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2 **FSH, oxytocin and IGF-I regulate the expression of sirtuin 1 in porcine ovarian**

3 **granulosa cells**

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15 **ABSTRACT**

16 The involvement of the mTOR system/enzyme sirtuin 1 (SIRT1) intracellular signaling

17 system in the control of ovarian functions and its role in mediating hormonal action on the

18 ovary has been proposed, but this hypothesis should be supported by a demonstrated influence

19 of hormones on mTOR/SIRT1. Therefore, the aim of our in vitro experiments was to examine

20 the effect of the known hormonal regulators of ovarian functions, such as follicle-stimulating

21 hormone (FSH), oxytocin (OT) and insulin-like growth factor I (IGF-I), on mTOR/SIRT1.

22 The accumulation of SIRT1 in porcine ovarian granulosa cells cultured with and without

23 these hormones (at doses of 1, 10 or 100 ng.ml⁻¹) was evaluated using immunocytochemistry.

24 It was observed that the addition of FSH (at 10 ng.ml⁻¹ but not at 1 or 100 ng/ml) and OT (at

25 all tested doses) increased the expression of SIRT1 in ovarian cells. In addition, 100 ng.ml⁻¹,

26 but not at 1 or 10 ng.ml⁻¹, of IGF-I decreased SIRT1 accumulation. Our observations are the
27 first demonstration that hormones can directly regulate the ovarian mTOR/SIRT1 system and
28 that this system could mediate the action of hormonal regulators on the ovary.

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30 *Keywords:* Pig; Ovarian granulosa cells; Sirtuin 1; FSH; Oxytocin; IGF-I.

31

32 **1. Introduction**

33 Studies of both extra- and intracellular regulators of reproduction as well as their
34 interrelationships are important from both theoretical and practical viewpoints. The mTOR
35 signaling system and its key enzyme, sirtuin 1 (SIRT1), have been extensively studied in
36 recent years. SIRT1 is a member of the NAD⁺-dependent deacetylase family (Frye, 2000; Jin
37 et al., 2009). It is widely expressed in numerous cell types, including ovarian cells. In non-
38 ovarian cells, SIRT1 regulates metabolism, hormone secretion, cell cycle and cell
39 differentiation and is protective against cellular oxidative stress, DNA damage, apoptosis,
40 aging and inflammation (Bordone et al., 2006; Fu et al., 2006; Haigis and Guarente, 2006;
41 Wolf, 2006; Rajendrasozhan et al., 2008; Rodgers et al., 2008). It is known that food
42 restriction regulates both reproduction and SIRT1 activity and that food restriction can
43 potentially control reproduction through SIRT1 (Wolf, 2006). SIRT1 is involved in control of
44 various reproductive processes including basic ovarian functions (see Tatone et al., 2015 for
45 review). SIRT1 directly stimulates spermatogenesis but not oogenesis (Coussens et al., 2008)
46 and reduces ovarian cell viability and promotes ovarian progesterone release (Morita et al.,
47 2012) in rodents. SIRT-1 overexpression was associated with promotion of mice ovarian
48 folliculogenesis and fecundity (Long et al., 2019), whilst its knock-down has an opposite
49 effect (Tatone et al., 2018). SIRT1 might control reproductive processes through the induction
50 of GnRH expression, LH release (Kolthur-Seetharan, 2009) and the induction of LH receptors

51 (Morita et al., 2012). The transfection-induced overexpression of SIRT1 in cultured porcine
52 ovarian granulosa cells reduced their proliferation, increased progesterone and insulin-like
53 growth factor I (IGF-I) release and modified the response of granulosa cells to exogenous
54 follicle-stimulating hormone (FSH; (Pavlová et al., 2013; Sirotkin et al., 2014; Sirotkin,
55 2016).

56 FSH and other hormones as well as growth factors including oxytocin (OT) and IGF-I are the
57 most well known regulators of ovarian functions. Their effect on ovarian cells could be
58 mediated via various intracellular signaling molecules (Sirotkin, 2014). However, there is
59 insufficient evidence for the role of mTOR/SIRT1 in mediating hormone action on ovarian
60 cells. Such direct evidence could include (1) changes in the expression of SIRT1 under the
61 influence of this hormone, (2) the ability of SIRT1 to affect ovarian functions controlled by
62 this hormone and (3) the ability of SIRT1 to modify the action of this hormone on ovarian
63 cells. Previously, we reported on the ability of SIRT1 to affect porcine ovarian cell functions
64 and to modify FSH action on these cells (see above). Ovarian stimulation by gonadotropins
65 has been associated with increased SIRT-1 level in serum, but not in ovarian follicular fluid
66 (Bódis et al., 2018); however, the effect of hormonal regulators on ovarian SIRT1 has not yet
67 been examined.

68 The aim of our in vitro experiments was to examine the effect of the addition of known
69 hormonal regulators of ovarian functions, FSH, OT and IGF-I at various doses on SIRT1
70 accumulation in cultured porcine ovarian granulosa cells.

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72 **2. Materials and Methods**

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74 *2.1. Preparation, culture and processing of ovarian cells*

75 The major experimental protocols, including cell culture and their validation have been
76 described in our previous publications (Meszarosova et al., 2008; Pavlova et al., 2011, 2013;

77 Sirotkin et al., 2014). Briefly, primary granulosa cells were aspirated from the ovaries of
78 prepubertal gilts that were 100-120 days of age at a local abattoir; the cells were resuspended
79 in Dulbecco's modified Eagle's medium (DMEM)/F-12 1:1 + 10% fetal calf serum and 1%
80 antibiotic-antimycotic solution (all of which were purchased from Sigma, St. Louis, Mo,
81 USA), dispensed to 16-well chamber slides (Nunc International, Naperville, TN, USA) in
82 200- μ l aliquots and incubated at 37.5°C and 5% CO₂ humidified air until the formation of a
83 50-60% confluent monolayer (48-72 hours). After primary culture, the media from the plates
84 were aspirated, and the cells were washed with fresh DMEM/F12. Then, the cells were
85 cultured for two days with and without porcine FSH (Dr. A.P.F. Parlow, NHPP, Torrance,
86 CA, USA), oxytocin (Sigma) or IGF-I (Sigma) added to the culture medium at concentrations
87 of 0, 1, 10 or 100 ng.ml⁻¹. At the end of the culture, cell numbers and viability were
88 determined by Trypan blue staining and cell counting with a hemocytometer. Cell viability
89 was 70-80%. No statistically significant differences in these indices were observed between
90 the control and experimental groups.

91 After removing the medium from the chamber slides, cells were washed in ice-cold PBS
92 (pH 7.5), fixed in paraformaldehyde (4% in PBS, pH 7.2-7.4), dehydrated in a graded alcohol
93 series (70, 80, 96; 10 min each) and stored at 4°C until the immunocytochemical analysis.

94

95 2.2. *Immunocytochemical analysis*

96 The immunocytochemical analysis method was previously validated for porcine
97 granulosa cells (Meszarosova et al., 2008; Pavlova et al., 2011, 2013; Sirotkin et al., 2014).
98 The presence of SIRT1 was detected using immunocytochemistry (Osborn and Isenberg,
99 1994). This method quantitative immunocytochemistry for SIRT-1 detection, quantification
100 and changes in its accumulation in porcine granulosa cells has been previously validated by
101 Western immunoblotting and other methods (Pavlova et al., 2013; Sirotkin et al., 2014;

102 Sirotkin, 2016). Primary mouse monoclonal antibodies against SIRT1 (Santa Cruz
103 Biotechnology, Inc., Santa Cruz, CA, USA, catalogue number B-7, initial concentration 200
104 $\mu\text{g}\cdot\text{ml}^{-1}$) were used at a dilution of 1:250. The visualization of the binding of primary
105 antibodies was achieved with secondary polyclonal goat antibodies against mouse IgGs. The
106 secondary antibodies labeled with the fluorescent marker fluorescein isothiocyanate (FITC)
107 provided in a concentration 200 $\mu\text{g}\cdot\text{ml}^{-1}$ by Santa Cruz Biotechnology, applied at a dilution of
108 1:1000 and mounted in a Vectashield with DAPI (Vector Laboratories, Inc., Burlingame, CA,
109 USA). The presence of SIRT1 was determined by fluorescent microscopy by using Leica
110 Microsystems (Wetzlar, Germany). The cells expressing signal above background negative
111 control levels were considered positive. The percentage of cells containing visible antigen
112 was counted. Cells processed without the primary antibody were used as the negative control.
113 Images of stained cells and negative control are shown in Fig.1.

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115 2.3. *Statistics*

116 Each experimental group was represented by three chamber-slide wells. The data shown are
117 the means of the values obtained in these three separate experiments performed on separate
118 days with separate groups of granulosa cells, each obtained from 15-20 animals. At least 10
119 optical fields were analysed in each chamber. In each chamber (three per group), at least 1000
120 cells were scored. Each value represents the mean of nine replicates (at least 9000 cells in
121 total). The percentage of cells containing antigen in different groups of cells was calculated.
122 Significant differences between the experiments were evaluated with two-way ANOVA
123 followed by chi-square test using SigmaPlot 11.0 software (Systat Software, GmbH, Erkhart,
124 Germany). Differences from control at $P<0.05$ were considered significant.

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126 3. Results and Discussion

127 Immunocytochemical analysis showed the presence of SIRT1 in porcine ovarian
128 granulosa cells after culture. SIRT1 was presented in the cells as cytoplasmic clusters (Fig.1).
129 The percentage of cells containing SIRT1 varied between 3 and 75%, and this percentage was
130 affected by hormonal treatments (Fig.2). The addition of FSH at a dose of 10 ng.ml⁻¹ but not
131 at lower (1 ng/ml) or higher (100 ng.ml⁻¹) increased the expression of SIRT1 in the cells (Fig.
132 2A). OT increased the expression of SIRT1 in ovarian cells at all doses added (1, 10 or 100
133 ng.ml⁻¹) (Fig. 2B). IGF-I decreased SIRT1 accumulation when added at the highest (100
134 ng.ml⁻¹) but not at lower (1 or 10 ng.ml⁻¹) doses (Fig. 2Cc).

135 Our observations confirm our previous data (Pavlova et al., 2013; Sirotkin et al., 2014)
136 on the presence of SIRT1 in cultured porcine ovarian granulosa cells. Furthermore, they are
137 the first evidence that the expression of SIRT1 in ovarian cells might be controlled by FSH,
138 OT and IGF-I. These hormones are well-known regulators of various ovarian functions,
139 including cell proliferation, apoptosis, release of steroid and peptide hormones, ovarian
140 folliculogenesis and follicle selection, oogenesis, ovulation and luteogenesis. The intracellular
141 mechanisms and mediators of hormone action on these processes are not completely
142 elucidated, but the involvement of receptors, protein kinases, transcription factors and small
143 RNA has been documented (see Sirotkin, 2014 for review). It remains unknown whether the
144 effects of hormonal regulators of ovarian functions could be mediated by SIRT1. We propose,
145 that the hypothetical mediator of hormone action (1) changes under the influence of this
146 hormone, (2) affects ovarian functions controlled by this hormone and (3) when changed,
147 modifies the hormone effects. Our previous experiments with transfection of porcine ovarian
148 granulosa cells with a cDNA construct for SIRT1 (Pavlová et al., 2013; Sirotkin et al., 2014)
149 and other studies of SIRT1 regulators effects (Sirotkin, 2016, Tatone et al., 2018)
150 demonstrated the involvement of SIRT in both basic ovarian functions (proliferation,
151 apoptosis, secretory activity and expression of transcription factors) and modifications of the

152 effect of FSH on transcription factor NF- κ B. Curcumin-induced activation of SIRT1 gene was
153 associated with reduction in plasma FSH level and activation of murine reproductive
154 processes (Azami et al., 2019), as well as with changes in rabbit ovarian hormones release and
155 fecundity (Sirotkin et al., 2018). Curcumin changed also response of rabbit ovarian cells to
156 LH (Sirotkin et al., 2018). Furthermore, resveratrol-induced stimulation of SIRT1
157 accumulation was associated with changes in character of IGF-I action on apoptosis and
158 testosterone release by porcine granulosa cells (Sirotkin et al., 2019a). Food restriction
159 affecting mTOR/SIRT1 was able to modify also ghrelin action on chicken (Sirotkin et al.,
160 2017b) and rabbit (Sirotkin et al., 2017a) hormones and reproduction in vivo and on response
161 of rabbit ovarian cells to IGF-I (Sirotkin et al., 2017a). The present observations related to the
162 action of FSH, OT and IGF-I on the expression of SIRT in porcine ovarian cells represent the
163 first demonstration of direct regulation of ovarian SIRT-1 by hormones and indication that
164 SIRT1 may be involved in mediating the effect of these hormones on the ovary. Moreover,
165 the differences in character of hormones action on SIRT-1 indicate, that FSH, OT and IGF-I
166 can affect SIRT1 via different signaling pathways documented previously (Sirotkin, 2014).
167 Alternatively, these hormones can affect not only SIRT-1, but also other signaling molecules
168 (Sirotkin, 2014) whose in turn could affect SIRT-1 directly or via feedback mechanisms. On
169 the contrary, mTOR/SIRT1 system can modify FSH release (Tatone et al., 2015; Azami et al.,
170 2019), as well as FSH (Morita et al., 2012; Sirotkin et al., 2019b), LH (Sirotkin et al., 2018)
171 and IGF-I (Sirotkin et al., 2019a) action. Taken together, these observations demonstrate the
172 involvement of mTOR/SIRT1 system in endocrine control of ovarian functions.

173

174 **4. Conclusions**

175 The hypothesis concerning the role of SIRT1 as a mediator of hormone action on
176 ovarian cells requires further confirmation. Moreover, the involvement of SIRT1 in the

177 control of particular ovarian functions and the ability of SIRT1 to modify the action of
178 various hormones on these functions should be supported by more data. Nevertheless, our
179 present preliminary study is the first to provide evidence that hormones can direct regulate
180 ovarian SIRT-1, and that some effect of hormonal regulators on the ovary may be mediated
181 by the mTOR/SIRT1 intracellular signaling system.

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183 **Conflict of interest**

184 The authors declare that they have no conflict of interests, no any financial interest or
185 benefit that has arisen from the direct applications of their research

186

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Figure legends

Figure 1. Immunocytochemistry images showing cultured porcine granulosa cells containing sirtuin 1 (Leica Microsystems, Wetzlar, Germany). A. – specific staining by using primary antiserum against sirtuin 1 and secondary antiserum labelled with fluorescein isothiocyanate (FITC; green fluorescence). B. – negative control (staining with secondary antibody with FITC without primary antibody). Scale bars: 1 cm = 20 μ m.

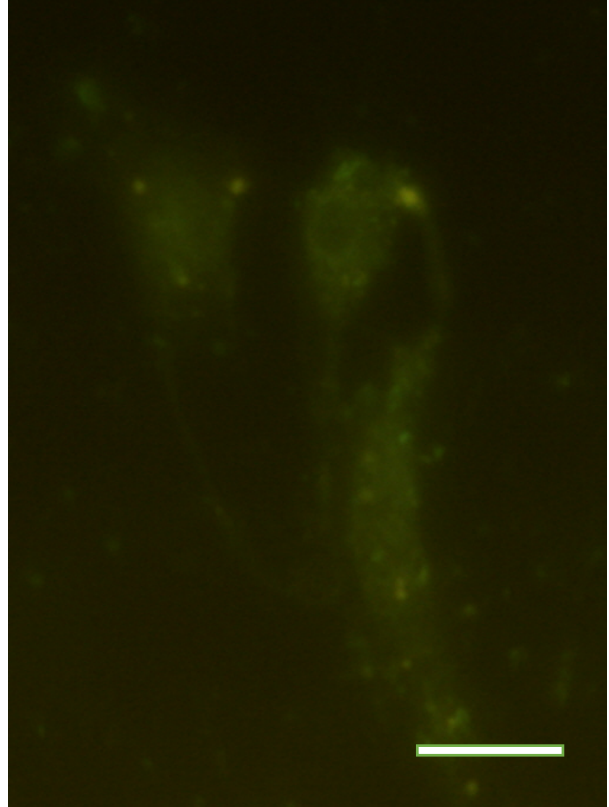
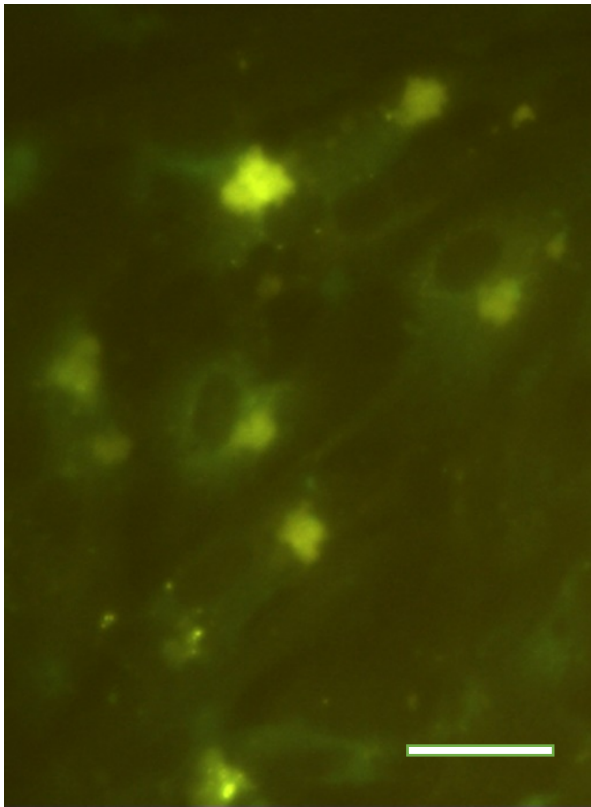
Figure 2. Effect of FSH (A), OT (B) and IGF-I (C) on the percentage of porcine granulosa cells expressing sirtuin SIRT1. Monolayers of granulosa cells from prepubertal gilts were cultured with or without FSH, OT or IGF-I (0, 1, 10, 100 ng.ml⁻¹ medium). After two days of culture, the cells were analyzed by immunocytochemistry. Data are the mean \pm S.D. * - Effect of hormone addition: significant (P < 0.05) differences between the cells cultured with (1, 10 or 100 ng/ml) and without (0 ng/ml) hormone.

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Fig.1.

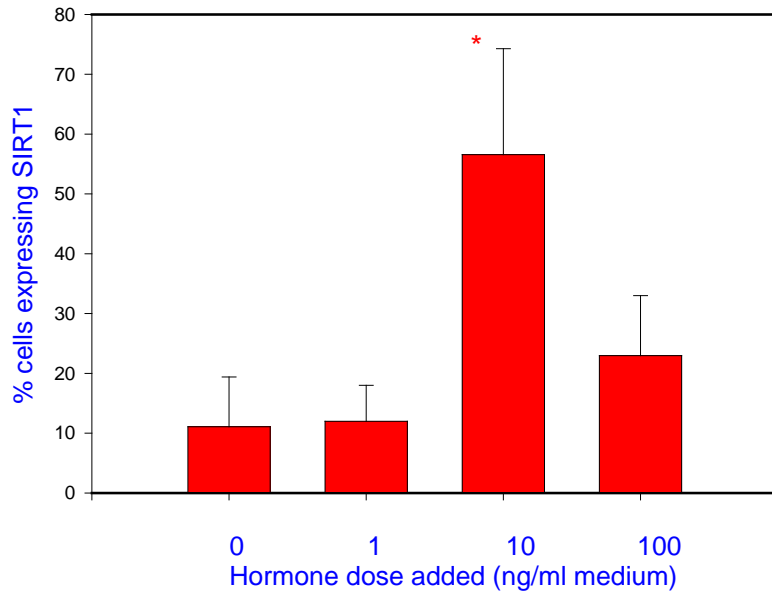
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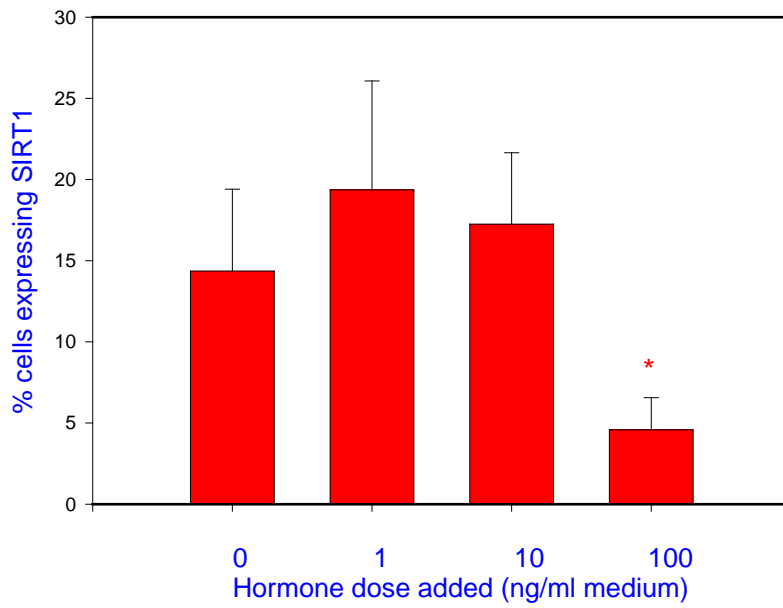
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353 Fig. 2.
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C. IGF-I

