

1 **Epitranscriptomic regulations in the heart**

2 Benak Daniel^{1,2*}, Kolar Frantisek¹, Hlavackova Marketa¹

3 ¹Laboratory of Developmental Cardiology, Institute of Physiology of the Czech Academy of Sciences,
4 14220 Prague, Czech Republic

5 ²Department of Physiology, Faculty of Science, Charles University, 12844 Prague, Czech Republic

6 *Correspondence:

7 Benak Daniel

8 daniel.benak@fgu.cas.cz

9 Keywords: epitranscriptomics, RNA modifications, epigenetics, m⁶A, RNA, heart

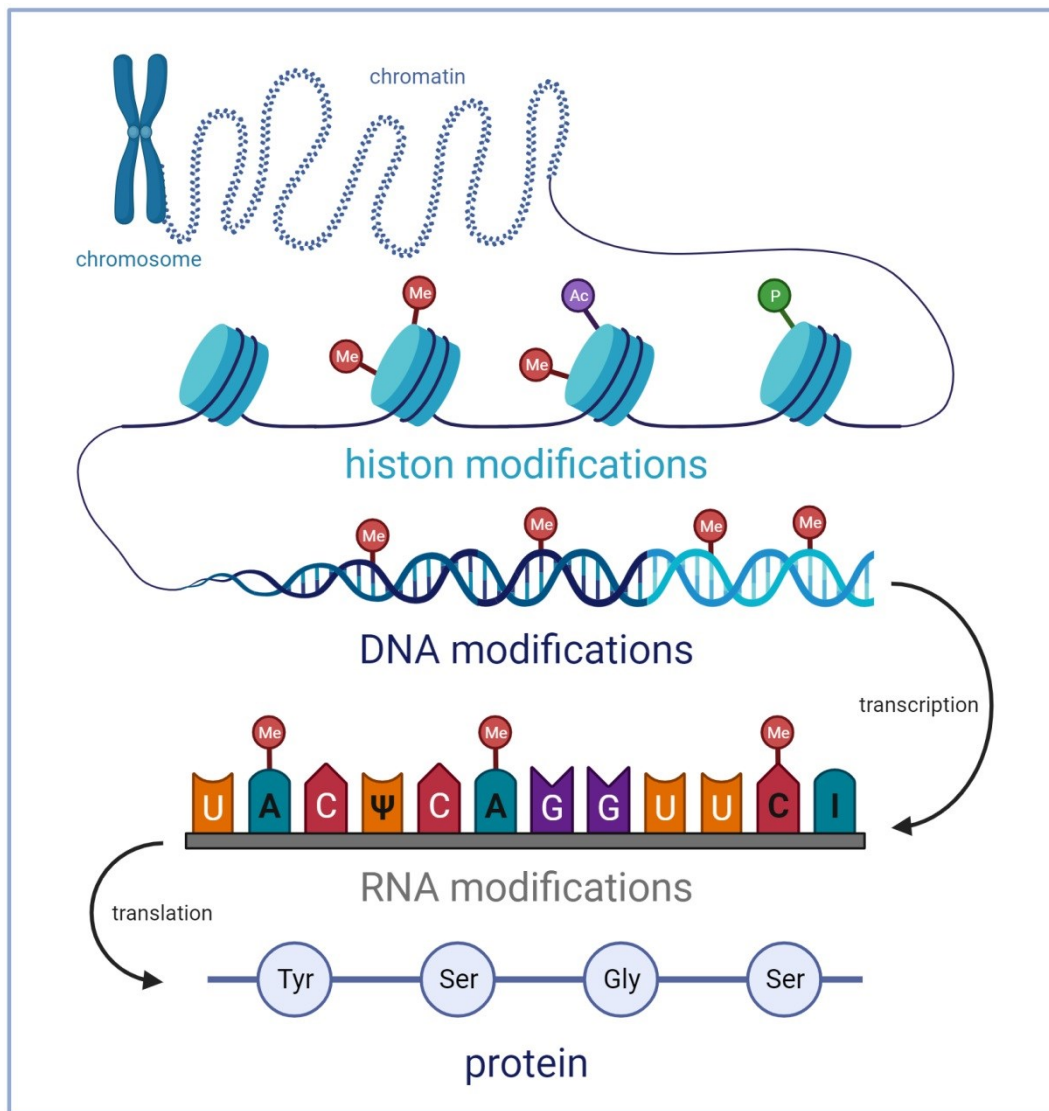
10 **Abstract**

11 RNA modifications affect key stages of the RNA life cycle, including splicing, export, decay, and
12 translation. Epitranscriptomic regulations therefore significantly influence cellular physiology and
13 pathophysiology. Here, we selected some of the most abundant modifications and reviewed their
14 roles in the heart and in cardiovascular diseases: N⁶-methyladenosine (m⁶A), N⁶,2'-O-
15 dimethyladenosine (m⁶Am), N¹-methyladenosine (m¹A), pseudouridine (Ψ), 5-methylcytosine (m⁵C),
16 and inosine (I). Dysregulation of epitranscriptomic machinery affecting these modifications vastly
17 changes the cardiac phenotype and is linked with many cardiovascular diseases such as myocardial
18 infarction, cardiomyopathies, or heart failure. Thus, a deeper understanding of these
19 epitranscriptomic changes and their regulatory mechanisms can enhance our knowledge of the
20 molecular underpinnings of prevalent cardiac diseases, potentially paving the way for novel
21 therapeutic strategies.

22 **1. Introduction**

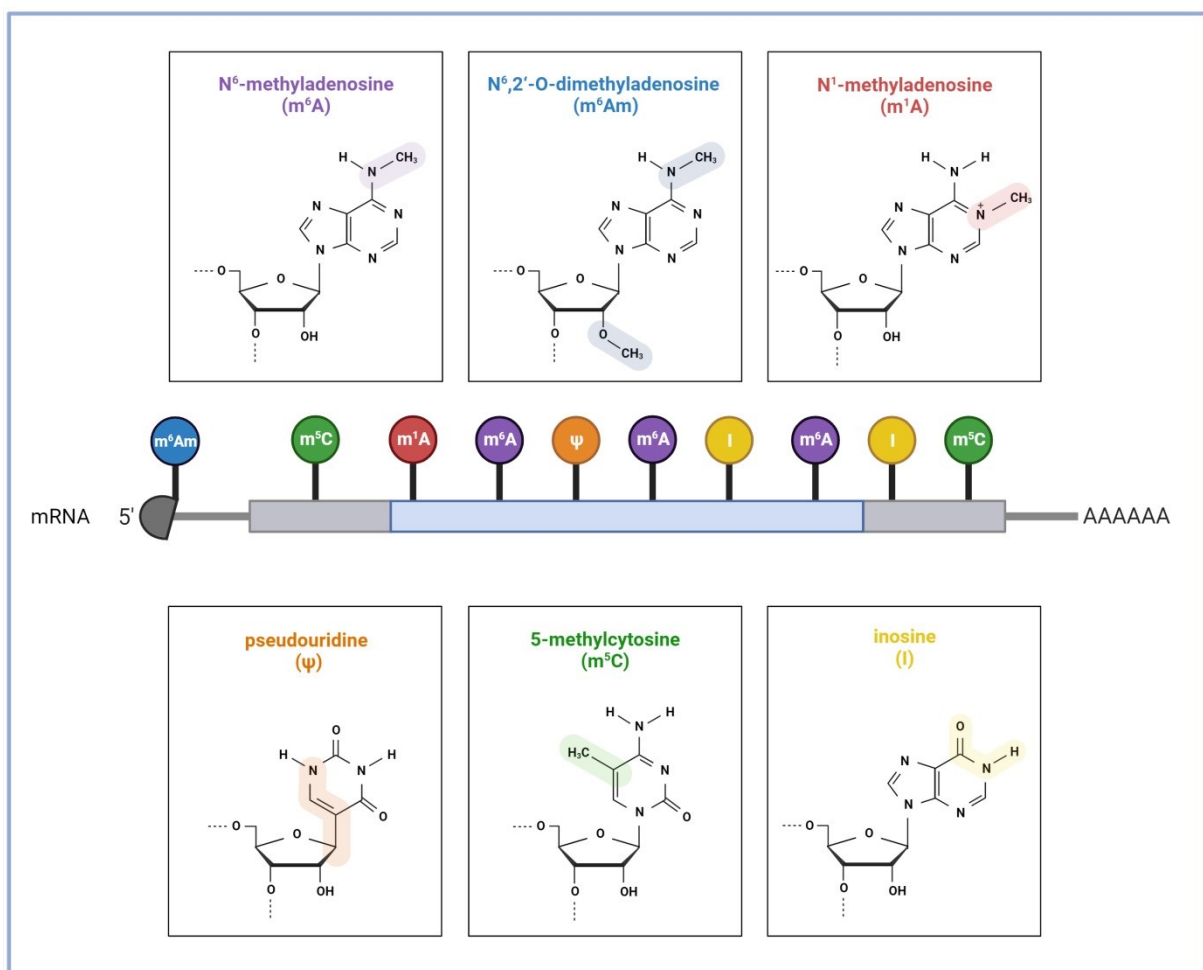
23 The original central dogma of molecular biology states that DNA is transcribed into RNA, which is
24 subsequently translated into proteins [1]. However, the whole process is under the control of
25 epigenetic mechanisms. Epigenetic mechanisms involve chemical modifications to the DNA itself, to
26 the proteins that package DNA into chromatin (histones), or to the RNA molecules transcribed from
27 the DNA (Figure 1). Importantly, the epigenome is responsive to various environmental factors (diet,
28 stress, exposure to toxins, etc.) and can produce heritable phenotypic changes without altering the
29 DNA sequence [2, 3].

30 **Fig. 1:** Basic overview of epigenetic modifications



32 RNA modifications are specifically known as the epitranscriptome. The research field of
 33 epitranscriptomics is rapidly developing. Currently, over 170 chemical RNA modifications are known
 34 (common RNA modifications overviewed in Figure 2) [4]. The largest number of modifications with
 35 the widest chemical diversity is present in tRNA; however, various modifications also occur in other
 36 RNA types, including mRNA [5]. These modifications may be either irreversible or reversible [6].
 37 Epitranscriptomic regulators can be described according to their function as writers (addition of the
 38 epitranscriptomic mark), erasers (removal of the epitranscriptomic mark), and readers (binding to
 39 the modified nucleotide). Dynamic regulation of epitranscriptomic modifications can affect key
 40 stages of the RNA life cycle, including splicing, export, decay, and translation [7, 8].

41 **Fig. 2:** Common RNA modifications



43 Remodeling of the cardiac epitranscriptome has been described in several physiological as well as
44 pathological states. This review summarizes the current knowledge and gaps about RNA
45 modifications in cardiac biology and cardiovascular diseases (CVDs). A better understanding of
46 epitranscriptomic regulations in the healthy and diseased heart opens the door for clinically relevant
47 discoveries in the future.

48 **2. Common RNA modifications and their role in cardiac physiology**

49 **2.1. N⁶-methyladenosine**

50 N⁶-methyladenosine (m⁶A) is the most numerous modification in eukaryotic mRNA; however, it also
51 occurs in other RNA types [9-12]. Multicomponent methyltransferase complex (MTC) is responsible
52 for the deposition of the methyl group to adenosine, forming m⁶A. The two main regulatory subunits
53 of the MTC are methyltransferase-like 3 (METTL3) and methyltransferase-like 14 (METTL14). The
54 catalytic function of the MTC is carried by METTL3 while METTL14 facilitates RNA binding [13, 14].
55 The removal of the methyl group is mediated by two main demethylases. AlkB homolog 5 (ALKBH5) is
56 the primary m⁶A eraser [15]. Fat mass and obesity-associated protein (FTO) is not an m⁶A-specific
57 demethylase, however, m⁶A is the preferable target of FTO in the nucleus [16-18]. There are many
58 described m⁶A readers. The most characterized include YTH domain-containing family proteins 1-3
59 (YTHDF1-3) and YTH domain-containing proteins 1-2 (YTHDC1-2). While readers YTHDF1-3 mediate
60 primarily mRNA degradation, YTHDC1 regulates mRNA splicing and YTHDC2 promotes translation
61 [19-25].

62 The heart is affected by m⁶A already during its ontogenetic development as m⁶A machinery regulates
63 cardiomyocyte growth, proliferation, and differentiation [26-29]. Children born with a loss-of-
64 function mutation in the *FTO* gene (m⁶A demethylase) exhibited heart defects (ventricular septal
65 defect, atrioventricular defect, patent ductus arteriosus), hypertrophic cardiomyopathy and died
66 before 3 years of age [30]. Moreover, various gene variants of m⁶A regulators were linked with CVDs,
67 including myocardial infarction, acute coronary syndrome, increased risk of rejection in heart

68 transplant patients, and sudden cardiac death [31-37]. It has been reported that m⁶A also controls
69 cardiac hypertrophy [38-40]. Dorn et al. [41] suggested that enhanced m⁶A RNA methylation results
70 in compensated cardiac hypertrophy, whereas diminished m⁶A drives eccentric cardiomyocyte
71 remodeling and dysfunction. Changes in m⁶A methylation and dysregulation of m⁶A machinery can
72 contribute to the progression of heart failure [42-47]. Altered cardiac m⁶A patterns were detected
73 also in diabetic cardiomyopathy with distinct dysregulation of m⁶A machinery in the two types of
74 diabetes [48-50]. The heterogeneous role of m⁶A modification in CVDs has been reviewed in several
75 recent publications [51-60].

76 Altered m⁶A levels in different CVDs might also serve as useful biomarkers. For instance, it has been
77 described that patients with coronary artery disease (CAD) had significantly lower urine m⁶A levels
78 compared to healthy individuals [61].

79 Since cardiac m⁶A machinery is dysregulated under many pathophysiological conditions, targeting
80 m⁶A modifiers can also induce cardioprotection. Several studies showed that demethylases FTO and
81 ALKBH5 can protect cardiomyocytes against detrimental effects, such as treatment with cardiotoxic
82 compounds or hypoxia/reoxygenation injury [43, 62-68]. On the contrary, loss of METTL3 or
83 METTL14 can alleviate myocardial injury and promote heart regeneration [69, 70]. Thus, improving
84 our knowledge of the m⁶A regulations in the heart may lead to novel cardioprotective strategies
85 using specific pharmacological activators or inhibitors targeting m⁶A modifiers.

86 **2.2. N⁶,2'-O-dimethyladenosine**

87 N⁶,2'-O-dimethyladenosine (m⁶Am) is formed by N⁶-methylation of 2'-O-methyladenosine (Am). It
88 has been described only in mRNA and snRNA [50, 71]. This modification is present at the first
89 transcribed nucleotide and forms the extended cap structure in at least 30-40% of all vertebrate
90 mRNA [72, 73]. Moreover, m⁶Am is also present at the internal sites of snRNAs [17]. The formation of
91 m⁶Am in the cap is mediated by phosphorylated CTD interacting factor 1 (PCIF1), while
92 methyltransferase-like 4 (METTL4) is responsible for internal m⁶Am formation [74-77]. The

93 demethylation of m⁶Am takes place mainly in the cytosol where it is mediated by FTO, the same
94 eraser that targets m⁶A in the nucleus [17, 18, 78, 79]. There are currently no m⁶Am readers
95 mediating the biological functions of this modification described, but it is known that the presence of
96 m⁶Am in the cap structure markedly enhances mRNA stability (in mRNA cap) and splicing (in snRNA
97 cap) [78, 80].

98 The function of m⁶Am modification in the heart is mostly unknown. There are several problems
99 associated with m⁶Am research: 1) many m⁶A detection methods do not distinguish between m⁶A
100 and m⁶Am; 2) FTO is not a specific eraser because it demethylates also m⁶A and m¹A; 3) METTL4 can
101 also catalyze 6mA methylation. Thus, the potential effect of m⁶Am on cardiac function could be
102 masked as m⁶A in many studies [71]. Besides the non-specific demethylase FTO covered in the
103 previous chapter, not much is known about the role of m⁶Am and its regulators in the heart. Publicly
104 available RNA-seq datasets generated from human left ventricles of failing and non-failing hearts
105 reported some degree of regulation of *METTL4* (down-regulation) and *PCIF1* (up-regulation) [71].
106 Besides that, we recently found that m⁶Am writers were regulated also in cardioprotective
107 interventions. *METTL4* was decreased in the hearts of rats adapted to chronic hypoxia and *PCIF1* was
108 increased in the hearts of rats subjected to fasting [71, 81].

109 **2.3. N¹-methyladenosine**

110 N¹-methyladenosine (m¹A) is found mainly in tRNA and rRNA, but less numerously also in mRNA [82-
111 85]. The writer proteins responsible for m¹A methylation include tRNA methyltransferase 6 (TRMT6),
112 TRMT61A, TRMT61B, TRMT10C or ribosomal RNA-processing protein 8 (RRP8; also known as
113 NML)[86-90]. Demethylation of m¹A is catalysed by erasers ALKBH1, and ALKBH3 [85, 91-93].
114 Moreover, FTO (m⁶A and m⁶Am eraser) also works as a demethylase of m¹A in tRNA [17]. The m¹A
115 modification affects the structure and stability of tRNA and rRNA and its presence in mRNA regulates
116 translation [85, 86, 94-96].

117 So far, no association between m¹A and CVDs has been found [97]. Analysis of methylated
118 nucleosides in urine that revealed altered m⁶A levels in CAD patients did not find any changes in the
119 case of m¹A [61].

120 **2.4. Pseudouridine**

121 Pseudouridine (Ψ), the C5-glycoside isomer of uridine (U), is the first discovered and overall the most
122 prevalent RNA modification that has been identified in almost all known RNA types [98-100]. The
123 conversion of U to Ψ is mediated by the diverse pseudouridine synthase (PUS) family [101]. So far, 13
124 members of PUSs have been described in eukaryotes [100]. The human homologs of PUSs include
125 PUS1, PUS3, PUS7, PUS10, PUSL1, PUSL7, TRUB1-2 (TruB pseudouridine synthase 1-2), RPU1-4
126 (RNA pseudouridine synthase D1-4), and DKC1 (dyskerin pseudouridine synthase 1) [102]. The
127 formation of Ψ is irreversible (unlike the aforementioned modifications) [103]. The only known Ψ
128 reader is a yeast RNA helicase Prp5 interacting with snRNA [104, 105]. The molecular functions of Ψ
129 include stabilization of RNA conformations and destabilization of interactions with RNA-binding
130 proteins; the most well-characterized function of Ψ in mRNA is the promotion of a stop codon read-
131 through [100, 106].

132 Plasma and urine levels of Ψ were linked to CVDs [107]. Patients with heart failure exhibited higher
133 plasma concentrations of Ψ than healthy controls and this modification was suggested as a suitable
134 biomarker for heart failure diagnosis [108-110]. Tetralogy of Fallot, the most common cyanotic
135 congenital heart defect, is associated with decreased Ψ levels in ventricular myocardial tissues, which
136 is under the control of small Cajal body-specific RNAs [111, 112].

137 **2.5. 5-methylcytosine**

138 5-methylcytosine (m⁵C) is an abundant RNA modification present in a wide variety of RNA types. The
139 writers responsible for the installation of m⁵C in humans are NOL1/NOP2/SUN domain proteins 1-7
140 (NSUN1-7) and DNA methyltransferase homolog DNMT2 [113, 114]. Ten-eleven translocation
141 proteins 1-3 (TET1-3) and ALKBH1 are known as m⁵C erasers. TET-mediated oxidation results in a

142 formation of 5-hydroxymethylcytosin (hm⁵C), while ALKBH1 is responsible for the oxidation of m⁵C in
143 mitochondrial tRNA generating 5-formylcytosine (f⁵C) [115, 116]. The readers of m⁵C include Aly/REF
144 export factor (ALYREF), which influences nuclear-cytoplasmic shuttling [117], and Y-box-binding
145 protein 1 (YBX1), which preserves the stability of its target mRNA by recruiting ELAVL1 [118]. This
146 modification is an important regulator of RNA export, ribosome assembly, translation, and RNA
147 stability [113, 119, 120].

148 In mammals, m⁵C modification occurs more frequently in the myocardium and skeletal muscle
149 compared to other organs. The enrichment of m⁵C is especially present in mitochondrial-related
150 genes, suggesting a particularly important function of m⁵C in the high-energy demanding
151 myocardium [121]. Indeed, specific inactivation of the methyltransferase NSUN4 in the heart caused
152 cardiomyopathy with mitochondrial dysfunction [122]. Deficiency of methyltransferase *Dnmt2* gene
153 in mice resulted in cardiac hypertrophy [123]. RNA binding protein and known m⁵C reader YBX1 was
154 also identified as a cardiac hypertrophy regulator [124, 125]. NSUN2 was found to increase *Nrf2*
155 expression by promoting m⁵C methylation of its mRNA and enhancing its antioxidant stress effect,
156 which attenuates doxorubicin-induced myocardial damage [126].

157 **2.6. RNA editing**

158 RNA editing includes nucleoside modifications such as adenosine deamination to inosine (A-to-I
159 editing) or cytosine deamination to uridine (C-to-U editing), as well as insertion and deletion of
160 nucleotides [127, 128]. Deamination of A to I is irreversible and it is performed by enzymes belonging
161 to the adenosine deaminase acting on RNA (ADAR) family, which is represented by three ADAR
162 orthologs (ADAR1-3) in mammals. ADAR1 and ADAR2 are widely expressed, while ADAR3 was
163 detected only in the brain [129, 130]. C-to-U editing is not as common as A-to-I editing [131]. The
164 deamination of C to U is performed by a multiple-protein editosome, which includes the catalytic
165 subunit apolipoprotein B mRNA editing enzyme catalytic subunit 1 (APOBEC1) and an RNA-binding
166 protein APOBEC1 complementation factor (A1CF) [132]. RNA editing in protein-coding regions of

167 mRNAs can result in the expression of functionally altered proteins while editing in microRNA
168 (miRNA) precursors leads to reduced expression or altered function of mature miRNAs [133].

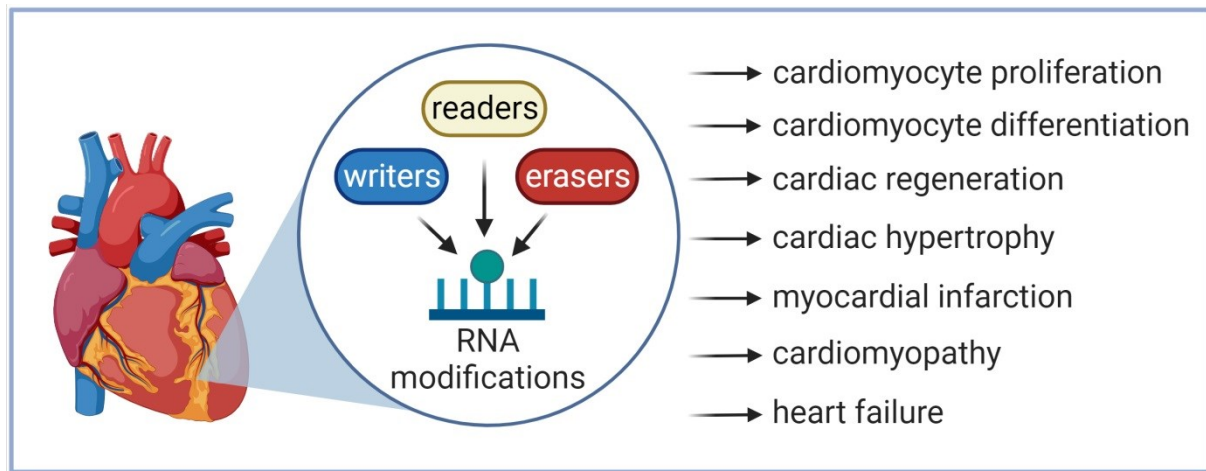
169 ADAR1 is an essential enzyme for normal embryonic cardiac growth and development [134].
170 Cardiomyocyte-specific deletion of *Adar1* in adult mice caused severe ventricular remodeling and
171 spontaneous cardiac dysfunction associated with a significant rise in lethality [135]. ADAR1 was also
172 shown to prevent autoinflammatory processes in the heart [136]. A-to-I RNA editing has been
173 significantly increased among children with cyanotic congenital heart disease compared to acyanotic
174 controls [137]. On the contrary, reduction of A-to-I editing and decreased levels of ADAR2 have been
175 described in the failing human heart [138]. Strong down-regulation of ADAR2 and up-regulation of
176 ADAR1 expression was observed in blood samples of patients with congenital heart disease. The
177 decrease in ADAR2 levels was in line with its down-regulation in ventricular tissues of dilated
178 cardiomyopathy patients. Thus, it has been suggested that ADAR2 activity might play a critical role in
179 preventing cardiovascular disorders [139]. Indeed, Wu et al. [140] described that ADAR2 was up-
180 regulated in the heart during exercise and that this enzyme protects the heart against myocardial
181 infarction as well as doxorubicin-induced cardiotoxicity, supporting the hypothesis of the beneficial
182 effect of ADAR2 on the heart. So far, RNA editing therapeutics have not been established for the
183 treatment of CVDs, however, it is a prospective therapeutic approach that could be implemented in
184 the near future [141].

185 **Conclusion**

186 CVDs remain the leading cause of death worldwide. The search for appropriate cardioprotective
187 strategies is therefore of crucial importance. The significant role of epitranscriptomics in cellular
188 physiology and pathophysiology has been already accepted by the scientific community in the past
189 few years. However, the exact role of complex epitranscriptomic regulations in the heart and CVDs is
190 still far from being understood. It is becoming clear that RNA modifications and their regulators play
191 a vital role in the ontogenetic development of the heart. Many CVDs, such as myocardial infarction,

192 cardiomyopathies, or heart failure, have been also associated with dysregulated epitranscriptomic
193 machinery (Figure 3). Most importantly, targeting the enzymes responsible for regulating the RNA
194 modifications affected by these diseases proved to be beneficial for the heart. Thus, it is only a
195 matter of time before targeting epitranscriptomic regulations becomes a part of clinical practice.

196 **Fig. 3: Role of RNA modifications in the heart**



198 **Authors' contributions**

199 B.D. drafted the article, K.F. and H.M. provided substantive revisions.

200 **Declaration of conflicting interests**

201 The authors declare that they have no conflict of interest.

202 **Acknowledgments**

203 Figures were created with BioRender.com.

204 **Funding**

205 This work was supported by the Czech Science Foundation under Grant (24-10497S) to H.M.; the
206 Charles University Grant Agency under Grant (GA UK 668220) to B.D.; and the project National
207 Institute for Research of Metabolic and Cardiovascular Diseases (Programme EXCELES, ID Project No.
208 LX22NPO5104) to K.F. - Funded by the European Union – Next Generation EU.

209

210 **References:**

- 211 1. Crick, F.H., *On protein synthesis*. Symp Soc Exp Biol, 1958. **12**: p. 138-63.
- 212 2. Devaux, Y. and E.L. Robinson, *Preface*, in *Epigenetics in Cardiovascular Disease*, Y. Devaux and
213 E.L. Robinson, Editors. 2021, Academic Press. p. XXI-XXVI.
- 214 3. Zhang, L., Q. Lu, and C. Chang, *Epigenetics in Health and Disease*, in *Epigenetics in Allergy and*
215 *Autoimmunity*, C. Chang and Q. Lu, Editors. 2020, Springer Singapore: Singapore. p. 3-55.
- 216 4. Boccaletto, P., et al., *MODOMICS: a database of RNA modification pathways. 2017 update*.
217 *Nucleic Acids Res*, 2018. **46**(D1): p. D303-d307.
- 218 5. Roundtree, I.A., et al., *Dynamic RNA Modifications in Gene Expression Regulation*. *Cell*, 2017.
219 **169**(7): p. 1187-1200.
- 220 6. Dieterich, C. and M. Völkers, *Chapter 6 - RNA modifications in cardiovascular disease—An*
221 *experimental and computational perspective*, in *Epigenetics in Cardiovascular Disease*, Y.
222 Devaux and E.L. Robinson, Editors. 2021, Academic Press. p. 113-125.
- 223 7. Lee, Y., et al., *Molecular Mechanisms Driving mRNA Degradation by m(6)A Modification*.
224 *Trends Genet*, 2020. **36**(3): p. 177-188.
- 225 8. Boo, S.H. and Y.K. Kim, *The emerging role of RNA modifications in the regulation of mRNA*
226 *stability*. *Exp Mol Med*, 2020. **52**(3): p. 400-408.
- 227 9. Desrosiers, R., K. Friderici, and F. Rottman, *Identification of methylated nucleosides in*
228 *messenger RNA from Novikoff hepatoma cells*. *Proc Natl Acad Sci U S A*, 1974. **71**(10): p.
229 3971-5.
- 230 10. Dominissini, D., et al., *Transcriptome-wide mapping of N(6)-methyladenosine by m(6)A-seq*
231 *based on immunocapturing and massively parallel sequencing*. *Nat Protoc*, 2013. **8**(1): p. 176-
232 89.
- 233 11. Meyer, K.D., et al., *Comprehensive analysis of mRNA methylation reveals enrichment in 3'*
234 *UTRs and near stop codons*. *Cell*, 2012. **149**(7): p. 1635-46.
- 235 12. Oerum, S., et al., *A comprehensive review of m6A/m6Am RNA methyltransferase structures*.
236 *Nucleic Acids Res*, 2021. **49**(13): p. 7239-7255.
- 237 13. Wang, P., K.A. Doxtader, and Y. Nam, *Structural Basis for Cooperative Function of Mettl3 and*
238 *Mettl14 Methyltransferases*. *Mol Cell*, 2016. **63**(2): p. 306-317.
- 239 14. Wang, X., et al., *Structural basis of N(6)-adenosine methylation by the METTL3-METTL14*
240 *complex*. *Nature*, 2016. **534**(7608): p. 575-8.
- 241 15. Zheng, G., et al., *ALKBH5 is a mammalian RNA demethylase that impacts RNA metabolism*
242 *and mouse fertility*. *Mol Cell*, 2013. **49**(1): p. 18-29.
- 243 16. Jia, G., et al., *N6-methyladenosine in nuclear RNA is a major substrate of the obesity-*
244 *associated FTO*. *Nat Chem Biol*, 2011. **7**(12): p. 885-7.
- 245 17. Wei, J., et al., *Differential m(6)A, m(6)A(m), and m(1)A Demethylation Mediated by FTO in the*
246 *Cell Nucleus and Cytoplasm*. *Mol Cell*, 2018. **71**(6): p. 973-985.e5.
- 247 18. Relier, S., et al., *FTO-mediated cytoplasmic m(6)A(m) demethylation adjusts stem-like*
248 *properties in colorectal cancer cell*. *Nat Commun*, 2021. **12**(1): p. 1716.
- 249 19. Zaccara, S. and S.R. Jaffrey, *A Unified Model for the Function of YTHDF Proteins in Regulating*
250 *m(6)A-Modified mRNA*. *Cell*, 2020. **181**(7): p. 1582-1595.e18.
- 251 20. Lasman, L., et al., *Context-dependent functional compensation between Ythdf m(6)A reader*
252 *proteins*. *Genes Dev*, 2020. **34**(19-20): p. 1373-1391.
- 253 21. Wang, X., et al., *N6-methyladenosine-dependent regulation of messenger RNA stability*.
254 *Nature*, 2014. **505**(7481): p. 117-20.
- 255 22. Wang, X., et al., *N(6)-methyladenosine Modulates Messenger RNA Translation Efficiency*. *Cell*,
256 2015. **161**(6): p. 1388-99.
- 257 23. Xiao, W., et al., *Nuclear m(6)A Reader YTHDC1 Regulates mRNA Splicing*. *Mol Cell*, 2016.
258 **61**(4): p. 507-519.
- 259 24. Hsu, P.J., et al., *Ythdc2 is an N(6)-methyladenosine binding protein that regulates mammalian*
260 *spermatogenesis*. *Cell Res*, 2017. **27**(9): p. 1115-1127.

- 261 25. Shi, H., et al., *YTHDF3 facilitates translation and decay of N(6)-methyladenosine-modified*
262 *RNA*. Cell Res, 2017. **27**(3): p. 315-328.
- 263 26. Liu, X.H., et al., *Co-effects of m6A and chromatin accessibility dynamics in the regulation of*
264 *cardiomyocyte differentiation*. Epigenetics Chromatin, 2023. **16**(1): p. 32.
- 265 27. Han, Z., et al., *ALKBH5 regulates cardiomyocyte proliferation and heart regeneration by*
266 *demethylating the mRNA of YTHDF1*. Theranostics, 2021. **11**(6): p. 3000-3016.
- 267 28. Yang, C., et al., *Comprehensive Analysis of the Transcriptome-Wide m6A Methylome of Heart*
268 *via MeRIP After Birth: Day 0 vs. Day 7*. Front Cardiovasc Med, 2021. **8**: p. 633631.
- 269 29. Semenovykh, D., et al., *Myocardial m6A regulators in postnatal development: effect of sex*.
270 *Physiol Res*, 2022. **71**(6): p. 877-882.
- 271 30. Boissel, S., et al., *Loss-of-function mutation in the dioxygenase-encoding FTO gene causes*
272 *severe growth retardation and multiple malformations*. Am J Hum Genet, 2009. **85**(1): p. 106-
273 11.
- 274 31. Liu, C., S. Mou, and C. Pan, *The FTO gene rs9939609 polymorphism predicts risk of*
275 *cardiovascular disease: a systematic review and meta-analysis*. PLoS One, 2013. **8**(8): p.
276 e71901.
- 277 32. Doney, A.S., et al., *The FTO gene is associated with an atherogenic lipid profile and*
278 *myocardial infarction in patients with type 2 diabetes: a Genetics of Diabetes Audit and*
279 *Research Study in Tayside Scotland (Go-DARTS) study*. Circ Cardiovasc Genet, 2009. **2**(3): p.
280 255-9.
- 281 33. Hubacek, J.A., et al., *Gene variants at FTO, 9p21, and 2q36.3 are age-independently*
282 *associated with myocardial infarction in Czech men*. Clin Chim Acta, 2016. **454**: p. 119-23.
- 283 34. Hubacek, J.A., et al., *A FTO variant and risk of acute coronary syndrome*. Clin Chim Acta,
284 2010. **411**(15-16): p. 1069-72.
- 285 35. Hubacek, J.A., et al., *The fat mass and obesity related gene polymorphism influences the risk*
286 *of rejection in heart transplant patients*. Clin Transplant, 2018. **32**(12): p. e13443.
- 287 36. Zhen, X., et al., *Genetic Variations Within METTL16 and Susceptibility to Sudden Cardiac*
288 *Death in Chinese Populations With Coronary Artery Disease*. Am J Cardiol, 2023. **202**: p. 90-
289 99.
- 290 37. Wakil, S.M., et al., *A genome-wide association study reveals susceptibility loci for myocardial*
291 *infarction/coronary artery disease in Saudi Arabs*. Atherosclerosis, 2016. **245**: p. 62-70.
- 292 38. Zhang, R., et al., *METTL3 mediates Ang-II-induced cardiac hypertrophy through accelerating*
293 *pri-miR-221/222 maturation in an m6A-dependent manner*. Cell Mol Biol Lett, 2022. **27**(1): p.
294 55.
- 295 39. Carnevali, L., et al., *Signs of cardiac autonomic imbalance and proarrhythmic remodeling in*
296 *FTO deficient mice*. PLoS One, 2014. **9**(4): p. e95499.
- 297 40. Gan, X.T., et al., *Identification of fat mass and obesity associated (FTO) protein expression in*
298 *cardiomyocytes: regulation by leptin and its contribution to leptin-induced hypertrophy*. PLoS
299 One, 2013. **8**(9): p. e74235.
- 300 41. Dorn, L.E., et al., *The N(6)-Methyladenosine mRNA Methylase METTL3 Controls Cardiac*
301 *Homeostasis and Hypertrophy*. Circulation, 2019. **139**(4): p. 533-545.
- 302 42. Kmietczyk, V., et al., *m(6)A-mRNA methylation regulates cardiac gene expression and cellular*
303 *growth*. Life Sci Alliance, 2019. **2**(2): p. e201800233.
- 304 43. Mathiyalagan, P., et al., *FTO-Dependent N(6)-Methyladenosine Regulates Cardiac Function*
305 *During Remodeling and Repair*. Circulation, 2019. **139**(4): p. 518-532.
- 306 44. Berulava, T., et al., *Changes in m6A RNA methylation contribute to heart failure progression*
307 *by modulating translation*. Eur J Heart Fail, 2020. **22**(1): p. 54-66.
- 308 45. Zhang, B., et al., *Alteration of m6A RNA Methylation in Heart Failure With Preserved Ejection*
309 *Fraction*. Front Cardiovasc Med, 2021. **8**: p. 647806.
- 310 46. Zhang, B., et al., *m6A demethylase FTO attenuates cardiac dysfunction by regulating glucose*
311 *uptake and glycolysis in mice with pressure overload-induced heart failure*. Signal Transduct
312 Target Ther, 2021. **6**(1): p. 377.

- 313 47. Komal, S., et al., *ALKBH5 inhibitors as a potential treatment strategy in heart failure-*
314 *inferences from gene expression profiling*. Front Cardiovasc Med, 2023. **10**: p. 1194311.
- 315 48. Ju, W., et al., *Changes in N6-Methyladenosine Modification Modulate Diabetic*
316 *Cardiomyopathy by Reducing Myocardial Fibrosis and Myocyte Hypertrophy*. Front Cell Dev
317 Biol, 2021. **9**: p. 702579.
- 318 49. Shao, Y., et al., *CircRNA CDR1as promotes cardiomyocyte apoptosis through activating hippo*
319 *signaling pathway in diabetic cardiomyopathy*. Eur J Pharmacol, 2022. **922**: p. 174915.
- 320 50. Benak, D., et al., *The role of m6A and m6Am RNA modifications in the pathogenesis of*
321 *diabetes mellitus*. Front Endocrinol (Lausanne), 2023. **14**: p. 1223583.
- 322 51. Zhang, B., et al., *The critical roles of m6A modification in metabolic abnormality and*
323 *cardiovascular diseases*. Genes Dis, 2021. **8**(6): p. 746-758.
- 324 52. Longenecker, J.Z., et al., *Epitranscriptomics in the Heart: a Focus on m(6)A*. Curr Heart Fail
325 Rep, 2020. **17**(5): p. 205-212.
- 326 53. Wu, S., et al., *m(6)A RNA Methylation in Cardiovascular Diseases*. Mol Ther, 2020. **28**(10): p.
327 2111-2119.
- 328 54. Qin, Y., et al., *Role of m6A RNA methylation in cardiovascular disease (Review)*. Int J Mol
329 Med, 2020. **46**(6): p. 1958-1972.
- 330 55. Paramasivam, A., J. Vijayashree Priyadharsini, and S. Raghunandhakumar, *N6-adenosine*
331 *methylation (m6A): a promising new molecular target in hypertension and cardiovascular*
332 *diseases*. Hypertens Res, 2020. **43**(2): p. 153-154.
- 333 56. Kumari, R., et al., *mRNA modifications in cardiovascular biology and disease: with a focus on*
334 *m6A modification*. Cardiovasc Res, 2022. **118**(7): p. 1680-1692.
- 335 57. Leptidis, S., et al., *Epitranscriptomics of cardiovascular diseases (Review)*. Int J Mol Med,
336 2022. **49**(1).
- 337 58. Chen, Y.S., et al., *N6-Adenosine Methylation (m(6)A) RNA Modification: an Emerging Role in*
338 *Cardiovascular Diseases*. J Cardiovasc Transl Res, 2021. **14**(5): p. 857-872.
- 339 59. Zhou, W., et al., *RNA Methylations in Cardiovascular Diseases, Molecular Structure, Biological*
340 *Functions and Regulatory Roles in Cardiovascular Diseases*. Front Pharmacol, 2021. **12**: p.
341 722728.
- 342 60. Xu, Z., et al., *Emerging Roles and Mechanism of m6A Methylation in Cardiometabolic*
343 *Diseases*. Cells, 2022. **11**(7).
- 344 61. Li, Y., et al., *Analysis of urinary methylated nucleosides of patients with coronary artery*
345 *disease by high-performance liquid chromatography/electrospray ionization tandem mass*
346 *spectrometry*. Rapid Commun Mass Spectrom, 2014. **28**(19): p. 2054-8.
- 347 62. Ma, Y., et al., *Alteration of N(6)-Methyladenosine mRNA Methylation in a Human Stem Cell-*
348 *Derived Cardiomyocyte Model of Tyrosine Kinase Inhibitor-Induced Cardiotoxicity*. Front
349 Cardiovasc Med, 2022. **9**: p. 849175.
- 350 63. Deng, W., Q. Jin, and L. Li, *Protective mechanism of demethylase fat mass and obesity-*
351 *associated protein in energy metabolism disorder of hypoxia-reoxygenation-induced*
352 *cardiomyocytes*. Exp Physiol, 2021. **106**(12): p. 2423-2433.
- 353 64. Shen, W., et al., *FTO overexpression inhibits apoptosis of hypoxia/reoxygenation-treated*
354 *myocardial cells by regulating m6A modification of Mhrt*. Mol Cell Biochem, 2021. **476**(5): p.
355 2171-2179.
- 356 65. Ke, W.L., et al., *m(6)A demethylase FTO regulates the apoptosis and inflammation of*
357 *cardiomyocytes via YAP1 in ischemia-reperfusion injury*. Bioengineered, 2022. **13**(3): p. 5443-
358 5452.
- 359 66. Zhang, X., et al., *Dexmedetomidine Postconditioning Alleviates Hypoxia/Reoxygenation Injury*
360 *in Senescent Myocardial Cells by Regulating lncRNA H19 and m⁶A Modification*.
361 Oxidative Medicine and Cellular Longevity, 2020. **2020**: p. 9250512.
- 362 67. Cui, Y., et al., *Cinnamic acid mitigates left ventricular hypertrophy and heart failure in part*
363 *through modulating FTO-dependent N(6)-methyladenosine RNA modification in*
364 *cardiomyocytes*. Biomed Pharmacother, 2023. **165**: p. 115168.

- 365 68. Yu, P., et al., *RNA m(6)A-Regulated circ-ZNF609 Suppression Ameliorates Doxorubicin-Induced*
366 *Cardiotoxicity by Upregulating FTO*. JACC Basic Transl Sci, 2023. **8**(6): p. 677-698.
- 367 69. Gong, R., et al., *Loss of m(6)A methyltransferase METTL3 promotes heart regeneration and*
368 *repair after myocardial injury*. Pharmacol Res, 2021. **174**: p. 105845.
- 369 70. Wu, C., et al., *The m(6)A methylation enzyme METTL14 regulates myocardial*
370 *ischemia/reperfusion injury through the Akt/mTOR signaling pathway*. Mol Cell Biochem,
371 2023.
- 372 71. Benak, D., et al., *RNA modification m(6)Am: the role in cardiac biology*. Epigenetics, 2023.
373 **18**(1): p. 2218771.
- 374 72. Wei, C., A. Gershowitz, and B. Moss, *N6, O2'-dimethyladenosine a novel methylated*
375 *ribonucleoside next to the 5' terminal of animal cell and virus mRNAs*. Nature, 1975.
376 **257**(5523): p. 251-3.
- 377 73. Bokar, J.A., *The biosynthesis and functional roles of methylated nucleosides in eukaryotic*
378 *mRNA*, in *Fine-Tuning of RNA Functions by Modification and Editing*, H. Grosjean, Editor.
379 2005, Springer Berlin Heidelberg: Berlin, Heidelberg. p. 141-177.
- 380 74. Akichika, S., et al., *Cap-specific terminal N(6)-methylation of RNA by an RNA polymerase II-*
381 *associated methyltransferase*. Science, 2019. **363**(6423).
- 382 75. Sun, H., et al., *Cap-specific, terminal N(6)-methylation by a mammalian m(6)Am*
383 *methyltransferase*. Cell Res, 2019. **29**(1): p. 80-82.
- 384 76. Chen, H., et al., *METTL4 is an snRNA m(6)Am methyltransferase that regulates RNA splicing*.
385 Cell Res, 2020. **30**(6): p. 544-547.
- 386 77. Goh, Y.T., et al., *METTL4 catalyzes m6Am methylation in U2 snRNA to regulate pre-mRNA*
387 *splicing*. Nucleic Acids Res, 2020. **48**(16): p. 9250-9261.
- 388 78. Mauer, J., et al., *Reversible methylation of m(6)A(m) in the 5' cap controls mRNA stability*.
389 Nature, 2017. **541**(7637): p. 371-375.
- 390 79. Mauer, J. and S.R. Jaffrey, *FTO, m(6) A(m) , and the hypothesis of reversible epitranscriptomic*
391 *mRNA modifications*. FEBS Lett, 2018. **592**(12): p. 2012-2022.
- 392 80. Mauer, J., et al., *FTO controls reversible m(6)Am RNA methylation during snRNA biogenesis*.
393 Nat Chem Biol, 2019. **15**(4): p. 340-347.
- 394 81. Benak, D., et al., *Myocardial epitranscriptomics in fasting*. Journal of Molecular and Cellular
395 Cardiology, 2022. **173**: p. S52.
- 396 82. Dunn, D.B., *The occurrence of 1-methyladenine in ribonucleic acid*. Biochim Biophys Acta,
397 1961. **46**: p. 198-200.
- 398 83. Helm, M., R. Giegé, and C. Florentz, *A Watson-Crick base-pair-disrupting methyl group*
399 *(m1A9) is sufficient for cloverleaf folding of human mitochondrial tRNALys*. Biochemistry,
400 1999. **38**(40): p. 13338-46.
- 401 84. Sharma, S., et al., *Identification of a novel methyltransferase, Bmt2, responsible for the N-1-*
402 *methyl-adenosine base modification of 25S rRNA in Saccharomyces cerevisiae*. Nucleic Acids
403 Res, 2013. **41**(10): p. 5428-43.
- 404 85. Dominissini, D., et al., *The dynamic N(1)-methyladenosine methylome in eukaryotic*
405 *messenger RNA*. Nature, 2016. **530**(7591): p. 441-6.
- 406 86. Safra, M., et al., *The m1A landscape on cytosolic and mitochondrial mRNA at single-base*
407 *resolution*. Nature, 2017. **551**(7679): p. 251-255.
- 408 87. Li, X., et al., *Base-Resolution Mapping Reveals Distinct m(1)A Methylome in Nuclear- and*
409 *Mitochondrial-Encoded Transcripts*. Mol Cell, 2017. **68**(5): p. 993-1005.e9.
- 410 88. Chujo, T. and T. Suzuki, *Trmt61B is a methyltransferase responsible for 1-methyladenosine at*
411 *position 58 of human mitochondrial tRNAs*. Rna, 2012. **18**(12): p. 2269-76.
- 412 89. Bar-Yaacov, D., et al., *Mitochondrial 16S rRNA Is Methylated by tRNA Methyltransferase*
413 *TRMT61B in All Vertebrates*. PLoS Biol, 2016. **14**(9): p. e1002557.
- 414 90. Waku, T., et al., *NML-mediated rRNA base methylation links ribosomal subunit formation to*
415 *cell proliferation in a p53-dependent manner*. J Cell Sci, 2016. **129**(12): p. 2382-93.

- 416 91. Liu, F., et al., *ALKBH1-Mediated tRNA Demethylation Regulates Translation*. Cell, 2016.
417 **167**(3): p. 816-828.e16.
- 418 92. Li, X., et al., *Transcriptome-wide mapping reveals reversible and dynamic N(1)-*
419 *methyladenosine methylome*. Nat Chem Biol, 2016. **12**(5): p. 311-6.
- 420 93. Chen, Z., et al., *Transfer RNA demethylase ALKBH3 promotes cancer progression via induction*
421 *of tRNA-derived small RNAs*. Nucleic Acids Res, 2019. **47**(5): p. 2533-2545.
- 422 94. Oerum, S., et al., *m1A Post-Transcriptional Modification in tRNAs*. Biomolecules, 2017. **7**(1).
- 423 95. Shima, H. and K. Igarashi, *N 1-methyladenosine (m1A) RNA modification: the key to ribosome*
424 *control*. J Biochem, 2020. **167**(6): p. 535-539.
- 425 96. Zhao, B.S., I.A. Roundtree, and C. He, *Post-transcriptional gene regulation by mRNA*
426 *modifications*. Nat Rev Mol Cell Biol, 2017. **18**(1): p. 31-42.
- 427 97. Wu, Y., et al., *RNA modifications in cardiovascular diseases, the potential therapeutic targets*.
428 Life Sci, 2021. **278**: p. 119565.
- 429 98. Cohn, W.E., *Some results of the applications of ion-exchange chromatography to nucleic acid*
430 *chemistry*. J Cell Physiol Suppl, 1951. **38**(Suppl. 1): p. 21-40.
- 431 99. Xue, C., et al., *Role of main RNA modifications in cancer: N(6)-methyladenosine, 5-*
432 *methylcytosine, and pseudouridine*. Signal Transduct Target Ther, 2022. **7**(1): p. 142.
- 433 100. Sun, H., et al., *Regulation and functions of non-m(6)A mRNA modifications*. Nat Rev Mol Cell
434 Biol, 2023.
- 435 101. Rintala-Dempsey, A.C. and U. Kothe, *Eukaryotic stand-alone pseudouridine synthases - RNA*
436 *modifying enzymes and emerging regulators of gene expression?* RNA Biol, 2017. **14**(9): p.
437 1185-1196.
- 438 102. Li, X., S. Ma, and C. Yi, *Pseudouridine: the fifth RNA nucleotide with renewed interests*. Curr
439 Opin Chem Biol, 2016. **33**: p. 108-16.
- 440 103. Zhao, B.S. and C. He, *Pseudouridine in a new era of RNA modifications*. Cell Res, 2015. **25**(2):
441 p. 153-4.
- 442 104. Wu, G., et al., *Pseudouridines in U2 snRNA stimulate the ATPase activity of Prp5 during*
443 *spliceosome assembly*. Embo j, 2016. **35**(6): p. 654-67.
- 444 105. Levi, O. and Y.S. Arava, *Pseudouridine-mediated translation control of mRNA by methionine*
445 *aminoacyl tRNA synthetase*. Nucleic Acids Res, 2021. **49**(1): p. 432-443.
- 446 106. Borchardt, E.K., N.M. Martinez, and W.V. Gilbert, *Regulation and Function of RNA*
447 *Pseudouridylation in Human Cells*. Annu Rev Genet, 2020. **54**: p. 309-336.
- 448 107. Jalan, A., et al., *Decoding the 'Fifth' Nucleotide: Impact of RNA Pseudouridylation on Gene*
449 *Expression and Human Disease*. Mol Biotechnol, 2023.
- 450 108. Razavi, A.C., et al., *Pseudouridine and N-formylmethionine associate with left ventricular*
451 *mass index: Metabolome-wide association analysis of cardiac remodeling*. J Mol Cell Cardiol,
452 2020. **140**: p. 22-29.
- 453 109. Alexander, D., et al., *Metabolomic distinction and insights into the pathogenesis of human*
454 *primary dilated cardiomyopathy*. Eur J Clin Invest, 2011. **41**(5): p. 527-38.
- 455 110. Dunn, W.B., et al., *Serum metabolomics reveals many novel metabolic markers of heart*
456 *failure, including pseudouridine and 2-oxoglutarate*. Metabolomics, 2007. **3**(4): p. 413-426.
- 457 111. Nagasawa, C.K., et al., *scaRNA1 Levels Alter Pseudouridylation in Spliceosomal RNA U2*
458 *Affecting Alternative mRNA Splicing and Embryonic Development*. Pediatric Cardiology, 2020.
459 **41**(2): p. 341-349.
- 460 112. Patil, P., et al., *scaRNAs regulate splicing and vertebrate heart development*. Biochim Biophys
461 Acta, 2015. **1852**(8): p. 1619-29.
- 462 113. Bohnsack, K.E., C. Höbartner, and M.T. Bohnsack, *Eukaryotic 5-methylcytosine (m⁵C) RNA*
463 *Methyltransferases: Mechanisms, Cellular Functions, and Links to Disease*. Genes (Basel),
464 2019. **10**(2).
- 465 114. Wang, Y.Y., et al., *The role of m⁵C methyltransferases in cardiovascular diseases*. Front
466 Cardiovasc Med, 2023. **10**: p. 1225014.

- 467 115. Haag, S., et al., *NSUN3 and ABH1 modify the wobble position of mt-tRNAMet to expand*
468 *codon recognition in mitochondrial translation*. *Embo j*, 2016. **35**(19): p. 2104-2119.
- 469 116. Fu, L., et al., *Tet-mediated formation of 5-hydroxymethylcytosine in RNA*. *J Am Chem Soc*,
470 2014. **136**(33): p. 11582-5.
- 471 117. Yang, X., et al., *5-methylcytosine promotes mRNA export - NSUN2 as the methyltransferase*
472 *and ALYREF as an m(5)C reader*. *Cell Res*, 2017. **27**(5): p. 606-625.
- 473 118. Chen, X., et al., *5-methylcytosine promotes pathogenesis of bladder cancer through*
474 *stabilizing mRNAs*. *Nat Cell Biol*, 2019. **21**(8): p. 978-990.
- 475 119. Squires, J.E. and T. Preiss, *Function and detection of 5-methylcytosine in eukaryotic RNA*.
476 *Epigenomics*, 2010. **2**(5): p. 709-15.
- 477 120. Chen, Y.S., et al., *Dynamic transcriptomic m(5) C and its regulatory role in RNA processing*.
478 *Wiley Interdiscip Rev RNA*, 2021. **12**(4): p. e1639.
- 479 121. Huang, T., et al., *Genome-wide identification of mRNA 5-methylcytosine in mammals*. *Nature*
480 *Structural & Molecular Biology*, 2019. **26**(5): p. 380-388.
- 481 122. Metodiev, M.D., et al., *NSUN4 is a dual function mitochondrial protein required for both*
482 *methylation of 12S rRNA and coordination of mitoribosomal assembly*. *PLoS Genet*, 2014.
483 **10**(2): p. e1004110.
- 484 123. Ghanbarian, H., et al., *Dnmt2/Trdmt1 as Mediator of RNA Polymerase II Transcriptional*
485 *Activity in Cardiac Growth*. *PLoS One*, 2016. **11**(6): p. e0156953.
- 486 124. Varma, E., et al., *Translational control of Ybx1 expression regulates cardiac function in*
487 *response to pressure overload in vivo*. *Basic Res Cardiol*, 2023. **118**(1): p. 25.
- 488 125. Yang, R., et al., *Long non-coding RNA KCND1 protects hearts from hypertrophy by targeting*
489 *YBX1*. *Cell Death Dis*, 2023. **14**(5): p. 344.
- 490 126. Wang, Y., et al., *NSUN2 alleviates doxorubicin-induced myocardial injury through Nrf2-*
491 *mediated antioxidant stress*. *Cell Death Discov*, 2023. **9**(1): p. 43.
- 492 127. Brennicke, A., A. Marchfelder, and S. Binder, *RNA editing*. *FEMS Microbiol Rev*, 1999. **23**(3):
493 p. 297-316.
- 494 128. Gott, J.M. and R.B. Emeson, *Functions and mechanisms of RNA editing*. *Annu Rev Genet*,
495 2000. **34**: p. 499-531.
- 496 129. Ganem, N.S. and A.T. Lamm, *A-to-I RNA editing - thinking beyond the single nucleotide*. *RNA*
497 *Biol*, 2017. **14**(12): p. 1690-1694.
- 498 130. Dominissini, D., et al., *Adenosine-to-inosine RNA editing meets cancer*. *Carcinogenesis*, 2011.
499 **32**(11): p. 1569-1577.
- 500 131. Bhakta, S. and T. Tsukahara, *C-to-U RNA Editing: A Site Directed RNA Editing Tool for*
501 *Restoration of Genetic Code*. *Genes (Basel)*, 2022. **13**(9).
- 502 132. Sowden, M.P., et al., *The editosome for cytidine to uridine mRNA editing has a native*
503 *complexity of 27S: identification of intracellular domains containing active and inactive*
504 *editing factors*. *J Cell Sci*, 2002. **115**(Pt 5): p. 1027-39.
- 505 133. Nishikura, K., *A-to-I editing of coding and non-coding RNAs by ADARs*. *Nat Rev Mol Cell Biol*,
506 2016. **17**(2): p. 83-96.
- 507 134. Moore, J.B.t., et al., *The A-to-I RNA Editing Enzyme Adar1 Is Essential for Normal Embryonic*
508 *Cardiac Growth and Development*. *Circ Res*, 2020. **127**(4): p. 550-552.
- 509 135. El Azzouzi, H., et al., *Cardiomyocyte Specific Deletion of ADAR1 Causes Severe Cardiac*
510 *Dysfunction and Increased Lethality*. *Front Cardiovasc Med*, 2020. **7**: p. 30.
- 511 136. Garcia-Gonzalez, C., et al., *ADAR1 Prevents Autoinflammatory Processes in the Heart*
512 *Mediated by IRF7*. *Circ Res*, 2022. **131**(7): p. 580-597.
- 513 137. Borik, S., et al., *Increased RNA editing in children with cyanotic congenital heart disease*.
514 *Intensive Care Med*, 2011. **37**(10): p. 1664-71.
- 515 138. Kokot, K.E., et al., *Reduction of A-to-I RNA editing in the failing human heart regulates*
516 *formation of circular RNAs*. *Basic Res Cardiol*, 2022. **117**(1): p. 32.
- 517 139. Altaf, F., et al., *Modulation of ADAR mRNA expression in patients with congenital heart*
518 *defects*. *PLoS One*, 2019. **14**(4): p. e0200968.

- 519 140. Wu, X., et al., *ADAR2 increases in exercised heart and protects against myocardial infarction*
520 *and doxorubicin-induced cardiotoxicity*. *Mol Ther*, 2022. **30**(1): p. 400-414.
- 521 141. Birgaoanu, M., M. Sachse, and A. Gatsiou, *RNA Editing Therapeutics: Advances, Challenges*
522 *and Perspectives on Combating Heart Disease*. *Cardiovasc Drugs Ther*, 2023. **37**(2): p. 401-
523 411.
- 524