

Best Practices – Slovenia

Prepared by external partners to PP10: Slovenian
Federation of Pensioners' Associations
Social Protection Institute of the Republic of Slovenia
Urban Planning Institute of the Republic of Slovenia

HELPS PROJECT- Housing and Home -care for the Elderly and Vulnerable
people and Local Partnership Strategies in Central European cities
3rd and 4th June 2012, Berlin

COMMUNITY BUILDING



ELDERLY FOR HIGHER QUALITY OF LIFE AT HOME (Starejši za starejše) – Slovenian Federation of Pensioners' Associations



ZDUS
zveza društev upokojencev slovenije



- based on the principle of self-help among the elderly in the local community, wide-spread!
- based on volunteerism and includes a great number of volunteers
- a significant impact in some local communities where the initiative usually provokes interdisciplinary coordination



Main aims:

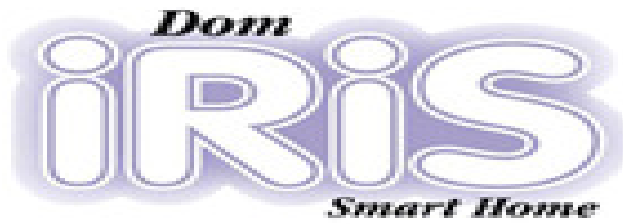
- ▶ identifying the needs of the elderly living home;
- ▶ finding those who cannot/are not able to/do not want to seek assistance;
- ▶ establishing a permanent contact with public services and other non-governmental organizations and provide them information about the needs
- ▶ organizing support for their peers;
- ▶ informing the local community about the quality of life and needs of older people living at home;
- ▶ establishing a civil society monitoring of the work of all who deal with providing help at home.

HOUSING ACCESSIBILITY



**IRIS SMART HOME– Institute for
Rehabilitation, Republic of Slovenia**





Independent Residing enabled by Intelligent Solutions

- ▶ assure higher independence and safety to persons with disabilities and the elderly living in their home environment;
- ▶ lower the costs of home nursing (healthcare, home care, home assistance, etc.);
- ▶ lower the need for transferring persons with disabilities and the elderly into nursing homes or other institutions;
- ▶ prepare modular solutions, from the simplest to the most technically advanced, which can be transferred into users' living environment (homes, social institutions, nursing homes, etc.);
- ▶ introduce new technologies for persons with disabilities and the elderly;
- ▶ improve e-accessibility and e-inclusion.



**Independent
Residing enabled by
Intelligent
Solutions**

The users

- ▶ persons with disabilities and elderly;
- ▶ professional public which can use the demo environment;
- ▶ medical students and students of social and technical studies who by means of educational processes can learn about the needs and problems of people with disabilities and of the elderly;
- ▶ general public which can learn about specific characteristics and demands of the life of persons with disabilities and the elderly as well as about technological solutions which make their lives easier;
- ▶ builders and architects who by learning about the needs of persons with disabilities and the elderly can apply suitable designs to buildings and their equipment.

HOUSING AFFORDABILITY



RENT SUBSIDY- Housing Allowance



RENT SUBSIDY



- ▶ no measures and subsidies targeted to the population of elderly;
- ▶ beneficiaries of rent subsidy are all tenants in non-profit and profit housing;
- ▶ the subsidy cannot exceed the 80 % of monthly non-profit rent which is paid in non-profit dwelling. In profit rental housing the subsidy represents the difference between market rent acknowledged and recognized non-profit rent;
- ▶ rent subsidy cannot be considered best practice but it is the only housing allowance. Unfortunately also at the local level there are no known measures or experimental projects introduced with the aim of improving housing affordability (of elderly) in Slovenia

SOCIAL AND HEALTH CARE



**SOS AT HOME (SOS doma)– Prva
zdravstvena asistenca d.o.o., Pacient
d.o.o, Telekom d.d.**

Teleoskrba



Teleoskrba



- ▶ SOS doma service provides a daily connection via telephone terminal;
- ▶ besides the telephone equipment and SOS button, the equipment can also include detectors, divider...

- ▶ Why best practice:
 - personal safety;
 - medical assistance 24 hours/day,
 - long-distance psychiatric help,
 - suitable and convenient for the elderly – easy to use,
 - it can be also used when person is abroad,
 - it is available across the state.

ACCESS TO INFORMATION



FESTIVAL FOR THE 3rd AGE –
governmental initiative, organised in
public–private partnership



12. FESTIVAL ZA *tretje* ŽIVLJENJSKO OBDOBJE

12th FESTIVAL OF THE *third* AGE



- ▶ festival for the third age is unique event for the elderly in Slovenia;
- ▶ it is the biggest festival for the elderly in Europe;
- ▶ it is also unique festival from the generational perspective in Slovenia; there are almost no festivals for other ages ;
- ▶ broad range of participants – NGOs and enterprises;
- ▶ the initiative for the festival came from the elderly themselves (Pensioners Associations);
- ▶ it also promotes intergenerational solidarity:
- ▶ festival offers information on housing and on social and health care services and options for the elderly (face-to-face communication);
- ▶ free medical examinations and counselling are offered and other kind of free counselling.

Thank you for your attention!

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