



**HELPS** HOUSING AND HOME CARE  
FOR THE ELDERLY AND VULNERABLE PEOPLE  
AND LOCAL PARTNERSHIP STRATEGIES IN CENTRAL EUROPEAN CITIES



EUROPEAN UNION  
EUROPEAN REGIONAL  
DEVELOPMENT FUND

**HELPS WP3 Working Group Meeting**  
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## **Czech Republic** **Best practices' selection**

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## ➔ Mutual Aid Exchange

### » **WHAT?**

- » The project uses the potential of elderly and give elderly the feeling they are useful for society
- » It offers space for meetings, exchange of experiences, skills and knowledge, and leisure activities
- » Variety of activities for elderly organised by volunteers
- » The elderly can also offer activities for younger generations
- » Background for elderly initiatives and help with fund raising for concrete activities or events

### » **WHO?**

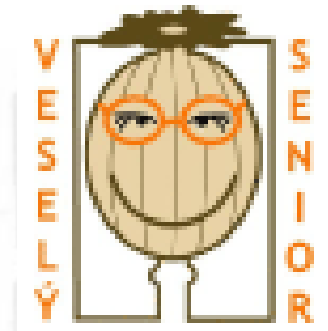
- » NGO (Foundation "Vesely senior") in cooperation with the municipal borough of Prague 2 (offered the premises) and a public service radio

### » **WHEN?**

- » April 2011 (pilot in 2010)

### » **WHY THE BEST PRACTICE?**

- » Unique use of knowledge, creativity and skills of elderly
- » Low costs (volunteers' activities)
- » Intergenerational dialogue



## II. Housing accessibility

### ➔ **Counselling in barriers' removal**

#### » **WHAT?**

- » Project „With The League against barriers“
- » Consultations and guidance in architectural adjustments of flats or barrier-free buildings in general
- » Consultations provided by specialists in barrier-free constructions
- » Direct counselling to clients or via construction offices
- » Publications

#### » **WHO?**

- » NGO (Liga vozíčkářů)
- » Collaboration with construction offices and municipalities
- » Financed by the Ministry of Regional Development

#### » **WHEN?**

- » May 2010

#### » **WHY THE BEST PRACTICE?**

- » Enable elderly to stay in their actual dwellings
- » No costs for clients
- » Collaboration of different entities



### ➔ Housing allowance for elderly in dwellings of RPG

#### » **WHAT?**

- » Designed for elderly living separately in flats owned by private landlord RPG
- » Private landlord RPG provides information on housing allowances provided by state
- » If the person is eligible for housing allowance but housing allowance is insufficient to cover housing costs, the person (over 60 years old and living alone) is entitled to ask for supplement housing allowance provided by RPG (max. 500 CZK)

#### » **WHO?**

- » Private landlord RPG - the largest residential real estate owner in the Czech Republic
- » Cooperation with an NGO (Sdružení pro ochranu nájemníků - Tenants Protection Association) who acts as a controlling authority that supervise allowances' attribution

#### » **WHEN?**

- » 2011

#### » **WHY THE BEST PRACTICE?**

- » Cooperation of three different actors – state as provider of housing allowance, private landlord as provider of supplement housing allowance, and NGO as guardian of tenant interests

### ➔ **Mirror assistance**

#### » **WHAT?**

- » The aim is to provide assistance to seniors and people with disabilities
- » Personal care, housekeeping, leisure activities, guidance etc.
- » Network of professional carers who are disabled

#### » **WHO?**

- » NGO (Muži a ženy, o.p.s.)
- » Private agency (Creative Bazaar, s r.o.) – focus on marketing of NGOs
- » Labour offices provide allowances for disabled employees

#### » **WHEN?**

- » 2008

#### » **WHY THE BEST PRACTICE?**

- » Support integration of two different groups of people
- » Cooperation of different entities
- » It can be provided in different regions
- » Transparency



### ➔ Senior Academy

#### » **WHAT?**

- » Lifelong learning programme designed for the elderly in the field of crime prevention and safety
- » Selected topics: violence and criminality prevention, security and safety, rights in social and health care, psychology – victimology, sects, drugs and children´s addictions, Brno Metropolitan Police, traffic education etc.

#### » **WHO?**

- » Brno Municipal Police in cooperation with the Brno City Municipality

#### » **WHEN?**

- » The first academic year of Senior-academy: 2006/2007

#### » **WHY THE BEST PRACTICE?**

- » Filling the gap in the education about elderly's rights, safety, dangers and their prevention
- » Promoting of active ageing
- » Promotion of community participation of the elderly (graduates become informal partners for the Brno Metropolitan Police as assistants for crime prevention)
- » Mutual cooperation among several different subjects (Ministry of the Interior, Police of the Czech Republic, Czech Probation and Mediation Service, Czech National Bank, The Fire Rescue Service, Public Defender of Rights - Ombudsman, Association of the Consumer Defence etc.)





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**Thank you for your attention!**



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