

1 **Differences in serum steroid hormones concentrations in spontaneously hypertensive**
2 **rats (SHR) - an animal model of attention-deficit/hyperactivity disorder (ADHD)**

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16 **Running title:** Serum steroid hormones levels in SHR rats.

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20 **Summary**

21 Spontaneously hypertensive rats are the most common animal model used to study
22 attention deficit hyperactivity disorder (ADHD). The present study investigated the levels of

23 steroid hormones in the bloodstream of hypertensive rats and its normotensive control strain,
24 Wistar-Kyoto rats, to check if there are any hormonal differences between both strains at the
25 onset of ADHD.

26 Plasma samples were collected from young (5-week-old) and mature (10-week-old)
27 male hypertensive and normotensive rats to determine the serum level of testosterone ,
28 17β -estradiole, free estriol, progesterone, corticosterone and cortisol using ELISA kits.

29 The results showed statistically significant increases in serum levels of testosterone
30 and free estriol in 10-week-old hypertensive and normotensive rats when compared to
31 5-week-old animals. Moreover, the concentrations of progesterone, corticosterone and
32 cortisol were significantly elevated in 10-week-old hypertensive rats when compared to
33 5-week-old animals of both strains as well as 10-week-old normotensive rats. Hormonal
34 differences observed between 10-week-old hypertensive and normotensive rats were also
35 accompanied by differences in the volumes of lateral ventricles as well as the third ventricle
36 and cerebral aqueduct.

37 In conclusion, elevated contents of progesterone, corticosterone and cortisol in
38 hypertensive rats may be associated not only with ADHD but also with developing
39 hypertension. This question needs further study.

40

41 **Keywords:** hormones; ADHD; spontaneously hypertensive rats

42

43 **Introduction**

44 It is estimated that attention-deficit/hyperactivity disorder (ADHD) affects 10% of
45 boys and 5% of girls at elementary school age (Dulcan 1997). This disorder is a
46 developmental condition of inattention and distractibility, with or without associating
47 hyperactivity and it is also characterized by susceptibility to distraction (Nagui 2009). It has
48 been reported that anatomical abnormalities in the brain could be attributable to symptoms of
49 ADHD (Hsuet *al.* 2010). Neuroimaging studies of children's brains with ADHD have shown
50 that the main putative brain regions involved in this condition are the prefrontal cortex (Zang
51 *et al.* 2007), striatum (Scheres *et al.* 2007) and cerebellum (Castellanos *et al.* 1996).
52 However, abnormalities have also been found in other brain regions, such as the anterior
53 cingulate cortex (Zanget *al.* 2007) and substantia nigra (Romanos *et al.* 2010).

54 There is also data indicating that steroid hormones may play a role in the pathogenesis
55 of ADHD. It is not surprising as they are engaged in the brain organization, plasticity and
56 modulation of neurotransmitter system (McEwen 1992, Morris *et al.* 2004)and there is a sex
57 bias in ADHD (Gaub and Carlson 1997). For example, it is suggested that higher prenatal
58 testosterone (T) exposure is associated with a greater risk of developing disruptive behavior
59 disorders. This suggestion is partly supported by King *et al.*(2010) who found that the
60 exposure of spontaneously hypertensive rats (SHRs; an animal model of ADHD) to elevated
61 T-levels during early development resulted in additional deficits in spatial memory. In
62 addition, various neurocognitive effects of T on boys and girls with ADHD were observed
63 and they were sex-specific (Wanget *al.* 2017). Finally, medical drugs such as
64 methylphenidate, which is widely used to treat ADHD (Burcu *et al.* 2016),can potentially

65 diminish T-levels and, in consequence, delay puberty onset (Ramasamy *et al.* 2014).
66 Estrogens and progesterone (P₄) have also been proposed to play an important role in ADHD,
67 because they are synthesized *de novo* in the cerebellum during critical developmental periods
68 in rats (Dean and McCarthy 2008). In addition, a low level of estrogens in women with
69 ADHD is associated with intensity of symptoms (Roberts 2016). Furthermore, estrogens can
70 increase visual and place memory in rats (Luine *et al.* 2003) as well as attention in macaques
71 (Shively and Bethea 2004), and both memory and attention are deficient in children with
72 ADHD (Holmes *et al.* 2014). Finally, studies in gonadectomized male mice treated with
73 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine or with methamphetamine-induced
74 neurotoxicity have shown that estrogens are engaged in the neuroprotection of the
75 nigrostriatal dopaminergic system (Dluzen 2000), which is dysfunctional in children with
76 ADHD (Romanos *et al.* 2010). The participation of corticosteroids in the course of ADHD
77 should also be considered since the level of cortisol (CT) was lowered in children with
78 ADHD (Isaksson 2014). A similar observation was reported in SHR rats with regard to
79 corticosterone (CTT) (King *et al.* 2010). It is worth mentioning that low levels of
80 corticosteroids may indicate abnormalities in the activity of the hypothalamic–pituitary–
81 adrenal (HPA) axis, which is involved in emotion, learning and attention (Smith 2006).

82 All of these findings suggest that serum concentrations of various steroid hormones
83 should be altered in ADHD subjects. To verify this hypothesis, these concentrations were
84 evaluated in SHRs, which are the best-validated animal model of ADHD (Sagvolden and
85 Johansen 2012) with Wistar-Kyoto (WKY) rats serving as a control. The following

86 hormones were tested: T, 17 β -estradiol (E₂), free estriol (E₃), P₄, CTT and CT. Considering
87 that in SHR rats the anatomical abnormalities in the brain associated with ADHD are
88 observed in the juvenile animals (5-weeks-old) and they disappear in mature animals
89 (10-weeks-old) (Hsuet *al.* 2010), the highest alterations in hormone serum levels due to
90 ADHD should be expected before puberty (5-week-old animals). As mature SHRs are also
91 one of the most common animal models of hypertension in humans (Louis and Howes 1990),
92 hormonal changes after puberty (10-week-old animals) maybe associated with hypertension.
93 Since ADHD is more common in boys than in girls (Gaub and Carlson 1997), male SHRs
94 were chosen.

95 **Methods**

96 *Animals*

97 A total of twenty-four male rats were used in the present study. All of the animals
98 were divided into four groups: (1) 5-week-old SHR rats (n=6); (2) 5-week-old WKY rats
99 (n=6); (3) 10-week-old SHR rats (n=6), and (4) 10-week-old WKY rats (n=6). The mean
100 (\pm SD) weight of animals in the individual groups was: (1) 120.08 \pm 6.30; (2) 115.08 \pm 4.65; (3)
101 269.58 \pm 8.48; and (4) 254.94 \pm 7.91. All experiments were carried out in accordance with the
102 European Union Directive for animal experiments (2010/63/EU) and were approved by the
103 Local Ethical Commission of the University of Warmia and Mazury in Olsztyn (no.
104 43/2014). The 3-week-old SHR and WKY rats were obtained from Charles River (Germany)
105 and were transported to the animal house at the Institute of Animal Reproduction and Food
106 Research of the Polish Academy of Sciences (Olsztyn, Poland) where they were housed in

107 pairs or threes to prevent isolation stress. The temperature-controlled (21 +/- 1°C) and
108 ventilated (12-20 exchanges/h) animal room was maintained on a 12/12h light/dark cycle
109 (lights on from 06h00 to 18h00). All animals were fed with a grain mixture (VRF1 diet;
110 Charles River, Germany) and tap water *ad libitum*. All efforts were made to minimize animal
111 suffering and to use the minimum number of animals necessary to produce reliable scientific
112 data.

113 *Tissue preparation*

114 Rats were deeply anesthetized with an intraperitoneal injection of pentobarbital
115 (Biowet, Poland; 50 mg/kg), then, the abdomen was opened and blood was drawn from the
116 vena cava into EDTA tubes (42110, FLMEDICAL, Poland) (Palomboet *al.* 2000). Blood
117 samples were collected from all animals between 7:00 a.m. and 8:00 a.m. In each animal
118 blood was taken within time shorter than 3 min to avoid the initiation of the pituitary stress
119 response (Vahlet *al.* 2005). After collection of blood samples, all animals were transcardially
120 perfused with saline (0.9%) followed by 4% paraformaldehyde (pH 7.4; 1040051000,
121 Merck, Germany) in phosphate-buffered saline (PBS; P5493, Sigma Aldrich, Germany).

122 Following perfusion, the brains were carefully dissected out from the skulls and
123 post-fixed by immersion in the same fixative for 24 h, washed three times in 0.1 M phosphate
124 buffer (pH=7.4, 4°C) and then stored for 3–5 days in graded solutions (10%, 20% and 30%)
125 of sucrose (363-117720907, ALCHEM, Poland) in 1xPBS at 4°C until they sunk. Finally, the
126 brains were frozen and then coronally sectioned at a thickness of 10 µm using a cryostat
127 (HM525 Zeiss, Germany). The sections were stored at -80°C until further processing.

128 *Immunoenzymatic determination (ELISA) of steroid hormone concentrations in rat serum*

129 The measurements of steroid hormones: testosterone, estradiol, free estriol,
130 progesterone, corticosterone and cortisol in rat plasma were done with an ELISA test
131 according to the manufacturer's instructions. All ELISA tests were produced by DRG
132 Instruments (Germany; Table 1). The absorbance in ELISA test plate was measured by plate
133 reader TECAN infinite m200 pro (Austria) at the wavelength $\lambda=492$ nm.

134 *Immunohistochemistry*

135 Brain sections were processed for DAB immunohistochemistry using primary
136 antisera and species-specific secondary antibodies. All staining procedures were carried out
137 in humid chambers (Immuno Slide Staining Trays,R64001-E, Pyramid Innovation Ltd., UK)
138 and at room temperature.

139 *DAB immunohistochemistry*

140 The sections designated for morphometric and stereological procedures (every 25th
141 section in the single brain) were processed for a routine immunoperoxidase labeling using
142 DAB as a chromogen (Dako Liquid DAB + Substrate Chromogen System, K3468,
143 Denmark). After triple-washing cold PBS, the sections were pre-incubated for 30 min in
144 0.3% H₂O₂ diluted in methanol and then for 60 minutes with a solution of 10% normal horse
145 serum (diluted in PBS). The sections were then incubated overnight with a solution of
146 primary antibodies directed towards neuron-specific nuclear protein NeuN (pan-neuronal
147 marker; Anti-NeuN Antibody, clone A60, MAB377; Merck Millipore, Poland; working
148 dilution 1:1000). The antibodies were diluted in PBS containing Triton X-100 (0.3–0.5%)

149 and 1% normal horse serum. In the next step, after triple-washing in cold PBS, the sections
150 were incubated for 60 min with ImmPRESS Reagent, washed in cold PBS and incubated
151 with a 3,3'-diaminobenzidine substrate–chromogen solution (ImmPRESS™ UNIVERSAL
152 REAGENT Anti-Mouse/Rabbit IgG PEROXIDASE, MP-7500; Vector Laboratories, Inc.;
153 Burlingame, CA, US). Finally, the sections were rinsed in tap water, dehydrated through
154 graded alcohol series (POCH, Poland), cleaned in xylene and mounted in DPX (DPX
155 Mountain for histology; 44581, Sigma Aldrich, Germany).

156 *Controls*

157 The antibody against neuron-specific nuclear protein NeuN used in the present study
158 is an excellent marker for neurons in the central and peripheral nervous systems (Mullen *et al.*
159 1992). To test the secondary antibody specificity, the omission and replacement of all
160 primary antisera by non-immune sera or PBS was applied. No observable immunoreactions
161 had proven specificity.

162 *Stereological analyses*

163 Volumetric measurements were done using image-analysis software Fiji (Madison,
164 USA). The following structures were taken into consideration in the WKY and SHR rats at
165 each matched age: lateral ventricles (left and right) and third ventricle together with cerebral
166 aqueduct. Measurements were done on evenly spaced sections arranged from the rostral to
167 the caudal extent of the brain. Every 25th section was stained using DAB method and
168 antibody against NeuN protein from the level where the prefrontal cortex arrived to the end
169 of the cerebellum. All these sections were then digitalized with magnification 5x using

170 PathScan Enabler IV Histology Slide Scanner (Praha, Czech Republic). On each digital slice
171 from the bregma 2.52 (Paxinos and Watson 2005) the boundaries of the individual brain
172 ventricles (right and left lateral ventricles as well as 3rd ventricle in conjunction with cerebral
173 aqueduct) were outlined by a mouse-driven cursor. The number of sections analyzed per
174 specific ventricle depended on the brain size and these numbers were as follows: right and
175 left lateral ventricles: 25-28 and 3rd ventricle with conjunction of cerebral aqueduct: 29-32.
176 Lengths differences were mostly due to the natural variability among subjects as well as
177 strain and age volumetric differences. The total volumes of the individual brain ventricles
178 were calculated according to the formula proposed by DeVito et al. (1989), in which the total
179 volume of a structure (V_o) is the sum of the subvolumes of the sections through the structure
180 (V_n). The outlined areas depicting boundaries of the individual brain ventricles on the
181 studied sections with the thickness 250 μm (space between sections) were subvolumes.

182 *Preparation of images*

183 In the first step, all NeuN stained sections were digitalized using PathScan Enabler IV
184 Histology Slide Scanner (Praha, Czech Republic) receiving images with a quality of 5.0 x
185 objective. These digital images were slightly modified to optimize the image resolution,
186 brightness and contrast using CS4, version 11.0, software (Adobe Systems Inc., San Jose,
187 CA, USA).

188 *Statistical analysis*

189 The statistical differences between groups of data (WKY vs. SHR at each matched
190 age) were analyzed by one-way ANOVA followed by a Tukey test (* $P \leq 0.05$, ** $P \leq 0.01$

191 and*** $P \leq 0.001$) using GraphPad Prism 6 software (GraphPad Software, La Jolla, CA,
192 USA).

193 **Results**

194 *The serum steroid hormone concentrations in the SHR and WKY rats*

195 A significant increase of the serum content of T (Fig. 1A) and E₃ (Fig. 1C) was noted
196 in the 10-week-old SHR and WKY rats when compared to the juvenile animals. However, in
197 both age groups, the T contents did not differ between SHR and WKY rats (Figs. 1A).
198 Moreover, the concentrations of P₄ (Fig. 1D), CCT (Fig. 1E) and CT (Fig. 1F) were
199 significantly elevated in 10-week-old SHR rats when compared to 5-week SHR and WKY
200 rats as well as 10-week-old WKY rats (Figs. 1D-F). No statistically significant differences in
201 the serum levels of E₂ were found between age groups or between the strains at any of the
202 ages studied (Fig. 1B).

203 *The volumetric measurements of the brain ventricular system in the SHR and WKY rats*

204 The brain ventricular system is enlarged in SHR rats when compared to that in the
205 WKY rats (Figs. 2-3). The volumes of the lateral ventricles in 5-week-old SHR rats (Figs. 2A
206 and 3B) are approximately one-third larger than in WKY rats (Figs. 2A and 3A). The
207 volumetric difference increases with age and in 10-week-old SHR rats these ventricles are
208 twofold larger (Figs. 2A and 3D) than in the WKY rats (Figs. 2A and 3C). The total volumes
209 composed of the third ventricles and cerebral aqueduct in the 5-week-old SHR were
210 significantly greater than those of WKY rats (Fig. 2B). Moreover they also are one-quarter
211 larger in the 10-week-old SHR rats compared to the 10-week-old WKY rats (Fig. 2B).

212 **Discussion**

213 The present experiment showed that the serum steroid hormone contents differed
214 significantly between the SHR and WKY rats; however, these differences were only evident
215 in 10-week-old animals. The most striking differences were observed in P₄, CCT and CT
216 content, with subtle differences in the T and E₃ content. Moreover, the differences in serum
217 steroid hormones levels in the 10-week-old SHR rats were accompanied by twofold greater
218 volumes of the brain lateral ventricles in those animals when compared to the WKY rats. An
219 enlarged ventricular system was previously reported in mature SHR rats (Bendel and Eilam
220 1992). Salerno *et al.*(1992) suggested that standing hypertension results in structural changes
221 in the human brain, e.g. a rise in mean volumes of the right and left lateral ventricles.

222 *Testosterone*

223 The immunoenzymatic determination revealed a significant increase of the serum T-
224 content in the 10-week-old SHR and WKY rats when compared to the juvenile animals.
225 However, in both age groups, the T-contents did not differ between SHR and WKY rats. The
226 first phenomenon, i.e. a significant increase in the serum T-content in the 10-week-old
227 animals is not surprising and quite easy to explain. It is well known that the testosterone level
228 in rats is low in the prepubertal period, but it increases significantly during puberty (Döhler
229 and Wuttke 1975). 5-week-old SHR and WKY rats are prepubertal, while 10-week-old
230 animals are postpubertal. The second phenomenon, i.e. the lack of differences in T-contents
231 between SHR and WKY rats in both age groups, is more difficult to explain and very
232 intriguing. There is consensus that 5-6-week-old SHR rats are in the course of ADHD while
233 with age they develop hypertension (Reckelhoff *et al.* 1998). However, it seems that both of

234 these syndromes have no or very little impact on the serum T-content according to present
235 results. There are many studies in rats (Waller *et al.* 1992, Dornet *et al.* 2009) as well as a few in
236 humans (Wang *et al.* 2017, Pompa *et al.* 2007, Yu and Shi 2009) which try to explain the
237 exact role of T in the course of ADHD. However, these results are sometimes contradictory.
238 For example, there is a hypothesis that prenatal T-exposure increases the risk of ADHD
239 occurrence in boys (Martel and Roberts 2014). In support, some authors have revealed a
240 significant positive relationship between T-concentration in saliva and aggressive behavior
241 in adolescents (Pompa *et al.* 2007, Yu and Shi 2009). However, other authors did not find
242 such a relationship (Dorn *et al.* 2009, Wang *et al.* 2017). There is also evidence that the serum
243 T-levels were significantly higher in castrated juvenile and T-treated SHR rats than in WKY
244 rats (Pompa *et al.* 2007). On the other hand, the salivary levels of this hormone in children
245 with ADHD (boys and girls) did not change significantly in the group treated with
246 methylphenidate or the untreated group (the intact group was not tested; Wang *et al.* 2017). It
247 should be noted, however, that there was early androgen treatment in males (King *et al.*
248 2010). This fact coincides well with brain abnormalities and symptoms observed in SHR rats
249 and ADHD patients (Castellanos *et al.* 1996, Castellanos *et al.* 2002, Sontag *et al.* 2011). The
250 role of T in hypertension is also strongly postulated (Louis and Howes 1990, Yu and Shi
251 2009). For example, the serum T-level in the SHR male rats is high in the 12-week-old
252 animals and is accompanied by high blood pressure (Reckelhoff *et al.* 1998). This
253 observation corresponds with the results of Huisman *et al.* (2006), who reported that the
254 serum T content was significantly higher in hypertensive humans of both sexes when

255 compared to the normotensive controls. The lack of differences between 10-week-old SHR
256 and WKY rats in the T-contents observed in the present study may be due to the fact that
257 hypertension develops in 12-week-old SHR rats and, at that time, the T-level is much higher
258 (Reckelhoff *et al.* 1998).

259 *Estrogens*

260 The results demonstrated that the serum levels of E₂ and E₃ do not differ in SHR and
261 WKY rats. E₂ contents also do not differ in 5- and 10-week-old animals, but E₃ is
262 significantly increased in 10-week-SHR and WKY rats. The roles of E₂ and/or E₃ in ADHD
263 are poorly documented, although existing data suggest neuroprotective actions of both of
264 these hormones (Sherwin 2002, Xiao and Becker 1994, Reaven and Chang 1992). For
265 example, E₂ positively impacts some aspects of cognitive function (Sherwin 2002).
266 Moreover, E₂ similarly to P₄, can lead to an increase in the dopamine level in the striatum of
267 female rats, however, unfortunately this phenomenon was not observed in male rats (Xiao
268 and Becker 1994). E₃ is considered to regulate blood glucose concentration (Yamabe *et al.*
269 2014) and, in this way, relieve symptoms of ADHD in SHR rats, as it has been previously
270 proposed for P₄ and CT (Reaven and Chang 1992, Ryan and Enns 1988). The roles of E₂
271 and/or E₃ in hypertension are rather limited as the blood pressure in the SHR rats is
272 independent of estrogen (Reckelhoff *et al.* 1998).

273 *Progesterone*

274 The results demonstrated that the serum levels of P₄ do not differ in 5-week-old SHR
275 and WKY rats or in 10-week-old WKY rats, but in 10-week-old SHR rats the level of this

276 hormone is highly elevated. Such results would suggest rather the role of P₄ in development
277 of hypertension, but some roles of this hormone in ADHD are also postulated. For example,
278 it was reported that ADHD symptoms were significantly reduced in children treated with
279 high doses of P₄ (Nadjafi 2010, Schilling 2014). The positive role of P₄ in ADHD may be
280 supported by the results of Hsu *et al.* (2010) who found a significant decrease in the striatal
281 volume in the juvenile SHR rats (5-week-old) which was not observed in postpubertal
282 animals (8-10-weeks-old). Similarly, significant differences in the caudate volume existing
283 between ADHD children and healthy controls diminished with age studied (Castellanos *et al.*
284 2002). There is also a suggestion that P₄, together with CT, may relieve ADHD symptoms in
285 another manner, namely by modulation of insulin resistance and, in this way, regulate
286 glucose levels. This suggestion is supported by studies showing that both of these steroids
287 lead to decreased maximum insulin binding and [14C]3-O-methylglucose transport in
288 cultured female virgin rat adipocytes (Ryan and Enns 1988). A similar effect was also
289 observed in the juvenile and mature SHR rats where maximal insulin-stimulated glucose
290 transport by isolated adipocytes was lower than in WKY rats (Reaven and Chang 1992). The
291 role of P₄ in hypertension should also not be excluded. For example, it was reported that
292 elevated levels of this hormone can exert antihypertensive effects in rats (Wambach and
293 Higgins 1979). Interestingly, elevated P₄ content accompanied by enlargement of brain
294 ventricles in the 10-week-old SHR rats observed in the present study coincides well with
295 these results.

296 *Cortisol and corticosterone*

297 The patterns of serum CT and CCT contents observed in the present study were quite
298 similar to that of P₄. Thus, the levels of both of these hormones did not differ in 5-week-old
299 SHR and WKY rats or in 10-week-old WKY rats, but in 10-week-old SHR rats their levels
300 were highly elevated. The lack of differences in CT and CCT contents between juvenile SHR
301 and WKY rats is somewhat surprising because some authors have reported that children with
302 ADHD (Isaksson *et al.* 2012) as well as 6-week-old SHR rats (King *et al.* 2010) had lowered
303 CT or CCT levels when compared to non-affected individuals. It is generally known that CT
304 is involved in a wide range of cognitive functions (Gaysina *et al.* 2012) which are
305 deficient/disturbed in ADHD children compared to normal children (executive functions:
306 selective inhibition, working memory and plan implementation; Liu and Wang 2015). These
307 discrepancies may be due to the differences in the age of rats and/or human children or due to
308 the time of sample collections (Kern *et al.* 1996, Buckingham 2006). The elevated levels of
309 CT and CCT in the 10-week-old SHR rats are also interesting since no significant differences
310 in the CT levels were found between adults with ADHD and healthy
311 controls (Corominas-Roso *et al.* 2015). The elevated CT content (in combination with a high
312 content of P₄) found in the present study was probably associated with alleviation of ADHD
313 symptoms by this hormone, which was already discussed above (Ryan and Enns 1988). This
314 assumption is supported by the fact that chronic adolescent CCT exposure reduces impulsive
315 actions without any influence on their general cognitive function or attention ability in male
316 rats (Torregrossa *et al.* 2012). On the other hand, excessive levels of CT and CCT in the
317 mature SHR rats may also be associated with hypertension, as was previously reported in

318 both rodents and humans (Yagil *et al.* 1996, Whitworth *et al.* 1998). For example,
319 glucocorticoids may be influential in the regulation of blood pressure by stimulation of the
320 phosphoinositide signaling system (Ohanian and Heagerty 1992). Another explanation may
321 be autoinflammatory action, e.g. high levels of CT and CCT are connected with
322 inflammatory response and immunosuppression (Coutinho and Chapman 2011) in which the
323 main immunosuppressive and regulatory factors transform growth factor β (TGF β).
324 Interestingly, a decreased level of this cytokine was observed in spleens from 10-week SHR
325 rats when compared to 5-week SHR rats and both age groups of WKY rats (unpublished
326 data). The decreased level of TGF β may lead to autoinflammatory action (Lifshitz and
327 Frenkel 2013).

328 **Conclusions**

329 The present study, for the first time, demonstrated differences in the serum steroid
330 hormone levels between SHR and WKY rats. Significant differences in the serum levels
331 between SHRs and WKY rats were mostly observed after puberty. Thus, elevated contents of
332 P₄, CT and CCT in SHR rats may be associated not only with ADHD, but also with
333 developing hypertension, although this requires further study.

334 **Conflicts of Interest**

335 The authors declare no conflict of interest.

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341 **Author Contributions**

342 Anna Kozłowska conceived and designed the experiments; Paweł Wojtacha performed the
343 ELISA procedures; Anna Kozłowska, Maciej Równiak and Małgorzata Kolenkiewicz
344 performed the immunohistochemical procedures, Anna Kozłowska analyzed the data and
345 wrote the paper. Maciej Równiak and Meng-Li Tsai performed paper revision.

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559 **Tab. 1.** List of ELISA kits used for the determination of steroid hormones concentrations in
560 rats serum

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ELISA kit	Catalog number and manufacturer	Intra Assay Variation CV[%]	Inter Assay Variation CV[%]
Testosterone	EIA-1559. DRG Instruments	3.593%	7.126%

ELISA	(Afifyet <i>al.</i> 2010)		
Estradiol ELISA	EIA-2693. DRG Instruments (Chistyakovet <i>al.</i> 2010)	8.970%	10.870%
Free Estriol ELISA	EIA-1612. DRG Instruments (Klockeet <i>al.</i> 2014)	3.930%	7.530%
Progesterone ELISA	EIA-1561. DRG Instruments (Inegbeneboret <i>al.</i> 2009)	6.416%	6.630%
Corticosterone ELISA	EIA-4164. DRG Instruments (Kazemiet <i>al.</i> 2011)	3.096%	6.010%
Cortisol ELISA	EIA-1887. DRG Instruments (Kalshettiet <i>al.</i> 2015)	5.630%	6.930%

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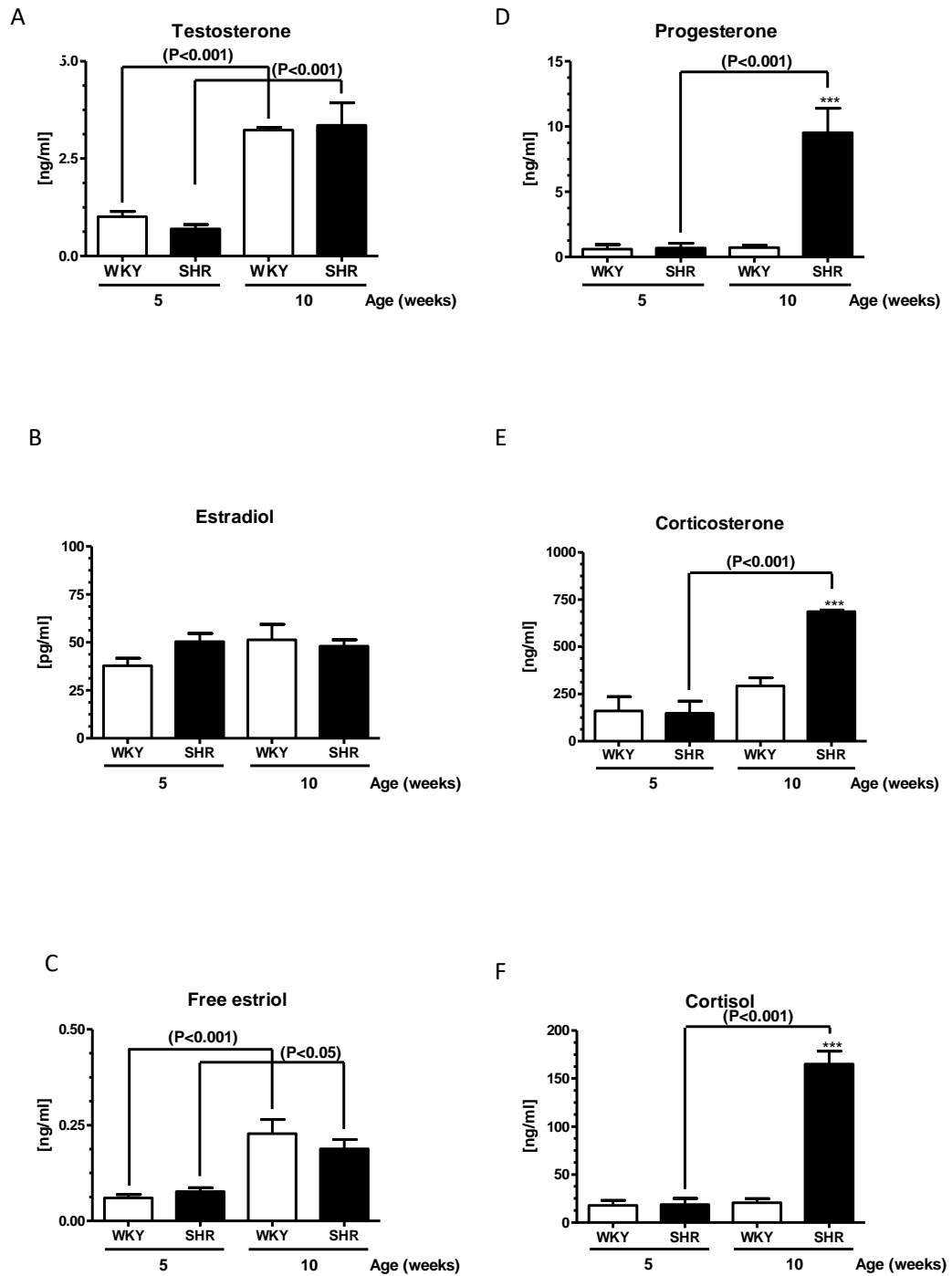
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577 **Fig. 1.** Mean (\pm SEM) concentrations of serum testosterone (A), estradiol (B), free estriol (C),
 578 progesterone (D), corticosterone (E) and cortisol (F) in the 5 and 10 weeks old spontaneously
 579 hypertensive rat (SHR, n=6 in each group) and Wistar-Kyoto rat (WKY, n=6 in each group)

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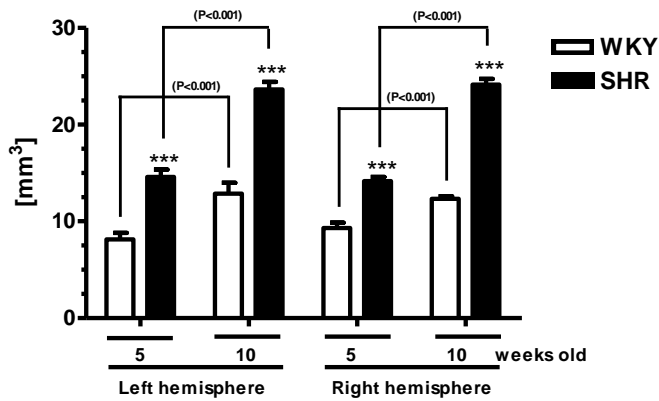
582 *** - indicate differences ($P < 0.001$) between the WKY and SHR rats

583 $P < 0.05$; $P < 0.001$ - indicates differences between the WKY and SHR before and after puberty

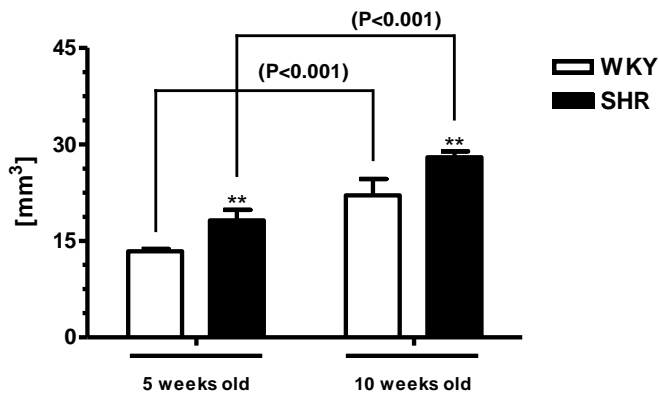
584 **Fig. 2.** The volumetric measurements of the brain ventricular system in the 5 and 10 weeks
 585 old spontaneously hypertensive rat (SHR, n=6 in each group) and Wistar-Kyoto rat (WKY,
 586 n=6 in each group) rats. a) lateral ventricles, b) third ventricles and cerebral aqueduct. Data
 587 were expressed as mean standard deviation (SD)

588

A



B



589

590 **: *** - indicate differences (P<0.01; P<0.001) between the WKY and SHR rats

591 P<0.001 - indicates differences between the WKY and SHR before and after puberty

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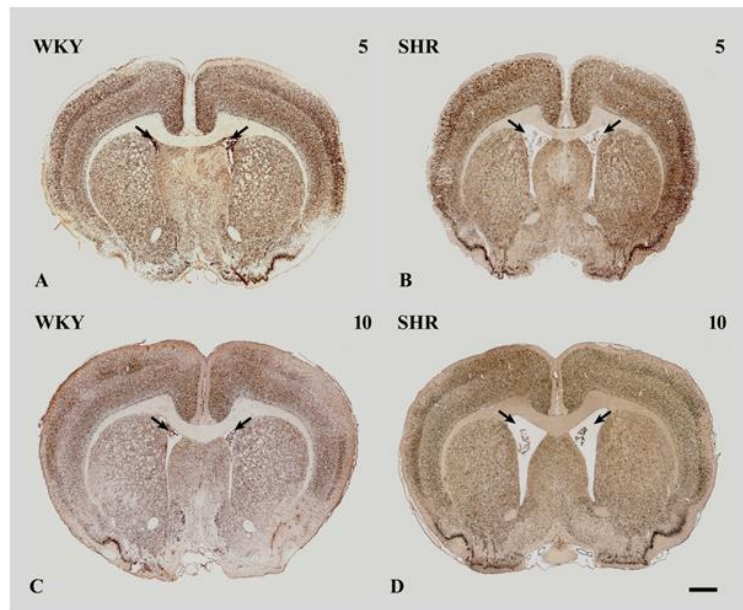
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602 **Fig. 3.** Low-magnification photomicrographs of coronal sections through the brain of the
603 WKY (A–C) and SHR (B–D) rats illustrating enlargement of the left and right lateral
604 ventricles (arrows) in SHR rats. Note that the size differences are bigger in 10-weeks old
605 animals (B–D) when compared to the 5-weeks old animals (A–B). Scale bar: 1 mm



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