



Housing and Home-care for the elderly and vulnerable people and Local Partnership Strategies in CE cities

Hungary

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1. Neighbourhood volunteer program for strengthening local communities and keeping elderly in their homes

- Essence of innovative practice: Volunteers provide information, collect demands and answer them on community level as well as support and pay attention to elderly people
- Name of organisation that introduced the practice: Csapókert Community House, Debrecen
- Date of commencement: the program commenced in 2002 as has been continuous since then
- Why is it a good practice? It is important to help the community to develop an attitude through which they realise that working in groups and in community it is easier to reach their goals, such as access to information, access to services, mutual help and tackling and preventing old age dependence and isolation

2. Housing accessibility - ELDERLY-FRIENDLY HOUSING MODEL

- Essence of innovative practice: show that elderly people can continue living at home safely and independently.
- Name of organisation that introduced the practice: The *elderly-friendly housing model* programme has been elaborated and carried out by the Hungarian Maltese Charity Service and financed by the government in 2003-2004, programme restarted at 2009.
- Why it can be considered being the best practice? In view of the existing significant social demand and the cost effectiveness of the programme on macro level, this good practice should be expanded as it clearly shows how both quality of eldercare and quality of life of older people can be improved by creating an obstacle-free environment. Such a simple measure with a cost-effective impact can help to prevent hospitalisation or placement in a residential home

3. Housing affordability: housing allowance

- Essence of practice: means-tested benefit scheme contributing to housing expenses of people in need
- Name of organisation that introduced the practice: Hungarian Government and Parliament made the decision in late '90-s; implementation is managed by local authorities
- Why is it a good practice? Relatively small amounts often prevent to loose flats or apartments. In case of elderly: prevent to apply for residential care.

4. Social and health care –

THE EMERGENCY ALARM SYSTEM

- Essence of innovative practice: By contracting with the local government of the 3rd district in Budapest the Maltese Service was able to integrate the alarm system into the home care service, hence a new eldercare form emerged: *home care combined with an alarm system*
- Name of organisation that introduced the practice: Maltese Charity – in cooperation with local authorities that are mandated to provide home-care,
- Date of commencement: 1993, the very first experiments, a continuous development – the system has been integrated into the mainstream care-system. Number of recipients in 2011: cca. 20 000 person.
- Why it can be considered being the best practice? initiatives of an NGO can bring about change in the structure of eldercare, introduce new elements into it and combine social and health care with technology to ensure safety and improve the quality of life of frail elderly people.

5. Access to information/education – SKYPE: Social Inclusion of Frail Elderly People

by ICT Learning, Access to Information

- Essence of innovative practice: Learn to use Skype / start a new life in an intergeneration project. Target group: 15 lonely, depressed older people, receiving home care, average age 80+ years, with limited mobility
- Name of organisation that introduced the practice: Hungarian Maltese Charity Service (HMCS) embraced and put into practice this initiative for a year and a half.
- Date of commencement: The action research started in the middle of December 2010 in Székesfehérvár and in January in Budapest and ended 31st of December 2011
- Why is it a good practice? The Skype Care project clearly indicates how even frail elderly people mentally at risk can be included into society by learning e-communication and using the various possibilities offered by the internet.

Availabilities

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