

# UNIFORMLY CONVEX FUNCTIONS ON BANACH SPACES

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Abstract. We study the connection between uniformly convex functions f:  $X \to \mathbb{R}$  bounded above by  $\|\cdot\|^p$ , and the existence of norms on X with moduli of convexity of power type. In particular, we show that there exists a uniformly convex function  $f: X \to \mathbb{R}$  bounded above by  $\|\cdot\|^2$  if and only if X admits an equivalent norm with modulus of convexity of power type 2.

### 1. INTRODUCTION

Uniformly convex functions on Banach spaces were introduced by Levitin and Poljak in [13]. Their properties were studied in depth by Zălinescu [17], and then later Azé and Penot [2] studied their duality with uniformly smooth convex functions. The monograph [18] provides a systematic development of these topics. Additionally, related properties of convex functions and their applications have been studied in papers such as [3, 4, 5, 6]. In particular, [4] examines various properties of  $\|\cdot\|^r$  when  $\|\cdot\|$  is a uniformly convex norm. In this note, we will present a related result that determines when functions of the form  $f = \| \cdot \|^r$  are uniformly convex. We also examine a more general converse problem: if  $f: X \to \mathbb{R}$  is uniformly convex and bounded above by  $\|\cdot\|^r$ , does X admit a norm with a modulus of convexity of power type related to r?

We work with a real Banach space X with dual  $X^*$ , and let  $B_X$  and  $S_X$  denote the closed unit ball and sphere respectively. The modulus of convexity of a norm  $\|\cdot\|$  on X is defined for  $\epsilon \in [0,2]$  by

$$\delta_{\|\cdot\|}(\epsilon) = \inf\left\{1 - \frac{1}{2}\|x + y\| : x, y \in X, \|x\| = \|y\| = 1, \|x - y\| = \epsilon\right\}.$$

The norm  $\|\cdot\|$  is uniformly convex if  $\delta_{\|\cdot\|}(\epsilon) > 0$  for all  $\epsilon \in (0, 2]$ ; additionally,  $\|\cdot\|$ has modulus of convexity of power type p if there exists C > 0 so that  $\delta_{\parallel,\parallel}(\epsilon) \ge C\epsilon^p$ for  $\epsilon \in [0,2]$ . The modulus of smoothness of the norm  $\|\cdot\|$  is defined for  $\tau > 0$  by

$$\rho_{\|\cdot\|}(\tau) = \sup\left\{\frac{\|x+\tau y\| + \|x-\tau y\|}{2} - 1 : \|x\| = \|y=1\right\}.$$

A norm is uniformly smooth if  $\lim_{\tau\to 0^+} \rho_{\|\cdot\|}(\tau)/\tau = 0$ ; additionally,  $\|\cdot\|$  has modulus of smoothness of power type p if there exists C > 0 such that  $\rho_{\parallel,\parallel}(\tau) \leq C \tau^p$  for  $\tau > 0$ . See [7, Chapter IV] for more information on these notions.

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We now introduce the like-named concepts for convex functions whose definitions are different from—but motivated by—the norm cases. Given a convex function  $f : X \to (-\infty, +\infty)$  we define its *modulus of convexity* as the function  $\delta_f : (0, +\infty) \to [0, +\infty]$  given by

$$\delta_f(t) := \inf\left\{\frac{1}{2}f(x) + \frac{1}{2}f(y) - f\left(\frac{x+y}{2}\right) : \|x-y\| = t, \ x, y \in \operatorname{dom} f\right\},\$$

where the infimum over the empty set is  $+\infty$ . We say that f is uniformly convex when  $\delta_f(t) > 0$  for all t > 0; additionally f has a modulus of convexity of power type p if there exists C > 0 so that  $\delta_f(t) \ge Ct^p$  for all t > 0.

Similarly we consider the modulus of smoothness of the convex function  $f: X \to \mathbb{R}$  as the function  $\rho_f: (0, +\infty) \to [0, +\infty]$  defined by

$$\rho_f(t) := \sup\left\{\frac{1}{2}f(x) + \frac{1}{2}f(y) - f\left(\frac{x+y}{2}\right) : \|x-y\| = t\right\}.$$

We will say f is uniformly smooth if  $\lim_{t\to 0^+} \rho_f(t)/t = 0$ ; additionally f has a modulus of smoothness of power type q if there is a constant C > 0, so that  $\rho_f(t) \leq Ct^q$  for all t > 0.

This terminology may cause some confusion, because, for example,  $f = \|\cdot\|$  is never uniformly convex as a function, even when  $\|\cdot\|$  is a uniformly convex norm. Therefore, it is important to note the context in which the terms are used. Moreover, the concepts of uniform smoothness and uniform convexity for functions are sometimes defined using the gage of uniform convexity and gage of uniform smoothness respectively as found in [18]; it is important to note that these alternate definitions using the respective gages are equivalent to those just given; cf. [17, Remark 2.1] and [18, p. 205].

Finally, the *Fenchel conjugate* of  $f: X \to (-\infty, +\infty]$  is the function  $f^*: X^* \to [-\infty, +\infty]$  defined by

$$f^*(x^*) = \sup\{x^*(x) - f(x) : x \in X\}.$$

It is through this concept that duality between uniform convexity and uniform smoothness is studied in the context of convex functions; see [2, 18].

#### 2. UNIFORM CONVEXITY OF FUNCTIONS AND NORMS

This section will demonstrate for  $2 \leq p < \infty$  that  $f(\cdot) = \|\cdot\|^p$  is uniformly convex if and only if the norm  $\|\cdot\|$  has modulus of convexity of power type p.

**Lemma 2.1.** Let  $0 < r \le 1$ , then  $|t^r - s^r| \le |t - s|^r$  for all  $s, t \in [0, \infty)$ .

*Proof.* First, for  $x \ge 0$ ,  $(1+x)^r \le 1+x^r$  (see [16, Example 4.20]). Setting x = (t-s)/s with  $t \ge s > 0$ , and then multiplying by  $s^r$ , we get  $t^r \le s^r + (t-s)^r$ . The conclusion follows from this.

**Theorem 2.2.** For  $1 < q \leq 2$ , the following are equivalent in a Banach space  $(X, \|\cdot\|)$ .

- (a) The norm  $\|\cdot\|$  has modulus of smoothness of power type q.
- (b) The derivative of  $f(\cdot) = \|\cdot\|^q$  satisfies a (q-1)-Hölder condition.
- (c) The function  $f(\cdot) = \|\cdot\|^q$  has modulus of smoothness of power type q.
- (d) The function  $f(\cdot) = \|\cdot\|^q$  is uniformly smooth.

*Proof.* (a)  $\Rightarrow$  (b): Assume that  $\|\cdot\|$  has modulus of smoothness of power type q. Given  $x \in X \setminus \{0\}$ , let  $\phi_x$  denote a support functional of x, that is,  $\phi_x \in S_{X^*}$  and  $\phi_x(x) = \|x\|$ . According to [7, Lemma IV.5.1],  $\|\cdot\|$  has a (Fréchet) derivative satisfying a (q-1)-Hölder-condition on its sphere; this implies that each  $x \neq 0$  has a unique support functional, and there exists C > 0 such that

(2.1) 
$$\|\phi_x - \phi_y\| \le C \|x - y\|^{q-1}$$
 for all  $x, y \in S_X$ .

Let  $f(\cdot) = \|\cdot\|^q$ . Then f'(0) = 0, and  $f'(x) = q \|x\|^{q-1} \phi_x$  for  $x \neq 0$ . Thus if x = 0 or y = 0, then  $\|f'(x) - f'(y)\| \le q \|x - y\|^{q-1}$ . Let  $x, y \in X \setminus \{0\}$ . Then

(2.2) 
$$f'(x) - f'(y) = q ||x||^{q-1} \phi_x - q ||y||^{q-1} \phi_y = q ||x||^{q-1} (\phi_x - \phi_y) + (q ||x||^{q-1} - q ||y||^{q-1}) \phi_y.$$

Using Lemma 2.1 we also compute

(2.3) 
$$\left| q \|x\|^{q-1} - q \|y\|^{q-1} \right| \le q \left| \|x\| - \|y\| \right|^{q-1} \le q \|x - y\|^{q-1}.$$

We now work on an estimate for  $q ||x||^{q-1} (\phi_x - \phi_y)$ . We may and do assume that  $0 < ||y|| \le ||x||$ . If  $||y|| \le ||x|| / 2$ , then

(2.4) 
$$q \|x\|^{q-1} \|\phi_x - \phi_y\| \le 2q \|x\|^{q-1} \le q2^q \|x - y\|^{q-1}.$$

If  $||y|| \ge ||x||/2$ , consider  $x' = \lambda x$  where  $\lambda = ||y||/||x||$ , so that ||x'|| = ||y||. Then

(2.5) 
$$||x'-y|| \le ||x'-x|| + ||x-y|| = ||x|| - ||y|| + ||x-y|| \le 2 ||x-y||.$$

Now let  $\alpha = ||y||$ . Observe that  $\phi_x$  and  $\phi_y$  are also support functionals for  $\alpha^{-1}x'$  and  $\alpha^{-1}y$  respectively. Applying (2.1), the fact that  $||x|| \leq 2\alpha$ , and (2.5) we obtain

$$\begin{aligned} \|\phi_x - \phi_y\| &\leq C \|\alpha^{-1}x' - \alpha^{-1}y\|^{q-1} \leq \frac{C}{\alpha^{q-1}} \|x' - y\|^{q-1} \\ &\leq \frac{C2^{q-1}}{\|x\|^{q-1}} (2\|x - y\|)^{q-1} = \frac{C4^{q-1}}{\|x\|^{q-1}} \|x - y\|^{q-1} \end{aligned}$$

Consequently,  $q \|x\|^{q-1} \|\phi_x - \phi_y\| \le C4^{q-1}q \|x - y\|^{q-1}$ . This inequality and (2.4) show there exists K > 0 such that

(2.6) 
$$q \|x\|^{q-1} \|\phi_x - \phi_y\| \le K \|x - y\|^{q-1} \text{ for all } x, y \in X \setminus \{0\}.$$

Combining (2.2), (2.3) and (2.6) shows that f' satisfies a (q-1)-Hölder-condition.

(b)  $\Rightarrow$  (c) follows from [18, Corollary 3.5.7] (see also [7, Lemma V.3.5]) and (c)  $\Rightarrow$  (d) is trivial, so we prove (d)  $\Rightarrow$  (a). Suppose  $\|\cdot\|$  does not have modulus of smoothness of power type q. Then using [7, Lemma IV.5.1] there are  $x_n, y_n \in S_X$ such that  $\|x_n - y_n\| \to 0$  while

$$\|\phi_{x_n} - \phi_{y_n}\| \ge n \|x_n - y_n\|^{q-1}.$$

Let  $\delta_n = \|x_n - y_n\|$  and define  $u_n = \frac{1}{\delta_n \sqrt{n}} x_n$  and  $v_n = \frac{1}{\delta_n \sqrt{n}} y_n$ . Then  $\|u_n - v_n\| =$  $\frac{1}{\sqrt{n}} \to 0$ . However

$$\begin{aligned} \|f'(u_n) - f'(v_n)\| &= \left\| q \|u_n\|^{q-1} \phi_{u_n} - q \|v_n\|^{q-1} \phi_{v_n} \right\| \\ &= \left\| q \|u_n\|^{q-1} \phi_{x_n} - q \|v_n\|^{q-1} \phi_{y_n} \right\| \\ &= \frac{q}{\delta_n^{q-1} n^{\frac{q-1}{2}}} \|\phi_{x_n} - \phi_{y_n}\| \\ &\geq \frac{q}{\delta_n^{q-1} n^{\frac{q-1}{2}}} \left( n\delta_n^{q-1} \right) = q n^{\frac{3-q}{2}} \to \infty. \end{aligned}$$

Consequently, f' is not uniformly continuous, and so [18, Theorem 3.5.6] (see also [7, Lemma V.3.5]) shows that that  $f(\cdot) = \|\cdot\|^q$  is not a uniformly smooth function.  $\Box$ 

The results in [2] enable us to derive the dual version of Theorem 2.2 for uniformly convex functions.

**Theorem 2.3.** Let  $(X, \|\cdot\|)$  be a Banach space, and let  $2 \leq p < \infty$ . Then the following are equivalent.

- (a) The norm  $\|\cdot\|$  on X has modulus of convexity of power type p.
- (b) The function  $f(\cdot) = \|\cdot\|^p$  has modulus of convexity of power type p. (c) The function  $f(\cdot) = \|\cdot\|^p$  is uniformly convex.

*Proof.* (a)  $\Rightarrow$  (b): Let us assume that  $\|\cdot\|$  has modulus of convexity of power type p, then the modulus of smoothness of the dual norm on  $X^*$ , which we denote in this proof as  $\|\cdot\|_*$ , is of power type q where  $\frac{1}{p} + \frac{1}{q} = 1$ ; see [7, Proposition IV.1.12]. By Theorem 2.2 the function  $g(\cdot) = \frac{1}{q} \|\cdot\|_*^q$  has modulus of smoothness of power type q. The Fenchel conjugate of g is  $g^*(\cdot) = \frac{1}{p} \|\cdot\|^p$ , see [2, 18]. Now  $g^*$ —and hence  $\|\cdot\|^p$ —has a modulus of convexity of power type p according to [2] (see also [18, Corollary 3.5.11]).

(b)  $\Rightarrow$  (c) is trivial, so we prove (c)  $\Rightarrow$  (a). Indeed, assuming that  $f(\cdot) = \|\cdot\|^p$  is a uniformly convex function, then [2] shows that  $f^*$ , defined by

$$f^*(x^*) = \sup_{x \in X} \{x^*(x) - f(x)\}, \text{ for } x^* \in X^*$$

(and hence  $\|\cdot\|_*^q$ ) is a uniformly smooth function. According to Theorem 2.2,  $\|\cdot\|_*$ has modulus of smoothness of power type q; therefore  $\|\cdot\|$  has modulus of convexity of power type p, see [7, Proposition IV.1.12]. 

We conclude this section by confirming that the spaces with nontrivial uniformly convex functions are those that admit equivalent uniformly convex norms.

**Theorem 2.4.** Let  $(X, \|\cdot\|)$  be a Banach space. Then the following are equivalent. (a) There exists a l.s.c. uniformly convex function  $f: X \to (-\infty, +\infty]$  that is continuous at the origin.

(b) X admits an equivalent uniformly convex norm.

(c) There exist  $p \ge 2$  and an equivalent norm  $\|\cdot\|$  on X so that the function  $f = \|\cdot\|^p$ is uniformly convex.

*Proof.* (a)  $\Rightarrow$  (b): By replacing f with the function  $x \mapsto \frac{f(x)+f(-x)}{2}$  we may and do assume that f is centrally symmetric, and by shifting f we assume f(0) = 0. It

then follows that  $f(x) \ge 0$  for all  $x \in X$ . Then for r > 1 and  $h \in X$ , with ||h|| = r, we have

$$\frac{1}{2}f(h) + \frac{1}{2}f(0) - f\left(\frac{h}{2}\right) \ge \delta_f(r) \ge \delta_f(1) > 0;$$

and thus  $f(h) \geq 2\delta_f(1)$ . Let us consider the norm  $\|\cdot\|$  whose unit ball is  $B = \{x : f(x) \leq \delta_f(1)\}$ . The continuity of f at 0 implies  $0 \in \operatorname{int} B$ , and from the above we obtain that  $B \subset B_{(X, \|\cdot\|)}$ . Thus,  $\|\cdot\|$  is an equivalent norm on X.

Consider  $x_n, y_n \in X$  such that  $|||x_n||| = ||y_n||| = 1$  and  $|||x_n + y_n||| \to 2$ . Because f is Lipschitz on B, we have that  $f\left(\frac{x_n+y_n}{2}\right) \to \delta_f(1)$ . Consequently  $\frac{1}{2}f(x_n) + \frac{1}{2}f(y_n) - f\left(\frac{x_n+y_n}{2}\right) \to 0$ . Thus, the uniform convexity of f ensures that  $||x_n - y_n|| \to 0$  and hence  $|||x_n - y_n|| \to 0$ 

(b)  $\Rightarrow$  (c): According to the Enflo-Pisier theorem ([9, 14]), there exist  $p \geq 2$  and an equivalent norm  $\|\cdot\|$  whose modulus of convexity is of power type p. Consequently, Theorem 2.3 ensures the function  $f(\cdot) = \|\cdot\|^p$  is uniformly convex. (c)  $\Rightarrow$  (a): This is trivial.

#### 3. GROWTH RATES OF UNIFORMLY CONVEX FUNCTIONS AND RENORMING

In this section we will construct a uniformly convex norm whose modulus of convexity is related to the growth rate of a given uniformly convex function on the Banach space. We begin with some preliminary results.

**Lemma 3.1.** Let  $\|\cdot\|$  be a norm on a Banach space X. Suppose  $\|x\| = \|y\| \ge 1$ , and  $\|x - y\| \ge \delta$  where  $0 < \delta \le 2 \|x\|$ . Then  $\inf_{t>0} \|x - ty\| \ge \delta/2$ .

*Proof.* Assume that  $||x - t_0 y|| < \delta/2$  for some  $t_0 \ge 0$ . Then  $|1 - t_0| ||y|| < \delta/2$  and so

$$|x - y|| \le ||x - t_0 y|| + |1 - t_0| ||y|| < \delta.$$

which is a contradiction.

The next lemma will be used later to estimate the modulus of convexity of a norm constructed by using level sets of a symmetric uniformly convex function.

**Lemma 3.2.** Let  $\{\|\cdot\|_n\}_{n\in\mathbb{N}}$  be a family of norms on  $(X, \|\cdot\|)$  satisfying

$$c_n \left\| \cdot \right\| \le \left\| \cdot \right\|_n \le \frac{1}{2^n} \left\| \cdot \right\|,$$

for some constants  $c_n > 0$ . For every  $n \in \mathbb{N}$ , suppose there exists  $d_n > 0$  so that

$$\left\|\frac{x+y}{2}\right\|_n \le 1-d_n, \text{ whenever } \|x\|_n = \|y\|_n = 1 \text{ and } \|x-y\| \ge 1.$$

Let  $C = \sum_{n \in \mathbb{N}} c_n$  and  $|\cdot| = \frac{1}{C} \sum_{n \in \mathbb{N}} ||\cdot||_n$ . Then, the modulus of convexity of the norm  $|\cdot|$  satisfies

 $\delta_{|\cdot|}(t) \ge d_n c_n$  whenever  $2^{-n} \le C$  and  $(C2^{n-1})^{-1} \le t \le 2$ .

*Proof.* It is clear that the norm  $|\cdot|$  satisfies

 $C |\cdot| \le ||\cdot|| \le |\cdot|$  and  $\widetilde{c}_n |\cdot| \le ||\cdot||_n$  where  $\widetilde{c}_n = c_n C$ .

Suppose that |x| = |y| = 1 and  $x \neq y$ . Choose  $n \in \mathbb{N}$  so that  $2^{-n} \leq C$  and

(3.1) 
$$\frac{1}{C2^{n-1}} \le |x-y|.$$

We may without loss of generality assume that  $||x||_n \leq ||y||_n$ . Now let us denote  $a = ||x||_n^{-1}$  and  $b = ||y||_n^{-1}$ . Then  $2^n \leq b \leq a \leq 1/\tilde{c}_n$ , and therefore

$$|ax - ay| \ge \frac{a}{C2^{n-1}} \ge \frac{2}{C}.$$

According to Lemma 3.1,  $|ax - by| \ge \frac{1}{C}$ , which in turn implies  $||ax - by|| \ge 1$ . Thus we compute

$$\begin{aligned} \left\| \frac{ax + ay}{2} \right\|_{n} &\leq \left\| \frac{ax + by}{2} \right\|_{n} + \frac{1}{2}(a - b) \left\| y \right\|_{n} \\ &\leq \frac{1}{2} \left\| ax \right\|_{n} + \frac{1}{2} \left\| by \right\|_{n} + \frac{1}{2}(a - b) \left\| y \right\|_{n} - d_{n} \\ &= \frac{a}{2}(\left\| x \right\|_{n} + \left\| y \right\|_{n}) - d_{n}. \end{aligned}$$

This inequality implies

(3.2) 
$$\left\|\frac{x+y}{2}\right\|_{n} \le \frac{1}{2} \|x\|_{n} + \frac{1}{2} \|y\|_{n} - \frac{d_{n}}{a}.$$

Thus, using (3.2), and the triangle inequality for  $\|\cdot\|_j$  when  $j \neq n$ , we obtain

$$\left|\frac{x+y}{2}\right| \le \frac{1}{2C} \sum_{j \in \mathbb{N}} \|x\|_j + \frac{1}{2C} \sum_{j \in \mathbb{N}} \|y\|_j - \frac{d_n \widetilde{c}_n}{C} = 1 - d_n c_n,$$

which, according to (3.1), finishes the proof.

We will also use the following important fact from [18] concerning growth rates of uniformly convex functions.

**Lemma 3.3.** [18, Proposition 3.5.8] Suppose  $f: X \to (-\infty, +\infty]$  is a l.s.c. uniformly convex function. Then  $\liminf_{\|x\|\to\infty} \frac{f(x)}{\|x\|^2} > 0$ .

**Theorem 3.4.** Let  $(X, \|\cdot\|)$  be a Banach space and let  $F : [0, +\infty) \to [0, +\infty)$  be a convex function satisfying F(0) = 0. Suppose that  $f : X \to \mathbb{R}$  is a continuous uniformly convex function satisfying  $f(x) \leq F^2(\|x\|)$  for all  $x \in X$ . Then X admits an equivalent norm  $|\cdot|$  so that

$$\delta_{|\cdot|}(t) \ge \frac{R}{F(Mt^{-1})F^2(SF(Mt^{-1}))}, \quad for \quad 0 < t \le 2$$

with some positive constants R, M, and S.

*Proof.* As before, we may and do assume f is centrally symmetric. According to Lemma 3.3 we choose  $N \in \mathbb{N}$  and K > 0 so that  $f(x) \ge K^2 ||x||^2$  whenever  $||x|| \ge N$ . Thus we have

$$K^{2} ||x||^{2} \le f(x) \le F^{2}(||x||)$$
 whenever  $||x|| \ge N$ .

For  $n \geq N$ , let  $|\cdot|_n$  have unit ball  $B_n = \{x : f(x) \leq F^2(2^n)\}$ . For any  $x \in X \setminus \{0\}$ ,  $f(x/|x|_n) = F^2(2^n)$ . Hence  $F(||x|| / |x|_n) \geq F(2^n)$ . Since F is a nonnegative convex function with F(0) = 0, F is nondecreasing. This implies that  $||x|| \geq 2^n |x|_n$ . Analogously, using that  $K^2 ||x/|x|_n||^2 \leq f(x/|x|_n)$  one obtains  $F(2^n) |x|_n \geq K ||x||$ . Consequently,

$$\frac{K}{F(2^n)} \|x\| \le |x|_n \le \frac{1}{2^n} \|x\|.$$

Now suppose  $|x|_n = |y|_n = 1$ , and  $||x - y|| \ge 1$ . Letting  $\delta_f$  denote the modulus of convexity of f with respect to  $|| \cdot ||$ , the uniform convexity of f ensures  $\delta_f(1) > 0$ . Let  $M_n = \sup\{f'_+(u,v) : |u|_n = 1, ||v|| = 1\}$ . Then denoting  $z = \frac{x+y}{2}$  and  $z' = z/|z|_n$  we obtain  $f(x) = F^2(2^n) = f(y) = f(z')$ , and so

$$\delta_f(1) \leq \frac{1}{2}f(x) + \frac{1}{2}f(y) - f\left(\frac{x+y}{2}\right) = f(z') - f(z) \leq f'_+(z', z'-z)$$

(3.3) 
$$= \|z' - z\| f'_+ \left(z', \frac{z' - z}{\|z' - z\|}\right) \le M_n \|z' - z\|.$$

Because f is convex and  $f(u) \ge 0$  when  $|u|_n = 1$ , we obtain

$$f'_{+}(u,v) \le \frac{f(u+tv) - f(u)}{t} \le \frac{f(u+tv)}{t} \quad \text{where } t = \frac{F(2^{n})}{K}, |u|_{n} = 1, ||v|| = 1.$$

Then because F is nondecreasing, we obtain

(3.4) 
$$M_n \le F^2 \left(2\frac{F(2^n)}{K}\right) \bigg/ \frac{F(2^n)}{K}.$$

Consequently, using  $\left\|\cdot\right\|_{n} \geq \frac{K}{F(2^{n})} \left\|\cdot\right\|$ , (3.3) and then (3.4), we obtain

$$\begin{aligned} \left| \frac{x+y}{2} \right|_n &= 1 - |z'-z|_n \leq 1 - \|z'-z\| \frac{K}{F(2^n)} \leq 1 - \frac{\delta_f(1)}{M_n} \cdot \frac{K}{F(2^n)} \\ &\leq 1 - \frac{\delta_f(1)}{F^2 \left(\frac{2}{K}F(2^n)\right)}. \end{aligned}$$
(3.5)

Applying Lemma 3.2, we find an equivalent norm  $|\cdot|$  and a constant C > 0 such that

$$\delta_{|\cdot|}(t) \ge \frac{K}{F(2^n)} \frac{\delta_f(1)}{F^2\left(\frac{2}{K}F(2^n)\right)}$$

for all *n* satisfying  $C \ge 2^{-n}$ ,  $n \ge N$  and  $(C2^{n-1})^{-1} \le t < (C2^{n-2})^{-1}$ . Therefore, since *F* is nondecreasing, we obtain the result.

**Corollary 3.5.** Let  $(X, \|\cdot\|)$  be a Banach space and  $f : X \to \mathbb{R}$  a continuous uniformly convex function satisfying  $f(x) \leq \|x\|^p$  for some  $p \geq 2$  and for all  $x \in X$ . Then X admits an equivalent norm with modulus of convexity of power type  $\frac{p}{2}(p+1)$ .

*Proof.* Applying Theorem 3.4 for  $F(t) = t^{\frac{p}{2}}$  we obtain an equivalent norm  $|\cdot|$  and positive constants R, M and S such that for every t > 0

$$\delta_{|\cdot|}(t) \ge \frac{R}{(Mt^{-1})^{\frac{p}{2}} \left(S(Mt^{-1})^{\frac{p}{2}}\right)^{p}} = \frac{R}{S^{p}M^{\frac{p}{2}(p+1)}} t^{\frac{p}{2}(p+1)},$$

i.e., there exists a positive constant K such that  $\delta_{|\cdot|}(t) \ge K t^{\frac{p}{2}(p+1)}$ .

## 4. A Sharp Result for p = 2

In this section, we will sharpen the result from Corollary 3.5 in the case p = 2 by proving the following optimal result.

**Theorem 4.1.** Let X be a Banach space and  $f : X \to \mathbb{R}$  a continuous uniformly convex function satisfying  $f(x) \leq ||x||^2$  for all  $x \in X$ . Then X admits an equivalent norm with modulus of convexity of power type 2.

Before proving this theorem, we will present a preliminary lemma, and we also refer the reader to [8] for some related information about this case.

**Lemma 4.2.** Let X be a Banach space. Suppose  $\{\|\cdot\|_n\}_{n\in\mathbb{N}}$  are norms on  $(X, \|\cdot\|)$ so that

for some K > 0 and all  $n \in \mathbb{N}$ . Then, there exists an equivalent norm  $|\cdot|$  such that

$$\delta_{\|\cdot\|}(t) \ge \liminf \delta_{\|\cdot\|_{\infty}}(t), \quad for \quad 0 < t < 2.$$

*Proof.* Let us consider a free (non-principal) ultrafilter  $\mathcal{U}$  on  $\mathbb{N}$ . Then  $\lim_{\mathcal{U}} ||x||_n$ exists for each  $x \in X$ , where  $\lim_{\mathcal{U}} ||x||_n = L$  means for each  $\epsilon > 0$ , there exists  $A \in \mathcal{U}$  such that  $|||x||_n - L| < \epsilon$  for all  $n \in A$ . Now define  $|\cdot|: X \to [0, +\infty)$  by

$$|x| = \lim_{n \to \infty} ||x||_n$$
, for all  $x \in X$ 

The definition of  $|\cdot|$  together with (4.1) ensure  $|\cdot|$  is an equivalent norm on X.

If proceed by reductio ad absurdum, we find  $t \in (0,2)$  such that  $\delta_{|\cdot|}(t) < 0$  $\liminf \delta_{\|\cdot\|_n}(t)$ . Since  $\delta_{|\cdot|}$  is continuous — see [12]— there exists  $t' \in (t,2)$  such that  $\delta_{\|\cdot\|}(t') < \liminf \delta_{\|\cdot\|_n}(t)$ . Then, there exist  $x, y \in X$  and a constant a > 0 such that |x| = |y| = 1,  $|x - y| \ge t'$  and  $1 - |(x + y)/2| < a < \liminf \delta_{\|\cdot\|_n}(t)$ . For this x and y, let  $x_n = x/||x||_n$  and  $y_n = y/||y||_n$ . By the definition of  $|\cdot|$ , there exists  $A \in \mathcal{U}$  such that  $||x_m - y_m||_m \ge t$  and  $1 - ||(x_m + y_m)/2||_m < a$  for all  $m \in A$ . Therefore  $\delta_{\|\cdot\|_m}(t) < a < \liminf \delta_{\|\cdot\|_n}(t)$  for all  $m \in A$ , which yields a contradiction, since  $\mathcal{U}$  is free and then A is infinite. 

*Proof.* (Theorem 4.1) Again, we may and do assume that the function f is symmetric. According to Lemma 3.3 we may choose  $N \in \mathbb{N}$  and K > 0 so that  $f(x) \ge K^2 ||x||^2$  whenever  $||x|| \ge N$ . Thus we have

$$K^{2} ||x||^{2} \le f(x) \le ||x||^{2}$$
 whenever  $||x|| \ge N$ .

For  $n \ge N$ , let  $|\cdot|_n$  have unit ball  $B_n = \{x : f(x) \le 2^{2n}\}$ . Fix for a while any  $n \ge N$ . For any  $x \in X \setminus \{0\}$ ,  $f(x/|x|_n) = 2^{2n}$ . Hence, using  $f(x) \leq ||x||^2$ , we obtain  $||x|| \geq 2^n |x|_n$ . Analogously, using that  $K^2 ||x/|x|_n||^2 \leq f(x/|x|_n)$  one obtains  $2^n |x|_n \geq K ||x||$ . Consequently,

$$\frac{K}{2^n} \|x\| \le |x|_n \le \frac{1}{2^n} \|x\|.$$

We shall proceed as in the proof of Theorem 3.4, where now we take F(t) = t,  $t \ge 0$ . Consider  $x, y \in X$  such that  $|x|_n = |y|_n = 1$  and  $|x - y|_n \ge 1/2^n$ ; note that then  $f(x) = f(y) = 2^{2n}$ . Then  $||x - y|| \ge 1$ , and letting  $z = \frac{x+y}{2}$ ,  $z' = z/|z|_n$  and  $M_n = \sup\{f'_+(u,v) : |u|_n = 1, ||v|| = 1\}$ , as in (3.3) in the proof of Theorem 3.4 one has

(4.2) 
$$0 < \delta_f(1) \le M_n \, \|z' - z\|$$

and (3.4) has form

(4.3) 
$$M_n \le \left(2 \cdot \frac{2^n}{K}\right)^2 / \frac{2^n}{K} = \frac{4(2^n)}{K}$$

and (3.5) has form

$$\left|\frac{x+y}{2}\right|_{n} \le 1 - \delta_{f}(1)\frac{K}{2^{n+2}} \cdot \frac{K}{2^{n}} = 1 - \frac{C}{2^{2n}}.$$

where  $C = \delta_f(1)K^2/4$ . This implies that

$$\delta_{|\cdot|_n}\left(\frac{1}{2^n}\right) \ge C\left(\frac{1}{2^n}\right)^2.$$

According to [10, Corollary 11] there is a universal constant L > 0 such that

$$\frac{\delta_{|\cdot|_n}(2^{-n})}{(2^{-n})^2} \le 4L \frac{\delta_{|\cdot|_n}(\eta)}{\eta^2} \text{ for } 2^{-n} \le \eta \le 2.$$

Let  $R = \frac{C}{4L}$ ; then the previous two inequalities imply

(4.4) 
$$\delta_{|\cdot|_n}(t) \ge Rt^2 \text{ for } t \ge 2^{-n}$$

For each  $n \ge N$ , let us consider the new norm  $\|\cdot\|_n = 2^n |\cdot|_n$ . These new norms satisfy  $K \|\cdot\| \le \|\cdot\|_n \le \|\cdot\|$  and  $\delta_{|\cdot|_n}(\cdot) = \delta_{\|\cdot\|_n}(\cdot)$ . Applying Lemma 4.2 and then (4.4) we obtain

$$\delta_{|\cdot|}(t) \geq \liminf_{n \to \infty} \delta_{||\cdot||_n}(t) = \liminf_{n \to \infty} \delta_{|\cdot|_n}(t) \geq Rt^2 \text{ for } 0 < t \leq 2,$$

which finishes the proof.

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