

Blockade of α 2-adrenergic receptors in the caudal raphe region enhances the renal sympathetic nerve activity response to acute intermittent hypercapnia in rats

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Short title: α 2-adrenergic receptors and acute intermittent hypercapnia

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SUMMARY

The study investigated the role of α_2 -adrenergic receptors of the caudal raphe region in the sympathetic and cardiovascular responses to the acute intermittent hypercapnia (AIHc). Urethane-anesthetized, vagotomized, mechanically ventilated Sprague-Dawley rats (n=38) were exposed to the AIHc protocol (5x3 min, 15% CO₂+50% O₂) in hyperoxic background (50% O₂). α_2 -adrenergic receptor antagonist–yohimbine was applied intravenously (1 mg/kg, n=9) or microinjected into the caudal raphe region (2 mM, n=12) prior to exposure to AIHc. Control groups of animals received saline intravenously (n=7) or into the caudal raphe region (n=10) prior to exposure to AIHc. Renal sympathetic nerve activity (RSNA), mean arterial pressure (MAP) and heart rate (HR) were monitored before exposure to the AIHc protocol (T₀), during five hypercapnic episodes (THc1-5) and at 15 minutes following the end of the last hypercapnic episode (T₁₅). Following intravenous administration of yohimbine, RSNA was significantly greater during THc1-5 and at T₁₅ than in the control group (P<0.05). When yohimbine was microinjected into the caudal raphe region, AIHc elicited greater increases in RSNA during THc1-5 when compared to the controls (THc1:138.0±4.0% vs. 123.7±4.8%, P=0.032; THc2:137.1±5.0% vs. 124.1±4.5%, P=0.071; THc3:143.1±6.4% vs. 122.0±4.8%, P=0.020; THc4:146.1±6.2% vs. 120.7±5.7%, P=0.007 and THc5:143.2±7.7% vs. 119.2±7.2%, P=0.038). During THc1-5, significant decreases in HR from T₀ were observed in all groups, while changes in MAP were observed in the group that received yohimbine intravenously. These findings suggest that blockade of the α_2 -adrenergic receptors in the caudal raphe region might have an important role in sympathetic responses to AIHc.

Key words: acute intermittent hypercapnia, sympathetic nervous activity, α_2 -adrenergic receptors, raphe nuclei, yohimbine

1 INTRODUCTION

2 Hypercapnia, which is a hallmark of many respiratory disorders, has been shown to have a
3 substantial effect on various organ systems [1]. It is known to stimulate both peripheral and
4 central chemoreceptors [2, 3], consequently driving hyperventilation, raised blood pressure and
5 elevated sympathetic nerve activity [1, 4]. Hypercapnia-induced ventilatory response has been
6 well described previously, such that the elevation of the arterial partial pressure of carbon
7 dioxide (PaCO_2) leads to a strong activation of the areas controlling the respiratory activity, and
8 the response seems to be largely dependent on the medullary raphe neurons [5-7]. Moreover,
9 when administered intermittently, hypercapnia is documented to cause a long-term depression
10 of breathing modulated by both, serotonergic and adrenergic receptors [8-12].

11 Although a large pool of evidence shows single episode or sustained hypercapnia potently
12 stimulate the sympathetic nervous system [1, 3, 13-15], the effects of intermittent hypercapnia
13 on sympathetic activity remain unclear. Recently, our laboratory demonstrated that the acute
14 intermittent hypercapnia (AIHc) causes substantial activation of the sympathetic nervous
15 system measured through the renal sympathetic nerve activity (RSNA), which is dependent on
16 the background oxygen level [16]. Evaluating different protocols, we found that severe acute
17 intermittent hyperoxic hypercapnia (15% CO_2 +50% O_2) modestly activates the RSNA, but the
18 magnitude of the response is significantly lower than in a normoxic background, suggesting the
19 involvement of a central mechanism.

20 Central neural pathways controlling the cardiorespiratory outflow are complex and to this date
21 not fully worked out [17]. Undoubtedly, central chemoreception evokes increases in
22 sympathetic nervous activity by direct action on cardiovascular centers or mediated by the
23 central respiratory network [17, 18]. Thus far, different regions have been proposed to act as
24 central CO_2 chemoreceptors [14, 15, 18-20], among which locus coeruleus (LC) and raphe
25 nuclei have been reported to be extremely responsive to elevations in PaCO_2 [6, 19-22].

26 Projections of the noradrenergic groups participate in increases in breathing and sympathetic
27 nerve activity caused by hypercapnia or reduced pH in noradrenergic brainstem regions [20,
28 21]. Dense projections from LC to the caudal raphe region exist, where they can induce, either,
29 excitatory effects via $\alpha 1$ -adrenergic receptors or inhibitory effects via $\alpha 2$ -adrenergic receptors
30 [23]. Nuclei of the caudal raphe region (nucl. raphe magnus, obscurus and pallidus) send
31 extensive descending projections to the spinal cord, innervating the dorsal and ventral horns
32 and the intermediolateral cell column (IML) [24]. The caudal raphe region, comprised of mainly
33 serotonergic neurons, has been implicated in many neurophysiological functions including the
34 modulation of pain, respiration, motor activity and various autonomic functions [24-26]. It has
35 been proposed that the caudal raphe nuclei are involved in sympathetic control by means of
36 direct projections to the IML, innervating the preganglionic sympathetic neurons [23, 26-28],
37 but also to other regions controlling the sympathetic activity, such as the rostral ventrolateral
38 medulla (RVLM) [29].

39 In light of this, the aim of the present study was to determine the role of $\alpha 2$ -adrenergic receptors
40 of the caudal raphe region in the sympathetic and cardiovascular responses to the AIHc. The
41 effects of blockade of $\alpha 2$ -adrenergic receptors in the caudal raphe region on renal sympathetic
42 nerve, arterial pressure and heart rate responses to acute intermittent hypercapnia were
43 examined.

44

45 MATERIALS AND METHODS

46 All experimental procedures were designed in accordance with the European Guidelines on
47 Laboratory Animal Care and were approved by the Ethical Committee for Biomedical Research
48 of the University of Split School of Medicine (Split, Croatia) and the National Ethics
49 Committee of the Veterinary Directorate, Ministry of Agriculture, Republic of Croatia. The
50 animals used in this study were bred and maintained in controlled environment rooms (22-
51 24°C; 55-70% relative humidity; 12h-light:12h-dark cycle) with access to food and water *ad*
52 *libitum* at the University of Split School of Medicine Animal Facility.

53 *General procedures*

54 Male Sprague-Dawley rats (n=38; body weight 280-350 g) were anesthetized by an
55 intraperitoneal injection of urethane (20% urethane in 0.9% saline, dose 1.2 g/kg). The
56 adequacy of anesthesia was determined by the hind paw withdrawal and corneal reflex loss.
57 Additional doses of urethane (0.2 g/kg i.v.) were given, if required, in order to maintain a deep
58 anesthesia before exposing the animals to the experimental protocol. Upon achieving the
59 adequate level of anesthesia, femoral arteries and veins were catheterized for arterial blood
60 pressure monitoring, blood gas sampling and drug/fluid administration, respectively. The
61 trachea was cannulated and vagus nerves cut bilaterally at cervical level (C3-5) to facilitate the
62 mechanical ventilation. The animals were ventilated using a 50:50 oxygen-nitrogen mixture
63 throughout the experiment by means of a small animal ventilator (SAR 830-P, CWE, Ardmore,
64 PA, USA). Physiological levels of pH and PaCO₂ were maintained by adjusting the frequency
65 and/or inspiratory time parameters on the ventilator in accordance with the blood gas analysis
66 results (RAPIDPoint 500; Siemens Healthcare Limited, Surrey, UK). Since the animals were
67 maintained on a hyperoxic mixture, the arterial partial pressure of oxygen (PaO₂) was in the
68 range of 250-360 mmHg. To ensure the overall stability of the preparation, the fluids were

69 supplemented continuously ($0.6 \text{ ml}\cdot\text{h}^{-1}\cdot\text{kg}^{-1}$) and the animals' body temperature was maintained
70 by a heating pad (FST, Heidelberg, Germany) throughout the experiment. The animals were
71 then positioned in a stereotaxic frame (Lab Standard, Stoelting, Wood Dale, IL, USA) in a
72 prone position and the left renal nerve was exposed using a retroperitoneal approach. The nerve
73 was placed on a bipolar silver wire electrode and the surgical field was covered with silicone
74 gel to secure the electrode, provide electrical noise isolation and prevent desiccation.

75 ***Recording parameters***

76 The signal from the recording electrode was amplified (SuperZ, System 1000, CWE Inc.,
77 Ardmore, USA), filtered (300 Hz–10 kHz, bandpass filter), full wave rectified and integrated
78 (MA-1000 PowerLab Moving Averager module for System 1000; 50 ms time constant). Chart
79 5.4.2. for Windows software (ADInstruments, Bella Vista, Australia) was used to obtain the
80 RSNA electrograms, arterial blood pressure tracings (Memscap blood pressure transducer,
81 Skoppum, Norway) and record the signals simultaneously in high resolution at a sampling rate
82 of 20 kHz.

83 ***Raphe nuclei identification and microinjection technique***

84 A partial occipital craniotomy was performed and the dura reflected to expose the dorsal surface
85 of the brain stem and the obex. Relative to the obex, the initial coordinates for identification of
86 the caudal raphe region were: +0.2 mm anterioposterior, 0.0 mm mediolateral and -2.5 mm
87 dorsoventral and were determined based on our previous study [11] relying on the rat brain atlas
88 of Paxinos and Watson [30]. A four-barrel glass micropipette (external tip diameter: 30-50 μm)
89 was filled with the vehicle (0.9% saline), selective glutamate agonist D,L-homocysteic acid
90 (DLH; 10 mM, Sigma-Aldrich, St Louis, MO, USA), selective α 2-adrenergic receptor
91 antagonist yohimbine (2 mM, Sigma-Aldrich) and diluted India ink solution. The tip of the
92 micropipette was lowered into the position targeting the caudal raphe region according to the

93 initial coordinates. Following the placement of the micropipette, DLH (10 mM in 0.9% saline;
94 20±5 nl, Sigma-Aldrich) was microinjected and RSNA and blood pressure changes monitored.
95 If no response was observed, the coordinates were finely adjusted until an increase in RSNA
96 and a pressor response of >20 mmHg was evoked [29]. After the transient effects of DLH
97 dissipated, the micropipette was flushed with the vehicle to ensure no glutamate agonist
98 remained in the pipette. Microinjections were performed by a pressure ejection system using a
99 large plastic syringe connected to the barrels by polyethylene tubing. The application of positive
100 pressure allowed for the solution ejection until the final volume reached 20±5 nl. The volume
101 ejected was controlled by monitoring the fluid meniscus under a monocular microscope with a
102 finely graduated eyepiece.

103 *Experimental design*

104 The animals were allowed a 30-min stabilization period before the onset of recordings and the
105 exposure to the experimental protocol. Then, the animals were subjected to the AIHc protocol,
106 which consisted of 5 exposures to a hypercapnic gas mixture interspersed by 3 min recovery
107 periods. The hypercapnic gas mixture applied was 15% CO₂+50% O₂ in N₂ and the duration of
108 each episode was 3 min. During the recovery periods the animals were ventilated with a
109 hyperoxic mixture of 50% O₂ in N₂. Two sets of experiments were performed: first, involving
110 the systemic blockade of the α₂-adrenergic receptors and, second, involving the central
111 blockade of the α₂-adrenergic receptors with their respective control groups. In the first set, the
112 yohimbine group (n=9) received a bolus injection of yohimbine (1 mg/kg, 0.6 ml, Sigma-
113 Aldrich) intravenously before exposure to the AIHc protocol. In order to comply with the
114 ethical standards for animal experimentation, one set of data from our previous study was used
115 as a control group (n=7) [16]. In this group, the animals were given the same volume of 0.9%
116 saline in a bolus before exposure to the AIHc protocol under identical conditions as applied in
117 this study. In the second set of experiments, the yohimbine group (n=12) received a

118 microinjection of α 2-adrenergic receptor antagonist yohimbine (2 mM in 0.9% saline, 20 ± 5 nl,
119 Sigma-Aldrich) into the same caudal raphe site previously mapped using DLH and then
120 exposed to the experimental protocol. In the control group (n=10), the same volume of 0.9%
121 saline was microinjected into the caudal raphe region before the animals were subjected to the
122 AIHc protocol. Before commencing the experimental protocol, an arterial blood sample (0.2
123 ml) was taken and arterial blood gas values measured. Another control arterial blood sample
124 was taken 15 min following the end of the last hypercapnic episode. No blood samples were
125 taken during the hypercapnic exposures to minimize the overall circulating volume loss and its
126 possible effects on blood pressure and sympathetic activity. The experimental design is shown
127 in Figure 1.

128 *Histological processing*

129 After the completion of each experiment, diluted India ink (20 ± 5 nl) was deposited at the
130 microinjection site and the animal was perfused transcardially with saline, followed by
131 Zamboni's fixative (4% formaldehyde and 15% picric acid in 0.1 M PBS (phosphate buffered
132 saline)). The brainstem was then removed and stored in Zamboni's fixative for 24 h at 4°C.
133 Following fixation, the brainstem was washed with 0.1 M PBS and cut in 50 μ m coronal
134 sections using a vibrating microtome (Vibratome Series 1000, Pelco 101; Vibratome, St Louis,
135 MO, USA). The injection sites were verified using a conventional microscope and determined
136 in respect to a reference section from the atlas of Paxinos and Watson [30].

137 *Data analysis*

138 Recorded variables were measured at 7 predetermined time points: immediately before the
139 onset of the first hypercapnic episode (T0), during each of five hypercapnic episodes (THc1-
140 THc5) and at 15 min following the end of the last hypercapnic episode (T15) using LabChart
141 8.1.13. for Windows software (ADInstruments). At each experimental time point, 20-second

142 intervals were used to analyze RSNA, MAP and HR. The integrated signal was used to quantify
143 the RSNA by measuring the area under the curve (i.e., calculating the integral from the
144 minimum) in arbitrary units. To allow for comparison within and across groups, RSNA values
145 were reported as a percentage of the baseline activity for each experiment. MAP was derived
146 from the blood pressure signal and expressed in mmHg. HR was calculated from the arterial
147 blood pressure waveform using average cycling rate function and expressed in beats per minute.
148 All data analyses were conducted in MedCalc statistical package, version 19.1.2 (MedCalc
149 Software, Mariakerke, Belgium). The normality of the data distribution was verified using
150 Shapiro-Wilk's test of normality for all studied variables. Two-way repeated measures
151 ANOVA with a post-hoc Bonferroni correction was used for multiple comparisons within
152 groups for all experimental variables. One-way ANOVA with Student-Newman-Keuls test was
153 used for pairwise comparisons of corresponding experimental data points between groups. Data
154 are reported as mean±standard error of the mean (SEM). Statistical significance was set at
155 $P<0.05$.

156

157 **RESULTS**

158 *Systemic blockade of α_2 -adrenergic receptors*

159 Intravenous application of yohimbine evoked significant increases in RSNA during all five
160 hypercapnic episodes when compared to the baseline (THc1: $169.2 \pm 10.0\%$, $P=0.009$; THc2:
161 $178.9 \pm 11.0\%$, $P=0.008$; THc3: $180.7 \pm 13.2\%$, $P=0.023$; THc4: $179.0 \pm 12.7\%$, $P=0.019$; THc5:
162 $173.2 \pm 11.5\%$, $P=0.018$; $F=30.81$, $df=6$, $P<0.001$, ANOVA, Figure 2), whereas in the control
163 group a significant increase was observed only during the first hypercapnic episode (THc1:
164 $126.0 \pm 5.2\%$, $P=0.036$; $F=5.82$, $df=5$, $P=0.014$, ANOVA, Figure 2). A significant interaction
165 between hypercapnic episodes and treatment was found ($F=10.84$, $df=6$, $P=0.001$, ANOVA).
166 Pair-wise comparisons revealed that RSNA activation was greater during all hypercapnic
167 episodes (THc1-5) and at T15 in the yohimbine group than in the control group (Figure 2). At
168 baseline, MAP was significantly lower in the yohimbine group in comparison to the control
169 group (54.9 ± 1.9 vs. 94.3 ± 7.2 mmHg, $F=35.57$, $df=1$, $P<0.001$, ANOVA), but no significant
170 differences in HR were observed. During the hypercapnic episodes, significant decreases in HR
171 were observed in both studied groups. In the control group, AIHc did not evoke significant
172 changes in MAP, while in the yohimbine group MAP was significantly higher at THc4, THc5
173 and T15 when compared to the baseline (71.1 ± 3.7 mmHg, $P=0.018$; 73.4 ± 3.3 mmHg, $P=0.004$;
174 67.3 ± 3.3 mmHg, $P=0.028$ vs. 54.9 ± 1.9 mmHg, respectively; $F=11.31$, $df=6$, $P<0.001$,
175 ANOVA, Table 1).

176 *Blockade of α_2 -adrenergic receptors in the caudal raphe region*

177 *Control group.* A significant increase in RSNA was observed during the first three hypercapnic
178 episodes when compared to the baseline ($F=5.54$, $df=6$, $P=0.014$, ANOVA; Figure 2). There
179 were no significant changes in RSNA at 15 min following the end of the last hypercapnic
180 episode when compared to the baseline (T15: $103.1 \pm 9.8\%$ baseline, $F=5.54$, $df=6$, $P=1.000$,

181 ANOVA; Figure 2). No significant changes in MAP were observed during or following the
182 AIHc protocol ($F=1.37$, $df=6$, $P=0.280$, ANOVA; Table 1). HR was significantly lower when
183 compared to the baseline during all five hypercapnic episodes ($F=143.85$, $df=6$, $P<0.001$,
184 ANOVA; Table 1). There were no significant changes in pH and PaCO₂ at 15 min following
185 the last hypercapnic episode, while PaO₂ was significantly higher at T15 when compared to the
186 baseline (299.5 ± 5.3 mmHg vs. 286.6 ± 3.9 mmHg, $F=18.83$, $df=1$, $P=0.002$, ANOVA; Table 2).

187 *Yohimbine group.* A significant increase in RSNA was observed during all five hypercapnic
188 episodes when compared to the baseline. At T15, RSNA was significantly lower when
189 compared to all five hypercapnic episodes, but not compared to the baseline ($F=27.40$, $df=6$,
190 $P<0.001$, ANOVA; Figure 2). MAP was lower at T15 when compared to last three hypercapnic
191 episodes, but not compared to the baseline ($F=7.26$, $df=6$, $P=0.001$, ANOVA; Table 1). During
192 THc1-5, HR was significantly lower when compared to the baseline and T15 ($F=78.57$, $df=6$,
193 $P<0.001$, ANOVA; Table 1). No differences in HR were observed between baseline and T15
194 (344.5 ± 8.2 vs. 339.4 ± 8.3 beats/min, $F=78.57$, $df=6$, $P=1.000$, ANOVA; Table 1). There were
195 no significant changes in pH, PaCO₂ or PaO₂ at T15 when compared to the baseline (Table 2).

196 *Control vs. yohimbine group.* A significant interaction between hypercapnic episodes and
197 treatment was found ($F=4.44$, $df=6$, $P=0.012$, ANOVA). AIHc elicited a greater increase in
198 RSNA during all five hypercapnic episodes in the group that received a yohimbine
199 microinjection into the caudal raphe region when compared to the control group (THc1:
200 $138.0\pm 4.0\%$ vs. $123.7\pm 4.8\%$, $F=5.32$, $df=1$, $P=0.032$; THc2: $137.1\pm 5.0\%$ vs. $124.1\pm 4.5\%$,
201 $F=3.63$, $df=1$, $P=0.071$; THc3: $143.1\pm 6.4\%$ vs. $122.0\pm 4.8\%$, $F=6.39$, $df=1$, $P=0.020$; THc4:
202 $146.1\pm 6.2\%$ vs. $120.7\pm 5.7\%$, $F=8.85$, $df=1$, $P=0.007$ and THc5: $143.2\pm 7.7\%$ vs. $119.2\pm 7.2\%$
203 baseline, $F=4.97$, $df=1$, $P=0.038$, ANOVA, Figure 2). At T15 no differences in RSNA were
204 observed between yohimbine and control groups (T15: $103.1\pm 9.8\%$ vs. $94.6\pm 7.3\%$ baseline,
205 $F=0.49$, $df=1$, $P=0.490$, ANOVA, Figure 2).

206 *Histological verification of the microinjection sites.* Microinjection sites into the caudal raphe
207 region were verified histologically, as shown in Figure 3.

208

209 **DISCUSSION**

210 This study demonstrated that the blockade of α 2-adrenergic receptors by yohimbine enhanced
211 the renal sympathetic nerve response to the acute intermittent hypercapnia in urethane-
212 anesthetized rats. Moreover, when yohimbine was microinjected into the caudal raphe region,
213 more pronounced increases in RSNA were evoked than in the control group, indicating that the
214 caudal raphe region might have an important role in the regulation of sympathetic outflow
215 during exposure to the AIHc.

216 The present finding that systemic blockade of α 2-adrenergic receptors profoundly affects the
217 RSNA response to AIHc is not unexpected as α 2-adrenergic receptors are known to generally
218 mediate a sympathoinhibitory role and are involved in blood pressure homeostasis [31, 32].
219 Following intravenous administration, yohimbine (α 2-adrenergic receptor antagonist) acts via
220 receptors located throughout the peripheral vasculature and enters the brain rapidly where it
221 binds to α 2-adrenergic receptors, widely distributed at multiple sites involved in sympathetic
222 control [31, 33, 34]. Therefore, blocking the α 2-adrenergic receptors systemically does not
223 allow for drawing clear conclusions about the mechanism and the precise site of action of
224 yohimbine.

225 Hypercapnia is known to potently activate distinct brainstem neuronal groups and might evoke
226 different responses as a consequence of acute or chronic hypercapnic exposures [10, 11, 15,
227 35]. The conventional setting for subjecting animals to AIHc consists of cyclically changing
228 the CO₂ fraction in different background gas mixtures and as such, the model yielded dose-
229 dependent responses related to hypercapnia severity [8-12]. Previous studies have shown that
230 the acute exposure to a severe hypercapnic stimulus (15% CO₂) lasting 30 min to 24 h results
231 in changes of noradrenaline, dopamine and serotonin concentrations at various CNS regions
232 [36, 37]. Many previous studies provided evidence that hypercapnia, by means of peripheral
233 and central chemoreception, leads to increases in respiratory and sympathetic activity [1, 3, 14,

234 15]. The retrotrapezoid nucleus (RTN) is widely recognized as the principal site of the central
235 CO₂ chemoreception [19], essential in respiratory response to hypercapnia [15]. However, the
236 increase in sympathetic activity produced by hypercapnia is partially dependent on the activity
237 of the RTN neurons [15], along with various medullary regions with chemoreception properties,
238 including the raphe neurons [27, 38-40]. Thus, we aimed to investigate the role of the caudal
239 raphe region in the sympathetic response to severe AIHc.

240 The caudal raphe region has been recognized as a source of input to numerous medullary and
241 spinal sites, where it can exert an influence on many different functions, including
242 cardiovascular control and autonomic activity [6, 39]. It has been established that the caudal
243 raphe nuclei send extensive direct projections to the sympathetic preganglionic neurons of the
244 IML cell column [24, 26, 39]. Moreover, the raphe nuclei may indirectly contribute to the
245 overall sympathetic output by means of projections to other brainstem regions involved in
246 sympathetic control such as the RVLM [29] and RTN [15, 41]. Additionally, the caudal raphe
247 region has reciprocal connections with the RVLM [24, 29] and the LC [21, 23], regions that
248 play a central role in the regulation of the autonomic activity at rest and in stressful conditions.
249 Altogether, these anatomical projections suggest that the regulation of the arterial pressure,
250 heart rate and sympathetic activity may be mediated by the caudal raphe region.

251 Previous studies proposed that hypercapnia-induced release of noradrenaline acting on α 2-
252 adrenergic receptors of the caudal raphe region leads to its inhibition and lowers the release of
253 serotonin henceforth affecting the descending pathways [9, 11, 42-44]. Thus, the increased
254 effect of AIHc on RSNA following α 2-adrenergic receptor blockade in the caudal raphe region
255 in our study might be a consequence of disinhibition of the caudal raphe region by the LC
256 noradrenergic neurons. Based on the findings of this study, we might speculate that
257 disinhibition of the caudal raphe region probably led to the increased direct input to the IML,
258 but also via other regions that modulate the sympathetic activity such as the RVLM and RTN

259 [29, 41]. This speculation is supported by the results of similar studies that found that
260 disinhibition of the raphe pallidus leads to increases in RSNA and splanchnic SNA [38, 45].
261 One might speculate whether anesthesia might affect the sympathetic nerve discharge.
262 However, urethane anesthesia has been shown to have minimal effects on cardiorespiratory and
263 sympathetic activity and is commonly used in experiments requiring the preservation of the
264 reflex response loops as the results closely resemble those observed in conscious animals [15,
265 45, 46]. Another consideration is the possible recruitment of the serotonergic signaling in
266 relatively robust exposures to severe hypercapnic stimuli (15% CO₂), which may activate the
267 wake promoting pathways [5]. Considering this experimental design is used as a model of
268 obstructive sleep apnea (OSA), we find this stimulus to be appropriate to evoke similar effects
269 to those seen during the airway obstruction episodes in OSA, which, among other
270 consequences, lead to hypercapnia and arousal. Yohimbine has been reported to have different
271 affinities toward α 2-adrenergic receptor subtypes and is also known to bind to α 1-adrenergic
272 receptors [47]. Since both α 1- and α 2-adrenergic receptors are present in the caudal raphe region
273 [34], it is possible that the sympathoexcitatory effect observed in this study may be due to
274 stimulation of the α 1-adrenergic receptors. Moreover, yohimbine is known to evoke responses
275 via other receptors, including serotonin 5-HT_{1A} receptors, at which it can act as a partial agonist
276 [48, 49]. Since microinjections of yohimbine were performed into the caudal raphe region, it
277 may be possible that some yohimbine bound to the 5-HT_{1A} receptors and influenced the
278 observed effects. However, at concentration applied and considering the 80-fold higher affinity
279 for α 2-adrenergic than for 5HT_{1A} receptors in the rat [49], it is unlikely that yohimbine produced
280 notable effects via 5HT_{1A} receptors in this study. Finally, the primary stimulus for the central
281 chemoreceptor response to changes in PaCO₂ has not been identified up to now and it has been
282 argued whether it is solely related to the changes in CO₂ or it combines several other
283 physiological parameters such as extracellular/intracellular pH, bicarbonate concentration or a

284 combination of these stimuli [19, 50]. In this study, we used a paradigm centered around
285 changing the inspiratory CO₂ fraction, which is likely to have produced hypercapnic acidosis.
286 However, it is difficult to define the primary chemoreceptor stimulus eliciting the observed
287 changes in the renal sympathetic nerve response using this type of *in vivo* experiment.
288 The results of the current study indicate that the chemical blockade of the α 2-adrenergic
289 receptors in the caudal raphe region enhanced the renal sympathetic nerve response to the acute
290 intermittent hypercapnia in anesthetized rats. Thus, we conclude that the neurons in the caudal
291 raphe region make a significant contribution to the renal sympathoexcitatory response evoked
292 by severe acute intermittent hypercapnia.

293

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301

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459

460 **FIGURE LEGEND**

461 **Figure 1.** Schematic representation of the surgical preparation of the experimental animals **(A)**

462 and the experimental design with the protocols applied in four experimental groups **(B)**.

463 A group of animals received α 2-adrenergic receptor antagonist-yohimbine

464 intravenously (YOHIMBINE_{i.v.}) and a control group received saline intravenously

465 (CONTROL_{i.v.}) prior to exposure to the acute intermittent hypercapnia (AIHc) protocol.

466 Subsequently, a group of animals received a microinjection of yohimbine into the caudal

467 raphe region (YOHIMBINE_{raphe}) whereas a control group received a saline

468 microinjection into the caudal raphe region (CONTROL_{raphe}) prior to exposure to the

469 AIHc protocol. RSNA: renal sympathetic nerve activity; BP: blood pressure; ABS:

470 arterial blood status; FiO₂: fraction of inspired oxygen; T_i: inspiratory time; Freq:

471 ventilator frequency; T₀: baseline conditions immediately preceding the first

472 hypercapnic episode; THc1-5: five hypercapnic episodes; T15: 15 min following the

473 end of the last hypercapnic episode.

474 **Figure 2.** **(A)** Time-course of changes in the renal sympathetic nerve activity (RSNA) during

475 exposure to the acute intermittent hypercapnia (AIHc) protocol. RSNA response to

476 AIHc was greater during all five hypercapnic episodes in a group that received

477 yohimbine intravenously (YOHIMBINE_{i.v.}, n=8, dark blue, ◆) than in a control group

478 that received saline intravenously (CONTROL_{i.v.}, n=7, orange, ●). Moreover, when

479 yohimbine was microinjected into the caudal raphe region (YOHIMBINE_{raphe}, n=12,

480 blue, ■), the RSNA response to AIHc was greater during all five hypercapnic episodes

481 than in a control group that received saline into the same region (CONTROL_{raphe}, n=10,

482 red, ▲) (*significantly different from corresponding baseline value; †significantly

483 different from corresponding T15; #significantly different from respective control

484 group; ANOVA, P<0.05). **(B)** Tracings of representative experiments in four

485 experimental groups, from top to bottom: an experiment involving the systemic
486 blockade of the α_2 -adrenergic receptors (YOHIMBINE_{i.v.}) and a respective control
487 experiment (CONTROL_{i.v.}) followed by an experiment with the blockade of the α_2 -
488 adrenergic receptors in the caudal raphe region (YOHIMBINE_{raphe}) and a respective
489 control experiment (CONTROL_{raphe}) each showing arterial blood pressure (BP; mmHg,
490 red), integrated renal sympathetic nerve activity (IRSNA; arbitrary units, a.u., blue) and
491 raw renal sympathetic nerve activity (RSNA; arbitrary units, a.u., green) at seven
492 experimental time points. Scale bar represents 20 seconds. T0: baseline conditions
493 immediately preceding the first hypercapnic episode; THc1-5: five hypercapnic
494 episodes; T15: 15 min following the end of the last hypercapnic episode.

495 **Figure 3.** Photomicrograph of a coronal section of the brainstem showing the microinjection
496 site in the caudal raphe region marked by diluted India ink dye (blue) and indicated by
497 the arrow. Microinjection coordinates were: +0.2 mm anterioposterior, 0.0 mm
498 mediolateral and -2.5 mm dorsoventral relative to the obex. Scale bar represents 500
499 μm .

Table 1. Mean arterial blood pressure (MAP, mmHg) and heart rate (HR, beats/min) in experimental groups at all experimental time points.

Experimental groups		T0	THc1	THc2	THc3	THc4	THc5	T15
Systemic α 2-adrenergic receptor modulation								
Control (n=7)	MAP	94.3 \pm 7.2	95.7 \pm 4.3	100.1 \pm 5.32	99.9 \pm 5.7	98.9 \pm 5.5	98.7 \pm 5.4	99.0 \pm 7.0
	HR	371.4 \pm 8.0	337.0 \pm 7.7* \dagger	340.1 \pm 7.3* \dagger	338.4 \pm 7.5* \dagger	338.0 \pm 7.3* \dagger	336.9 \pm 7.3* \dagger	377.0 \pm 8.5
Yohimbine (n=9)	MAP	54.9 \pm 1.9 [#]	64.5 \pm 4.0	67.6 \pm 4.3	71.9 \pm 5.3	71.1 \pm 3.7*	73.4 \pm 3.3*	67.3 \pm 3.3*
	HR	375.1 \pm 6.0	348.1 \pm 5.7* \dagger	348.1 \pm 5.9	348.2 \pm 5.8* \dagger	344.0 \pm 6.3* \dagger	345.4 \pm 5.1* \dagger	376.2 \pm 4.3
Central α 2-adrenergic receptor modulation								
Control (n=10)	MAP	89.4 \pm 4.5	86.5 \pm 3.5	89.1 \pm 3.4	91.0 \pm 3.8	90.7 \pm 3.8	90.7 \pm 4.4	86.0 \pm 4.3
	HR	331.3 \pm 7.96	283.5 \pm 8.06* \dagger	281.6 \pm 6.53* \dagger	281.0 \pm 8.22* \dagger	279.6 \pm 7.56* \dagger	277.5 \pm 6.93* \dagger	327.2 \pm 6.96
Yohimbine (n=12)	MAP	82.0 \pm 3.4	82.1 \pm 3.6	85.0 \pm 3.9	88.3 \pm 3.8 \dagger	87.9 \pm 3.5 \dagger	88.1 \pm 3.7 \dagger	75.8 \pm 3.5
	HR	344.5 \pm 8.18	304.1 \pm 9.38* \dagger	306.4 \pm 9.66* \dagger	306.1 \pm 8.34* \dagger	304.6 \pm 8.71* \dagger	302.1 \pm 8.63* \dagger	339.4 \pm 8.33

Data are presented as mean \pm SEM. T0: baseline value immediately before the first hypercapnia; THc1: first hypercapnia; THc2: second hypercapnia; THc3: third hypercapnia; THc4: fourth hypercapnia; THc5: fifth hypercapnia; T15: 15 minutes following the end of the last hypercapnic episode. (* significantly different from respective baseline, \dagger significantly different from respective T15, [#] significantly different from respective control group; P<0.05)

Table 2. Arterial blood gas analysis results in four experimental groups showing pH values and partial pressures of carbon dioxide (PaCO₂, mmHg) and oxygen (PaO₂, mmHg) at two experimental time points.

Experimental groups	T0			T15		
	pH	PaCO ₂	PaO ₂	pH	PaCO ₂	PaO ₂
Systemic α₂-adrenergic receptor modulation						
Control (n=7)	7.300±0.005	46.2±1.3	281.5±8.5	7.279±0.012	49.3±2.3	292.5±7.3
Yohimbine (n=9)	7.314±0.021	44.0±2.4	316.6±8.7	7.255±0.023	47.4±3.1	319.2±7.3
Central α₂-adrenergic receptor modulation						
Control (n=10)	7.271±0.015	42.8±1.5	286.6±3.9	7.262±0.018	44.8±2.8	299.5±5.3*
Yohimbine (n=12)	7.288±0.016	44.3±1.5	312.3±8.8	7.293±0.020	43.7±2.8	313.1±12.9

Data are presented as mean±SEM. T0: baseline value immediately before the first hypercapnic episode; T15: 15 minutes following the end of the last hypercapnic episode. (* significantly different from respective baseline, P<0.05)

A

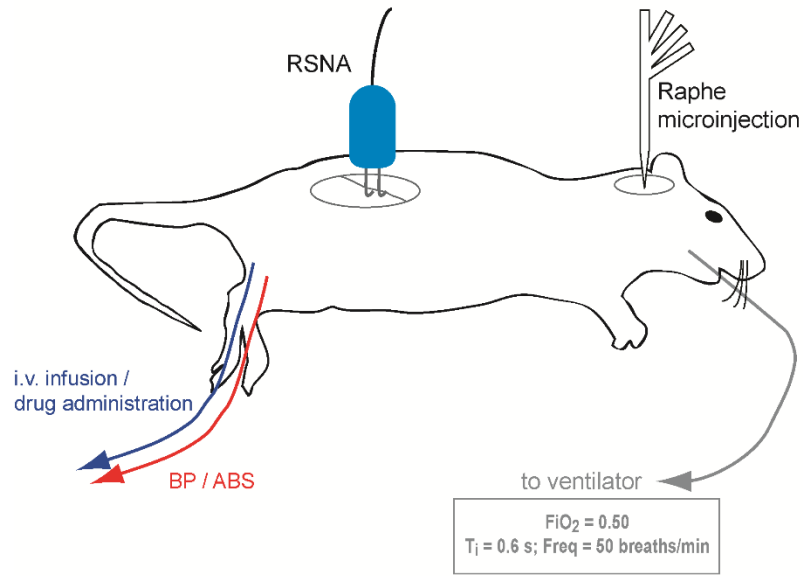
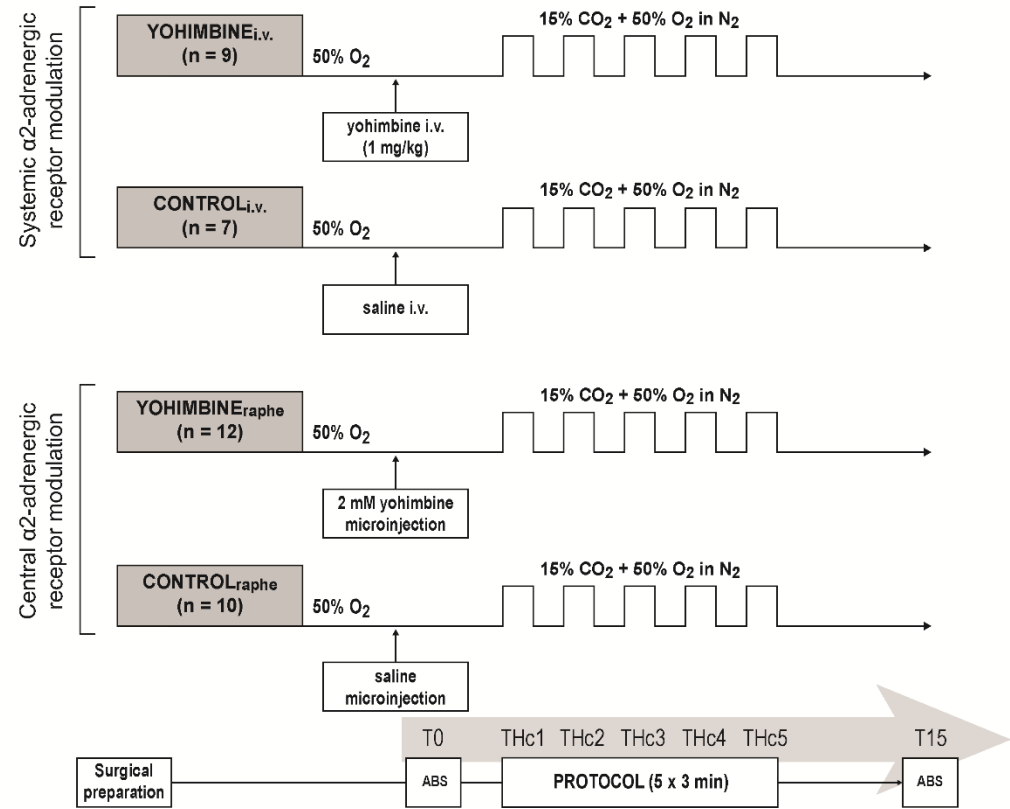


Figure 1.

B



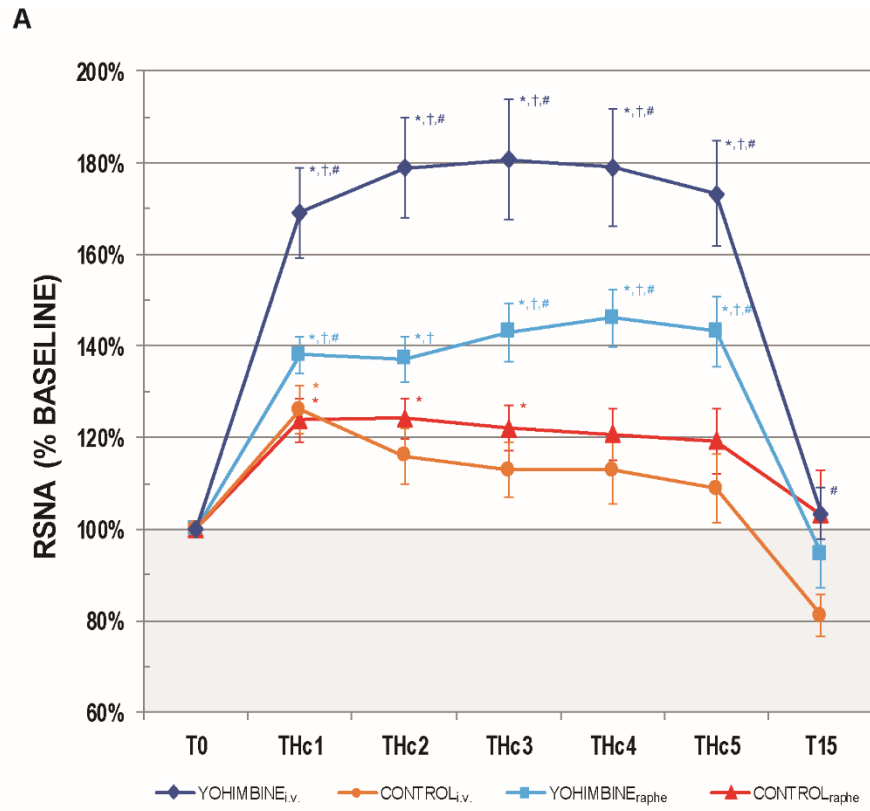
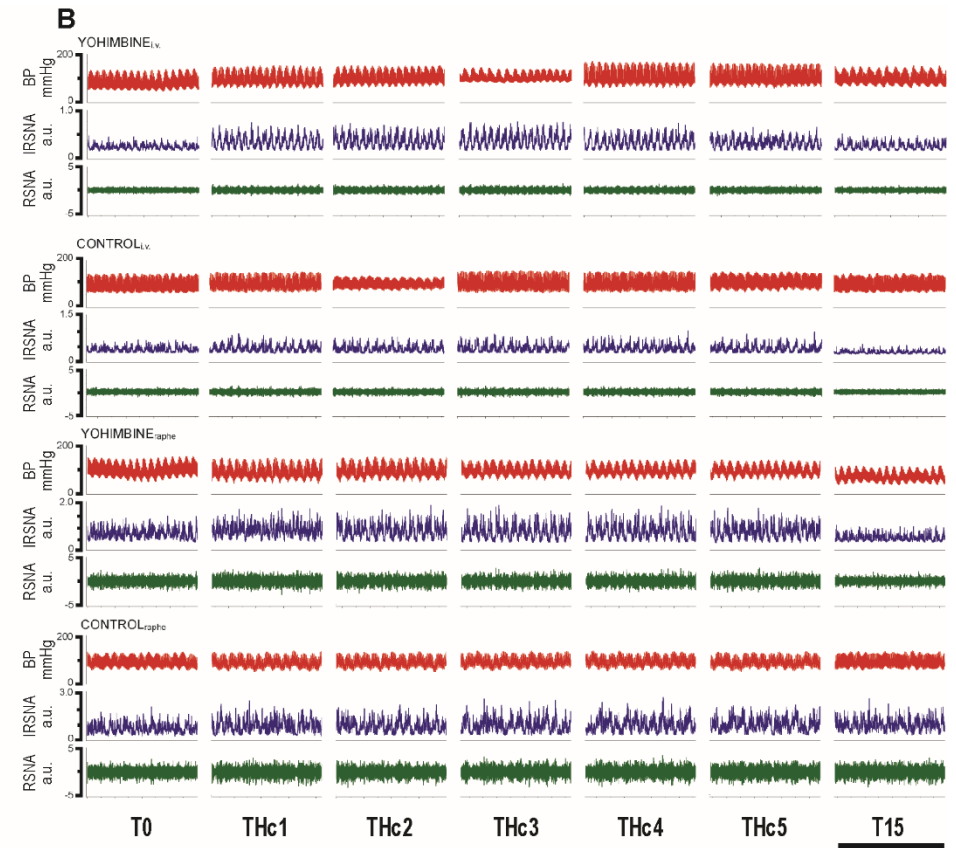


Figure 2.



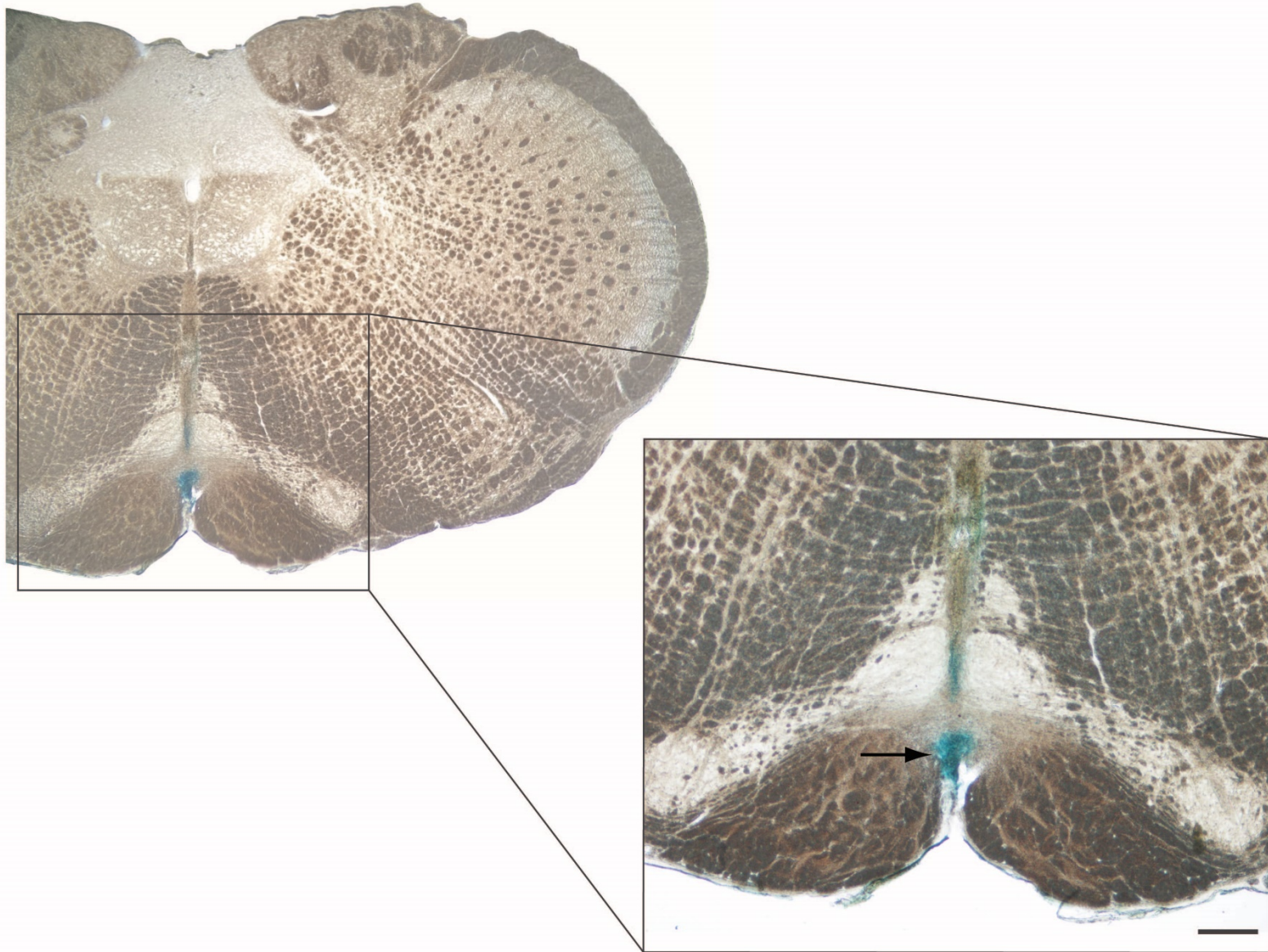


Figure 3.