

## Endothelial Dysfunction in Insulin-Resistant Rats is Associated with Oxidative Stress and COX Pathway Dysregulation

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### Summary

Because insulin resistance is inevitably associated with cardiovascular complications, there is a need to further investigate the potential involvement of oxidative stress and the cyclo-oxygenase (COX) pathway in the vascular modifications associated to this pathological context. Endothelial function was evaluated in control and fructose-fed rats (FFR) by i) *in vitro* study of endothelium-dependent and -independent relaxations of aortic rings, and ii) *in vivo* telemetric evaluation of pressor response to norepinephrine. After 9 weeks of diet, FFR displayed hypertriglyceridemia, hyperinsulinemia and exaggerated response to glucose overload. Aortic rings from control rats and FFR exhibited comparable endothelium-dependent relaxations to Ach. In the presence of indomethacin, relaxations were significantly reduced. FFR showed exaggerated pressor responses to norepinephrine that were abolished with indomethacin. Urinary nitrites/nitrates, 8-isoprostanes and thromboxane B<sub>2</sub> excretion levels were markedly enhanced in FFR, whereas the plasma levels of 6-keto prostaglandin F<sub>1α</sub> were unchanged. In conclusion, fructose overload in rats induced hypertriglyceridemia and insulin resistance associated with an enhanced oxidative stress. This was associated with COX pathway dysregulation which could be one of the contributors to subsequent vascular dysfunction. Consequently, reduction of oxidative stress and regulation of the COX pathway could represent new potential therapeutic strategies to limit vascular dysfunction and subsequent cardiovascular complications associated with insulin resistance.

### Key words

Endothelial dysfunction • Insulin resistance • Oxidative stress • Cyclo-oxygenase

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### Introduction

Insulin resistance is typically defined by the reduced sensitivity to insulin actions that regulate glucose disposal, and results ultimately in type 2 diabetes mellitus. In patients with insulin resistance such as in the metabolic syndrome, cardiovascular risk is markedly increased (Grundey 2006). However, causes and consequences of insulin resistance on cardiovascular complications are yet to be explored in order to limit the cascade of sequelae and co-morbid disease (Haffner 1999).

Endothelium appears to play a key role in the vascular damages induced by insulin resistance associated with metabolic syndrome (Kim *et al.* 2006). Patients with metabolic syndrome or type 2 diabetes mellitus exhibit impaired endothelium-dependent vasodilation (Baron 1999). It is now recognized that these disturbances in endothelial function are principal players in the ischemic manifestations of coronary artery disease (Anderson *et al.* 1995, Meredith *et al.* 1993). In fact, endothelial dysfunction has been suggested to precede the elevation of blood pressure (Katakam *et al.* 1998) and contribute to the development of cardiovascular diseases in insulin resistance (Shinozaki *et*

*al.* 1995) and may therefore represent both a surrogate marker for cardiovascular risk as well as a relevant therapeutic target.

Oxidative stress has been suggested to i) contribute to insulin resistance (Carantoni *et al.* 1998, Gopaul *et al.* 2001), and (ii) play a crucial role in the pathogenesis of endothelial dysfunction (Esper *et al.* 2006, Sonnenberg *et al.* 2004). The most important consequence of increased oxidative stress on vascular endothelial function is the decrease in NO bioavailability resulting from both NO inactivation by superoxide anions and NO synthase uncoupling (Griendling and Alexander 1997). An increase in free radical production could also activate the cyclo-oxygenase (COX) pathway resulting in an imbalance between vasoconstrictor and vasodilator prostanoid synthesis. Indeed, it was suggested that both hyperglycemia (Cosentino *et al.* 2003) and oxidative stress dysfunction (Bachschmid *et al.* 2005, Cosentino *et al.* 2003) were associated with an increase in vasoconstrictor thromboxane A<sub>2</sub> and a decrease in vasodilator prostacyclin (PGI<sub>2</sub>) produced by COX. Thus, this modulation of the prostanoid production could result in endothelial dysfunction (Bachschmid *et al.* 2005, Cosentino *et al.* 2003).

We aimed to investigate new potential mechanisms linking disrupted glucose metabolism to subsequent cardiovascular complications by studying endothelial function and the potential involvement of oxidative stress and the COX pathway in the vascular modifications induced by insulin resistance. Since fructose consumption might be a contributing factor to the development of metabolic abnormalities observed in the metabolic syndrome (Bray *et al.* 2004, Elliott *et al.* 2002), we used the fructose-fed rat (FFR) as a model of insulin resistance. Endothelial function was evaluated both *in vitro* and *in vivo* by 1) the study of endothelium-dependent relaxations by isometric tension studies on aortic rings, and 2) telemetric evaluation of arterial pressure and pressor responses to norepinephrine in conscious unrestrained rats. We also sought to determine the effects of fructose overload on biochemical indicators of the extent of oxidative stress, and COX pathway dysregulation in FFR.

## Methods

### *Experimental design*

After one week acclimatization period, male Wistar rats (Charles River, France, 180-220 g) were

randomly placed on a purified control chow (Control: TD.03102) or on an isocaloric fructose-enriched diet (fructose-fed rats or FFR: TD.89247 containing 18.3 % protein, 60.3 % fructose and 5.2 % lard) (Teklad Labs, Madison, WI, USA) for the following 9 weeks. All procedures were performed in accordance with the legislation on the use of laboratory animals (NIH publication N°85-23, revised 1996) and Animal Care Regulations in force in France as of 1988.

After 9 weeks of diet, *in vitro* vascular reactivity was evaluated in a first set of animals (Control: n=12, FFR: n=12). In this set of rats, 24-hour urine and blood samples were collected for biochemical determinations.

In a second set of animals (Control: n=10, FFR: n=10), blood pressure and pressor responses to norepinephrine were investigated and oral glucose tolerance tests (OGTT) were performed in a subset of animals from this series (Control: n=8, FFR: n=8) after 9 weeks of diet.

A third set of animals (Control: n=8, FFR: n=8) was carried out to investigate the role of COX pathway in pressor responses to norepinephrine following indomethacin injection after 9 weeks of fructose-enriched diet.

### *In vitro vascular reactivity*

Rats were deeply anesthetized with urethane (1.2 g/kg, i.p.). Aortic rings were obtained and placed in organ chambers (5 ml) filled with an oxygenated physiological salt solution (PSS: NaCl 118.0; KCl 4.6; CaCl<sub>2</sub> 2.5; KH<sub>2</sub>PO<sub>4</sub> 1.2; MgSO<sub>4</sub> 1.2; NaHCO<sub>3</sub> 25.0 and glucose 11.1 mM) at 37 °C for isometric tension recording. After equilibration the preparations were precontracted by phenylephrine (10<sup>-6</sup> M). Concentration-response curves to endothelium-dependent relaxant agonist (i.e. acetylcholine, ACh, 10<sup>-10</sup> to 10<sup>-5</sup> M) were performed in presence or absence of indomethacin (10<sup>-5</sup> M). Every 2 min, increasing doses of ACh were added to the organ bath. Since aortic relaxant responses to ACh were stable, relaxations were recorded during the last 20 s before adding a new dose. Indomethacin was added to the organ bath 30 min before precontraction to phenylephrine preceding concentration-response curves.

To evaluate endothelium-independent relaxations, concentration-response curves to sodium nitroprusside (SNP, 10<sup>-10</sup> to 10<sup>-6</sup> M) were performed. For each concentration-response curve, a pD<sub>2</sub> value (-log [EC<sub>50</sub>] where EC<sub>50</sub> was the concentration of drug that produced 50 % of the maximum effect) and a

maximal effect value ( $E_{\max}$ , maximum response) were determined.

#### *In vivo telemetric measurement of blood pressure*

Before the end of the 8th week of treatment period, rats were anesthetized (2 % inhaled isoflurane), and each animal was implanted with a radio-telemetry transmitter (model PA-C40, Data Sciences International, St. Paul, MN, USA). The catheter was introduced into the femoral artery and advanced to the abdominal aorta. The right jugular vein was catheterized to allow subsequent intravenous perfusion. After surgery, each rat was allowed to recover for at least 7 days before blood pressure measurement. Telemetric measurements in conscious unrestrained rats were performed at the end of the treatment period (week 9). Briefly, after 30 min acclimatization blood pressure was recorded for 30 min (baseline parameters measured during the last 5 min). Subsequently, increasing doses of norepinephrine were infused i.v. for 5 min each (50, 100, 200, 400 ng/kg/min). Pressor responses were determined for each dose as an average of the recorded response during the final minute. In the third set of animals, to investigate the role of COX pathway in pressor responses to norepinephrine, indomethacin (7.5 mg/kg) (Ruiz *et al.* 1994) or its vehicle was intravenously injected 30 min before the beginning of the norepinephrine perfusion.

#### *Evaluation of glucose metabolism*

After telemetric BP measurements, rats were fasted overnight, then gavaged with a solution of glucose 1 g/kg and anesthetized with isoflurane. Blood samples were taken from the tail vein at 0, 10, 20, 30, 60 and 90 minutes after the gavage. Fasting levels of glycemia and insulinemia were determined at time 0. Blood glucose was determined immediately after collection (Accu-chek active, Roche diagnostics, France), insulin concentration was determined in plasma samples by enzyme immunoassay (Cayman Chemical, MI, USA). The insulin sensitivity index (ISI) was calculated using the formula of Matsuda and DeFronzo (1999) as follows:

$$\text{ISI} = 10000 / \sqrt{[(\text{FPG} \times \text{FPI}) \times (\text{mean OGTT glucose concentration} \times \text{mean OGTT insulin concentration})]},$$

FPG being fasting plasma glucose (in mg/dl), FPI fasting plasma insulin ( $\mu\text{U/ml}$ ) and mean OGTT (oral glucose tolerance test) glucose and insulin concentration being obtained from the area under the curve of glucose or

insulin concentration evolution during the 90 min following oral gavage with 1 g/kg glucose solution.

#### *Biochemical determinations*

At the end of the 9th week of diet, rats to be included in *in vitro* vascular reactivity studies were fasted overnight and placed in metabolic cages to collect 24-h urine samples, and plasma samples were also collected. Plasma and urinary creatinine was determined by spectrophotometry (Jaffe 1886). The urinary concentration of nitrates and nitrites, 8-isoprostanes and thromboxane  $B_2$ , and plasma 6-keto prostaglandin  $F1\alpha$  were determined using commercially available assay kits (Cayman Chemical, MI, USA). Plasma triglycerides were measured using a colorimetric method (Sigma assay kit, St Louis, MO, USA). All urine concentrations were corrected by the clearance of creatinine to limit variability in the assays due to changes in renal excretory function (Behr-Roussel *et al.* 2000).

#### *Statistical analysis*

All data were expressed as mean  $\pm$  S.E.M. Most of the results were analyzed using Student's t-test. *In vitro* vascular relaxation responses curves and pressor responses to norepinephrine results were analyzed using a two-way ANOVA statistical analysis followed by Bonferroni's complementary analysis when relevant. For  $pD_2$  and  $E_{\max}$  values, statistical analysis was performed according to the extra sum of squares F test principle with GraphPad Prism® 4.03 software.  $P < 0.05$  values were considered significant.

## Results

#### *Metabolic parameters*

After 9 weeks of control or fructose-enriched diet, body weights were similar in both control and FFR rats (Table 1).

Although fasting glycemia was not significantly changed by 9 weeks of fructose overload, insulinemia was significantly increased in FFR compared to control rats (Table 1,  $P = 0.036$ ). Moreover, oral glucose tolerance test revealed significant differences in the increase of plasma glucose and insulin levels. Indeed, in response to oral administration of 1 g/kg glucose, FFR displayed a decreased insulin sensitivity index compared to control rats (Table 1,  $P = 0.014$ ) indicating insulin resistance in these animals.

Mean arterial pressure (MAP) and heart rate,

**Table 1.** Metabolic parameters in control and FFR after 9 weeks of fructose-enriched diet.

	Control	FFR	P=
<b>Obesity</b>			
<i>Body weight (g)</i>	419 ± 9	408 ± 12	NS
<b>Glucose metabolism</b>			
<i>Fasting glycemia (mg/dl)</i>	113.4 ± 11.8	134.7 ± 5.8	NS
<i>Fasting insulinemia (ng/ml)</i>	1.26 ± 0.25	2.34 ± 0.38*	0.036
<i>Insulin sensitivity index</i>	2.17 ± 0.29	1.25 ± 0.13*	0.014
<b>Baseline blood pressure</b>			
<i>Mean arterial pressure (mmHg)</i>	106.5 ± 4.5	103.2 ± 5.6	NS
<i>Heart rate (beats/min)</i>	407 ± 19	380 ± 9	NS
<b>Lipids</b>			
<i>Plasma triglycerides (mM)</i>	1.28 ± 0.15	2.19 ± 0.28**	0.009

Values are expressed as means ± S.E.M. Student's t-test, NS: not significant, \* P<0.05, \*\* P<0.01.

measured telemetrically in conscious animals after a 30-min acclimation period were unchanged after 9 weeks of fructose-enriched diet (Table 1).

Finally, FFR were highly hypertriglyceridemic compared to the control rats (Table 1).

#### *In vitro vascular reactivity*

Precontractions tensions elicited by  $10^{-6}$  M phenylephrine were similar in aortic rings from control and FFR, irrespective of the experimental conditions – before ACh-dependent relaxation:  $572 \pm 66$  mg/g wet weight in control vs.  $440 \pm 63$  mg/g wet weight in FFR ( $P=0.17$ ), before ACh-dependent relaxation in the presence of indomethacin:  $402 \pm 47$  mg/g wet weight in control vs.  $320 \pm 40$  mg/g wet weight in FFR ( $P=0.20$ ), and before SNP-dependent relaxation:  $675 \pm 99$  mg/g wet weight in control vs.  $640 \pm 110$  mg/g wet weight in FFR ( $P=0.82$ ). Aortic rings from control rats and FFR exhibited comparable endothelium-dependent relaxations to Ach (Fig. 1A) with unchanged pD2 ( $7.65 \pm 0.05$  in control rats vs.  $7.83 \pm 0.08$  in FFR, NS) and  $E_{max}$  ( $-99.1 \pm 1.7$  % in control rats vs.  $-95.2 \pm 1.08$  % in FFR, NS). However, when indomethacin was added to the organ bath, a significant reduction of endothelium-dependent relaxations to ACh was observed in aortas from FFR compared to control rats ( $P<0.001$  Two-way ANOVA) (Fig. 1B), which is associated with a reduction of  $E_{max}$  ( $-104.0 \pm 1.9$  % in control rats vs.  $-90.7 \pm 3.1$  % in FFR,  $P<0.01$ ) and unchanged pD2 ( $7.79 \pm 0.07$  in control rats vs.  $7.70 \pm 0.12$  in FFR, NS). Conversely, aortic endothelium-independent relaxations to SNP were

increased in the aortas from FFR compared to control rats (Fig. 1C).

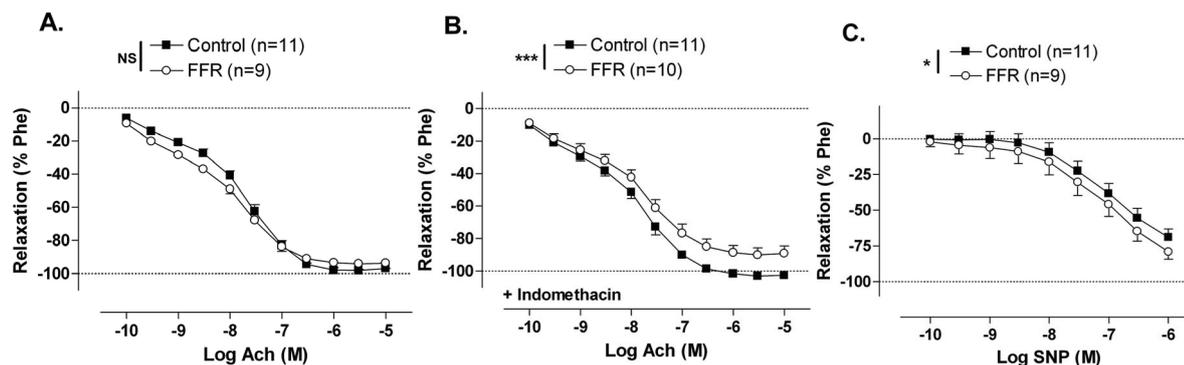
#### *In vivo telemetric measurement of pressor response to norepinephrine*

During the first 30 min of baseline recording, the pressure was stable in control rats and FFR. The infusion of increasing concentrations of norepinephrine elicited a dose-dependent increase in arterial pressure (Fig. 2) with both an elevation of systolic and diastolic BP (data not shown). The response to norepinephrine was clearly enhanced in FFR compared to control rats ( $P<0.01$  Two-way ANOVA, Fig. 2A).

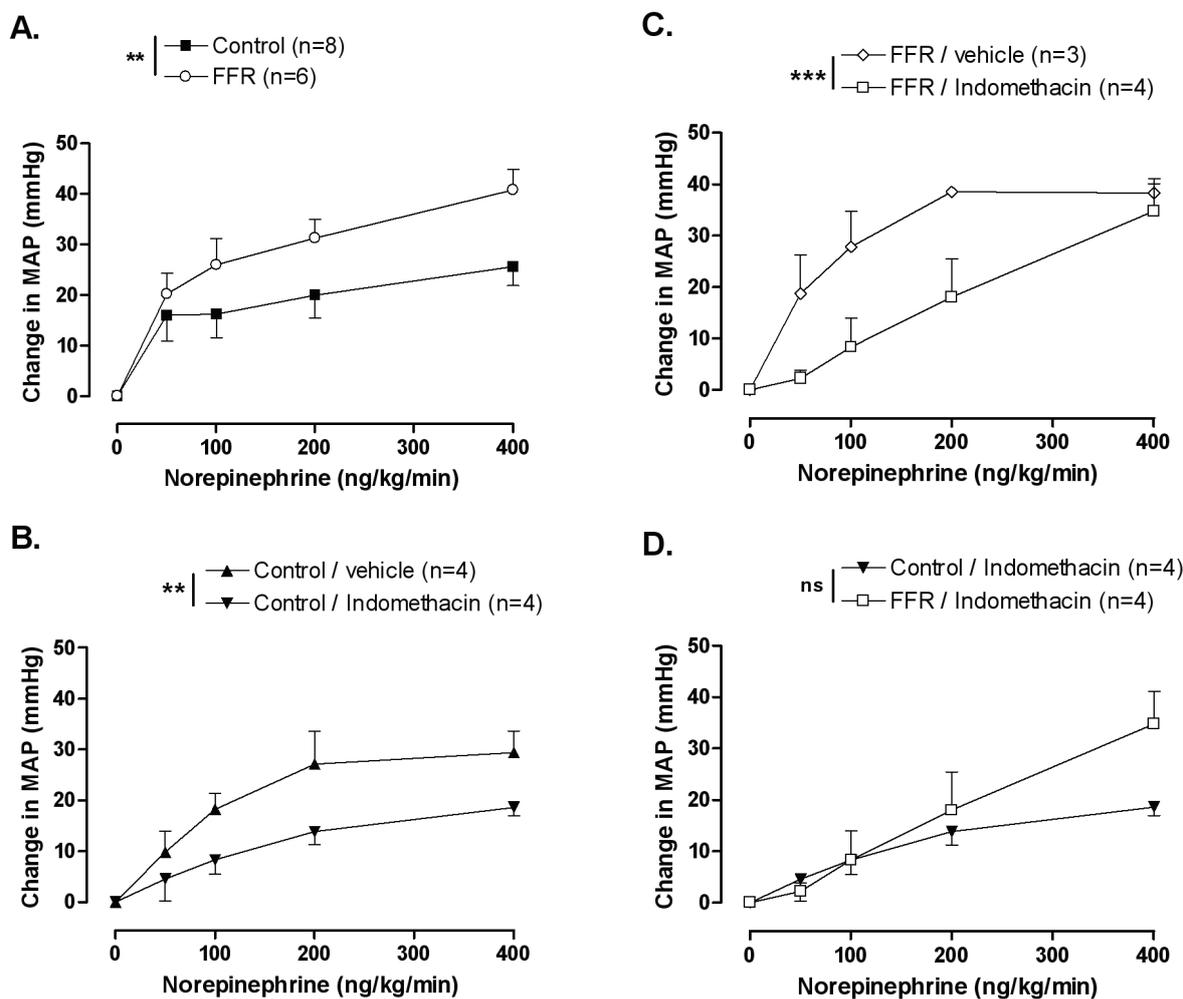
The administration of indomethacin 30 min before the beginning of norepinephrine infusion significantly reduced the amplitude of the pressor response to norepinephrine in both controls (Fig. 2B) and FFR (Fig. 2C). However, the downward shift of the pressor response curve following indomethacin administration was more important in FFR than in control rats. Indeed, when indomethacin was intravenously injected, the pressor responses to norepinephrine in FFR (Fig. 2A) were normalized and not significantly different from control rats ( $P>0.05$  Two-way ANOVA, Fig. 2D) except during the 400 ng/kg/min norepinephrine perfusion.

#### *Biochemical evaluation of oxidative stress and cyclooxygenase products*

Both plasma and urine creatinine levels were similar in control and FFR, resulting in a preserved creatinine clearance following 9 weeks of fructose-



**Fig. 1.** Comparison of endothelium-dependent (A, B) and -independent (C) relaxations obtained in *in vitro* experiments with aortic rings in absence (A, C) or in presence (B) of 10  $\mu$ M indomethacin. Two-way ANOVA: NS: not significant, \* $P$ <0.05, \*\*\* $P$ <0.001.

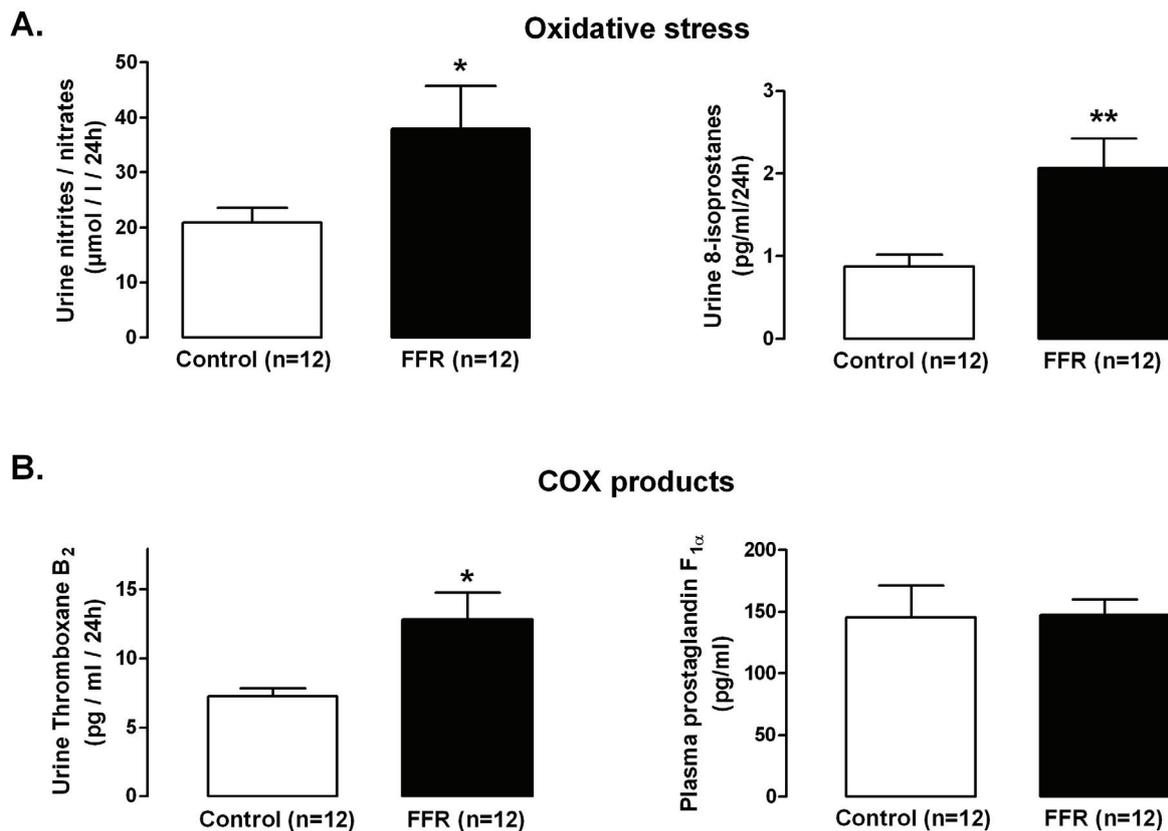


**Fig. 2.** Concentration response curves to increasing doses of norepinephrine infusion on mean arterial pressure (MAP) measured *in vivo* in conscious animals (control and FFR) at the end of the treatment period (week 9) (A) or 30 min after intravenous vehicle or indomethacin 7.5 mg/kg injection (B, C, D). Two-way ANOVA: NS: not significant, \*\* $P$ <0.01, \*\*\* $P$ <0.001.

enriched diet ( $0.49 \pm 0.05$  in control vs.  $0.39 \pm 0.05$  in FFR ml/min;  $P=0.16$ ).

Both urinary nitrites/nitrates ( $P<0.05$ ) and 8-isoprostanes ( $P<0.01$ ) levels were markedly increased in FFR compared to control animals (Fig. 3A). Whereas

urinary thromboxane  $B_2$  excretion was greatly enhanced in the FFR ( $P<0.05$ ) as a result of the fructose-enriched diet, the levels of the stable metabolite of prostacyclin ( $PGI_2$ ), 6-keto prostaglandin  $F_{1\alpha}$  were similar in control and FFR rats (Fig. 3B).



**Fig. 3.** Levels of oxidative stress markers (nitrites/nitrates, 8-isoprostanes) (A), and COX products (thromboxane B<sub>2</sub> and prostaglandin F<sub>1α</sub>) (B) in control and FFR after 9 weeks of treatment. Student's t-test, NS: not significant, \* P<0.05, \*\* P<0.01.

## Discussion

In the present study, feeding of rats with fructose-enriched diet for 9 weeks induced hyperinsulinemia, impaired glucose tolerance and hypertriglyceridemia with no change in blood pressure. Many other studies using the FFR have also reported an increased fasting plasma insulin and/or exaggerated response to glucose overload (Lee *et al.* 2006, Nagai *et al.* 2002, Nakagawa *et al.* 2006, Vasudevan *et al.* 2005) as well as a consistent hypertriglyceridemia in accordance with our results (Bartus *et al.* 2005, Nagai *et al.* 2002, Nakagawa *et al.* 2006, Nyby *et al.* 2005, Sanchez-Lozada *et al.* 2007, Shinozaki *et al.* 2000, Takagawa *et al.* 2002). Interestingly, insulin levels and high triglyceridemia are known to enhance free radical production (Bakker *et al.* 2000, Kim *et al.* 2006). Oxidative stress has been evaluated by the measure of the clinically validated biomarker: urinary 8-isoprostanes (Montuschi *et al.* 2004). We have confirmed the excessive non-enzymatic *in vivo* lipid peroxidation as a result of oxidative stress. In agreement with the present observation, oxidative stress has repeatedly been evidenced in FFR (Delbosc *et al.*

2005, Miatello *et al.* 2005, Nyby *et al.* 2005, Shinozaki *et al.* 2000). This may directly result from elevated glycemia and triglyceridemia present in these rats.

In contrast, a somewhat surprising finding of this study is the fact that 9 weeks of fructose-enriched diet did not modify baseline blood pressure and heart rate. These results are in contradiction with several studies reporting that FFR are hypertensive (Kamide *et al.* 2002, Miatello *et al.* 2005, Nagai *et al.* 2002, Nyby *et al.* 2005, Sanchez-Lozada *et al.* 2007, Takada *et al.* 2001). In these studies, BP has been measured by tail-cuff plethysmography. In contrast, using telemetry, D'Angelo *et al.* (2005) reported that 8 weeks of fructose feeding (66 % fructose, 12 % lard) produced no change in baseline MAP in agreement with our data. We believe that tail-cuff BP results must be cautiously interpreted since it may yield misleading results due to the restraint and thermal stress imposed to the animal. These challenging conditions may indeed provide BP measurements that may be better compared to a pressor response rather than a baseline BP (Pelaez *et al.* 2003).

Fructose-enriched diet associated with moderate amounts of fat (Reed *et al.* 1994) induced insulin resistance associated with hyperlipidemia in accordance

with previously reported results (Galipeau *et al.* 2001, Miatello *et al.* 2002, Song *et al.* 2004) with no change in blood pressure. This depicts some of the abnormalities associated with an early stage of the metabolic syndrome development. Moreover, a direct consequence of these abnormalities (insulin resistance and hyperlipidemia) may be an enhanced oxidative stress which could constitute the starting point for cardiovascular complications associated with the metabolic syndrome.

In addition to its essential metabolic actions, insulin binding to its receptors has been demonstrated to stimulate the production of NO at the endothelial level (Baron and Clark 1997). Since NO constitutes one of the major vasodilator mediator, the defect in insulin signaling pathway caused by insulin resistance appears to be closely associated with endothelial dysfunction. Interestingly, endothelium-dependent reactivity of isolated aortic rings from FFR did not seem to be affected. However, in the presence of indomethacin, marked endothelial dysfunction was revealed. These results suggest that, in FFR, the net balance between vasodilator and vasoconstrictor mechanisms does not appear to be modified. However, the contribution of each independent pathway seems to be modified, suggesting that compensatory relaxation mechanisms are still able to buffer specific dysfunctions of vasodilator or vasoconstrictor pathways already present at a very early stage of the metabolic syndrome. Such compensatory mechanisms have been previously demonstrated in SHR in which up-regulation of endothelium-independent vasodilation partly balanced endothelial dysfunction (Behr-Roussel *et al.* 2003). Interestingly, as we demonstrated in the present work, the same observation seems to hold true in FFR since endothelium-independent relaxing mechanisms were upregulated.

Next, we could closely examine the modulation of the endothelium-dependent vasodilation pathways in aortas from FFR (i.e. NO and COX products). The most likely event occurring in FFR to explain the alteration of endothelium-dependent relaxations is the impairment of the NO pathway. In fact, insulin binding to its receptors has been demonstrated to stimulate the production of NO from the endothelium. Moreover, in FFR, insulin resistance seems to be mediated *via* a decreased insulin receptor expression (Catena *et al.* 2003). Although no direct measurement of impaired NO production was performed in the present study, several elements suggest that NO bioavailability is disturbed in FFR. We have evidenced an increase in oxidative stress by elevated

levels of 8-isoprostanes. The elevation of reactive oxygen species production observed in FFR could reduce NO bioavailability by inactivating NO to peroxynitrite. In this respect, the elevation of urinary nitrites/nitrates in FFR might indeed reflect the impaired NO bioavailability since peroxynitrite, as well as NO, is metabolized in nitrites and nitrates (Dedon and Tannenbaum 2004). Several studies reported a decreased vascular eNOS expression and/or activity in FFR (Miatello *et al.* 2005, Nyby *et al.* 2005, Shinozaki *et al.* 1999, Shinozaki *et al.* 2000) while Shinozaki *et al.* (1999) showed eNOS uncoupling in FFR. Taken together, all these data are strongly in favor of a decreased NO bioavailability that could explain the impaired vascular endothelium-dependent relaxation in FFR.

COX products are also critical regulators of vascular tone (Davidge 2001). In the present study, since COX inhibition revealed endothelial dysfunction in FFR, it is suggested that an increased production of endothelium-dependent vasodilator COX products occurred in FFR (i.e. PGI<sub>2</sub> or PGE<sub>2</sub>). Yet, basal circulating levels of the stable metabolite of PGI<sub>2</sub>, 6-keto-prostaglandin F<sub>1 $\alpha$</sub> , were not modified in FFR which is in accordance with previous studies (Bartus *et al.* 2005). However, it must be kept in mind that our results were obtained in unstimulated conditions and this might not preclude a compensatory increased production of PGI<sub>2</sub> in response to a vasodilator stimulus. Vasodilator prostaglandin E<sub>2</sub> may also be upregulated in FFR but this possibility was not assessed and remains to be investigated.

We conclude that, in FFR, the increase in COX-derived vasodilators associated with the enhancement in endothelium-independent relaxation pathway may constitute compensatory mechanisms for a decreased production of other vasodilators among which NO is the most probable candidate.

In our experimental conditions, an exaggerated pressor response to norepinephrine was found in conscious FFR after 9 weeks of fructose-enriched diet, associated with increased thromboxane B<sub>2</sub> (TxB<sub>2</sub>), the stable metabolite of thromboxane A<sub>2</sub>, urinary levels.

A possible explanation to the heightened contractile response to norepinephrine could be a change in alpha-receptor expression in the vasculature. This specific issue was not addressed in the present work, but this seems to be improbable since *in vitro* precontraction of aortic rings to phenylephrine was similar in controls and FFR.

Indomethacin infusion was able to correct the exaggerated response to norepinephrine in FFR. COX dysregulation, which could account for the results on *in vitro* vascular reactivity, could thus constitute a relevant explanation for *in vivo* increased pressor response in FFR. Indeed, the enhanced COX-dependent vasoconstrictor TxB<sub>2</sub> production is in agreement with Galipeau *et al.* (2001) showing that fructose overfeeding in rats leads to an increase in TxB<sub>2</sub> production. These observations support the concept that TxB<sub>2</sub> produced by COX is increased in FFR, therefore leading to an exaggerated pressor response to norepinephrine. This hypothesis was further reinforced by the fact that COX inhibition by indomethacin corrected this abnormal reactivity to stress in FFR. Therefore, despite the absence of elevated baseline blood pressure, FFR showed an exaggerated response to NE that could be associated with COX pathway dysregulation. This supports the fact that these FFR are in an early stage of the pathology, showing thus vascular dysfunction rather than a declared hypertensive state, which is already associated with the dysregulation of the COX pathway, leading to production of endothelium-derived constricting factors as previously reported in several models of hypertension including spontaneously hypertensive rats (Lüscher and Vanhoutte 1986), NO-deficient hypertension (Paulis *et al.* 2008) or aged Wistar-Kyoto rats (Koga *et al.* 1989). Therefore, this suggests that COX pathway dysregulation may represent a common feature of endothelial dysfunction.

Interestingly, oxidative stress could provide the missing link between insulin resistance/hypertriglyceridemia and COX dysregulation. Indeed, since NO exhibits an inhibitory effect on COX

activity (Kanner *et al.* 1992), the likely defect of NO in FFR could contribute to COX dysregulation in these animals. Moreover, peroxynitrite was shown to promote preferential TxA<sub>2</sub> production by COX (Bachschmid *et al.* 2005). Thus, one of the consequences of increased oxidative stress in FFR might be the dysregulation of the COX pathway resulting in an increased vasoconstrictor TxA<sub>2</sub> production in response to stress, which could explain the exaggerated vasoconstrictor response to norepinephrine.

To conclude, fructose-enriched diet in rats leads to hypertriglyceridemia and insulin resistance. These metabolic abnormalities induced by fructose overload are associated with an enhanced oxidative stress which appears to dysregulate the COX pathway. As a result, *in vitro* endothelium-dependent relaxations are impaired in the FFR and the *in vivo* pressor responses to norepinephrine are enhanced. Consequently, oxidative stress markers such as 8-isoprostanes and biomarkers of COX activity such as TxB<sub>2</sub> may be good biomarkers of vascular dysfunction associated with the early stages of the metabolic syndrome. The reduction of oxidative stress and the normalization of the COX pathway could constitute new potential therapeutic strategies to limit vascular dysfunction and resulting cardiovascular complications associated with the metabolic syndrome. To conclude the present work gives additional insights about the potential mechanisms linking insulin resistance and endothelial dysfunction.

### Conflict of Interest

There is no conflict of interest.

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