

1 **Liraglutide Preserves Intracellular Calcium Handling in Isolated Murine Myocytes**  
2 **Exposed to Oxidative Stress**

3

4 Short title: Liraglutide preserves cardiac intracellular calcium handling

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26 **SUMMARY**

27 In ischemic/reperfusion (I/R) injured hearts, severe oxidative stress occurs and is  
28 associated with intracellular calcium ( $\text{Ca}^{2+}$ ) overload. Glucagon-Like Peptide 1 (GLP-1)  
29 analogues have been shown to exert cardioprotection in I/R heart. However, there is little  
30 information regarding the effects of GLP-1 analogue on the intracellular  $\text{Ca}^{2+}$  regulation in  
31 the presence of oxidative stress. Therefore, we investigated the effects of GLP-1 analogue,  
32 (liraglutide,  $10\mu\text{M}$ ) applied before or after hydrogen peroxide ( $\text{H}_2\text{O}_2$ ,  $50\mu\text{M}$ ) treatment on  
33 intracellular  $\text{Ca}^{2+}$  regulation in isolated cardiomyocytes. We hypothesized that liraglutide  
34 can attenuate intracellular  $\text{Ca}^{2+}$  overload in cardiomyocytes under  $\text{H}_2\text{O}_2$ -induced  
35 cardiomyocyte injury. Cardiomyocytes were isolated from the hearts of male Wistar rats.  
36 Isolated cardiomyocytes were loaded with Fura-2/AM and fluorescence intensity was  
37 recorded. Intracellular  $\text{Ca}^{2+}$  transient decay rate, intracellular  $\text{Ca}^{2+}$  transient amplitude and  
38 intracellular diastolic  $\text{Ca}^{2+}$  levels were recorded before and after treatment with liraglutide.  
39 In  $\text{H}_2\text{O}_2$  induced severe oxidative stressed cardiomyocytes (which mimic cardiac I/R) injury,  
40 liraglutide given prior to or after  $\text{H}_2\text{O}_2$  administration effectively increased both intracellular  
41  $\text{Ca}^{2+}$  transient amplitude and intracellular  $\text{Ca}^{2+}$  transient decay rate, without altering the  
42 intracellular diastolic  $\text{Ca}^{2+}$  level. Liraglutide attenuated intracellular  $\text{Ca}^{2+}$  overload in  $\text{H}_2\text{O}_2$ -  
43 induced cardiomyocyte injury and may be responsible for cardioprotection during cardiac I/R  
44 injury by preserving physiological levels of calcium handling during the systolic and diastolic  
45 phases of myocyte activation.

46

47 **Keywords:** Liraglutide; Calcium regulation; Cardiomyocyte; Ischemic/Reperfusion;

48 Cardioprotective

49 **List of abbreviations**

50	Ca <sup>2+</sup>	=	Calcium
51	GLP-1	=	Glucagon-Like Peptide 1
52	H <sub>2</sub> O <sub>2</sub>	=	Hydrogen peroxide
53	I/R	=	Ischemic/reperfusion
54	NCX	=	Sodium-calcium exchanger
55	NSS	=	Normal saline solution
56	PKC	=	Protein kinase C
57	SERCA	=	Sarco/endoplasmic reticulum Ca <sup>2+</sup> -ATPase

58 **MAIN BODY OF THE TEXT**

59           Since the risk of coronary heart disease is increased 2 to 4 times in type-2 diabetic  
60 patients (Beckman *et al.* 2002), anti-diabetic drugs that are associated with the reduction of  
61 cardiovascular events may have beneficial effects for this group of patients. Glucagon-Like  
62 Peptide 1 (GLP-1) is an incretin peptide secreting from intestinal L-cells, which has a potent  
63 effect on glycemic control (Amori *et al.* 2007). The GLP-1 receptors were expressed in  
64 ventricular myocytes (Ban *et al.* 2008, Richards *et al.* 2014). Liraglutide is one of a long-  
65 acting GLP-1 analogue which has potent glucose lowering effects for treatment of  
66 hyperglycemia in type 2 diabetes patients (Amori *et al.* 2007). Recent studies demonstrated  
67 that GLP-1 analogues exert potent cardioprotective effects in both clinical trials and animal  
68 models (Amori *et al.* 2007, Arturi *et al.* 2016, Chen *et al.* 2016, Kumarathurai *et al.* 2016,  
69 Nikolaidis *et al.* 2005, Sonne *et al.* 2008). In animal models, growing evidence demonstrates  
70 the cardioprotective effects of GLP-1 in addition to its glycemic control properties  
71 (Nikolaidis *et al.* 2005). GLP-1 analogues have been shown to improve cardiac function in  
72 ischemic/reperfusion (I/R) injury of porcine model via reduced oxidative stress and increased  
73 phosphorylated Akt and Bcl-2 expression (Timmers *et al.* 2009) and activate cytoprotective  
74 pathways after I/R injury by modulating the expression and activity of cardioprotective genes  
75 including Akt, GSK3beta, PPARbeta-delta, Nrf-2, and HO-1(Noyan-Ashraf *et al.* 2009).  
76 Recent reports also support these basic studies by demonstrating that GLP-1 analogues have  
77 exerted potent cardioprotective effects in clinical trials by improved left ventricular ejection  
78 fraction, cardiac output, and left ventricular end-diastolic diameter in patients with  
79 myocardial infarction and chronic heart failure (Arturi *et al.* 2016, Chen *et al.* 2016, Chen *et*  
80 *al.* 2015, Kumarathurai *et al.* 2016). During I/R period, severe oxidative stress occurs and  
81 has been shown to be associated with intracellular Ca<sup>2+</sup> overload, thus facilitating both  
82 electrical and mechanical dysfunction in the heart (Shintani-Ishida *et al.* 2012). Therefore,

83 treatment options which prevent intracellular  $\text{Ca}^{2+}$  overload could potentially be beneficial  
84 for I/R hearts. Although currently there is only one study reporting the benefit of GLP-1 on  
85 improving intracellular  $\text{Ca}^{2+}$  homeostasis in HI-1 cells (Huang *et al.* 2016) and one study  
86 reporting the neutral effects of liraglutide in cardiac I/R model (Kristensen *et al.* 2009), there  
87 is no available information regarding the effects of liraglutide on intracellular  $\text{Ca}^{2+}$  regulation  
88 in the ventricular cardiomyocyte. Therefore, we investigated the effect of liraglutide on the  
89 intracellular  $\text{Ca}^{2+}$  transient in isolated rat cardiomyocytes in this study. Hydrogen peroxide  
90 ( $\text{H}_2\text{O}_2$ ) was used to induce severe oxidative stress similar to that observed during I/R injury.  
91 We hypothesized that liraglutide can attenuate intracellular  $\text{Ca}^{2+}$  overload in cardiomyocytes  
92 under  $\text{H}_2\text{O}_2$ -induced cardiomyocyte injury.

93 This study was approved by the Institutional Animal Care and Use Committee of the  
94 Faculty of Medicine, Chiang Mai University. All the animals were fed with normal rat chow  
95 and water ad libitum for two weeks prior to experimentation. Male Wistar rats (8-10-week  
96 old, 250-300 g) were used. The rats were deeply anesthetized with thiopental (0.5 mg/kg;  
97 Research institute of antibiotics and biotransformations, Roztoky, Czech Republic) after  
98 which the hearts were removed for single ventricular myocyte isolation (Palee *et al.* 2016,  
99 Palee *et al.* 2013).

100 The isolated cardiomyocytes were used in each study protocol for the measurement of  
101 intracellular  $\text{Ca}^{2+}$  transient. In the first protocol, cardiomyocytes were divided into 3 groups  
102 ( $n = 8$  cells/rat and 8 rats/group) as shown in Figure 1A. The real-time  $\text{Ca}^{2+}$  measurements  
103 were performed at the beginning of the study (baseline). Then, cardiomyocytes in Group I  
104 were treated with normal saline solution (NSS) for 5.0 minutes as a control group. Group II's  
105 cells were treated with NSS for 2.0 minutes and then  $\text{H}_2\text{O}_2$  for 3.0 minutes to simulate I/R  
106 injury. Group III's cells were treated with liraglutide (10  $\mu\text{M}$ ) (Novo Nordisk A/S, Denmark)  
107 for 5.0 minutes. We used liraglutide at a clinically relevant dose; patients receive the

108 maximum clinical dose of 1.8 mg once a day (Margulies *et al.* 2016). The concentration we  
109 used for an in vitro study in this study was 10  $\mu\text{M}$  of liraglutide which was approximately  
110 similar to the dose used in human (Langlois *et al.* 2016).

111 In the second protocol, cardiomyocytes were divided into 4 groups ( $n = 8$  cells/rat and  
112 8 rats/group) as shown in Figure 2A. The real-time  $\text{Ca}^{2+}$  measurements were performed at  
113 the beginning of the study (baseline). Then, cardiomyocytes in Group I were treated with  
114 NSS for 10.0 minutes followed by  $\text{H}_2\text{O}_2$  for 3.0 minutes as a control group. Group II's cells  
115 were treated with NSS for 5.0 minutes followed by liraglutide (10  $\mu\text{M}$ ) for 5.0 minutes and  
116 then  $\text{H}_2\text{O}_2$  for 3 minutes. Group III's cardiomyocytes were treated with NSS for 5.0 minute  
117 followed by  $\text{H}_2\text{O}_2$  for 3.0 minutes and then NSS for 5.0 minute as another control group.  
118 Group IV were treated with NSS for 5.0 minutes followed by  $\text{H}_2\text{O}_2$  for 3.0 minutes and then  
119 liraglutide (10  $\mu\text{M}$ ) for 5.0 minutes. The real-time  $\text{Ca}^{2+}$  measurements were performed after  
120 drug treatment in all groups (Palee *et al.* 2016).

121 In this study, we used  $\text{H}_2\text{O}_2$  (50  $\mu\text{M}$ ) to induce oxidative stress, to simulate the  
122 oxidative stress that is generated by ischemia/reperfusion injury.  $\text{H}_2\text{O}_2$  concentration at 50  
123  $\mu\text{M}$  has been widely used to trigger oxidative stress-induced intracellular  $\text{Ca}^{2+}$   
124 dyshomeostasis in cardiomyocytes.  $\text{H}_2\text{O}_2$  has been shown to decrease sarco/endoplasmic  
125 reticulum  $\text{Ca}^{2+}$ -ATPase (SERCA) and sodium-calcium exchanger (NCX) activities (Huang *et*  
126 *al.* 2014) by inhibiting protein kinase C (PKC) activities, leading to the alteration of the  
127 intracellular  $\text{Ca}^{2+}$  homeostasis (Goldhaber 1996, Reeves *et al.* 1986).

128 Cardiomyocytes were isolated from the hearts of male Wistar rats using a method  
129 described previously (Palee *et al.* 2016). In brief, under deep anesthesia, the heart was  
130 immediately removed and placed into a modified Langendroff apparatus. The hearts were  
131 perfused with modified Krebs solution as previously described (Palee *et al.* 2016) for 5  
132 minutes, followed by calcium-free solution (100  $\mu\text{M}$  EGTA ) for 4 minutes, Tyrode's

133 solution with collagenase (0.1 mg/ml) for 10 minutes, and modified Krebs solution  
134 containing 100  $\mu\text{M}$   $\text{CaCl}_2$  and 1 mg/ml type II collagenase for another 8 minutes. The  
135 ventricles were removed from the cannula, cut into small pieces and incubated in 10 ml of  
136 collagenase solution gassed with 100%  $\text{O}_2$  for 7 minutes at 37°C. A pipette was used to  
137 pipette the cell suspension up and down in order to dissociate cardiac tissue into single cells.  
138 The cardiomyocytes were separated from undigested ventricular tissues by filtering through  
139 cell strainer, and were settling into a loose pellet. Then, the supernatant was removed and  
140 replaced with modified Krebs solution containing 1% BSA and 500  $\mu\text{M}$   $\text{CaCl}_2$ . This process  
141 was repeated with modified Krebs solution containing 1 mM  $\text{CaCl}_2$ . After this procedure, the  
142 cardiomyocytes were ready for recording.(Palee *et al.* 2013) The isolated cardiomyocytes  
143 were placed in a modified Krebs solution containing 1 mM  $\text{CaCl}_2$ . Intracellular  $\text{Ca}^{2+}$   
144 transient were measured using the CELL<sup>R</sup> imaging software (Olympus Soft Imaging  
145 Solutions GmbH, Germany). The isolated cardiomyocytes were loaded with Fura-2/AM at a  
146 final concentration of 5  $\mu\text{M}$  and fluorescent intensity (excitation wavelengths are 340 nm and  
147 380 nm, and emission wavelength is 510 nm) was recorded during electrical pacing (1 Hz, 10  
148 ms duration, 15 V) (Palee *et al.* 2016). The ratio of the emissions wavelengths (510 nm) is  
149 directly related to the amount of intracellular  $\text{Ca}^{2+}$ . Data are shown as mean  $\pm$  SD.  
150 Comparisons of variables were performed using the one-way ANOVA followed by LSD  
151 post-hoc test.  $P < 0.05$  was considered statistically significant.

152 We investigated the effects of liraglutide on intracellular  $\text{Ca}^{2+}$  handling in isolated rat  
153 cardiac myocytes exposed to hydrogen peroxide solution to provoke oxidative stress.  $\text{H}_2\text{O}_2$   
154 significantly decreased both intracellular  $\text{Ca}^{2+}$  transient amplitude (Figure 1B) and  
155 intracellular  $\text{Ca}^{2+}$  transient decay rate (Figure 1C). However, intracellular diastolic  $\text{Ca}^{2+}$   
156 levels were not altered (Figure 1D), when compared to the control group (i.e. cardiomyocytes  
157 treated with NSS). Moreover, liraglutide (10  $\mu\text{M}$ ) significantly increased the intracellular

158  $\text{Ca}^{2+}$  transient amplitude (Figure 1B) and  $\text{Ca}^{2+}$  transient decay rate (Figure 1C), but did not  
159 alter intracellular diastolic  $\text{Ca}^{2+}$  levels (Figure 1D), when compared to the control group. The  
160 representative  $\text{Ca}^{2+}$  transient tracings are shown in Figure 1E.

161 In the simulated I/R injury protocol, our results demonstrated that cardiomyocytes  
162 pretreated with liraglutide significantly increased the intracellular  $\text{Ca}^{2+}$  transient amplitude  
163 (Figure 2B) and the intracellular  $\text{Ca}^{2+}$  transient decay rate (Figure 2C), when compared to the  
164  $\text{H}_2\text{O}_2$  treated group. However, in all experimental groups, the levels of intracellular diastolic  
165  $\text{Ca}^{2+}$  levels did not differ (Figure 2D). The representative  $\text{Ca}^{2+}$  transient tracings are shown in  
166 Figure 2E. Interestingly, we found that when liraglutide was given after  $\text{H}_2\text{O}_2$  application to  
167 cardiomyocytes, it still significantly increased the intracellular  $\text{Ca}^{2+}$  transient amplitude and  
168 intracellular  $\text{Ca}^{2+}$  transient decay rate, when compared to the  $\text{H}_2\text{O}_2$  treated group (Figure 2B,  
169 2C). Similar to the results of pretreatment, liraglutide given after  $\text{H}_2\text{O}_2$  application did not  
170 alter the intracellular diastolic  $\text{Ca}^{2+}$  levels.

171 Since patients with type-2 diabetes mellitus have a higher risk (2 to 4 fold) for  
172 developing coronary heart disease including myocardial infarction (Beckman *et al.* 2002),  
173 anti-diabetic drugs with cardioprotection will be beneficial to these patients. It is known that  
174 fatal arrhythmias and LV dysfunction are often observed following acute myocardial  
175 infarction (Takamatsu 2008). Importantly, impaired intracellular  $\text{Ca}^{2+}$  regulation has been  
176 shown to be an important factor responsible for these pathological effects (Takamatsu 2008).  
177 Therefore, treatment options which can attenuate the impairment of intracellular  $\text{Ca}^{2+}$   
178 homeostasis could provide cardioprotection for the ischemic heart. In the present  
179 study, our results clearly demonstrated that liraglutide exerted cardioprotective effects against  
180  $\text{H}_2\text{O}_2$ -induced cardiomyocyte injury by attenuating intracellular  $\text{Ca}^{2+}$  overload.

181 GLP-1 receptor is expressed in the heart and ventricular myocyte and has a high  
182 affinity with a specific GLP-1 receptor agonist liraglutide (Pyke *et al.* 2014, Saraiva *et al.*



183 2014). Therefore, in this study the cardioprotective effect of liraglutide is mediated by the  
184 GLP-1 receptor dependent pathway via increased phosphorylation of Akt and GSK3 $\beta$  which  
185 are involved in the reperfusion injury survival kinase (RISK) pathway (Hausenloy *et al.*  
186 2005). This finding was supported by previous studies reported the cardioprotective effects  
187 of GLP-1 in animal models (Bose *et al.* 2005, Bose *et al.* 2007, Kavianipour *et al.* 2003,  
188 Nikolaidis *et al.* 2005). Liraglutide pre- and post-treatment in cardiac I/R injury has been  
189 shown to provide cardioprotective effects in both animals and clinical studies (Chen *et al.*  
190 2016, McCormick *et al.* 2015, Noyan-Ashraf *et al.* 2009, Salling *et al.* 2012).

191 In the present study using H<sub>2</sub>O<sub>2</sub>-induced cardiomyocyte injury, our results  
192 demonstrated that intracellular Ca<sup>2+</sup> transient amplitude was impaired by H<sub>2</sub>O<sub>2</sub> and both of  
193 liraglutide pre- and post-treatment significantly increased intracellular Ca<sup>2+</sup> transient  
194 amplitude. Our finding consistent with previous studies reported that liraglutide exerts  
195 cardioprotective effects by activating GLP-1 receptors in cardiomyocytes by coupled with the  
196 G-protein/adenyl cyclase complex to increase cyclic adenosine monophosphate (cAMP)  
197 production. Then, activates protein kinase A (PKA) and Ca<sup>2+</sup> channel phosphorylation,  
198 respectively. Finally, increase Ca<sup>2+</sup> influx and increasing cardiomyocyte contractility  
199 (Kristensen *et al.* 2009). Moreover, cAMP activate sarco/endoplasmic reticulum Ca<sup>2+</sup>-  
200 ATPase (SERCA2a) activity and then increases Ca<sup>2+</sup> reuptake into the endoplasmic reticulum  
201 (Younce *et al.* 2013), leading to cardiomyocyte relaxation. Moreover, we found that  
202 liraglutide increased intracellular Ca<sup>2+</sup> transient decay rates. This finding is consistent with  
203 previous findings which reported that liraglutide increased intracellular cAMP and activated  
204 SERCA2a activity and then increased Ca<sup>2+</sup> reuptake into the endoplasmic reticulum (Younce  
205 *et al.* 2013). This finding also helped to explain the results in a previous report which  
206 showed that a GLP-1 analogue improved diastolic functions in liraglutide-treated mice  
207 (Noyan-Ashraf *et al.* 2009) and liraglutide also reduced the severity of left ventricular

208 dilation in that study (Noyan-Ashraf *et al.* 2009). Therefore, the ability of liraglutide to  
209 attenuate the impairment of physiological  $\text{Ca}^{2+}$  handling in a  $\text{H}_2\text{O}_2$ -induced cardiomyocyte  
210 injury model by increasing intracellular  $\text{Ca}^{2+}$  amplitude and decay rates, is a cardioprotective  
211 effect, in addition to its glycemic control, which is responsible for the improvement of  
212 cardiac function observed in previous reports. In addition, our results showed that liraglutide  
213 did not alter the intracellular diastolic  $\text{Ca}^{2+}$  level. Even though there is a high level of  
214 intracellular  $\text{Ca}^{2+}$  transient amplitude which reflect an increased intracellular  $\text{Ca}^{2+}$  during  
215 systolic period, there was a high rate of  $\text{Ca}^{2+}$  elimination which represented by intracellular  
216  $\text{Ca}^{2+}$  transient decay rate. The balance on this intracellular calcium regulation could be  
217 contributed to the unaltered intracellular diastolic calcium level as seen in this study.  
218 Although we did not assess the oxidative stress parameters, previous studies demonstrated  
219 that liraglutide activated of PI3K-Akt-eNOS-NO signaling pathway and inhibited of  
220 oxidative stress (Inoue *et al.* 2015, Liu *et al.* 2016, Noyan-Ashraf *et al.* 2009).

221

## 222 **Conflict of Interest**

223 The authors declare that they have no conflict of interest.

224

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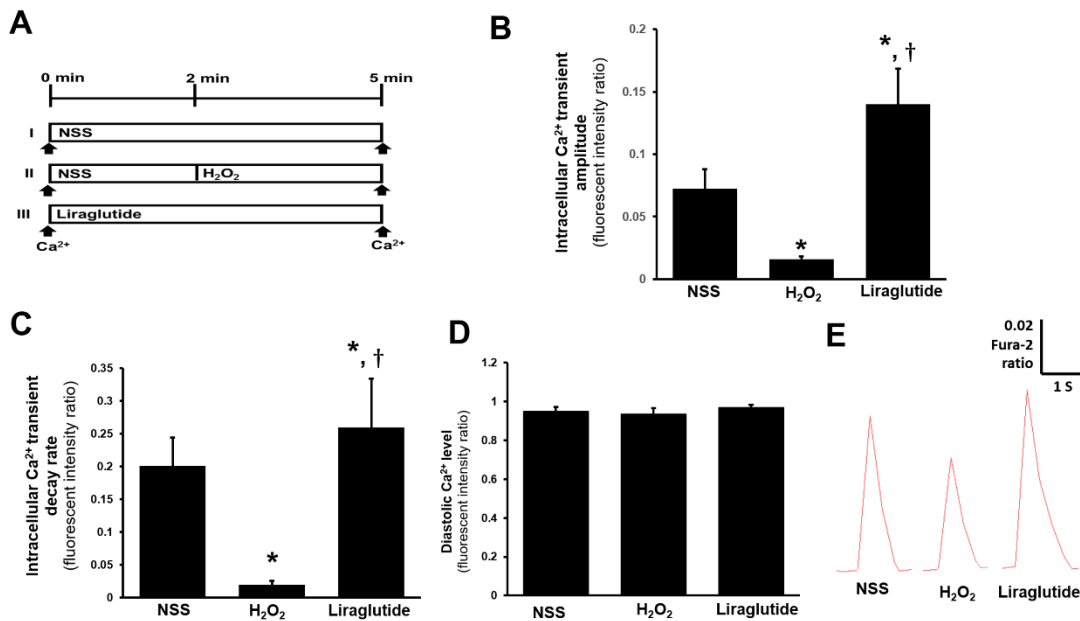
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**Figure 1.** A schematic of study protocol I (A) and the effects of liraglutide on intracellular Ca<sup>2+</sup> transient amplitude (B), intracellular Ca<sup>2+</sup> transient decay rate (C), intracellular diastolic Ca<sup>2+</sup> levels (D) and the representative images of Ca<sup>2+</sup> transient tracing (E). \**p*<0.05 vs. NSS, †*p*<0.05 vs. H<sub>2</sub>O<sub>2</sub> + NSS. NSS = normal saline solution, H<sub>2</sub>O<sub>2</sub> = hydrogen peroxide, Ca<sup>2+</sup> = intracellular calcium measurement



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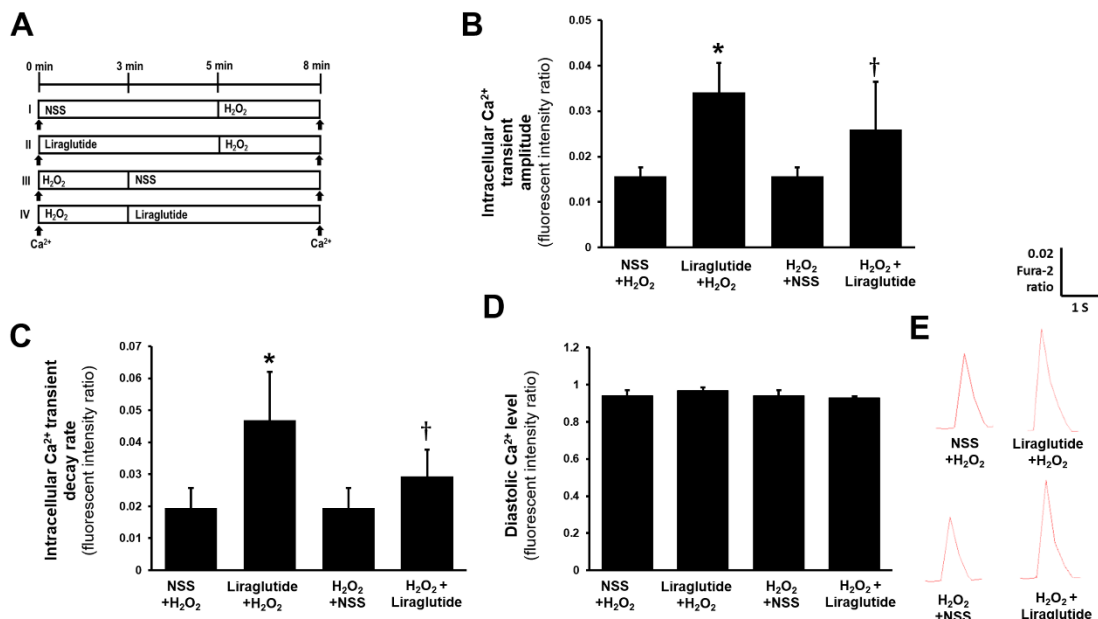
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380 **Figure 2.** A schematic of study protocol II (A) and the effects of liraglutide administration

381 before and after H<sub>2</sub>O<sub>2</sub> application on intracellular Ca<sup>2+</sup> transient in cardiomyocytes.

382 Liraglutide significantly increased intracellular Ca<sup>2+</sup> transient amplitude (B) and increased

383 intracellular Ca<sup>2+</sup> transient decay rate (C), but did not alter intracellular diastolic Ca<sup>2+</sup> levels

384 (D), when compared with the H<sub>2</sub>O<sub>2</sub> group and the representative images of Ca<sup>2+</sup> transient

385 tracing (E). \**p*<0.05 vs. NSS + H<sub>2</sub>O<sub>2</sub>, †*p*<0.05 vs. H<sub>2</sub>O<sub>2</sub> + NSS. NSS=normal saline

386 solution, H<sub>2</sub>O<sub>2</sub> = hydrogen peroxide, Ca<sup>2+</sup> = intracellular calcium measurement

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