

1 ***Original Article***

2 **Apelin-13 regulates angiotensin II-induced Cx43 downregulation and autophagy via the**
3 **AMPK/mTOR signaling pathway in HL-1 cells**

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27 Running Title: Apelin-13 regulates Cx43 and autophagy via AMPK/mTOR pathway.

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32 **Summary**

33 Atrial fibrillation is associated with atrial remodeling, in which connexin 43 (Cx43) and cell
34 hypertrophy play important roles. In this study, apelin-13, an aliphatic peptide, was used to
35 explore the protective effects of the adenosine monophosphate-activated protein kinase
36 (AMPK)/mTOR signaling pathway on Cx43 expression and autophagy, using murine atrial HL-
37 1 cells. The expression of Cx43, AMPK, B-type natriuretic peptide (BNP) and pathway-related
38 proteins was detected by Western blot analysis. Cellular fluorescence imaging was used to
39 visualize Cx43 distribution and the cytoskeleton. Our results showed that the Cx43 expression
40 was significantly decreased in HL-1 cells treated with angiotensin II but increased in cells
41 additionally treated with apelin-13. Meanwhile, apelin-13 decreased BNP expression and
42 increased AMPK expression. However, the expression of Cx43 and LC3 increased by apelin-13
43 was inhibited by treatment with compound C, an AMPK inhibitor. In addition, rapamycin, an
44 mTOR inhibitor, promoted the development of autophagy, further inhibited the protective effect
45 on Cx43 expression and increased cell hypertrophy. Thus, apelin-13 enhances Cx43 expression
46 and autophagy via the AMPK/mTOR signaling pathway, thus serving as a potential therapeutic
47 target for atrial fibrillation.

48

49 **Keywords:**

50 atrial fibrillation; Cx43; cell hypertrophy; AMPK/mTOR; autophagy.

51 **Introduction**

52 Intercalated discs (IDs) are a specific structure in the heart muscle that play a crucial role in
53 signal transduction. Gap junctions in the IDs allow many small molecules to pass through the
54 cell membrane (Leybaert et al. 2017). Connexin 43 (Cx43), the major connexin in gap junctions,
55 is highly expressed in cardiac muscle (Xiao et al. 2016). Gap junctions consist thousands
56 intercellular channels composed of Cx43 and these channels are responsible for electrical and
57 molecular signal propagation between cardiomyocytes. Therefore, the changes in topology of
58 Cx43 or in the number of Cx43 channels which is largely determined by expression affect
59 electrical properties of the myocardial tissue that promote arrhythmias, including Atrial
60 fibrillation (AF). AF is a highly prevalent cardiac arrhythmia in clinical practice (Liu et al.
61 2013) with high morbidity and mortality rates and therefore associated with major health care
62 costs (Chugh et al. 2014). Therefore, treatments that preserve Cx43 regulation may represent a
63 new strategy for AF management.

64 In 1998, Tatemoto et al. discovered a protein hormone from bovine stomach, which was later
65 shown to have numerous biological functions (K. Tatemoto et al. 1998), including a direct or
66 indirect effect on cardiovascular physiology (Lesui O 2015). Numerous studies have indicated
67 that apelin-13 exerts a cardioprotective effect in cardiac pathologies, including cardiac
68 hypertrophy, fibroblast activation, vasoconstriction and myocardial infarction, but the
69 relationship between apelin-13 and hypertrophy is not clear. Furthermore, apelin-13 was
70 previously demonstrated to upregulate Cx43 remodeling under high-glucose conditions (Li et al.
71 2018). Thus, we assumed that apelin-13 plays a role in the regulation of atrial Cx43 expression.

72 Autophagy is a catabolic process in which intracellular metabolites are engulfed by
73 autophagosomes to promote cell renewal, recycling and maintain cellular homeostasis (Levine

74 et al. 2004). In the heart, considerable evidence has shown that autophagy is involved in a series
75 of physiological and pathological processes (Rockel et al. 2017). Even within the same cell, both
76 up- and downregulation of autophagy can cause damage and ultimately lead to cell death.
77 Another study found that decreased Cx43 expression had an inhibitory effect on cell survival,
78 suggesting that Cx43 expression can alter cell–cell communication and contribute to apoptosis
79 (Li et al .2009). Several studies have indicated that the adenosine monophosphate-activated
80 protein kinase (AMPK)/mTOR pathway, which is involved in numerous cellular processes, has
81 a crucial effect on autophagy, affecting cell survival and death (Tang et al. 2016). Some
82 publications reported that the AMPK/mTOR pathway participates in regulating cardiac Cx43
83 remodeling and autophagic flux, but few studies have evaluated the role of the AMPK/mTOR
84 pathway in angiotensin II (AngII)-induced Cx43 dysfunction and hypertrophy and the protective
85 effect conferred by apelin-13 on these mechanisms.

86 Here, we explored the potential protective effects of apelin-13 on AngII-induced Cx43
87 downregulation and cell hypertrophy via the AMPK/mTOR pathway in HL-1 cells. Our findings
88 demonstrated that upregulation of autophagy inhibits cardiac Cx43 expression and increases cell
89 hypertrophy.

90

91 **Materials and Methods**

92 **Cell culture and experimental protocols**

93 Murine HL-1 cells were cultured in high-glucose Dulbecco’s modified Eagle medium (DMEM)
94 containing 10% fetal bovine serum (FBS, Biological Industries, USA) and 1%
95 penicillin/streptomycin solution in a humidified incubator containing 5% CO₂ and 95% air at
96 37°C. HL-1 cells were allowed to grow to approximately 85% confluence and were then

97 incubated for an additional 24 h under starvation conditions (without FBS). The cells were then
98 treated with different concentrations of AngII (0.1, 1 and 10 μ M, MedChemExpress, NJ, USA)
99 alone or in combination with apelin-13 (10, 100 and 1000 nM, Santa Cruz Biotechnology, USA,
100 for 48 h. Simultaneously, cells were treated with 10 μ M compound C, dissolved in PBS,
101 MedChemExpress), or the autophagy agonist rapamycin (MedChemExpress), dissolved in
102 dimethyl sulfoxide (DMSO) and then diluted in high-glucose DMEM to a final concentration of
103 10 nM. The concentration of DMSO in cell medium was 1%, which had no influence on cell
104 viability. All drugs were freshly dissolved before each experiment.

105 **Measurement of cell size**

106 Upon reaching approximately 60% confluence, HL-1 cells on slides were washed twice with
107 PBS at 37°C. The cultured cells were then fixed with 4% formaldehyde for 10 min at room
108 temperature. After three washings, the cells were treated with 0.5% triton x-100 for 5 min at
109 room temperature. After washing three more times, the cells were incubated with 200 μ l FITC-
110 phalloidin diluted in 1% bicinchoninic acid (BCA, Solarbio, Beijing, China) for 30 min at 37°C.
111 Finally, the cells were lightly washed and incubated with DAPI for approximately 30 s. A
112 fluorescence microscope was used to visualize and photograph the HL-1 cells. Image J software
113 was used to calculate the HL-1 cell surface area in each group.

114 **Immunofluorescence staining**

115 After treatment, the cells in each group were washed with 1 \times PBS three times and then fixed
116 with 4% formaldehyde for 15 min at room temperature. The cells were washed in PBS, blocked
117 with 5% goat serum for 1 h and incubated with a Cx43 antibody (1:100 dilution, ABclonal,
118 Wuhan, China) overnight at 4°C temperature. After three washes with PBS the following day,
119 the cells were incubated with a secondary fluorescent antibody diluted 1:500 for 1 h. The cells

120 were then washed again, and DAPI was incubated with the cell nuclei for approximately 15 min.
121 Finally, the cells were visualized under a fluorescence microscope.

122 ***Western blot analysis***

123 After harvesting HL-1 cells, proteins were isolated by incubating in RIPA lysis buffer for
124 approximately 30 min on ice. The resulting protein lysate was centrifuged at 12,000 g for 10
125 min. The BCA assay was used to measure the protein concentrations in each group, and 30–60
126 μg protein were resolved by 10% sodium dodecyl sulfate polyacrylamide gel electrophoresis.
127 The separated proteins were then transferred to polyvinylidene difluoride membranes. The
128 membranes were blocked using 5% non-fat dry milk or 5% bovine serum albumin for 2 h at
129 room temperature and incubated overnight at 4°C with primary antibodies against Cx43 (1:1000,
130 Cell Signaling Technology), LC3B (1:1000, Cell Signaling Technology), p-AMPK, AMPK
131 (1:1000, Sangon Biotech, Shanghai, China), mTOR (1:1000, Sigma-Aldrich) and B-type
132 natriuretic peptide (BNP) (1:1000, Wanleibio, Shengyang, China). GAPDH was used as a
133 loading control (1:3000, Sigma-Aldrich) in each case. The following day, the membranes were
134 washed with TBST for 30 min and then incubated with HRP secondary antibodies for 2 h at
135 room temperature. After three 10-min washes with TBST, the membranes were treated with an
136 enhanced chemiluminescence kit and exposed to X-ray films. Image J software 6.0 was used to
137 quantify all protein bands.

138 **Statistical analysis**

139 The data are expressed as means \pm standard error (SEM). Comparisons among groups were
140 evaluated using one-way analysis of variance (ANOVA) followed by the Student–Newman–
141 Keuls test. Prism GraphPad 6.0 software (GraphPad Software Inc., San Diego, CA, USA) was
142 used for the data analysis. p value <0.05 was considered to represent statistical significance.

143

144 **Results**

145 **Apelin-13 restored the Cx43 downregulation induced by AngII in HL-1 cells**

146 Cells were separately treated with AngII (0.1, 1 and 10 μ M)(Fig. 1A) and apelin-13 (10, 100 and
147 1000 nM)(Fig. 1B) for 48 h. Treatment with 10 μ M AngII alone resulted in significant
148 downregulation of Cx43 expression. Whereas treatment with apelin-13 alone at each
149 concentration resulted in no change in Cx43 expression, when co-treated with 10 μ M AngII for
150 48 h, apelin-13 reversed the decrease in Cx43 induced by AngII. This protective effect of apelin-
151 13 occurred in a concentration-dependent manner, peaking at 100 nM (Fig. 1C).

152 **Compound C and rapamycin inhibited AMPK expression and abolished the protective** 153 **effect of apelin-13**

154 As we found that apelin-13 had a stimulatory effect on AMPK expression, AMPK expression
155 was measured in cells treated with compound C, an AMPK inhibitor, as a negative control.
156 Rapamycin, a common activator of autophagy and inhibitor of mTOR activity, was also used to
157 investigate the correlation between AMPK expression and autophagy. Under treatment with
158 AngII and apelin-13, cells were additionally treated with compound C (10 μ M) and rapamycin
159 (10 nM) for 48 h, and the expression of AMPK was assessed by Western blot analysis. The
160 results showed that both compound C and rapamycin significantly decreased AMPK expression,
161 which was prevented by apelin-13 (Fig. 2A).

162 **Apelin-13 promoted autophagy via the AMPK/mTOR signaling pathway**

163 To assess the effect of apelin-13 on autophagic activation in HL-1 cells and the role of the
164 AMPK/mTOR signaling pathway in this effect, rapamycin (10 nM) and compound C (10 μ M)
165 were used to disrupt AMPK/mTOR signaling, and the expression of mTOR and the autophagic

166 marker LC3 was examined.(Figs. 2B, C). Compared with AngII treatment alone, the expression
167 of mTOR was decreased and that of LC3 increased in cells treated with both AngII and apelin-
168 13. Remarkably, activation of autophagy was further promoted by rapamycin, as indicated by
169 decreased mTOR expression and increased LC3II expression. However, compound C prevented
170 apelin-13-induced autophagic activation, according to increased mTOR expression and
171 decreased LC3II expression

172 **Apelin-13 reversed AngII-induced downregulation of Cx43 expression and distribution**
173 **via the AMPK/mTOR signaling pathway**

174 Apelin-13 prevented the downregulation of Cx43 expression induced by AngII. (Fig. 3A)
175 Compound C and rapamycin were used to determine whether this effect is mediated by the
176 AMPK/mTOR signaling pathway. Cell immunofluorescence was also used to visualize the
177 distribution and expression of Cx43 under the same treatment (Fig. 3B.C). Compared with
178 AngII and apelin-13 treatment, adding additional compound C (10 μ M) or rapamycin (10 nM)
179 decreased Cx43 expression and distribution, and rapamycin had a greater effect than compound
180 C. These data further supported the correlation between Cx43 expression and AMPK/mTOR
181 signaling pathway .

182 **Rapamycin reversed the downregulation of BNP and cell hypertrophy induced by apelin-**
183 **13**

184 The protein level of BNP was measured to assess HL-1 cell hypertrophy,(Fig. 4A) and cell
185 immunofluorescence using FITC-phalloidin was performed to assess cytoskeletal structure. (Fig.
186 4B.C)Western blot analysis showed that apelin-13 decreased the expression of BNP, which was
187 highly increased by rapamycin. Cellular staining with FITC-phalloidin revealed that the effect

188 of apelin-13 on cell size was reversed by rapamycin. However, compound C had no apparent
189 effect .

190

191 **Discussion**

192 Our study investigated the effects of apelin-13 on Cx43 expression and autophagy induced by
193 AngII and on the AMPK/mTOR signaling pathway, as the potential mechanism. The results
194 demonstrated the following: 1) apelin-13 accentuated the AngII-induced decrease in Cx43
195 expression in HL-1 cells; 2) apelin-13 reversed the AngII-induced decrease in AMPK
196 expression in HL-1 cells; 3) AMPK/mTOR signaling mediated the protective effect of apelin-13
197 on Cx43 expression and distribution, and induction of autophagy reversed this effect; 4)
198 AMPK/mTOR signaling mediated the increase in autophagy induced by apelin-13; and 5)
199 apelin-13 prevented the AngII effects on cell hypertrophy, according to BNP expression, and
200 cell size, but induction of autophagy reversed these effects.

201 AngII participates in a variety of cardiovascular pathophysiological processes that can lead to
202 cardiac arrhythmia, including fibrosis, inflammation, vasoconstriction, cardiac hypertrophy,
203 oxidative stress, ion channel dysfunction and ID protein remodeling (V.L Laura et al. 2019). AF
204 is the most common tachyarrhythmia in clinical practice, causing increased mortality and
205 morbidity, and it has a major economic burden (Heijman et al. 2015). Activation of the renin–
206 angiotensin system increased the level of AngII in heart tissue and promoted the development of
207 AF (C.T Tsai et al. 2008). Researchers have developed a model of AF triggered by AngII in
208 mice, and multiple signaling pathways that stimulate atrial fibrosis, inflammation and oxidative
209 stress, leading to AF inducibility, have been discovered (Li et al. 2018). Some studies have used
210 AngII to generate a model of cardiac remodeling in HL-1 cells (*Miteva et al.2016*). Accordingly,

211 we chose to also use these murine atrial myocytes, which have differentiation potential and
212 maintain spontaneous depolarization, as a model of cell remodeling induced by AngII.
213 Cx43 is an important component of Intercalated disc protein and has been investigated
214 extensively in the cardiac system. Recent studies discovered that Cx43 abnormal remodeling
215 promoted the development of AF in guinea pig hearts, and the same was found in AF patients
216 (Shinohara et al. 2017, Nagibin et al. 2016). This indicates that abnormalities in connexin
217 expression and distribution, as factors involved in atrial remodeling, play an important role in
218 AF and may be a potential therapeutic target for AF-induced atrial remodeling. Cx43 expression
219 was decreased by AngII in a concentration-dependent manner, and this effect was prevented by
220 addition of apelin-13.

221 Apelin, a peptide released from adipose tissue provides a protective effect in many
222 physiological processes (Sörhede et al. 2005). With direct effects on cardiomyocyte contractility
223 and electrophysiology, apelin is increasingly being regarded as an important regulator of
224 cardiovascular homeostasis (Eavkasfalvi et al. 2007). A recent study revealed that the rate of AF
225 was three times higher in patients with low than in those with high apelin levels (Falcone et al.
226 2010). Thus, apelin may have potential predictive and therapeutic effects on AF. Rrecent study
227 showed that AngII-mediated cardiac dysfunction, hypertrophy and fibrosis were augmented in
228 apelin knockout mice (Teruki et al. 2019). The apelin gene encodes a 77-amino-acid pre-
229 propeptide, which can be cleaved into different bioactive apelin peptides, including apelin-36,
230 apelin-17 and apelin-13, with apelin-13 being predominant in the heart (Chaves et al. 2015).
231 Increased expression of Cx43 induced by apelin has been found in both mouse and human
232 cardiac embryonic stem cells (Wang et al. 2017). However, it remains unclear whether apelin-13
233 can prevent the atrial Cx43 remodeling induced by AngII. We treated HL-1 cells with different

234 concentrations of apelin-13 alone, Western blot analysis showed that the change of Cx43
235 expression was not obvious. But treated with apelin-13 and AngII together, apelin-13
236 significantly increased the downregulation of cx43 expression induced by AngII .

237 Ye et al. demonstrated that overexpression of apelin abolished the cardiac hypertrophy
238 induced by AngII in cultured cardiomyocytes (Ye et al. 2015). A recent study indicated that in
239 AF patients, cardiac production and the circulating level of BNP were increased, and chronic
240 BNP therapy prevented atrial electrical remodeling in both rabbits with rapid atrial pacing and
241 HL-1 cells with rapid field stimulation (Zhao et al. 2019). However, the functional significance
242 of BNP in HL-1 cell remodeling remains to be determined. Accordingly, cell
243 immunofluorescence using FITC–phalloidin was performed to visualize the cytoskeleton of HL-
244 1 cells to determine cell size. We measured the BNP level and performed fluorescence staining
245 in HL-1 cells and found that apelin-13 could decrease the expression of BNP and cell
246 hypertrophy induced by AngII, and that autophagy may play an important role.

247 Studies have shown that autophagy has different effects in different situations, having either a
248 pro-survival or pro-death effect (Azad et al. 2008). A recent study showed that suppression of
249 autophagy may be a promising target in atrial fibrosis and AF (Aongjie et al .2020). Studies
250 have indicated that Cx43 remodeling is one of the most important processes in atrial remodeling
251 and is also likely to be associated with autophagy, but the mechanism requires further study.
252 Thus, we attempted to identify the mechanism linking Cx43, autophagy and hypertrophy.

253 Although numerous studies have demonstrated that AMPK-related signaling pathways are
254 involved in AngII-induced inflammation in HL-1 cells (Nami et al. 2017), little is known about
255 AngII-induced Cx43 remodeling in HL-1 cells. Our results confirmed that apelin-13 increased
256 AMPK expression, and that compound C reverses this effect. AMPK/mTOR is a major pathway

257 regulating autophagy, thereby affecting cell survival and death. The protective effect of apelin-
258 13 on Cx43 remodeling induced by high glucose was shown to be dependent on the
259 AMPK/mTOR pathway. The AMPK pathway affects Cx43 remodeling, but its effect on AngII-
260 induced Cx43 remodeling in HL-1 cells has not been investigated. In our study, compound C
261 (AMPK inhibitor) and rapamycin (mTOR inhibitor) were co-treated with apelin-13 to determine
262 whether apelin-13 has a protective or inhibitory effect on AngII-induced Cx43 expression and
263 cell hypertrophy. Our results indicated that apelin-13 has a protective effect on Cx43 expression,
264 cell hypertrophy and autophagy development. Compound C inhibits AMPK activity and the
265 protective role of apelin-13 in Cx43 expression. To evaluate autophagic flux, we used LC3II,
266 which plays a critical role in macroautophagy and is considered a suitable marker of autophagy.
267 LC3II expression was inhibited by compound C, suggesting that AMPK pathway is involved in
268 autophagy activation. However, rapamycin, which inhibits mTOR activity, stimulated
269 autophagy and increased LC3II expression, which could further inhibit Cx43 and AMPK
270 expression and promote cell hypertrophy. These results suggest that increased autophagy has
271 decreasing Cx43 expression and promotes cell hypertrophy.

272 **Conclusion**

273 AngII decreased Cx43 expression and distribution, stimulated autophagic flux and increased the
274 hypertrophy of HL-1 cells . However, apelin-13 via AMPK/mTOR pathway reversed the
275 AngII-induced effects on Cx43 downregulation and cell hypertrophy in HL-1 cells and further
276 increased autophagy, which in turn inhibited Cx43 expression and promoted cell hypertrophy.
277 Thus, it's promising that apelin-13 may be a potential agent in prevention or treatment of AF in
278 the futhure.

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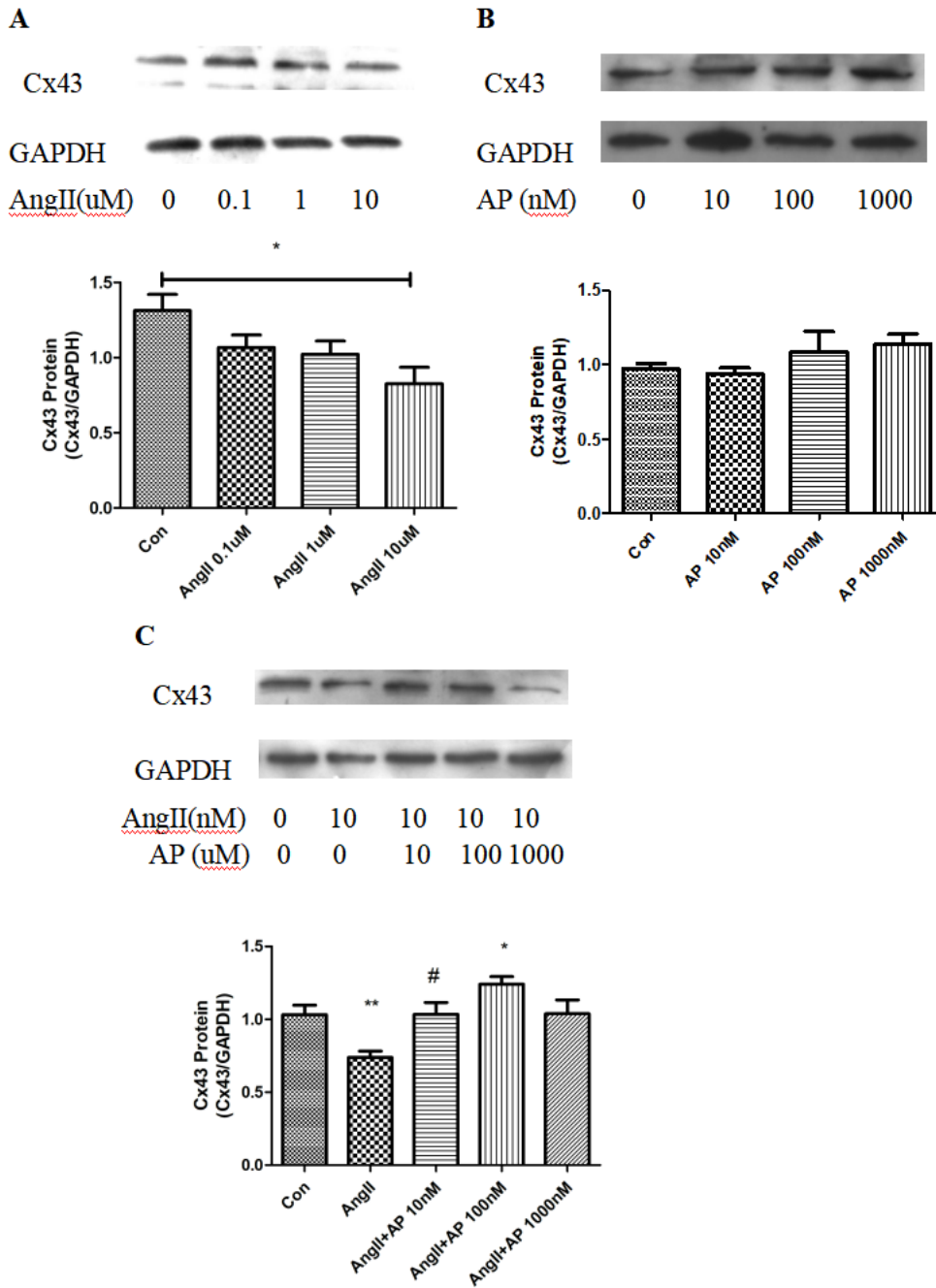
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382 **Figure Legends**



383

384 **Figure 1. Effect of AngII and apelin-13 on Cx43 expression in HL-1 cells.** AngII (10 μM, 48

385 h) downregulated Cx43 expression (A), whereas apelin-13 (100 nM, 48 h) had no significant

386 effect on Cx43 expression at the various concentrations used (B). Subsequent incubation with

387 both AngII and apelin-13 restored the Cx43 downregulation induced by AngII (C). Control:
388 normal incubation; AngII: angiotensin II; AP: apelin-13. n=5; ** $p < 0.01$, vs control; * $p < 0.05$, vs
389 AngII; # $p < 0.05$, vs AngII.

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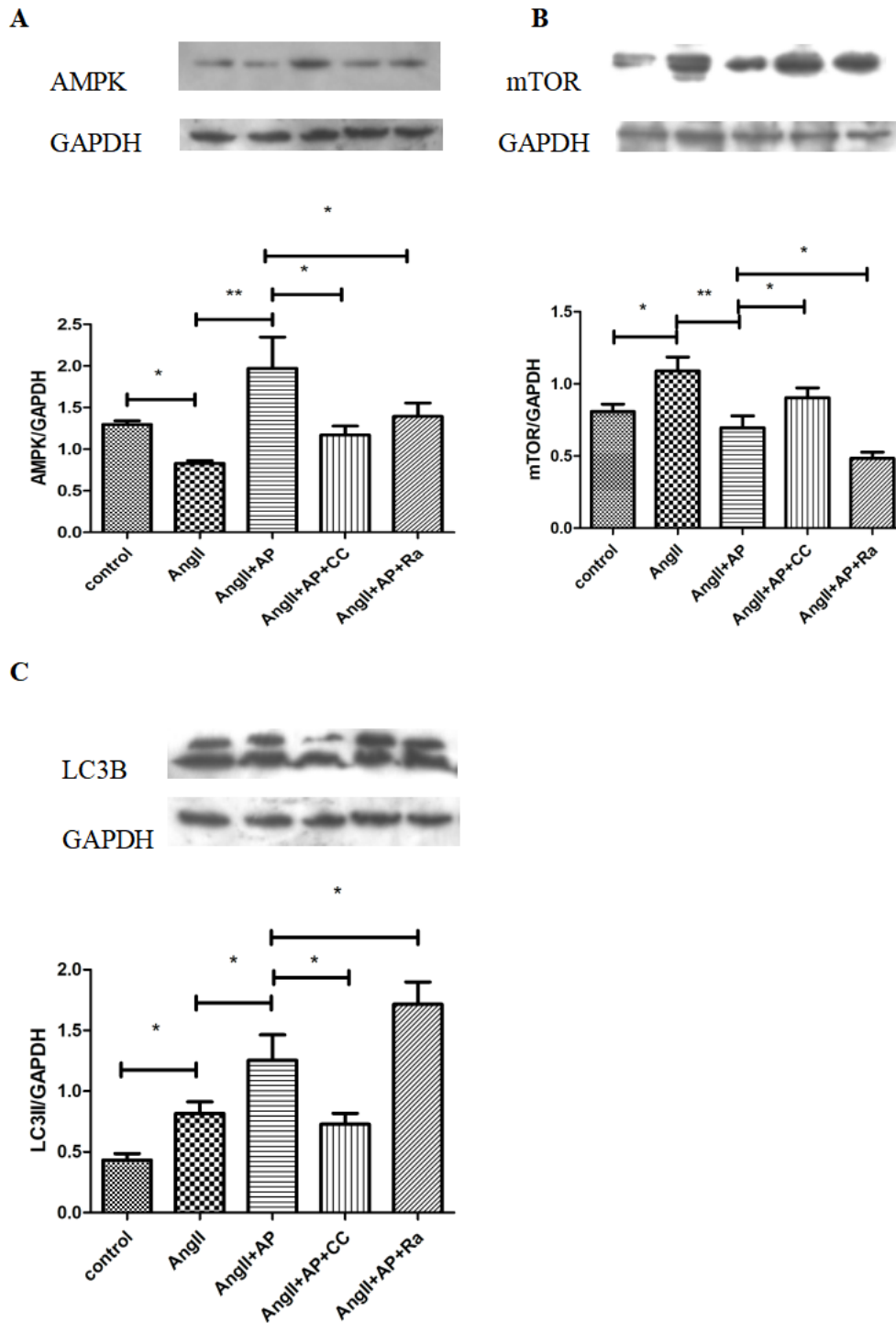
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404 **Figure. 2. The AMPK/mTOR signaling pathway was involved in autophagy of HL-1 cells.**

405 Compared with the control group, the expression of AMPK decreased(A) but mTOR(B) and

406 LC3II(C) increased with AngII alone, whereas addition of AP reversed those change. Under

407 treatment with AngII+AP, adding CC or Ra downregulated AMPK expression. mTOR
408 expression increased with the addition of CC but decreased with the addition of Ra while LC3II
409 expression decreased with the addition of CC but increased with the addition of Ra. CC:
410 CompoundC; Ra: Rapamycin; n=6; * $p < 0.05$; ** $p < 0.01$.

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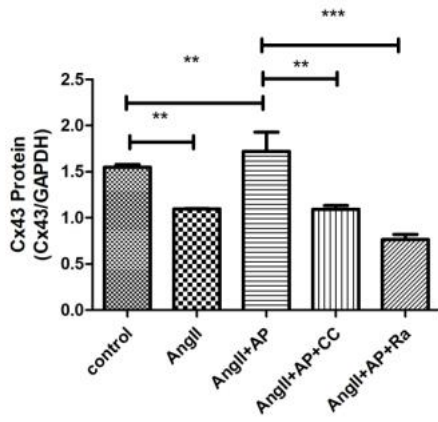
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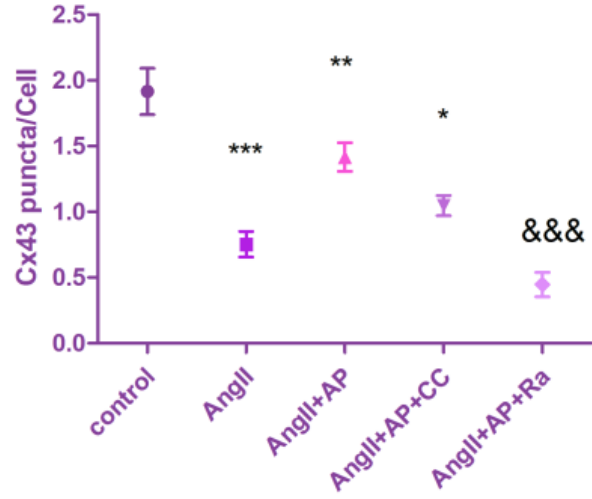
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A.



B.



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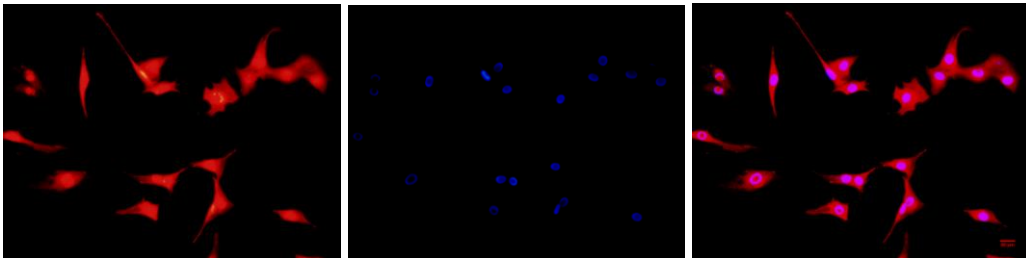
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C.

Cx43

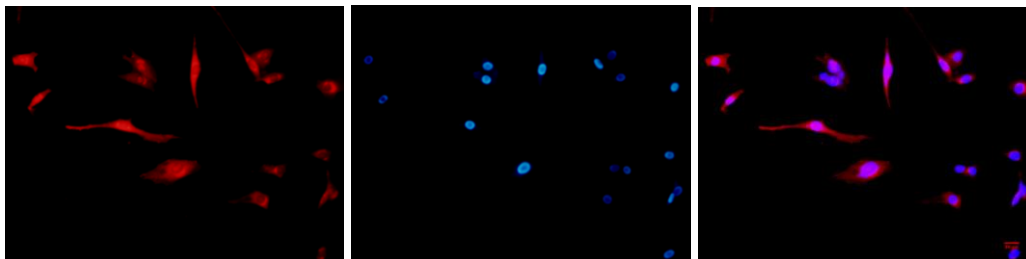
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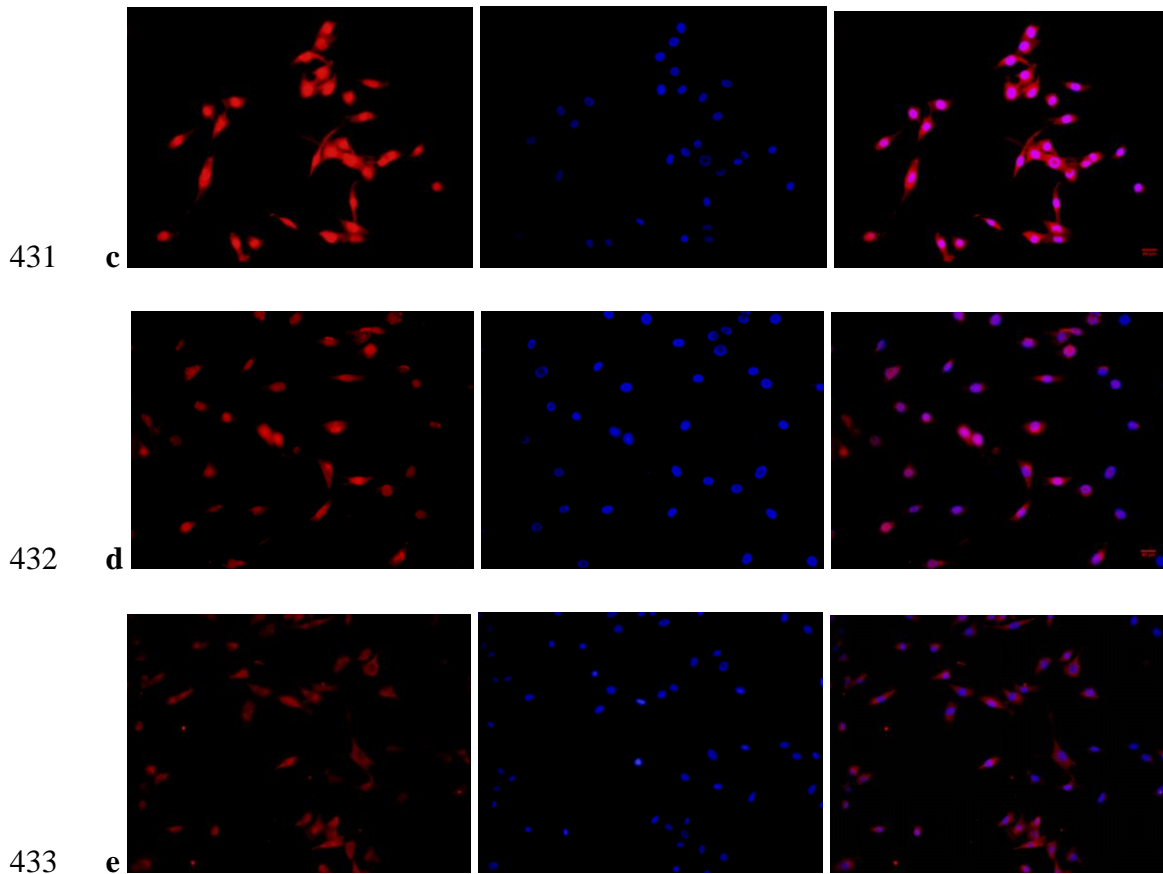
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a



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b



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435 **Figure 3. The effects of compound C and rapamycin on Cx43 expression and distribution.**

436 Cx43 expression and distribution in HL-1 cells was determined by cell immunofluorescence and

437 Western blot analysis. (A) Compared with the control group, Cx43 expression and distribution

438 in the AngII group was decreased, whereas addition of apelin-13 restored Cx43 expression.

439 Under the treatment of AngII and apelin-13, adding CC or Ra downregulated the expression and

440 distribution of Cx43. (B, C) n=6; * $p < 0.05$ vs. AngII+AP; ** $p < 0.01$ vs. AngII; *** $p < 0.001$ vs.

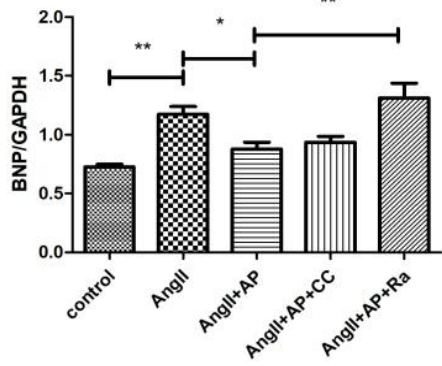
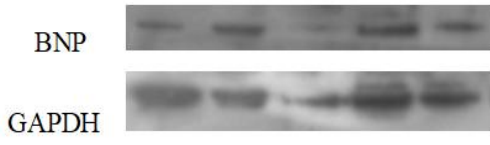
441 Control; &&& $p < 0.001$ vs. AngII+AP.

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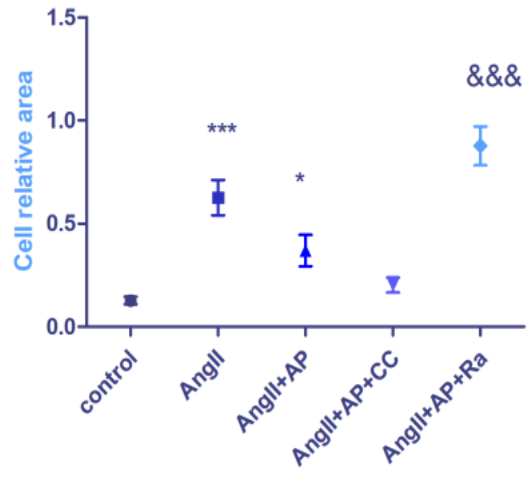
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A.



B.



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447 C.

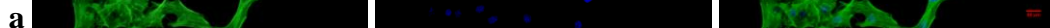
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Cx43

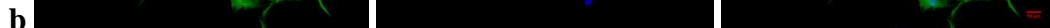
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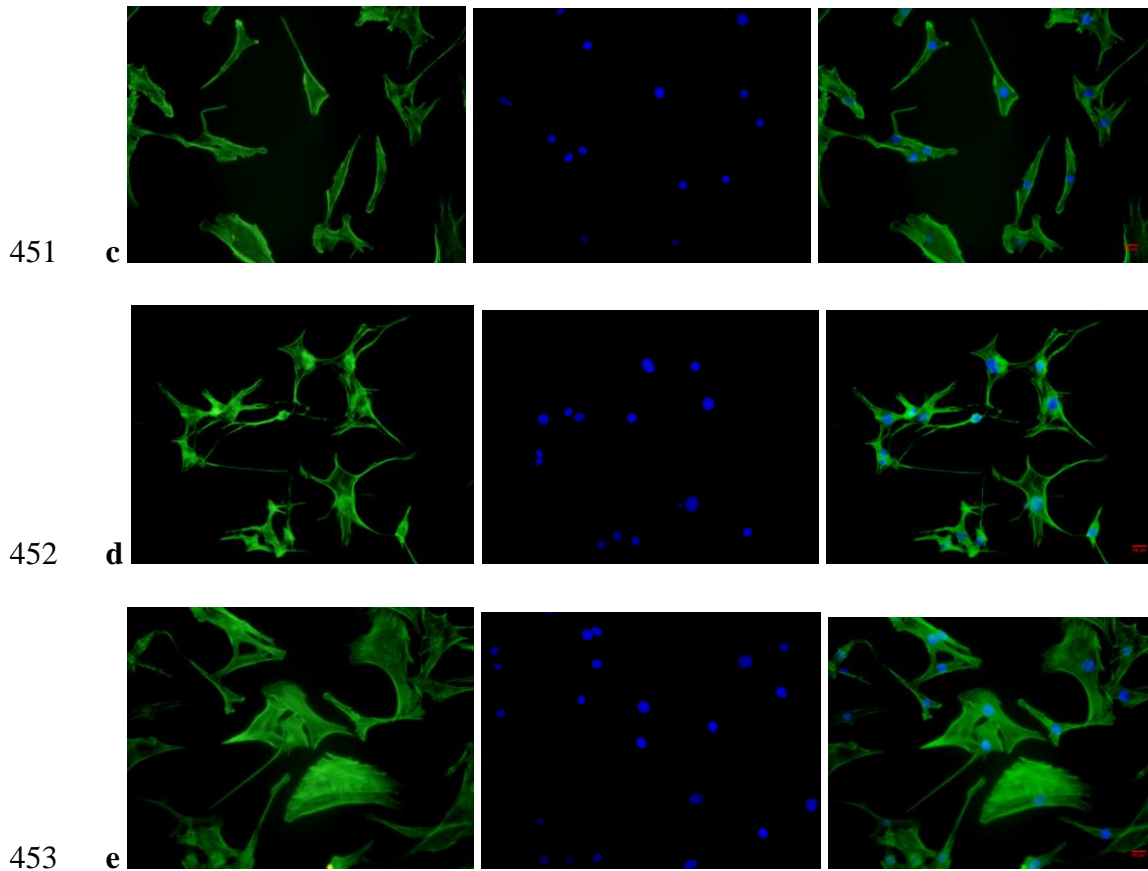
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455 **Figure 4. The effects of compound C and rapamycin on BNP expression and HL-1 cell size.**

456 Compared with the control group, the expression of BNP (A) and cell size (B.C) were increased

457 in AngII group but significantly decreased in the AngII+AP group. Addition of Ra in the

458 AngII+AP group reversed the downregulation of BNP expression and cell size, whereas CC did

459 not significantly affect either BNP expression or cell size. n=6; a: control; b: AngII; c:

460 AngII+AP; d: AngII+AP+CC; e: AngII+AP+RA; *** $p < 0.001$ vs. control; * $p < 0.05$ vs. AngII;

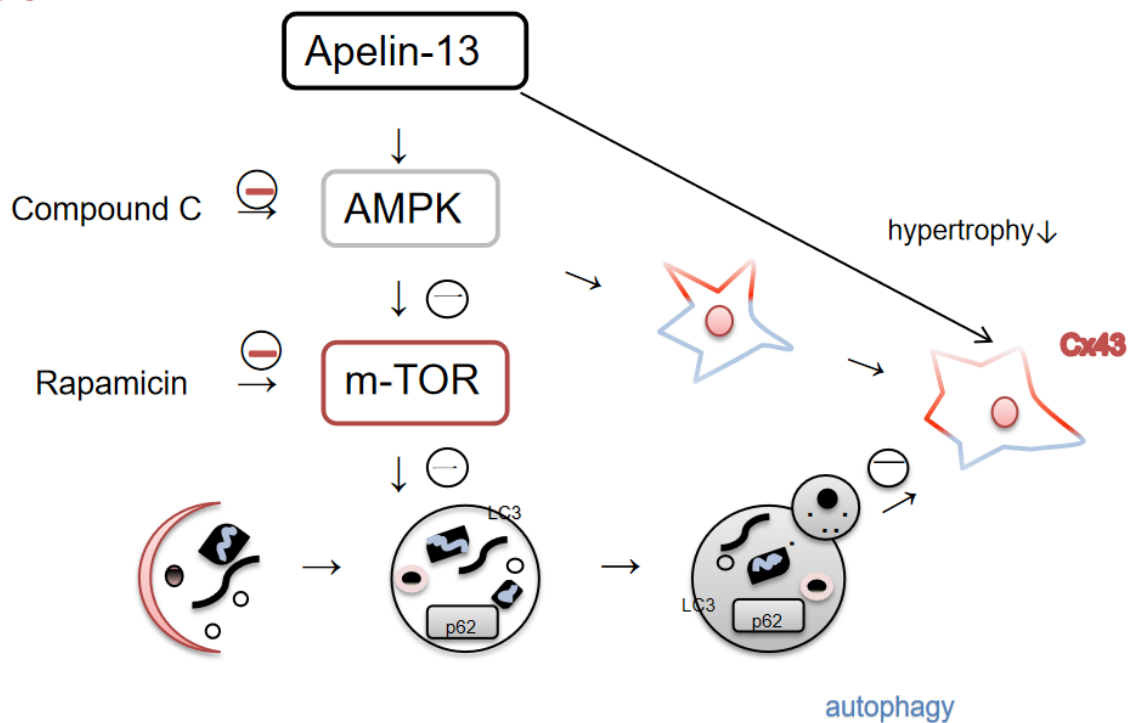
461 &&& $p < 0.001$ vs. AngII+AP.

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HL-1



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467 **Fig.5. Functional pathway diagram.** Schematic representation showing that apelin-13
 468 stimulated the AMPK/mTOR signaling pathway to increase autophagy and Cx43 expression but
 469 decreased cell hypertrophy in HL-1 cells. Additionally, increased autophagy decreased the
 470 expression of Cx43 and promoted cell hypertrophy.