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Housing and Home-care for Elderly and vulnerable people and local Partnership strategies in CE cities

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Housing and care solutions for elderly

Part I.

[Literature review]

- Limited national research projects
- Descriptive academic and grey literatures
- Few micro data on health, socio-economic status, social relationships, family networks
- No data on informal care
- Difficulties in international comparison - HU is not part of International SHARE survey (some results from GGP).



Social status of elderly people's interpretation

- Problem-focused view
 - Common themes:
 - Demographic changes
 - Housing circumstances
 - Problems of the social system
 - Problems of the health system
 - Problems of the pension system
- Resource-focused view
 - Neglected areas in professional discussion:
 - Quality of life
 - Active ageing
 - Mobility plans of elderly
 - Intergeneration cooperation
 - Community-based services

Policy attention is predominantly focused on the financial-economic consequences of ageing.

[In the mirror of statistics]

- In the last 30 years the ratio of elderly people increased from 17,2% to 21,4%.
- In 40% of households live elderly people (1,6 M households)
- Territorial differences: more elderly live in the villages
- 3,31 million people get pension or other pension-based supplies. (29% of the total population, 11,2% of GDP)
- Estimation of the ratio of 65+: 29,4% in 2050

Services and supports for elderly to live in their homes independently

- Financial support
- Contribution-in-kind
- Home care service
- Institution providing daycare
- Village and farm caretaker service
- Support service
- Professional health care at home (not under the SWA)



Housing policy and housing system

Part II.

[Housing policy]

- Privatization: 336.000 municipality-owned rental apartments were sold (1986-)
- 2,7% of the ratio of municipality-owned rental apartments (EU: 20-60%)
- No active housing policy
- No extended social rented flat system

Impact of crisis on national housing policy

- Foreign currency mortgages, increased number of borrowers constitute of the greatest economic, financial and social challenges facing Hungary.
- In 2011 the outstanding debt was HUF 6,3 billion, with 70% in foreign currency.
- *Government pays special attention, the measures taken are rather short term solutions.*



Best practices

Part III.

1. **Community building:** ***Neighborhood voluntary program***

- Volunteers welcome neighbors in their own homes (*neighborhood day*)
- Targets: give information, collect community needs, host lonely and elderly people.
- Location: Debrecen garden city area
- Mission: community needs – common problem solving

2. Housing accessibility:

Elderly-friendly housing model

- Aim: show that elderly people can continue living at home safely and independently.
- 50 flats were involved into the project (Budapest, Debrecen, Tiszavasvári) and were made obstacle-free.
- Main result: *no more falls* or their number *was reduced*.

3. Housing affordability:

Missing area!

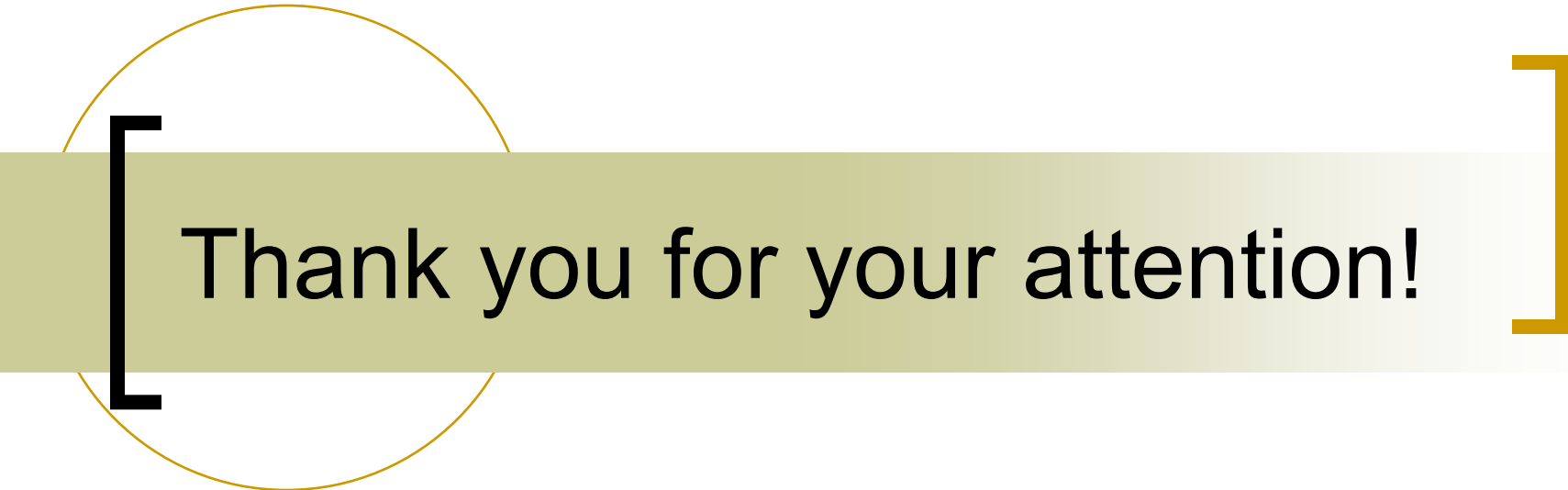
- Housing affordability is a missing area of housing and elderly care policy and practice in HU
- No real good practice or model program.
- Special field: get some idea from your BPs.

4. Social and health care: *Emergency alarm system*

- Aim: Ensure the safety of older people living at home by elaborating an ICT-based solution to provide immediate help in case of a fall.
- Since 1993 (HMCS), Budapest
- Home care combined with an alarm system
- In 2000 the home alarm service was incorporated into the *Social Welfare Act* . (In 2011 the system has 20.000 recipients)

5. Access to information: ***Skype care***

- Learn to use Skype / start a new life in an intergeneration project.
- Target group: 15 lonely, depressed older people, receiving home care, average age 80+ years, with limited mobility
- Main result: Elderly people depression turned into a positive attitude, their loneliness disappeared.



Thank you for your attention!

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