

Physiological Research Pre-Press Article

1 **Title:**

2 Sex difference in plasma deoxyribonuclease activity in rats

3 **Short title:**

4 DNase activity sex difference

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23 **Summary**

24 Extracellular DNA (ecDNA) activates immune cells and is involved in the pathogenesis of diseases associated
25 with inflammation such as sepsis, rheumatoid arthritis or metabolic syndrome. DNA can be cleaved by
26 deoxyribonucleases (DNases), some of which are secreted out of cells. The aim of this experiment was to
27 describe plasma DNase activity in relation to extracellular DNA in adult rats, to analyse potential sex differences
28 and to prove whether they are related to endogenous testosterone. Adult Lewis rats (n=28) of both sexes were
29 included in the experiment. Male rats were gonadectomized or sham-operated and compared to intact female
30 rats. Plasma ecDNA and DNase activity were measured using fluorometry and single radial enzyme diffusion
31 assay, respectively. Concentrations of nuclear ecDNA and mitochondrial ecDNA were determined using real-
32 time PCR. Females had 60% higher plasma DNase activity than males (p=0.03). Gonadectomy did not affect
33 plasma DNase in males. Neither the concentration of total ecDNA, nor nuclear or mitochondrial DNA in plasma
34 differed between the groups. No significant correlations between DNase and ecDNA were found. From previous
35 studies on mice, it was expected, that male rats will have higher DNase activity. In contrast, our study in rats
36 showed the opposite sex difference. This sex difference seems not to be caused by endogenous testosterone.
37 Interestingly, no sex differences were observed in plasma ecDNA suggesting a complex or missing association
38 between plasma ecDNA and DNase. The observed sex difference in plasma DNase should be taken into account
39 in animal models of ecDNA-associated diseases.

40

41 Key words: cell-free DNA, nuclease activity, NETosis, experimental animals

42

43 **Introduction**

44 Extracellular DNA (ecDNA) is a term covering all DNA molecules outside of cells. Intracellular nucleic acids
45 can be released from cells during apoptosis or necrosis [1]. A characteristic feature of ecDNA is the specific
46 pattern of fragmentation. The average fragment length is approximately 166 bp. It is thought to represent the
47 length of a single turn of DNA wrapped around histones [2]. EcDNA can originate from nucleus or mitochondria
48 and both can cause an activation of immune cells via Toll-like receptor 9 signalisation, but also other DNA
49 sensors [3].

50 Deoxyribonucleases (DNases) are enzymes which can cleave DNA. Activity of these enzymes depends on their
51 expression and, thus, quantity, but also on the presence of activators and inhibitors such as divalent ions of
52 calcium and magnesium or actin, respectively. DNase I is secreted outside of cells, where it can cleave ecDNA.
53 In animal models of diseases such as ischemic-reperfusion injury, liver failure, sepsis and colitis, exogenous
54 DNase I helps to prevent tissue damage and improves survival [4-7]. The positive effects of DNase I
55 administration are likely mediated by the cleavage of the DNA mesh in neutrophil extracellular traps preventing
56 further inflammation and coagulation [8]. Sex differences in disease severity were described in a model of liver
57 failure with male rats having a worse prognosis [9]. Understanding these differences and the underlying
58 mechanisms potentially involving DNase is crucial when selecting a disease model, model organism and
59 translating the results to humans.

60 Sex differences were identified in DNase activity in some tissues in mice but not yet in rats [10]. There are
61 several possible explanations why there are sex differences in DNase activity. Sex hormones may be responsible
62 for the regulation of DNase production or activity. Body composition might be responsible for sex differences in
63 ecDNA or DNase activity. The higher body fat has a partial association with higher ecDNA concentration [11].
64 The reason might be the sex difference in ecDNA removal. Sex differences were observed in brain damage and
65 subsequent behavioral impairments in both, mice, and rats [12,13]. The causes and consequences of these sex
66 differences are unknown. As ecDNA is involved in the pathogenesis of autoimmune diseases, sepsis and other
67 pathologies, sex differences in ecDNA or DNase could be of importance for the understanding of sex differences
68 in disease risk in humans or variability in disease models in experimental animals. Therefore, our aim was to
69 describe plasma DNase activity and ecDNA in plasma of adult male and female rats. In addition, using castration
70 we wanted to prove whether the expected sex differences are due to the action of androgens.

71

72 **Methods**

73 **Animals and procedures**

74 The experiment was approved by the local Ethics Committee of the Institute of Molecular Biomedicine. All
75 experiments were performed in accordance with the national legislation. All surgery was performed under
76 ketamine: xylazine anaesthesia cocktail and all efforts were made to minimize suffering. Twenty-eight healthy
77 adult Lewis rats (Anlab, Prague, Czech Republic) of both sexes were included in experimental procedures and
78 were housed under standard condition with stable temperature, 12/12-hour light/dark cycle and *ad libitum* access
79 to standard pellet diet (KMK20, EYPY, Czech republic) and water. The animals were divided into 3 groups:
80 control males which were sham-operated, gonadectomized males and control females. Rats were
81 gonadectomized or sham operated on postnatal day 29-31. At the age of 18 months blood was collected into
82 both, EDTA- and heparin-containing tubes from the aorta in ketamine: xylazine anaesthesia. Blood was
83 centrifuged at 2000g for 5 min. EDTA plasma was centrifuged again to remove cell debris at 16000g for 10 min
84 at 4°C. The supernatant of plasma samples was stored at -20°C until analysis.

85 **Testosterone measurement**

86 Testosterone concentration in plasma was measured using a commercially available ELISA kit (DRG
87 Diagnostic, Marburg, Germany) to confirm the effect of castration. Measurement was carried out according to
88 the standard protocol provided by the manufacturer.

89 **DNase activity measurement**

90 DNase activity was measured in heparin plasma using the modified single radial enzyme diffusion assay. Briefly,
91 agarose gels were prepared with final concentration of solutes: 1 mM CaCl₂, 1 mM MgCl₂ and DNA isolated
92 from rat liver (0.5 mg/ml). Ethidium bromide was replaced with the fluorescent dye Goodview (SBS Genetech,
93 Beijing, China). DNase activity was recalculated based on serial dilutions of RNase-free DNase I (Qiagen,
94 Hilden, Germany). After 18 hours of incubation, gels were scanned using iBOX (Vision works LP Analysis
95 Software, UVP, Upland, CA, USA). Diameters of cleared circles on the gel were measured using ImageJ
96 software.

97 **Quantification of extracellular DNA**

98 EDTA plasma was used for the isolation of ecDNA using the QIAamp DNA Blood Mini kit (Qiagen, Hilden,
99 Germany). Concentration of ecDNA was measured using a fluorometric method with the Qubit 3.0 fluorometer
100 and Qubit dsDNA HS kit (Thermo Fisher Scientific, Waltham, MA, USA). Quantification of DNA using PCR
101 was conducted for both, nuclear and mitochondrial DNA. PCR was performed on the Mastercycler realplex 4
102 (Eppendorf, Hamburg, Germany). The reaction was carried out with 7.5 µl of SYBR Green master mix (Qiagen,
103 Hilden, Germany), 0.3 µl of forward primer (10 µM), 0.3 µl of reverse primer (10 µM), 3.9 µl of millipore water
104 and 3 µl of template. For nuclear DNA (ncDNA) forward 5'- GAAATCCCCTGGAGCTCTGT -3' and reverse
105 5'- CTGGCACCCAGATGAAATGTG -3' primers (GADPH) [14], for mitochondrial DNA (mtDNA) forward- 5'-
106 CCT CCC ATT CAT TAT CGC CGC CCT TGC -3' and reverse 5'-GTC TGG GTC TCC TAG TAG GTC TGG
107 GAA-3' primers (211 bp mitochondria fragment) [15] (Eurofins Genomics, Ebersberg, Germany) were used. The
108 PCR program consisted of initial DNA denaturation at 95°C for 15 min, 40 cycles of denaturation at 94°C for 15
109 sec, annealing at 60°C for 30 sec and elongation at 72°C for 30 sec followed by melting curve analysis to
110 confirm specificity of the PCR. Analysis of distribution of ecDNA fragments length of selected samples from
111 males and castrated males was done using capillary electrophoresis and the BIABooster technology (Adelis,
112 Grabels, France) [16].

113 **Statistics**

114 Data were analysed using GraphPad Prism 6 (La Jolla, CA, USA). Comparison of groups was carried out using
115 ANOVA with Bonferroni corrected t-test. Correlation analysis was conducted with the Pearson correlation test.
116 P-values less than 5% were considered significant. Results are presented as mean + standard deviation.

117

118 **Results**

119 Plasma testosterone was 0.85 ± 0.24 nmol/l in females and in 4.71 ± 2.95 nmol/l males ($t=6.76$, $p<0.001$)
120 confirming the physiological sex difference. Males after castration had testosterone concentrations of 0.68 ± 0.18
121 nmol/l which is significantly lower in comparison to control males ($t=6.72$, $p<0.001$) and similar to females.

122 A sex difference in DNase activity was found in plasma. Female rats had on average 60% higher average DNase
123 activity compared to control male rats. There was no difference in DNase activity between control males and
124 castrated males ($F=3.87$, $p=0.03$; females vs males $t=2.66$ $p=0.03$, males vs castrated males $t=0.31$ $p>0.99$)
125 (Figure 1A).

126 Concentration of total plasma ecDNA was measured in castrated males, control males and control females. No
127 differences between groups were observed in concentrations of total ecDNA ($F=0.57$, $p=0.57$) (Figure 1B).
128 Quantification of ecDNA by PCR also showed no sex difference. Groups did not differ in plasma ncDNA
129 ($F=0.12$, $p=0.89$) or mtDNA ($F=1.90$, $p=0.17$) (Figure 1C+D). High interindividual variability was observed in
130 both, ncDNA (CV: 107%) and mtDNA (CV: 103%). Fragmentation analysis of ecDNA showed no difference in
131 ecDNA size profile between males and castrated males. In both groups the highest peak was around 100-200 bp
132 length with similar distribution of DNA fragments between the groups (Interaction: $F=0.02$, $p>0.99$; Fragment
133 length: $F=15.01$, $p<0.001$; Groups: $F=0.06$; $p=0.81$, Figure 1E).

134 No significant correlation of DNase activity with total ecDNA in plasma was found ($r=-0.56$, $p=0.09$, Figure
135 2A). Similarly, no correlations of DNase activity and ncDNA ($r=-0.61$, $p=0.08$, Figure 2B) or mtDNA were
136 found ($r=-0.36$, $p=0.31$, Figure 2C). In male rats, concentration of ecDNA and DNase activity did not correlate
137 ($r=0.10$, $p=0.75$, Figure 2D). No association was found for DNase activity and mtDNA ($r=0.11$, $p=0.72$, Figure
138 2E) or ncDNA in male rats ($r=-0.37$, $p=0.24$, Figure 2F). DNase activity did not correlate with ecDNA in
139 castrated male rats ($r=0.18$, $p=0.64$, Figure 2G). A correlation was not observed between DNase activity and
140 neither ncDNA ($r=0.13$, $p=0.74$, Figure 2H) nor mtDNA in castrated males ($r=0.55$, $p=0.13$, Figure 2I).

141

142 **Discussion**

143 In our study, we have found a sex difference in plasma DNase activity in rats. Surprisingly, female rats had
144 higher DNase activity compared to male rats. The opposite sex difference was expected based on the study
145 where higher DNase activity was observed in liver, kidney and urine from male mice [10]. It is clear that there
146 are major interspecies differences in DNase activity in plasma [17]. The origin of plasma DNase activity should
147 be understood before further animal experiments testing the effects of exogenous or endogenous DNase on
148 models of human diseases are conducted.

149 No differences between groups were observed in ecDNA of any subcellular origin. However, the concentrations
150 of ecDNA, ncDNA and mtDNA showed high interindividual variability. Interestingly, no association was found
151 between plasma DNase activity and ecDNA quantified using two different methods – spectrofluorometry and
152 PCR. This could be explained by the fact that total DNA measured spectrofluorometrically includes short
153 fragments that are not identified using real time PCR. It is unclear whether these short fragments are of
154 biological importance. It is expected that concentration of ecDNA in plasma can be to some degree affected by
155 DNases. Our results show that there is no simple linear negative association between ecDNA and DNase. This
156 could be explained by the likely protection of plasma ecDNA by nucleosomes, which might be of importance
157 especially for ncDNA [18]. On contrary, mtDNA does not interact with histones, but in our study mtDNA does
158 not correlate with DNase activity either. One of recent reports suggests that plasma ecDNA could be hidden in
159 extracellular vesicles such as exosomes, which might protect both, ncDNA and mtDNA from degradation by
160 plasma DNase activity [19]. Whether this is true for plasma DNA of experimental animals is currently not clear.

161 Research of ecDNA is focusing mostly on diagnostic applications, but relatively little is known about its biology,
162 for example the sources of variability of its concentrations in plasma. On the other hand, the quantity of plasma
163 ecDNA is being tested as a potential disease marker e.g. in sepsis [20]. Free ecDNA outside of exosomes and
164 free from histones and other DNA-binding proteins could be cleaved by plasma DNase. However, a single study
165 describing the relationship between concentration of ecDNA and DNase activity showed that DNase I knock-out
166 mice do not have altered fragmentation of ecDNA in plasma [21]. Our results confirm this finding and show that
167 there is no linear association between ecDNA and DNase activity in mouse plasma. Recently, two DNases were
168 shown to be essential for survival of mice in induced neutrophilia that increases ecDNA. DNase I and DNase IL3
169 cooperate to manage ecDNA concentrations in the extracellular space [22]. Our analysis covers the ability of
170 plasma to cleave DNA rather than focusing on specific DNases. Other clearance mechanisms should also be

171 considered, for example macrophages, which digest debris after cell death were shown to aid ecDNA removal
172 [23]. It is possible that healthy animals have very little completely free ecDNA in plasma since no major
173 pathological mechanisms are activated that could increase its production. This speculation requires many
174 additional experiments especially with experimental animals suffering from a disease model such as sepsis or
175 trauma.

176 Sex differences in plasma DNase activity could be caused by sex hormones modulating DNase activity.
177 However, we have found no differences between control and castrated males, which suggests that testosterone is
178 not the factor affecting plasma DNase activity in adult rats. So, an alternative to testosterone in males could be
179 the effect of estrogens in females that will be tested in our future experiments. Male rat castration leads to low
180 grade inflammation that is not affected by replacement therapy [24]. A similar experiment on females with
181 ovariectomy showed similar results [25]. This inflammation could explain an increase in ecDNA, but neither
182 plasma ecDNA nor DNase activity were affected by castration in our experiment. Besides sex hormones, genetic
183 factors could underlie sex differences in plasma DNase activity. Despite inactivation of one X chromosome in
184 females, gene dosage could affect DNase activity. DNase X is located on the X chromosome. However, this
185 DNase is highly expressed in skeletal muscles and it is not known to affect the plasma DNase activity [26].
186 DNases were shown to be regulated by EndoG. This enzyme is secreted from mitochondria and can cleave both,
187 DNA and RNA [27]. Whether EndoG regulation or its expression is sex-specific is currently unknown.

188 In mice and humans, males have higher DNase activity in plasma. This known sex difference is driving the
189 interest in the research of sex differences in relation to sex hormones. Studies previously described DNase
190 activity in many organs among which were testes, ovaries and prostate. Gonadectomy in male mice induces
191 apoptosis in cells of prostate and increase in DNA-fragmentation [28]. The gonadectomy is linked to muscle
192 atrophy which is caused by autophagy. A study showed that fasting in castrated rats induces muscle atrophy
193 linked to mitochondrial stress [29]. The muscle atrophy could be a source of DNase I inhibitor, actin [30]. Even
194 if DNase activity was determined by sex hormones, it still could be inhibited in castrated rats, therefore, not
195 changing the DNase activity in their plasma. The gonadectomy was described to lead to accumulation of DNase
196 I in prostate epithelial cells. It is the DNase I or its isoforms that act to cleave ecDNA in cells preparing to
197 undergo apoptosis [31].

198 One of the limitations of our analysis is that the DNase 1L3 is inhibited by heparin in collection tubes. The
199 choice of anticoagulant may affect the DNase activity. The blood for DNase activity measurement cannot be

200 collected in EDTA-containing tubes as EDTA is an inhibitor of DNase I. Another option is to collect serum
201 which is unsuitable for analysis of ecDNA because during the coagulation process ecDNA is released. If ecDNA
202 is released so can be other co-factors or proteins altering DNase activity in plasma.

203 In conclusion, according to our knowledge this is the first study showing a sex difference in plasma DNase
204 activity in rats. On contrary, plasma ecDNA of both, nuclear and mitochondrial origin, is comparable in both
205 sexes. What are the causes for the observed sex difference remains to be studied, because castration did not
206 affect plasma DNase activity. An opposite sex difference has been described in mice and large interspecies
207 differences in DNase activity exist [32]. Nevertheless, from the experimental rodents, rats in contrast to mice
208 have a DNase activity that is similar to humans. Thus, it is likely that rats rather than mice should be used to
209 model ecDNA-associated human diseases. It is crucial to uncover the determinants of plasma DNase activity and
210 the mechanism of the observed sex difference. This might shed light on the pathogenesis of sepsis, trauma
211 complications, but also other pathologies. Additional studies are required to describe the regulation of plasma
212 DNase activity and/or ecDNA concentrations. Their results might be helpful in the understanding of the
213 pathogenesis of ecDNA-associated diseases.

214

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217

218 **Conflict of interest**

219 None to declare.

220

221 **Data availability**

222 The data used to support the findings of this study are available from the corresponding author upon request.

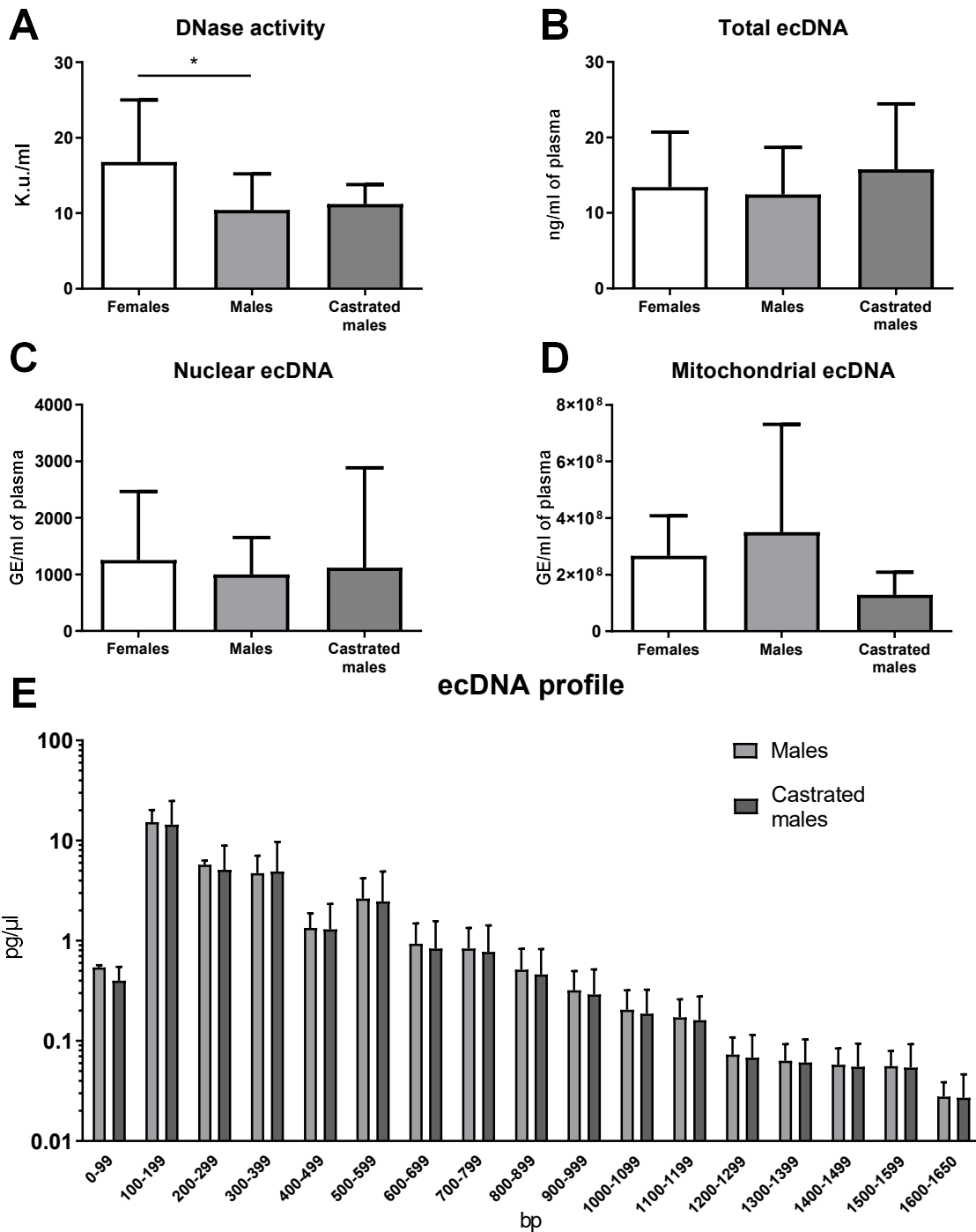
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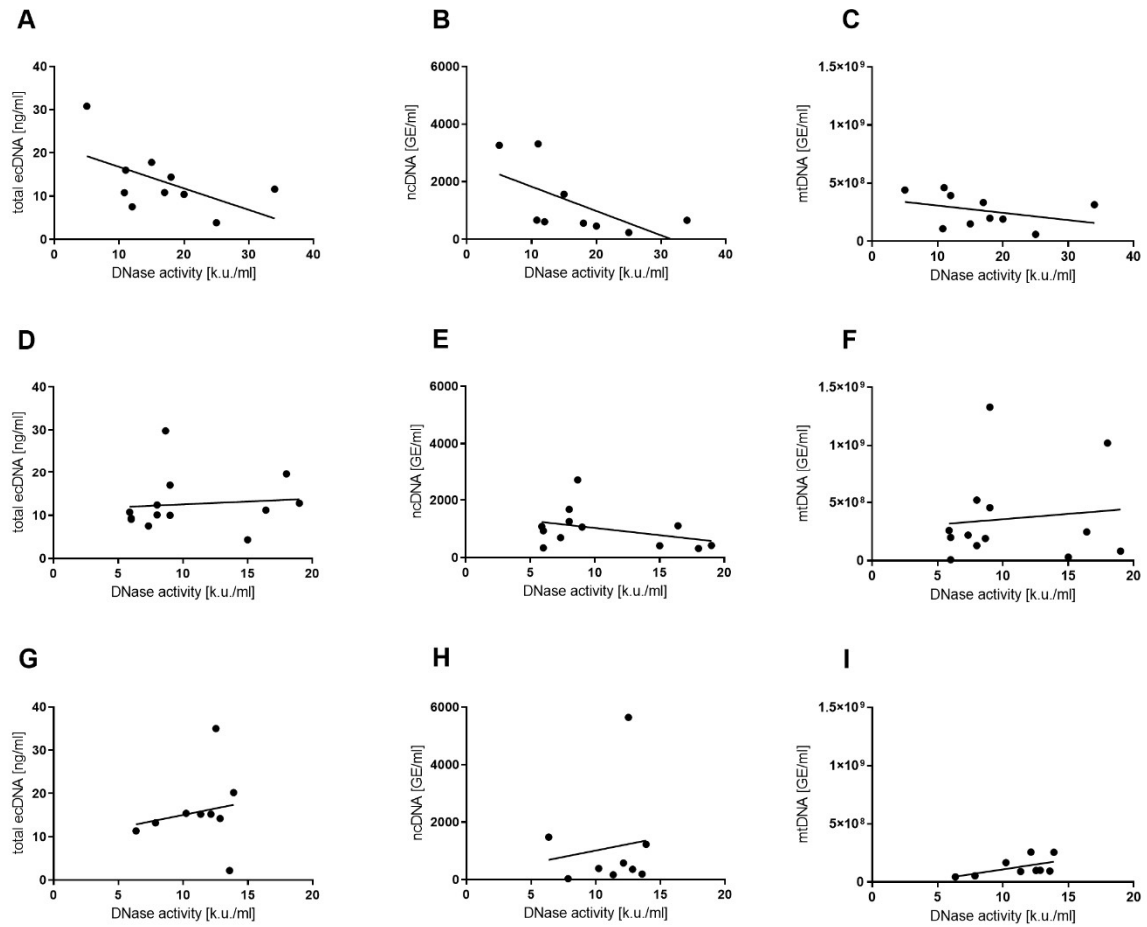


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318 **Figure 1.** DNase activity and ecDNA concentration in female, male and castrated male rats. (A) Significant
 319 differences in DNase activity were found between males and females but not between control males and
 320 castrated males. (B) No differences were observed between groups in concentration of total ecDNA. Similarly,
 321 no difference was found in concentration of (C) ncDNA and (D) mtDNA between groups. (E) Analysis of

322 ecDNA profile of the distribution of DNA fragment lengths. No difference was observed in the length
323 distribution of DNA fragments between males and castrated males. The results are shown as mean + standard
324 deviation.

325



326

327 **Figure 2.** Correlation of DNase activity with total ecDNA, ncDNA and mtDNA. No statistically significant
 328 correlations were found in any of the experimental groups. In females, no correlation of DNase with (A) ecDNA,
 329 (B) ncDNA and (C) mtDNA was observed. In control males, no correlation of DNase with (D) ecDNA (F),
 330 mtDNA and (E) ncDNA was observed. Similarly, in castrated males, no significant correlation of DNase activity
 331 with (G) ecDNA, (H) ncDNA and (I) mtDNA was found.