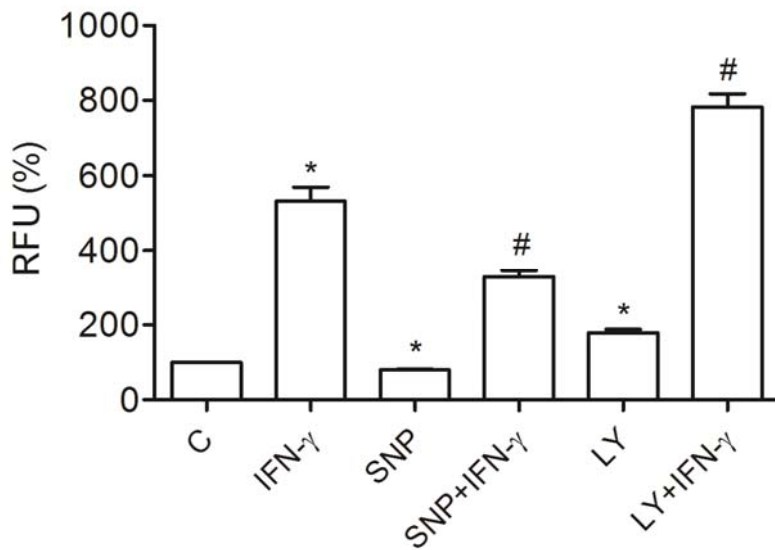
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298 cultured RPE cells. *Exp Eye Res* **85**: 462-472, 2007.
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302 **Figure 1.** Effect of IFN- γ on NO and cGMP levels in HUVECs. **A**, HUVECs were treated with
303 media (control), IFN- γ (10 ng/ml, 8 h), SNP (1 mM, 5 mins) or SNP pretreatment followed by
304 IFN- γ . **B**, HUVECs were incubated with media (control), IFN- γ (10 ng/ml, 8 h), 8-Br-cGMP (1
305 mM, 1 h) or 8-Br-cGMP pretreatment followed by IFN- γ . The data were expressed as the mean \pm

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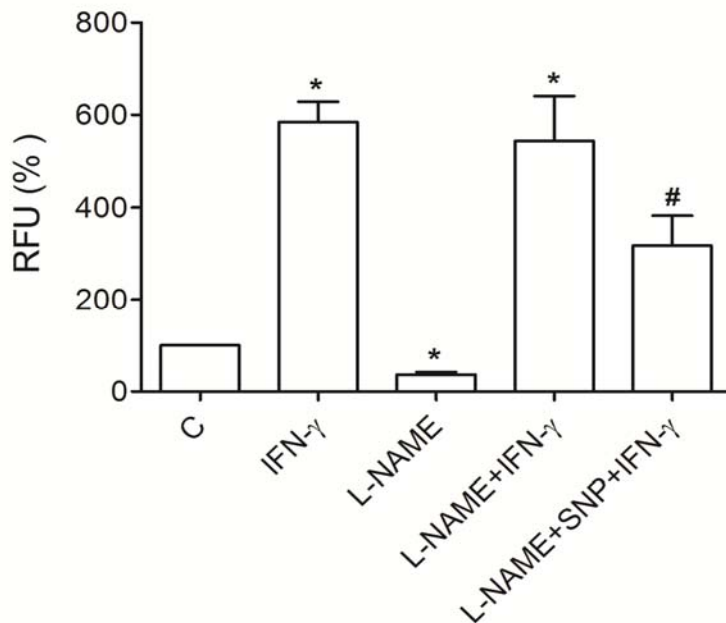
306 SEM from three independent experiments. Each experiment was performed in triplicate. *
307 $P < 0.05$ significantly different from control. # $P < 0.05$ significantly different from IFN- γ -induced
308 group. SNP, sodium nitroprusside.
309



310

311 **Figure 2.** Evaluation of the role of NO and cGMP in IFN- γ -stimulated increased HUVECs
312 permeability. HUVECs were challenged with media (control), IFN- γ (10 ng/ml, 8 h), SNP (1 mM,
313 5 mins), LY83583 (10 μ M, 1 h), SNP pretreatment followed by IFN- γ or LY83583 pretreatment
314 followed by IFN- γ . The data were expressed as the mean \pm SEM from at least three independent
315 experiments. Each experiment was performed in triplicates. * $P < 0.05$ significantly different from
316 control. # $P < 0.05$ significantly different from IFN- γ -induced group. SNP, sodium nitroprusside;
317 RFU, relative fluorescence unit.

318



319

320 **Figure 3.** Effect of NO inhibition in IFN- γ -stimulated increased HUVECs permeability.

321 HUVECs were challenged with media (control), IFN- γ (10 ng/ml, 8 h), L-NAME (200 μ M, 1 h),

322 L-NAME pretreatment followed by IFN- γ or L-NAME pretreatment followed by SNP (1 mM, 5

323 mins) and subsequently challenged with IFN- γ . The data were expressed as the mean \pm SEM

324 from at least three independent experiments. Each experiment was performed in triplicates. *

325 $P < 0.05$ significantly different from control. # $P < 0.05$ significantly different from IFN- γ -induced

326 group. SNP, sodium nitroprusside; RFU, relative fluorescence unit.