

# Systemic Administration of miRNA Mimics by Liposomal Delivery System in Animal Model of Colorectal Carcinoma

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## Summary

MiRNAs are important regulators of gene expression and changes in their levels are linked with various pathological states, including solid tumors. MiR-215 has been identified as a tumor suppressor in colorectal cancer (CRC). Following our previous *in vitro* and *in vivo* experiments, the aim of this project was to study the possibility of increasing the levels of miR-215 in tumor cells by systemic administration of miRNA mimics in liposomal delivery system *in vivo*. By subcutaneous xenotransplantation of human cancer cells to NSG mice, CRC model was established. The treatment [miR-215 mimics in liposomes (20 and 40 µg/mouse), control oligonucleotide in liposomes, or saline] was administered repeatedly by i.v. injection *via* tail-vein. Animals were sacrificed, tumor were dissected and measured by a caliper. Expression of miR-215 in tumors, lungs and liver was quantified by RT-PCR. There was no significant differences in tumor volume and miR-215 expression between all three treatment groups. Therefore, the decrease in tumor volume was not achieved. By comparing the levels of miR-215 in lungs, liver and tumors after the treatment, we suggest that the liposomes are accumulated in the lungs and do not concentrate sufficiently in the tumor site to exert significant tumor-suppressive effect.

## Key words

Colorectal neoplasms • microRNAs • Liposomes • Mice

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## Introduction

Colorectal carcinoma (CRC) represents the second most frequent cancer disease in men and women in the Czech Republic. For the last 10 years, the incidence of CRC is stable ranging around 80 cases per 100,000 persons a year and the mortality is slowly decreasing (Dušek *et al.* 2007, Ferlay *et al.* 2013). Nevertheless, a large proportion of patients is diagnosed with advanced or metastatic disease (stages III, IV). Clinical outcomes of therapy in metastatic stage are quite worse in comparison with early (I, II) stages and the pharmacotherapy is mostly palliative.

Treatment of advanced and metastatic CRC consists of chemotherapy regimens based on 5-fluorouracil (5-FU) and leucovorin combined with irinotecan, or oxaliplatin. 5-FU could be also replaced with capecitabine (Fínek *et al.* 2016). Cytostatics are nowadays frequently combined with targeted therapy. There are more target molecules: epidermal growth factor receptor (EGFR), vascular endothelial growth factor (VEGF), and tyrosine kinases associated with various receptors including VEGFR, PDGFR, FGFR, KIT, RET etc. The most frequently used targeted therapy agents are monoclonal antibodies against EGFR (cetuximab, panitumumab) and VEGF (bevacizumab). Anti-EGFR therapy is designated for patients with confirmed wild-type *RAS* oncogene (*KRAS*, *NRAS*), as mutations in *RAS* are associated with poor anti-EGFR therapy outcomes (Lin *et al.* 2011, Adelstein *et al.* 2011). Multikinase inhibitor regorafenib, and fusion protein (“soluble VEGF receptor”) afibbercept are designated for patients with progression on standard therapy, or intolerance of it

(Van Cutsem *et al.* 2016, Finek *et al.* 2016).

Even in this more targeted and moderately personalized treatment settings, a group of patients does not have clinical benefit from the therapy, or their tumor gains secondary resistance. Besides finding new predictive biomarkers to distinguish more precisely patients with or without clinical benefit from the therapy in advance, there is a constant need to bring new therapeutics with new mechanisms of action into the clinical practice. MiRNA-based therapeutics, that emerged in the drug research and development with increasing knowledge about the roles of miRNAs in the cell and in the cancer cell specifically, could represent such new targeted substances and some of them are heading towards the clinical practice. Besides growing number of *in vitro* and *in vivo* studies that aim to discover potential therapeutic properties of miRNA mimics, inhibitors, or expression vectors, there are several ongoing clinical trials in oncology, e.g. with miR-34a mimics (Adams *et al.* 2015) or miR-16 mimics (Kao *et al.* 2015, Quinn *et al.* 2015).

MiRNAs are endogenous small non-coding RNAs. They attenuate mRNA translation post-transcriptionally by binding to the 3'-untranslated region of mRNA. The matching is guided by specific "seed" sequence of 6-8 nucleotides of a miRNA and results in the inhibition of translation, destabilization and subsequent degradation of target mRNA (Krol *et al.* 2012). One miRNA can regulate many genes which could be functionally different, or linked in a specific intracellular pathway. While miRNAs are supposed to regulate more than 50 % of human genes, their network interferes with most cellular processes like metabolic and energetic maintenance, differentiation, cell cycle and proliferation, survival, or death (Esquela-Kerscher *et al.* 2006). Therefore, dysregulation of miRNAs' expression is linked with various pathological states, including solid tumors (Ruan *et al.* 2009). Quantity of *in vitro* and *in vivo* evidences indicate, that change in pathological miRNAs levels is capable of transforming the cancer cell phenotype.

Significant changes in miRNA expression could be found in tumors compared with relevant healthy tissue. By large-scale miRNA profiling and following validation, our group has previously identified miRNAs significantly altered in CRC. Among others, miR-215 was identified as decreased, and *in vitro* functionally characterized as tumor suppressor (Faltejsková *et al.* 2012). It was also found down-regulated in patients with

CRC relapse (Karaayvaz *et al.* 2011). MiR-215 influences apoptosis, cell cycle, viability, and migration of CRC cells *in vitro* (Faltejsková *et al.* 2012). It is tightly associated with protein p53, since p53 is induced by miR-215, and miR-215 is regulated by p53 in a feedback loop. By induction of p21, miR-215 is able to stop cell cycle, and it also inhibits expression of thymidylate synthase, dihydrofolate reductase (Braun *et al.* 2008) and *BMI1* gene, that plays a role in cancer cells self-renewal ability (Jones *et al.* 2015). Transcription of miR-215 is activated by transcription factor CDX1 (caudal-type homeobox 1), which regulates differentiation of enterocytes and is frequently down-regulated due to hypermethylation of promotor in CRC (Jones *et al.* 2015). Down-regulation of this miRNA is suggested to be one of the early steps in colorectal neoplastic transformation, as tumors initiated both by *APC* gene mutations, and chronic inflammation share this specific molecular pathology (Necela *et al.* 2011). Moreover, our group has recently found, that overexpression of miR-215 in colorectal cancer cell line leads to significant decrease in tumor volume in tumorigenicity assay *in vivo* (Vychtilová-Faltejsková data not yet published).

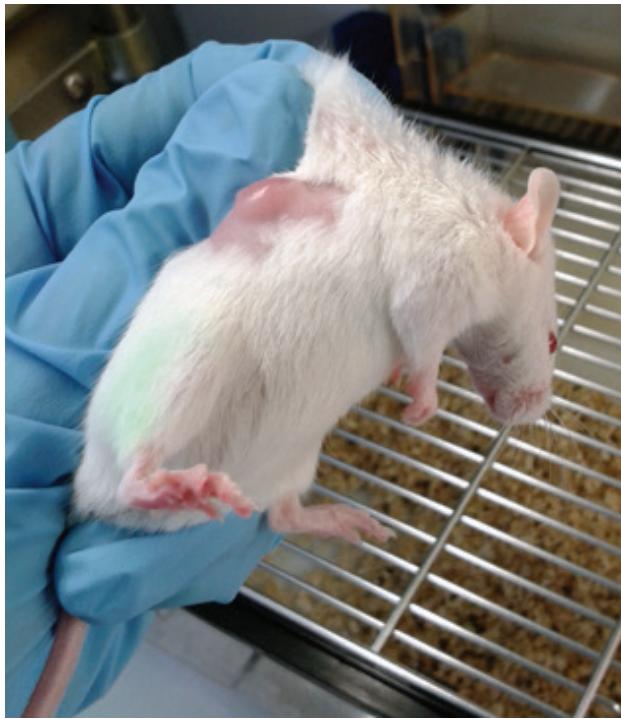
Altogether, these findings suggest possible therapeutic roles of miR-215 in CRC. Therefore, the aim of this work was to study the possibility of increasing the intracellular level of miR-215 in tumor by systemic administration of miRNA mimics in liposomal delivery system *in vivo*.

## Methods

### *Subcutaneous xenotransplantation*

All animal procedures were performed in accordance with the Czech legislation (Act No. 246/1992) and with approval of both local and national Committees for Animal Welfare. NSG mice (18-27 g, 8-14 weeks old) were housed and monitored in an individually ventilated cage system (Techniplast, Buguggiate, Italy) with *ad libitum* access to water and feeding. The subcutaneous xenotransplantation of human cancer cells was performed according to the protocol described by Morton and Houghton (2007) with minor changes. Briefly, mice were anesthetized with etomidate (30 mg/kg) by i.p. injection.  $2.5 \times 10^6$  human CRC cells HCT-116<sup>+/+</sup> suspended in 100 µl of phosphate-buffered saline (PBS) were injected subcutaneously on dorsal site of a mouse. On Day 7 postinoculation, palpable tumor

with approximate volume of 500 mm<sup>3</sup> were present in each animal (Fig. 1).



**Fig. 1.** Mouse with subcutaneous tumor seventh day postinoculation.

#### Preparation of miRNA mimics encapsulated in liposomes

MaxSuppressor™ In Vivo RNA-LANCeR II (Bioo Scientific, Austin, USA) was used as a liposomal delivery system. MiRNA mimics (*mirVana*™ miRNA mimic hsa-miR-215, Thermo Fischer Scientific, Waltham, USA) and negative control oligonucleotide (*mirVana*™ miRNA mimic Negative Control #1, Thermo Fischer Scientific, Waltham, USA) were encapsulated into the liposomes according to the manufacturer's protocol. Briefly, RNA substances were diluted in water for injections (B.Braun Medical, Hessen, Germany) to 10 mg/ml and stored in -80 °C. 11 µl of RNA solution [10 µl (0.1 mg) + 10 % excess], 55 µl of PBS 10× and 434 µl RNase-free water were added into 1 bottle of MaxSuppressor™ which consists of 50 µl of neutral lipid emulsion (NLE). The mixture was sonicated for 5 min in room temperature.

#### Experimental treatment

Two doses [20 µg (1 nmol)/mouse, and 40 µg (2 nmol)/mouse] of miRNA mimics encapsulated in liposomes were tested in animal model of CRC, which was established by subcutaneous xenotransplantation. For

the dose of 20 µg/mouse, 1 bottle of MaxSuppressor™ mixture was divided into 5 doses of 100 µl volume, and 2.5 doses in the case of higher dosing, while the volume of injection was increased to 200 µl. Intravenous injection into the tail vein started on Day 7 postinoculation.

In the Experiment A, 12 NSG mice were randomly divided into 3 groups: a) active treatment (miRNA mimics in liposomes, 20 µg/mouse), b) negative control (negative control oligonucleotide in liposomes), and c) saline. Tail-vein injections were repeated after 48 h for total 4 times. 24 h after the last dose, mice were sacrificed by anesthetic overdosing.

In the Experiment B, 12 NSG mice were randomly divided into 3 groups: a) active treatment (40 µg/mouse), b) negative control, and c) saline. Following procedures were the same as in Experiment A.

In the Experiment C, 10 NSG mice were randomly divided into 2 groups: a) active treatment (20 µg/mouse), b) control (saline). Tail-vein injections were repeated after 48 h for total 3 times. 24 h after the last dose, mice were sacrificed.

At the end of all experiments, a necropsy was performed, tumors were extirpated, and measured by Vernier caliper. Lungs and liver were removed and washed with sterile saline. All tissues were stored in *RNAlater* (Sigma-Aldrich, Waltham, USA) for further analysis.

#### Determination of miR-215 expression in animal tissues

Tissue specimens were homogenized (MM301, Retsch GmbH & Co. KG, Germany) and total RNA was isolated using *mirVana* miRNA Isolation Kit (Ambion, Austin, USA) according to the manufacturer's protocol. Concentration and purity of the isolated RNA were determined spectrophotometrically using Nanodrop ND-1000 (Thermo Fisher Scientific, Waltham, USA). Reverse transcription was performed using gene-specific primer (hsa-miR-215-5p) according to the TaqMan MicroRNA Assay protocol. TaqMan Universal PCR Master Mix (NoUmpErase UNG; Thermo Fisher Scientific, Waltham, USA) was used for RT-PCR quantification, which was performed on QuantStudio 12K Flex Real-time PCR System (Applied Biosystems, Foster City, USA).

#### Data normalization and statistical analysis

Tumor volume was calculated using a mathematical approximation  $V=0.5 \times (L \times W)^2$ , where L and W stand for length and width of a tumor,

respectively. Tumor volumes were analyzed using Kruskal-Wallis test in the case of three groups of treatment, or Mann-Whitney test when comparing two groups (both GraphPad Prism 5.03). Normalized ( $2^{(Ct-40)}$ ) miR-215 expression data were analyzed by Kruskal-Wallis test or Mann-Whitney test, respectively (GraphPad Prism 5.03).  $p$ -values  $\leq 0.05$  were considered statistically significant.

## Results

### *Effect of intravenous administration of miR-215 mimic on tumor volume*

Experiments A and B assessed the effect of intravenous administration of miR-215 mimics on tumor growth in mice model of CRC. The model was established by subcutaneous xenotransplantation of human CRC cells HCT-116<sup>+/+</sup>. Tail-vein injections started on Day 7 postinoculation and were repeated 4 times. In Experiment A, miRNA mimics were administered in the dose of 20  $\mu$ g/mouse and were encapsulated in liposomes.

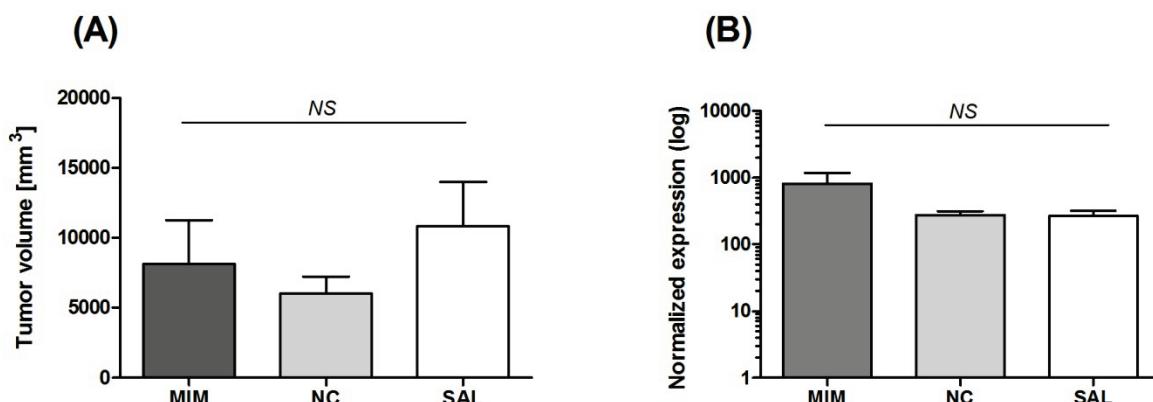
Interestingly, there were no statistically significant changes in tumor volume measured after 4 administrations of 20  $\mu$ g miR-215 mimics compared with negative control (negative control oligonucleotide in liposomes), or saline (Kruskal-Wallis test,  $p>0.05$ , Fig. 2A). Expression of miR-215 in tumor tissue was quantified by RT-PCR. In accordance with the results related to the tumor volume, miR-215 level was not significantly higher in the group of mice treated with miR-215 mimics compared with the negative control and saline (Kruskal-Wallis test,  $p>0.05$ ), however a slight trend in increase could be seen here (Fig. 2B).

As the results of Experiment A were negative, we stated two hypotheses of responsible issues. The first was potentially inappropriate dose. To test this, we increased the dose of miR-215 to 40  $\mu$ g/mouse. The design of Experiment B was the same. Again, there were no significant changes in tumor volume measured after 4 administrations of miR-215 mimics compared with negative control and saline (Kruskal-Wallis test,  $p>0.05$ , Fig. 3A). We have also measured the level of miR-215 in tumor tissue by qRT-PCR and the results were quite similar as in Experiment A, i.e. non-significant trend in increase of miR-215 in tumors of animal treated with miRNA mimics (Kruskal-Wallis test,  $p>0.05$ , Fig. 3B).

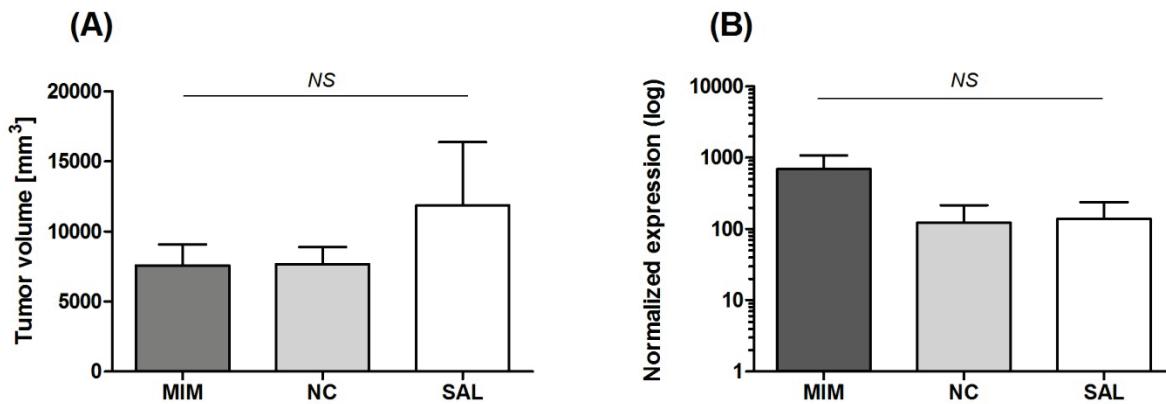
The second hypothesis was related to extratumoral accumulation of liposomes. In order to verify this, we removed lungs and liver from 1 animal per group from Experiment B and analyzed the levels of miR-215. In these pilot settings, we obtain interesting comparison suggesting potential accumulation in lungs, although this result was quite preliminary because of minimal number of samples (data not shown).

### *Potential extratumoral accumulation with liposomes containing miRNA mimics cargo*

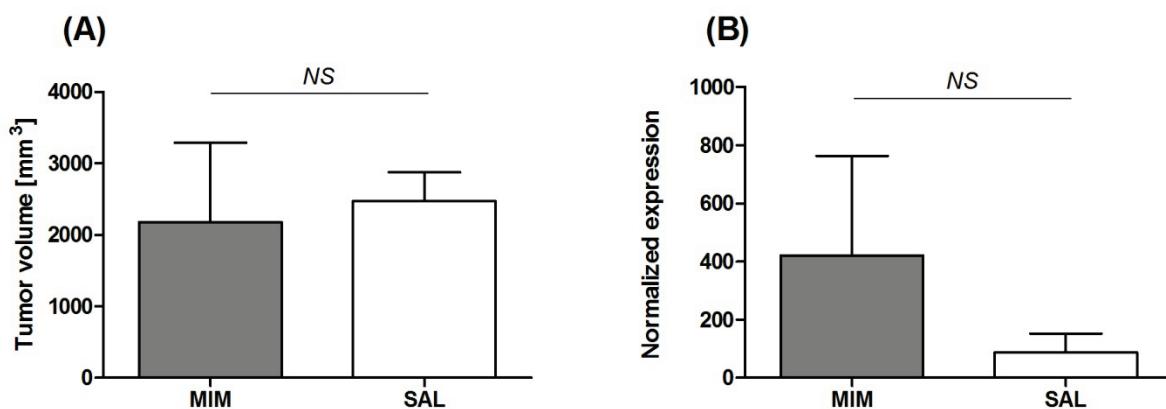
Experiment C was intended to elucidate the potential undesired accumulation of the liposomal delivery system. Number of treatment groups was reduced to the active treatment by liposomal miR-215 mimics (20  $\mu$ g/mouse), and saline. Tumors, lungs and liver were gathered from all animals ( $N=10$ ). As was expected, there were no statistically significant changes in tumor volume measured after 3 administrations of miR-215 mimics compared with saline (Mann-Whitney test,  $p>0.05$ , Fig. 4A). An increase in the levels of



**Fig. 2.** Tumor volume (A) and miR-215 expression (B) in Experiment A after four administrations of miR-215 mimics (20  $\mu$ g/mouse, MIM), negative control oligonucleotide (NC), or saline (SAL). Each group consisted of 4 mice. Kruskal-Wallis test, NS not significant ( $p>0.05$ ).



**Fig. 3.** Tumor volume (**A**) and miR-215 expression (**B**) in experiment B after four administrations of miR-215 mimics (40 µg/mouse, MIM), negative control oligonucleotide (NC), or saline (SAL). Each group consisted of 4 mice. Kruskal-Wallis test, *NS* not significant ( $p>0.05$ ).



**Fig. 4.** Tumor volume (**A**) and miR-215 expression (**B**) in experiment C after three administrations of miR-215 mimics (20 µg/mouse, MIM), or saline (SAL). Each group consisted of 5 mice. Mann-Whitney test, *NS* not significant ( $p>0.05$ ).

miR-215 in tumors of mimics-treated mice was not statistically significant probably due to higher variability of measured levels (Mann-Whitney test,  $p>0.05$ , Fig. 4B).

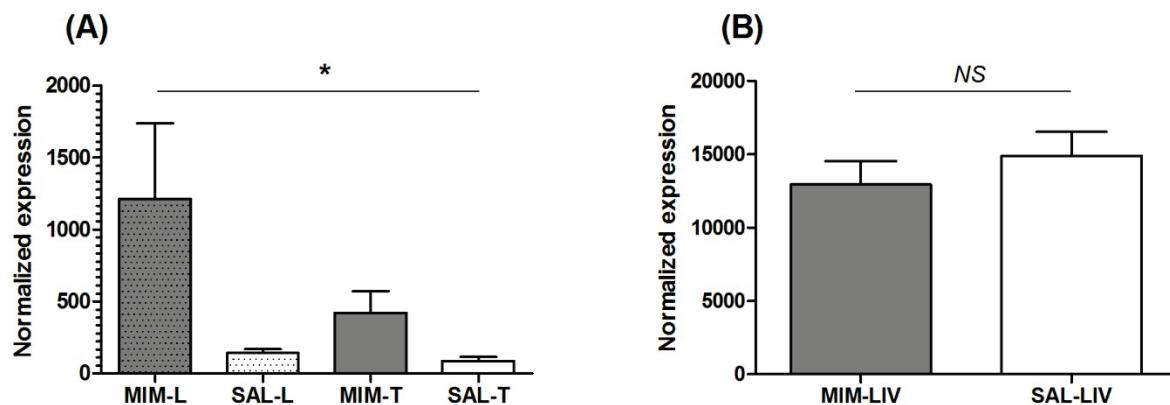
We have observed low expression of miR-215 in lungs and tumors of control animals treated with saline. MiR-215 levels were significantly higher in lungs of mimics-treated animals than in tumors of the same animals, and also than in tumors and lungs of control saline-treated mice (Kruskal-Wallis test,  $p=0.0277$ , Fig. 5A). Although the result suffered with high variability of miR-215 lungs expression levels, the hypothesis of lung accumulation seems to be a possible explanation. The expression of miR-215 in liver was high both in active treatment and in control group, and the groups did not significantly differ (Mann-Whitney test,  $p>0.05$ , Fig. 5B). Thus, we can assume no liver accumulation.

## Discussion

MiR-215 was proved as tumor suppressor in

CRC both descriptively in human tumor tissue, and functionally in stable cell lines. As it is down-regulated in tumor, increase of miR-215 levels is associated with decreased proliferation, viability, and migration of cancer cells *in vitro*, and decreased tumor volume *in vivo* (Braun *et al.* 2008, Faltejsková *et al.* 2012).

The aim of our study was to increase miR-215 intracellular levels by systemic administration of miRNA mimics. These substances are oligonucleotides with various chemical modifications in the structure made in order to grant higher effect than native mature miRNAs through higher affinity to the target mRNA. We have chosen liposomal delivery system, since liposomes have already been a part of standard pharmacotherapy (e.g. liposomal doxorubicin, amphotericin B etc.). Liposomes could be accumulated in tumor site by enhanced permeability and retention effect caused by imperfect neoangiogenesis and delayed lymphangiogenesis (Matsumura and Maeda 1986). The most important benefit of the liposomal reagent MaxSuppressor™ In



**Fig. 5.** Comparison of miR-215 expression in lungs and tumor (A) and in the liver (B) in experiment C after three administrations of miR-215 mimics (20 µg/mouse, MIM), or saline (SAL). Each group consisted of 5 mice, L stands for lungs, LIV liver, T tumors. Kruskal-Wallis test (A), or Mann-Whitney test (B), NS not significant ( $p>0.05$ ), \*  $p=0.0277$ .

Vivo RNA-LANCER II is the use of charge neutral lipids (NLE). While cationic lipids have enhanced capacity for binding negatively charged oligonucleotides, they exert electrostatic interactions with various molecules on the cell surface and could decrease proliferation, or alter gene expression (Wu *et al.* 2001). Liposomes originating from positively charged lipids could also form aggregates with plasma proteins which leads to elimination by mononuclear phagocyte system and accumulation in liver and spleen (Zhang *et al.* 2012). By choosing charge neutral lipid emulsion, we assumed to avoid these issues and retain positive aspects of liposomal delivery system.

MaxSuppressor™ In Vivo RNA-LANCER II has been previously used in animal models of cancer diseases to deliver miRNA-based experimental therapeutics. Most of this experiments used intratumoral delivery of liposomes, but doses similar to ours were also used intravenously in subcutaneous xenografts, orthotopic models and metastasis models of lung, breast, and prostate carcinoma, multiple myeloma, Ewing's sarcoma etc. (Trang *et al.* 2011, DeVito *et al.* 2011, Amodio *et al.* 2012, Imam *et al.* 2012, DiMartino *et al.* 2013, Hatano *et al.* 2015).

Unfortunately, we were not able to significantly increase intracellular levels of miR-215 in tumor by intravenous administration of miR-215 mimics encapsulated in NLE liposomes. Not surprisingly with this finding, the tumor volume also did not differ between the treatment groups. In a search for a possible explanation, we have stated two hypotheses.

The first was related to the appropriate dose. Doses ranging from 20 to 30 µg/mouse were frequent in the literature. Although we have assessed two doses, they were not proportionally different because we were limited

with the tolerable volume of intravenous injection in mice and from the other side with encapsulation capacity of NLE liposomes guaranteed by the manufacturer. Moreover, a trend in increase of miR-215 in the group of mice treated with 20 µg miR-215 mimics, which was not statistically significant, was later repeated but not augmented after administration of 40 µg mimics/mouse assuming no dose-dependent observable changes. The dose remains an important point that need further research, however we have focused on the second hypothesis – a possibility of extratumoral accumulation.

Almost all new delivery systems have to deal with plasma protein interactions and possible recognition by circulating or organ immune cells followed by elimination. Trang *et al.* (2011) described the situation 10 min after intravenous injection of 20 µg of miR-214 mimics in NLE liposomes. They found highest level in blood (approx. 4 mil. copies/10 ng RNA), while in perfused lung, there were approx. 34,000 copies/10 ng RNA, and in the liver approx. 4,000/10 ng RNA. They also assessed distribution of NLE liposomes with oligonucleotide cargo into orthotopic lung tumors by *in vivo* bioimaging 48 h after administration and successfully used miR-34 and let-7b mimics in NLE formulation in orthotopic animal model of lung carcinoma (Trang *et al.* 2011). Together with our findings, it could be concluded, that lung accumulation probably prevails over time in NLE liposomes, which makes them suitable for distribution of drugs or experimental substances into the lung tissue.

Our study is limited primarily with variability of some of the measurements originating probably from small number (4-5) of mice in the treatment groups, which influences statistical significance of some of the

results. Another limitation lies in the use of subcutaneous model. As this setting is relatively easy to produce, monitor and maintain, and it is generally the most frequently used approach, it has quite limited translational potential. Our results cannot be applied for an estimation of intestinal or colonic distribution of liposomal dosage form. Orthotopic model of CRC, created by implantation of human cancer cells into the intestinal wall of *caecum* in mice under general anesthesia would produce more complex picture.

## Conclusions

The application of NLE liposomes in animal model of CRC likely requires substantial optimization mainly in terms of the model type, route of administration and posology. It could not also be excluded that it

represents an impass. Nevertheless, miR-215 remains an auspicious therapeutic target in CRC for its tumor suppressor effects, even though there are still some obstacles to deal with in order to bring this miRNA closer to clinical practice.

## Conflict of Interest

There is no conflict of interest.

## Acknowledgements

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