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Abstract. Let T be a completely nonunitary contraction on a Hilbert space H with r(T) = 1. Let $a_n > 0$, $a_n \to 0$. Then there exists $x \in H$ with $|\langle T^n x, x \rangle| \ge a_n$ for all n. We construct a unitary operator without this property. This gives a negative answer to a problem of van Neerven.

Let X be a complex Banach space. Then each operator $T \in B(X)$ has orbits that are "large" in the following sense [M1], [B]:

Let (a_n) be a sequence of positive numbers such that $a_n \to 0$. Then there exists $x \in X$ such that $||T^n x|| \ge a_n r(T^n)$ for all n. Moreover, for each $\varepsilon > 0$ it is possible to find $x \in X$ with $||x|| < \sup_n a_n + \varepsilon$.

The corresponding question for weak orbits $\langle T^n x, x^* \rangle$ was considered by J. van Neerven [N], see also [M3].

(1) Let $T \in B(X)$. Let (a_n) be a sequence of positive numbers such that $a_n \to 0$. Do there exist $x \in X$ and $x^* \in X^*$ such that $|\langle T^n x, x^* \rangle| \ge a_n r(T^n)$ for all n?

There are several interesting cases when the answer is positive. In [N], it was proved for positive operators on Banach lattices. In [M2] and [M4] the statement was shown for Banach space operators satisfying $T^n \to 0$ in the strong operator topology and r(T) = 1.

In the present paper we consider Hilbert space operators and generalize this for operators satisfying $T^n \to 0$ in the weak operator topology. As a consequence, we get that (1) is true for any completely non-unitary contraction with r(T) = 1.

Note that for unitary operators questions concerning weak orbits reduce to questions concerning Fourier coefficients of L^1 functions. We show that if μ is a Rajchman measure (in particular, an absolutely continuous measure) on the unit circle, then there is a positive function $f \in L^1(\mu)$ such that $|\hat{f}(n)| \ge a_{|n|}$ for all n (the statement is a folklore in case of the Lebesgue measure, see [K, p. 22 and 26]). However, the previous statement is not true in general. We construct an example of a Kronecker measure ν and a sequence (a_n) of positive numbers, $a_n \to 0$ such that there is no function $f \in L^1(\nu)$ with the above property. This also gives a negative answer to question (1) of van Neerven.

Let H be a complex Hilbert space and let $T \in B(H)$. We say that $T^n \to 0$ in the weak operator topology if $\langle T^n x, y \rangle \to 0$ for all $x, y \in H$.

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Theorem 1. Let $T \in B(H)$ satisfy $T^n \to 0$ in the weak operator topology, let $1 \in \sigma(T)$. Let $(a_n)_{n=0}^{\infty}$ be a sequence of positive numbers satisfying $a_n \to 0$ and let $\varepsilon > 0$. Then there exists $x \in H$ with $||x|| < \sup_n a_n + \varepsilon$ such that

$$\operatorname{Re}\langle T^n x, x \rangle > a_n$$

for all $n \geq 0$.

Proof. Without loss of generality we may assume that $a_0 \ge a_1 \ge \cdots$. Indeed, we may replace the numbers a_n by $\sup_{j>n} a_j$ if necessary. Moreover, it is sufficient to show that if $1 > a_0 \ge a_1 \ge \cdots$ then there exists $x \in H$ of norm 1 such that $\operatorname{Re} \langle T^n x, x \rangle > a_n$ for all $n \geq 0$.

By the Banach-Steinhaus theorem, T is power bounded, i.e., $\sup_n ||T^n|| < \infty$. Let $K = \sup_n ||T^n||$. Clearly r(T) = 1.

Suppose first that $1 \notin \sigma_e(T)$. Then 1 is an eigenvalue and the corresponding eigenvector x of norm 1 satisfies the required condition. Thus we may suppose that $1 \in \sigma_e(T)$. Hence $1 \in \partial \sigma_e(T)$, and by [HW], T - I is not upper semi-Fredholm. Thus for every subspace $M \subset H$ of finite codimension and each $\varepsilon > 0$ there exists a vector $x \in M$ with ||x|| = 1 and $||Tx - x|| < \varepsilon$. Moreover, given $k \in \mathbb{N}$, we can find a vector $u \in M$ of norm 1 such that $||T^j u - u|| < \varepsilon$ for all $j \leq k$.

By [M2], there are positive numbers c_i $(i \ge 1)$ such that $\sum_{i=1}^{\infty} c_i^2 = 1$ and $\sum_{i=k+1}^{\infty} c_i^2 > 3Kc_k$ for all $k \ge 1$.

Set formally $\delta_0 = 0$. Let $\delta_1, \delta_2, \ldots$ be positive numbers satisfying $\delta_i < \frac{1-a_i}{2^i}$ and

 $\delta_i < \frac{K}{i^2 2^{i+2}} \min\{c_k : k = 1, \dots, i+1\}.$ Find n_0 such that $a_{n_0} < \sum_{i=2}^{\infty} c_i^2 - 3Kc_1$. We construct an increasing sequence (n_k) of positive integers and a sequence (x_k) of unit vectors in H in the following way: Let $k \in \mathbb{N}$ and suppose that $x_i \in H$ and $n_i \in \mathbb{N}$ have already been constructed for $1 \leq i \leq k-1$. Find $x_k \in H$ of norm 1 such that

$$x_k \perp T^j x_t \qquad (0 \le j \le n_{k-1}, 1 \le t \le k-1)$$

and

$$||T^j x_k - x_k|| < \delta_k \qquad (j \le n_{k-1}).$$

Find $n_k > n_{k-1}$ such that

$$|\langle T^j x_t, x_s \rangle| < \delta_k \qquad (j \ge n_k, 1 \le s, t \le k)$$

and

$$a_{n_k} < \sum_{i=k+2}^{\infty} c_i^2 - 3Kc_{k+1}.$$

Let the sequences (x_k) and (n_k) have been constructed in the above described way. Set $x = \sum_{k=1}^{\infty} c_k x_k$. Since the vectors x_k are orthonormal, we have $||x|| = (\sum_{k=1}^{\infty} c_k^2)^{1/2} = 1$. For $j \leq n_0$ we have

$$\operatorname{Re} \langle T^{j}x, x \rangle = \operatorname{Re} \left\langle \sum_{s=1}^{\infty} c_{s}T^{j}x_{s}, x \right\rangle = \sum_{s=1}^{\infty} c_{s}\operatorname{Re} \left(\langle x_{s}, x \rangle - \langle x_{s} - T^{j}x_{s}, x \rangle \right)$$
$$\geq \sum_{s=1}^{\infty} c_{s}^{2} - \sum_{s=1}^{\infty} c_{s}\delta_{s} \ge 1 - \sum_{s=1}^{\infty} \delta_{s} > 1 - \sum_{s=1}^{\infty} \frac{1 - a_{1}}{2^{s}} = a_{1} \ge a_{j}.$$

Let $k \ge 1$ and $n_{k-1} < j \le n_k$. We have

$$\begin{aligned} \operatorname{Re} \left\langle T^{j}x, x \right\rangle &= \operatorname{Re} \left\langle \sum_{s=1}^{k} c_{s}T^{j}x_{s}, x \right\rangle + \operatorname{Re} \left\langle \sum_{s=k+1}^{\infty} c_{s}T^{j}x_{s}, x \right\rangle \\ &\geq \operatorname{Re} \left\langle \sum_{s=1}^{k} c_{s}T^{j}x_{s}, \sum_{t=1}^{k} c_{t}x_{t} \right\rangle + \operatorname{Re} \left\langle \sum_{s=1}^{k} c_{s}T^{j}x_{s}, \sum_{t=k+1}^{\infty} c_{t}x_{t} \right\rangle \\ &+ \sum_{s=k+1}^{\infty} c_{s}\operatorname{Re} \left(\left\langle x_{s}, x \right\rangle - \|T^{j}x_{s} - x_{s}\| \right) \\ &\geq \operatorname{Re} \left\langle \sum_{s=1}^{k-1} c_{s}T^{j}x_{s}, \sum_{t=1}^{k-1} c_{t}x_{t} \right\rangle + \operatorname{Re} \left\langle \sum_{s=1}^{k-1} c_{s}T^{j}x_{s}, c_{k}x_{k} \right\rangle + \operatorname{Re} \left\langle c_{k}T^{j}x_{k}, \sum_{t=1}^{k} c_{t}x_{t} \right\rangle \\ &+ \sum_{s=k+1}^{\infty} c_{s}^{2} - \sum_{s=k+1}^{\infty} c_{s}\delta_{s} \\ &\geq -\sum_{s=1}^{k-1} \sum_{t=1}^{k-1} c_{s}c_{t}\delta_{k-1} - c_{k} \cdot \|T^{j}\| \left\| \sum_{s=1}^{k-1} c_{s}x_{s} \right\| - Kc_{k} \left\| \sum_{t=1}^{k} c_{t}x_{t} \right\| + \sum_{s=k+1}^{\infty} c_{s}^{2} - \sum_{s=k+1}^{\infty} \delta_{s} \\ &\geq \sum_{s=k+1}^{\infty} c_{s}^{2} - 2Kc_{k} - (k-1)^{2}\delta_{k-1} - \sum_{s=k+1}^{\infty} \delta_{s} \geq \sum_{s=k+1}^{\infty} c_{s}^{2} - 3Kc_{k} > a_{n_{k-1}} \geq a_{j}. \end{aligned}$$

Recall that a contraction T acting on a Hilbert space H is called completely nonunitary if there is no subspace $H_0 \subset H$ reducing for T such that the restriction $T|_{H_0}$ is unitary.

Corollary 2. Let $T \in B(H)$ be a completely nonunitary contraction satisfying $1 \in \sigma(T)$. Let $(a_n)_{n=0}^{\infty}$ be a sequence of positive numbers satisfying $a_n \to 0$ and let $\varepsilon > 0$. Then there exists $x \in H$ with $||x|| < \sup_n a_n + \varepsilon$ such that

$$\operatorname{Re}\left\langle T^{n}x,x\right\rangle >a_{n}$$

for all $n \ge 0$.

Proof. Let $U \in B(K)$ be the minimal unitary dilation of T. By [NF], Proposition II.1.4, there are subspaces $M_1, M_2 \subset K$ reducing for U such that $M_1 \vee M_2 = K$ and $U|M_1, U|M_2$ are bilateral shifts (of some multiplicity). It implies that $U^n \to 0$ in the weak operator topology, and consequently, $T^n \to 0$ in the weak operator topology. \Box

Corollary 3. Let $T \in B(H)$ satisfies $T^n \to 0$ in the weak operator topology and r(T) = 1. Let $(a_n)_{n=0}^{\infty}$ be a sequence of positive numbers satisfying $a_n \to 0$ and let $\varepsilon > 0$. Then there exists $x \in H$ with $||x|| < \sup_n a_n + \varepsilon$ such that

$$|\langle T^n x, x \rangle| > a_n$$

for all $n \ge 0$. In particular, this is true for each completely nonunitary contraction T with r(T) = 1.

Better results can be obtained if we consider the Cesaro means. For $T \in B(H)$ and $n \ge 1$ write $A_n = \frac{1}{n} \sum_{i=0}^{n-1} T^i$.

Theorem 4. Let $T \in B(H)$ be a power bounded operator with $1 \in \sigma(T)$. Let $(a_n)_{n=0}^{\infty}$ be a sequence of positive numbers satisfying $a_n \to 0$ and $\varepsilon > 0$. Then there exists $x \in H$ with $||x|| < \sup_n a_n + \varepsilon$ such that

$$\operatorname{Re}\langle A_n x, x \rangle > a_n$$

for all $n \ge 0$.

Proof. If 1 is in the point spectrum of T then it is sufficient to take a corresponding eigenvector of norm 1. If 1 is not in the point spectrum then $||A_n y|| \to 0$ for each $y \in H$ by the ergodic theorem, see [Kr, p. 73]. The proof of Theorem 1 then works word by word if we replace T^n by A_n .

We apply now the previous results to unitary operators. This gives statements about Fourier coefficients of L^1 functions.

Let μ be a non-negative finite Borel measure on the unit circle $\mathbb{T} = \{z \in \mathbb{C} : |z| = 1\}$. Recall that μ is called Rajchman if its Fourier transform $\hat{\mu}(n) = \int_{\mathbb{T}} e^{-2\pi i n t} d\mu(t)$ vanishes at infinity, i.e., $\lim_{|n|\to\infty} \hat{\mu}(n) = 0$. In particular, each absolutely continuous measure is Rajchman (the converse is not true).

Let U_{μ} be the operator on $L^{1}(\mu)$ defined by $(U_{\mu}f)(z) = zf(z)$ $(f \in L^{1}(\mu), z \in \mathbb{T})$. It is easy to see that μ is Rajchman if and only if $U_{\mu}^{n} \to 0$ in the weak operator topology.

Theorem 5. Let μ be a Rajchman measure. Let $(a_n)_{n=0}^{\infty}$ be a sequence of positive numbers satisfying $a_n \to 0$ and $\sup a_n < 1$. Then there exists $f \in L^1(\mu)$ of norm 1 such that $f \ge 0$ a.e. and $|\hat{f}(n)| > a_{|n|}$ for all integers n.

If $1 \in \operatorname{supp} \mu$ then it is possible to find $f \ge 0$ such that $\operatorname{Re} \hat{f}(n) > a_{|n|}$ for all non-zero n.

Proof. Let $H = L^2(\mu)$ and let $U : H \to H$ be the unitary operator defined by (Uf)(z) = zf(z) $(f \in H, z \in \mathbb{T})$. Then $\lim_{n\to\infty} \langle U^n f, g \rangle = 0$ for all $f, g \in H$. By Corollary 3, there is a $g \in H$ such that $||g||_H = 1$ and $|\langle U^n g, g \rangle| > a_n$ for all $n \ge 1$. Set $f = |g|^2$. Then $f \in L^1(\mu)$, $||f||_1 = 1$ and $|\hat{f}(n)| \ge a_{|n|}$ for all nonzero integers n. The second statement is similar.

The previous theorem is not true for non-Rajchman measures. An example concerning the real parts is relatively simple. Recall that a set $E \subset \mathbb{T}$ is called independent if given $x_1, \ldots, x_r \in E$ and integers m_1, \ldots, m_r , $\prod_{j=1}^r x_j^{m_j} = 1$ implies $m_1 = \cdots = m_r = 0$.

Example 6. Let $(z_n) \subset \mathbb{T}$ be an independent sequence such that $z_n \to 1$. Let H be the Hilbert space with an orthonormal basis $\{e_1, e_2, \ldots\}$. Let $U \in B(H)$ be defined by $Ue_i = z_i e_i$. Clearly U is a unitary operator and $1 \in \sigma(T)$. We show that

$$\limsup_{n \to \infty} \operatorname{Re} \left\langle U^n x, x \right\rangle = \|x\|^2$$

and

$$\liminf_{n \to \infty} \operatorname{Re} \left\langle U^n x, x \right\rangle = - \|x\|^2$$

for each $x \in H$. Let $x \in H$ and $\varepsilon > 0$. Write $x = \sum_{j=1}^{\infty} \alpha_j e_j$ for some complex coefficients α_j . Then there exists an n_0 such that $\sum_{j=n_0+1}^{\infty} |\alpha_j|^2 < \varepsilon$. By the Kronecker theorem there are positive integers k_1, k_2 such that

$$|z_j^{k_1} - 1| < \varepsilon$$
 $(j = 1, 2, \dots, n_0)$

and

$$|z_j^{k_2} + 1| < \varepsilon$$
 $(j = 1, 2, \dots, n_0).$

Then

$$\operatorname{Re} \langle U^{k_1} x, x \rangle = \operatorname{Re} \sum_{j=1}^{\infty} z_j^{k_1} |\alpha_j|^2 \ge \operatorname{Re} \sum_{j=1}^{n_0} z_j^{k_1} |\alpha_j|^2 - \sum_{j=n_0+1}^{\infty} |\alpha_j|^2$$
$$\ge \sum_{j=1}^{n_0} (1-\varepsilon) |\alpha_j|^2 - \varepsilon \ge (1-\varepsilon) (\|x\|^2 - \varepsilon) - \varepsilon.$$

Since $\varepsilon > 0$ was arbitrary, we have $\limsup_{n \to \infty} \operatorname{Re} \langle U^n x, x \rangle = \|x\|^2$. Similarly,

$$\operatorname{Re} \langle U^{k_2} x, x \rangle \leq (-1 + \varepsilon) (\|x\|^2 - \varepsilon) + \varepsilon,$$

and so $\liminf_{n\to\infty} \operatorname{Re} \langle U^n x, x \rangle = - \|x\|^2$.

Recall that a non-empty closed subset $E \subset \mathbb{T}$ is called Kronecker if for all continuous functions $f : \mathbb{T} \to \mathbb{T}$ and $\varepsilon > 0$ there is an $n \in \mathbb{Z}$ such that $\sup_{z \in E} |f(z) - z^n| < \varepsilon$. Note that it is possible to find n > 0 with this property.

By the Kronecker theorem, every finite independent set is Kronecker. Moreover, there are perfect Kronecker sets, i.e., Kronecker sets without isolated points, see [K, p. 184].

The next example will show that if $\operatorname{supp} \mu$ is a perfect Kronecker set then there is a sequence (a_n) of positive numbers with $a_n \to 0$ such that there is no function $f \in L^1(\mu)$ with $|\hat{f}(n)| \ge a_n$ $(n \ge 0)$. This gives also a negative answer to the van Neerven problem.

First we need a simple auxiliary lemma:

Lemma 7. Let $n \ge 2$ and let $a_1, \ldots, a_n \in \mathbb{C}$ satisfy $\max_i |a_i| \le \frac{1}{2} \sum_{i=1}^n |a_i|$. Then there are $\lambda_1, \ldots, \lambda_n \in \mathbb{T}$ such that $\sum_{i=1}^n \lambda_i a_i = 0$.

Proof. We may assume that $a_i > 0$ for all *i*. The statement is clear for n = 2.

Let n = 3. Let $a_1 \ge a_2 \ge a_3$. The statement is clear if $a_1 = a_2 + a_3$. If $a_1 < a_2 + a_3$, then there is a triangle with sides a_1, a_2, a_3 . Let $\alpha_1, \alpha_2, \alpha_3$ be the angle opposite the side a_1, a_2, a_3 , respectively. It is easy to verify that $\lambda_1 = -1$, $\lambda_2 = \cos \alpha_3 + i \sin \alpha_3$ and $\lambda_2 = \cos(-\alpha_2) + i \sin(-\alpha_3)$ satisfy the required condition.

For $n \ge 4$ we prove the statement by induction. Let $n \ge 4$, $a_1, \ldots, a_n > 0$ and $\max_i a_i \le 1/2 \sum_{i=1}^n a_i$. Without loss of generality we may assume that $a_1 \ge a_2 \ge \cdots \ge$

 a_n . Then $a_{n-1} + a_n \leq \frac{1}{2} \sum_{i=1}^n |a_i|$ and by the induction assumption there are numbers $\lambda_1, \ldots, \lambda_{n-1} \in \mathbb{T}$ such that

$$\lambda_1 a_1 + \dots + \lambda_{n-2} a_{n-2} + \lambda_{n-1} (a_{n_1} + a_n) = 0.$$

So the statement is true for n.

Example 8. Let $E \subset \mathbb{T}$ be a perfect Kronecker set. Then E is topologically homeomorphic to the Cantor discontinuum and there are finite families \mathcal{P}_m (m = 1, 2, ...) of closed disjoint intervals such that $E = \bigcap_{m=1}^{\infty} P_m$, where $P_m = \bigcup \{I : I \in \mathcal{P}_m\}$, $P_{m+1} \subset P_m$ for all m and $\max\{\operatorname{diam}(I) : I \in \mathcal{P}_m\} \to 0$ as $m \to \infty$. Let μ be a positive measure such that $\sup \mu = E$ and $\mu(E) = 1$. For each m, let F_m be the set of all functions

$$f: \mathcal{P}_m \to \{e^{2\pi i j/2^m} : j = 0, 1, \dots, 2^m - 1\}.$$

Clearly F_m is a finite set. Since E is Kronecker, for each $f \in F_m$ there is a positive integer n_f such that

$$\sup_{z\in E} \left| z^{n_f} - \sum_{I\in\mathcal{P}_m} f(I) \cdot \chi_I \right| < 2^{-m-1},$$

where χ_I denotes the characteristic function of I. Let $n_m = \max\{n_f : f \in F_m\}$. Define a sequence (a_j) by $a_j = 2^{-m/2}$ for $n_m < j \le n_{m+1}$ (where we set formally $n_0 = 0$). We show that there is no function $g \in L^1(\mu)$ such that $|\hat{g}(j)| \ge a_j$ for all j > 0. Let $g \in L^1(\mu), g \ne 0$. Since the step functions are dense in $L^1(\mu)$, we can find m_0 such that

$$\sum_{I\in\mathcal{P}_{m_0}} \left| \int_I g(z) d\mu \right| > 0.9 \|g\|_1.$$

Find $m_1 \ge m_0$ such that

$$\sup_{I \in \mathcal{P}_{m_1}} \left| \int_I g(z) d\mu \right| \le 0.4 \|g\|_1$$

and $||g||_1 < 2^{m_1/2}$. By Lemma 7, there are complex numbers $\lambda_I \in \mathbb{T}$ $(I \in \mathcal{P}_{m_1})$ such that

$$\sum_{I \in \mathcal{P}_{m_1}} \lambda_I \cdot \int_I g(z) d\mu = 0$$

Let $f: \mathcal{P}_{m_1} \to \{e^{2\pi i j/2^{m_1}}: j=0,1,\ldots,2^{m_1}-1\}$ be a function satisfying

$$|f(I) - \lambda_I| < 2^{-m_1 - 1}$$
 $(I \in \mathcal{P}_{m_1}).$

Then

$$\begin{split} \left| \int z^{n_f} g d\mu \right| &\leq \left| \int (z^{n_f} - \sum_{I \in \mathcal{P}_{m_1}} f(I) \chi_I) g d\mu \right| + \left| \sum_{I \in \mathcal{P}_{m_1}} \int f(I) \chi_I g d\mu \right| \\ &\leq 2^{-m_1 - 1} \cdot \|g\|_1 + \sum_{I \in \mathcal{P}_{m_1}} |\lambda_I - f(I)| \cdot \left| \int_I g d\mu \right| + \left| \sum_{I \in \mathcal{P}_{m_1}} \lambda_I \int_I g d\mu \right| \\ &\leq 2^{-m_1} \|g\|_1 < 2^{-m_1/2} \leq a_{n_f}. \end{split}$$

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