





### **IFA 11th Global Conference on Ageing**

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#### **HELPS PROJECT**

Housing and Home-care for the Elderly and vulnerable people and Local Partnership Strategies in Central European cities

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### **Project HELPS**





- The project is implemented through the CENTRAL EUROPE Programme co-financed by the ERDF
- Programme:
  - » Active ageing in the CENTRAL EUROPE
- Priority 4
  - » Enhancing *competitiveness and attractiveness* of cities and regions
- Area of Intervention 2
  - » Addressing the territorial effects of demographic and social change on urban and regional development
- Concept 6
  - » Innovative housing and care solutions for the elderly and vulnerable persons in Central European cities
- Duration: October 2011 September 2014





## **Background**





- Socio-demographic changes → dramatic increase of the number of elderly and vulnerable people
- Improvement of health conditions -> decrease of the need for intensive care
- The primary aim nowadays is to give vulnerable people as much control over their lives as possible
- More elderly and vulnerable people continue to live in their own flats/houses and need support for active re-integration
- Central Europe is still characterized by centralistic approaches that have often difficulties in matching with the needs of such population groups
  - Offer of standardized solutions for supposedly homogenous needs
  - Favour the institutionalisation and the separation of such population groups from other residential areas and/or population groups
  - Focus on intensive care-provision while other needs are neglected
- Neighbourhood-based care and housing solutions needed to increase the autonomy of these groups and contribute to maintain their abilities





## **Project's objectives**





- To improve the quality of life of vulnerable groups, especially elderly and people with disabilities residing in urban areas in Central Europe
- To develop the most appropriate living environment and care for them
- To foster innovative housing and care solutions for elderly and other vulnerable people with a view to increase their autonomy
- To support elderly and other vulnerable people in living in their own homes
- To find management solutions in integrative housing and enable participation of the elderly and vulnerable groups in the coordination of relevant stakeholders
- To develop innovative housing and homecare solutions by supporting models of integrated local governance orienting policies, products and services
- To decrease functional and spatial separation of different age groups in urban areas





## **Areas for innovative practices**





- 1. community building
- 2. housing accessibility (including technical devices, ICT)
- 3. housing affordability
- 4. social and health care
- 5. access to information and/or education





### **Partnership**







- ⇒ FVG Region ITA
- City of Leipzig, Economic Development Office D
- Municipality of the City of Debrecen HU
- **○** Veneto Region ITA
- Association of Towns and Communities of Slovakia -SK
- Institute of Sociology of the Academy of Sciences of the Czech Republic − CZ
- ⇒ Institute for Sociology Slovak Academy of Sciences– SK
- German Association for Housing, Urban and Spatial Development − D
- **○** Poznan Supercomputing and Networking Center PL
- Samariterbund Burgenland A
- **⇒** Hungarian Maltese Charity Service HU
- Slovenian Federation of Pensioners' Organizations SLO
- **○** City of Brno CZ
- Institute of Social Research ITA
- Ministry of Labour SLO





## Work plan





- **WP1**: Project management & coordination
- **WP2**: Communication, knowledge management and dissemination
- WP3: Transnational review of innovative practices in housing and care for elderly and other vulnerable people in Central European cities – Institute of sociology CAS (CZ)
  - Transnational overview of innovative policies
    - Comparative analysis of best practices
      - Definition of needs and formulation of recommendations
- WP4: Pilot actions Municipality of the City of Debrecen (HU)
  - Focus on community-based development
    - Creating local governance platforms
- WP5: Transnational design of strategies and actions for mainstreaming pilot cases Veneto Region, Department of Social Services (IT)
  - Local Action Plans
    - Transnational recommendations and toolkit





### **Expected outcomes**





- Sound review of innovative practices and the context of their application
- Publications based on gathered information
- Small number of piloted newly developed or reviewed services and housing solutions for the targeted population groups (introduction of innovative practices)
- Needs-driven and efficient provision of services/solutions for the targeted population group
- Definition of needs, recommendations for national policies and transnational programs











# Thank you for your attention!



http://seb.soc.cas.cz/projekty/helps.htm

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