

REVIEW

Microbiota of Female Genital Tract – Functional Overview of Microbial Flora From Vagina to Uterine Tubes and Placenta

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Summary

Microorganisms and eukaryotic human cells coexist in synergistic relationships in nearly every niche of the human body. The female genital tract consisting of the vagina, uterus with its cervix and endometrium, uterine tubes and ovaries – harbors its own typical microbiota, which accounts for 9 % of the total bacterial population in females. To this organ system, we also assigned the microbiome of the placenta, which has not been studied much until now. Among the spectrum of microbial species, the female genital tract is mainly dominated by *Lactobacillus* species, which are considered to be one of the simplest yet most important microbial communities. However, this relationship between macro- and micro-organisms seems to have a number of physiological functions, e.g., the vaginal and cervical microbiota have unique impact on reproductive health. The aim of this review was to provide current view on female genital tract microbiota and its role in reproductive health. We describe in detail the association of vaginal or tubal epithelium with microbiota or the role of microbiota in normal placental function.

Key words

Microbiota • Female genital tract • Reproductive functions • *Lactobacillus* spp.

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Introduction

Microorganisms and eukaryotic human cells coexist in synergistically in nearly every niche of the human body. The microbiota in the human body play a critical role in maintaining human wellbeing and are associated with the pathogenesis of various diseases [1]. These communities of microorganisms can be found in the skin, respiratory tract, alimentary tract, and other tissue sites, each with their own functional capabilities [2].

The goal of the International Human Microbiome Project, which began in 2007, was to analyze the genomic information of microorganisms in healthy adults. Samples from the nose, mouth, skin, intestines and vagina were taken from healthy adult volunteers. Microbes were identified based on the sequence of 16S ribosomal ribonucleic acid target regions, and gene content information was obtained by whole genome sequencing. Analyses have shown species variations as well as gene composition in individuals as well as within different sites on the human body. For example, the bacteria colonizing the intestinal tract are different from bacteria that colonize the oral cavity, skin, or other sites. The intestine is the locality with the most significant taxonomic and genetic diversity, and the vagina seems to be the least complex.

Each microenvironment (e.g., intestine, skin surfaces, and vagina) has its own unique microbiome. Most people have so-called basic microbiome, which is 95 % identical for all individuals. The basic microbiome helps perform normal metabolic functions, stimulates innate immunity, prevents the colonization of unwanted pathogens [2,3]. In addition, an analysis of the microbiota within the female reproductive tract revealed a microbiota continuum along the whole tract, which is indicative of a non-sterile environment [4]. Female genital tract comprising the vagina, uterus (especial interest is focused on the cervix and endometrium), uterine tubes and ovaries. It harbors its own typical microbiota (Fig. 1), which accounts for 9 % of the total bacterial population in females [5,6].

Among the spectra of microbial communities, the female genital tract microbiota, mainly dominated by *Lactobacillus* species, are considered to be one of the simplest yet most important microbial communities, and

the cervicovaginal microbiota have vast impact on the reproductive health of females [7]. For example, lactobacilli help regulate the pH value of the vagina to inhibit the growth of other bacteria and to prevent undesirable microbial colonization and infection through their adhesion to the vaginal epithelial cells [8]. However, the composition, diversity, and dynamics of the microbiota within the uterine cavity of reproductive-aged women have not been fully unveiled, and as the uterine cavity seems to be an essential part of the female genital tract. More efforts are needed to further illustrate the interaction between microbial communities in the vagina and uterus. Current evidence have shown that female genital tract microbial communities are closely associated with gynecological disease. However, the impact of microbial communities in the uterine cavity on female fertility and the underlying mechanism still remain largely unclear [9,10].

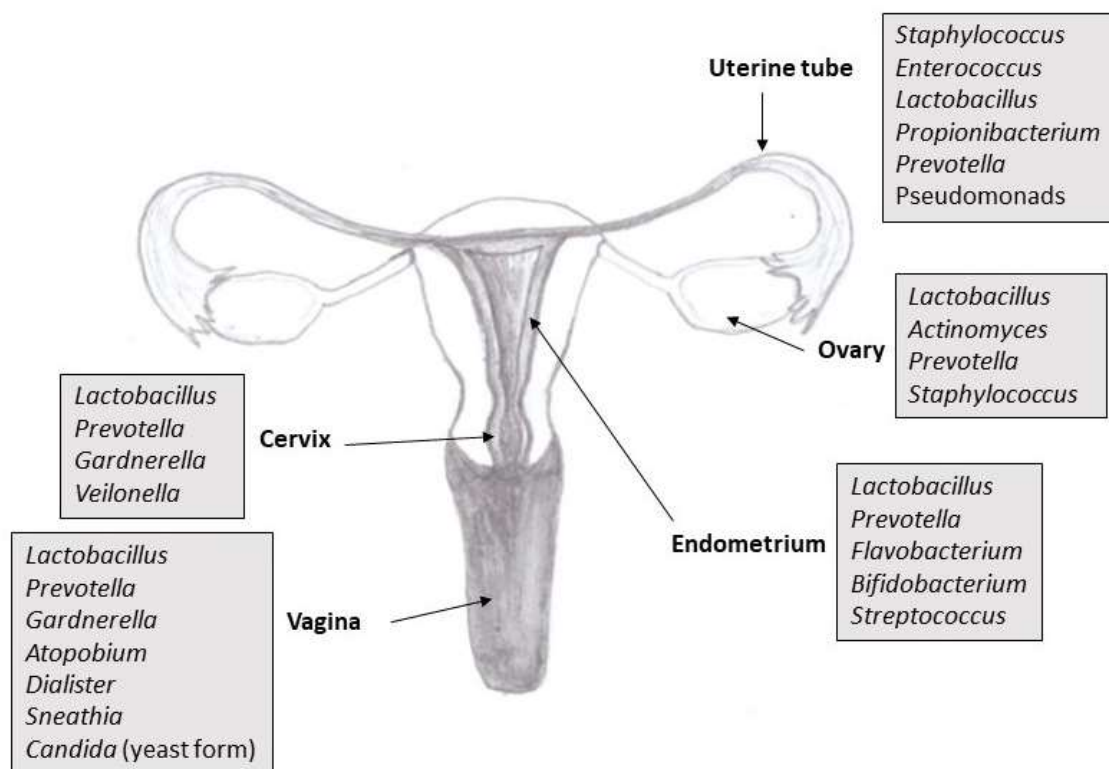


Fig. 1. An overview of the composition of a microbiota in the reproductive tract of healthy reproductive age woman

Overview of methodical approaches in microbiota research

To investigate the composition of microbiota in the genital tract, samples are collected from individual locations (organs) throughout the genital tract of healthy

reproductive-aged females. For vaginal microbiota analyses, most groups so far performed vaginal swabs and vaginal secretions sampled by swabs. Some groups take urine or vaginal aspirates with sterile catheter. Two types of samples are collected in order to analyze cervical microbiota, swabs of cervical mucus and endocervical

swabs. Collection of these samples is noninvasive process, but in case of cervix samples the risk of contamination with vaginal species is higher [6]. The most common samples used in the detection of endometrial microbiota are endometrial swabs, endometrial biopsies and endometrial fluid sampled by catheter. These specimens are taken by invasively during laparoscopy or laparotomy from minimally invasive surgery, providing samples or through the cervical canal. The problem of transcervical samples might be their contamination by the vaginal microbiota. The specificity of sampling route was tested to determine the distribution of bacteria. The results of this research yielded high similarity of bacterial distribution in the transcervical samples to that in samples taken by opening the uterus during surgery [4]. To determine uterine tubes microbiota, samples are obtained by laparoscopic access, specifically by salpingectomy, by direct biopsies of the distal portion of the uterine tube during laparoscopic procedures. Currently, hysteroscopy is considered an ideal diagnostic procedure for assessing the vaginal walls, cervical canal, uterine cavity, endometrium, and tubal ostia [11].

Traditionally, to investigate bacterial or fungal diversity, culture-dependent techniques were used. The bacterial composition of the vaginal microbiota was detected by microscopy after Gram staining of vaginal smear. Some standardized criteria based on Nugent scoring and Amsel's criteria were used to analyze the presence of Gram-positive *Lactobacillus*, compared to Gram-negative and Gram-variable bacteria such as *Gardnerella*, *Atopobium* and *Mobiluncus*. The cultivation process allowed these microbes to be identified [12, 13]. Culture-based techniques have various disadvantages. Principally, culture conditions are unsuitable for all microbial species, which leads to many species being undetected. If microbial species have been isolated, they are unable to recognize and culture-based procedures are not adjustable to high-throughput investigation. The fact is that 1 % of bacteria survive and form colonies on agar plates. Special platforms based on DNA/RNA and protein analysis have been established to recognize the real diversity of the microbiota [14]. Most of our current knowledge on the genital microbiota is based on qualitative and semiquantitative descriptive research using cultivation-dependent methods.

The introduction of culture-independent molecular-based methods provided new information about the composition of genital flora and abnormal colonization, which has supplemented existing knowledge

from culture-dependent techniques [13]. The identification of microbiota is based on genomic DNA analysis using these techniques. The DNA is isolated from specimen by a variety of next-generation sequencing tools. These procedures can also be used to isolate individual microbial species from mixed cultures. Following DNA isolation, two methods may be used to examine microbiota. The first is whole metagenome sequencing that focuses entirely on the sequencing of microbial DNA present in the sample. The second is marker gene sequencing that targets sequencing of a particular locus in all genomes. In this way the 16S rRNA gene is the most commonly used marker gene specific to archaea and bacteria, the 18S rRNA gene and 28S rRNA gene are specific for eukaryotic organisms and the internal transcribed spacer is specific for fungi. The complete procedure includes microbial DNA extraction, PCR amplification of the selected gene and next-generation sequencing. By such methods that do not rely on microbial cultivation, it is possible to determine the composition of the microbiota in the female genital tract at the species level much accurate compared with the culture-based techniques [6,13,15,16].

Healthy vaginal microbiota

The vaginal microbiota is a dynamic microbial ecosystem that regularly undergoes fluctuations throughout a female's life and throughout the menstrual cycle [17]. A mutual relationship exists between woman reproductive physiology and vaginal microbiota. Over the last decades, female reproductive health has been at the forefront of research as strong evidence supports bidirectional relationships between the vaginal and cervical microenvironments and cervical cancer, viral acquisition and persistence, gynecologic and obstetric diseases and other benign conditions like cervical ectopy [18]. Physiological hormonal changes that start from birth and continue till post-menopause, may affect the vaginal microbiota. On the other hand, vaginal microbiota can also affect reproductive physiology [19]. The vaginal microbiota differs among individuals due to variations in sexual activity, vaginal douching / intravaginal washing, regional disparity and other factors [4,20]. A previous study has investigated the microbial compositions in three sites of the vagina, including the introitus, midpoint, and posterior fornix, and concluded that there was little variation in species across the three sampling sites, with *Lactobacillus* species being dominant in all sites [2].

From the past, the vaginal microbiota of healthy

females in their reproductive age is defined as *Lactobacillus* dominated microflora, producing sufficient quantity of lactic acid with pH values < 4.5 [21]. The composition of the vaginal microbiota has critical implications for the susceptibility to sexually transmitted infections, miscarriage, and spontaneous preterm delivery [22-28]. The mechanism is in part attributed to the action of *Lactobacillus* spp., many of which provide broad-spectrum protection via antimicrobial substances, mainly lactic acid, narrow-ranging bacteriocins and wide-ranging hydrogen peroxide. These products are suggested to play various important roles in host defense [29-31].

The composition and structure of the vaginal microbiota have been described adequately using conventional techniques (microscopy, cultivation) and non-conventional techniques, especially sequencing. Although often dominated by lactobacilli, the vaginal microbiota is also frequently composed of a collection of facultative and obligate anaerobes. Based on the abundance and composition of vaginal bacterial species in reproductive age females detected by molecular based techniques, five major microbial community state types (CSTs) are established. These CSTs are differentiated by dominant species and pH values. CST-I, CST-II, CST-III and CST-V are characterized by abundance of *Lactobacillus crispatus*, *L. gasseri*, *L. inners* and *L. jensenii*, respectively. CST-IV harbors higher ratios of strictly anaerobic bacterial genera *Prevotella*, *Atopobium*, *Dialister*, *Gardnerella* and *Sneathia* and low levels of genus *Lactobacillus*. Depending on the *Lactobacillus* abundance, average pH values range from 4.0 ± 0.3 (CST-I) to 5.3 ± 0.6 (CST-IV) [21, 32]. Two sub-states exist in CST-IV. The CST-IV-A is characterized by species of genera *Anaerococcus*, *Peptoniphilus*, *Corynebacterium*, *Prevotella*, *Finegoldia* and *Streptococcus*. The CST-IV-B contains *Atopobium*, *Gardnerella*, *Sneathia*, *Mobiluncus*, *Megasphaera* and other taxa of order *Clostridiales* [31, 32]. Among these five states, the CST-I, II, III and V exist in 89.7 % white women, 80.2 % Asian women, 61.9 % Afroamerican women and 59.6 % Hispanic women. The CST-IV state predominates in healthy Afroamerican and Hispanic women (40 %), but also represents the most common dysbiosis state (bacterial vaginosis) [32]. The vagina of child has CST-IV of vaginal microbiota and neutral pH value. Some reproductive aged women show switching between CSTs over a short span, other remain consistent. These conversions are elicited by menstruation [33, 34]. Post-menopause leads to shift of vaginal microbiota from

lactobacilli to microbial diversity (CST-IV) and rise in pH [35]. Additionally, a higher number of lactobacilli are found in pregnant when compared to non-pregnant females [36]. The above research results indicate that the vagina harbors a huge microecosystem containing billions of microbes. Data from 110 reproductive aged women revealed that the vagina contains $10^{10} - 10^{11}$ bacteria [4].

The relationship between intravaginal douching and vaginal health is interesting, whereas nearly half of American women reported washing the inside of the vagina during the past month (based on a sample of sexually active women living in Los Angeles) [37]. According to some studies, intravaginal washing is associated with decreased vaginal colonization with beneficial lactobacilli [38]. The use of commercial vaginal douching products containing vinegar, iodine or baking soda is likely not be beneficial for vaginal health. Hesham *et al.* [39] demonstrate *in vitro* that vaginal douching products increase vaginal epithelial cell death and secretion of pro-inflammatory cytokines, suggesting the potential for epithelial disruption. After exposure to vinegar-based douche, *Lactobacillus crispatus* and *L. jensenii* - two classic beneficial lactobacilli - induce greater production of the pro-inflammatory cytokine IL6. *In vivo*, analyses of vaginal fluid cytokine levels demonstrates higher levels of pro-inflammatory cytokines in women who use douching products [40]. Based on these findings, vaginal douching could potentially increase the risk of all genitourinary infections, including urinary tract infections, and support clinical recommendations to avoid douching [39].

In addition to bacteria, the vaginal microbiota of healthy reproductive aged women also contains fungi that form vaginal mycobiota. Using culture-dependent techniques researchers isolated vaginal fungi in approximately 20 % of the asymptomatic women. Predominant species *Candida albicans* (72-91 %) was followed by non-*albicans* *Candida* species (*C. glabrata*, *C. tropicalis*, *C. parapsilosis*) [41]. Studies based on sequencing techniques yielded *Candida* species in significantly higher frequency, which accounted for 64.5 % of the participants involved. The predominant part of this mycobiota was *C. albicans* (82 %), followed by *C. dubliniensis*, *C. parapsilosis*, *C. krusei*, *Candida* sp. V104616 [42]. Studies based on co-culturing of vaginal yeast and bacteria suggested that bacteria inhibit *Candida* yeast to hyphae switch, maintain low numbers of *Candida* in vagina and compete with yeast cells for adhesion sites on epithelial receptors owing to its higher affinity.

Lactobacillus abundance and low *Candida* number along with their interactions play an important role in maintaining microbiota balance [43, 44].

Overlap of urogenital and vaginal microbiota

Recent studies applying culture-independent methods have allowed for the detection of a quantifiable and diverse urinary microbiota [45-49], and these findings have been validated with quantitative enhanced culture methods [50,51]. Several organisms commonly found in the vagina have been observed in urine samples [47,52]. Bacterial strains isolated from the urinary bladder and vagina have been found to be functionally and phylogenetically similar [53]. In one study, voided urine samples demonstrated more similarity to paired vaginal swabs than to paired supra-pubic needle aspirates or trans-urethral catheterized samples [54]. This suggests that the microbiota of some types of urine samples may more closely resemble vaginal microbiota than other urine sample types; however, there is also similarity at the *genus* level between paired vaginal and trans-urethral catheterized samples [55]. Given the overlap between the genitourinary and vaginal microbiota, it was hypothesized that voided urine may be used as a proxy for vaginal community assessment in research studies utilizing 16S rRNA gene amplicon sequencing. To evaluate the use of urine as a proxy for vaginal swabs, Brown *et al.* [56] compared the microbiota of paired mid-vaginal swabs with the microbiota of urine samples collected using “clean-catch” or “random-catch” methods from reproductive-aged females, and paired mid-vaginal swabs and random-catch urine samples from peri/post-menopausal women. The first void of the initial urine stream is collected for random-catch urine samples, while for urine collected via the clean-catch method, the labia are cleaned with an antibacterial wipe and mid-stream urine is collected. While the microbiota of both random-catch and clean-catch urine samples might be similar in composition to vaginal microbiota because of shared species, RC urine may contain a higher proportion of vulvovaginal bacteria due to contamination from the urine stream washing over the labia, resulting in a better proxy of the vaginal microbiota than clean-catch urine. To our knowledge, clean-catch and random-catch urine samples have not been assessed in conjunction with the vaginal microbiota and, although the concordance between the urinary and vaginal microbiota of peri/post-menopausal women has been studied [55], they have not been evaluated separately from

reproductive-age women. Peri/post-menopausal women have different vaginal [57, 58] and urinary [59] microbiota compared to reproductive-age women, and may carry lower bacterial loads [60]. These differences may affect the extent to which the genitourinary and vaginal microbiota overlap.

Interaction between vaginal epithelium and vaginal microbiota

More than 50 different species of bacteria may live in a woman's vagina, with lactobacilli being the predominant microorganism found in healthy adult females [61]. Some studies, however, describe more than 200 bacterial species of normal and the abnormal vaginal microbiota influenced by genes, ethnic background and environmental and behavioral factors [62]. Lactobacilli are relevant as a barrier to infection and are important in the impairment of colonization by pathogens, owing to competitive adherence to adhesion sites in the vaginal epithelium and their capacity to produce antimicrobial compounds. Due this, women without vaginal *Lactobacillus* strains may be susceptible to non-indigenous and potentially harmful microorganisms [61]. The human vaginal microbiota is a critical determinant of vaginal health. These communities live in close association with the vaginal epithelium and rely on host tissues for resources [63].

The human vaginal surface lined by stratified squamous epithelium has a large surface area (mean 87.46 cm², measured by vinyl polysiloxane casting) and is the first mucosal surface contacted by sexually transmitted pathogens [64]. The stratified vaginal epithelium undergoes differentiation and contains several distinct layers: the deepest and mitotically active basal layer, the parabasal layer, the intermediate layer where the glycogen amount increase, and the superficial layer, where cells continuously die. During the regulated cell death of the vaginal epithelial cells, glycogen is released on the surface of the epithelium. This glycogen is metabolized and their product – lactic acid - forms acidic microenvironment of vagina [65]. However, the interaction between lactobacilli and other microorganisms and the vaginal epithelium and the entire vaginal microenvironment is much more complex than it might seem at first glance. The superficial layers of the vaginal epithelium provide a unique microenvironment that maintains vaginal health by fostering endogenous lactobacilli and retaining critical mediators of acquired and innate immunity, as also

leukocytes may also penetrate and traverse the superficial layer following placement in the vaginal lumen [66]. It seems that the vaginal epithelial cells actively regulate membrane adhesiveness to co-ordinate bacterial adhesion. From biochemical point of view, bacterial adhesion forces were dramatically decreased by depleting the epithelial cell membrane of cholesterol or sub-membrane cortical actin [67].

Key nutrients for lactobacilli include sugars produced when glycogen is degraded. But most genital isolates of lactobacilli are not able to use glycogen as an energy source *in vitro*. An important role during glycogen degradation plays α -amylase enzyme, which has been demonstrated in vaginal fluid. Until now, it is unclear whether α -amylases are produced solely by the vaginal epithelium, bacteria in the vagina, or both [68, 69].

The understanding of the interaction between normal vaginal microflora and vaginal epithelium is crucial for new methods of bacterial vaginosis treatment. Vaginosis is defined as a condition experienced by most women at least once in their lifetime. This condition arises due to the imbalance in the microbiome of the vaginal ecosystem. Most of the pathogens of this disease are organisms which are commonly found in a normal healthy vagina. Recent studies have provided insights into the relationship between the vaginal microbiome environment and bacterial vaginosis symptoms. In the *Lactobacillus*-dominated vaginal microbiome, various antimicrobial substances are produced, including lactic acid, bacteriocins, and hydrogen peroxide, which play essential roles in protecting against potential pathogens [70]. The standard of care treatment for bacterial vaginosis is antibiotics. Recently, vaginal microbiome transplant and vaginosis treatment with probiotics, efforts to restore the normalcy in the vaginal environment, are becoming new and popular treatments [70, 71].

Cervical microbiota

The microbiota correlation among vaginal, cervical and endometrial samples within an individual is very strong. These findings have been shown by Wee *et al.* [72] who has analyzed cervical mucus samples of healthy women and determined dominance of genus *Lactobacillus* (*L. crispatus*, *L. inners*), accounted for 97.56 %. In this study quantitative PCR method was used. In another study cervical mucus samples were analyzed by sequencing and shotgun sequencing and dominance of *Lactobacillus* was confirmed. Several studies exhibited higher diversity of

bacterial genera in endocervical samples. In one study prevalence of *Lactobacillus* and *Prevotella* was reported [73]. Another study published *Lactobacillus* was dominant genus, followed by *Gardnerella*, *Veilonella*, *Prevotella*, *Sneathia*, *Fusobacterium* [74]. Winters *et al.* [75] reported dominance of *Acinetobacter* (49 %), followed by *Pseudomonas*, *Cloacibacterium* and *Lactobacillus*. Chen *et al.* [4] analyzed endocervical samples of healthy women and women with different conditions by 16S rRNA sequencing. *Lactobacillus* was the most recovered genus (almost 75 %), followed by *Gardnerella*, *Streptococcus*, *Atopobium*, *Prevotella* and *Pseudomonas*. Some studies underline the link among high diversity of species within cervical microbiota and different gynecological issues.

Persistent high-risk human papillomavirus infection (HPV) is undoubtedly the main carcinogen leading to cervical intraepithelial neoplasia and cervical cancer. However, studies have found that not all patients with cervical HPV infection experience development into cancer. According to recent studies of Wang *et al.* [76] and Lin *et al.* [77], the relationship between cervical microbial diversity or dysbiosis may be related to the severity of high-risk HPV infection and cervical intraepithelial neoplasia as a precancerous condition.

Endometrial microbiota

Until recently, the endometrium was considered a sterile environment. Several studies have now reported that the endometrium harbors a functional microbiome in physiological conditions. Detection of bacteria through culture-independent techniques of endometrial samples have confirmed a unique microbiota harboring 100 to 1000 times less bacterial amount than that of the vagina. This low biomass microbiota is characterized by high diversity. Like the normal vaginal microbiota, the endometrium of healthy asymptomatic women is often colonized by lactobacilli that represent dominant group of bacteria [78-80].

The configuration of healthy bacterial microbiota is not clearly defined as some studies suggest *Lactobacillus* to be dominant and representative genus of healthy endometrium and some other studies point to other bacterial genera [6]. Franasiak *et al.* [81] examined endometrial samples and detected *Lactobacillus* and *Flavobacterium* the most abundant genera. Analysis of endometrial fluid samples of fertile women revealed the highest incidence of *Lactobacillus* (71.1 %), followed by *Gardnerella*, *Bifidobacterium*, *Streptococcus* and

Prevotella [60]. Garcia-Velasco *et al.* [82] classified 2 types of endometrial microbiota, *Lactobacillus*-dominated with >90 % of *Lactobacillus* spp. and non-*Lactobacillus*-dominated with <90 % of *Lactobacillus* spp. plus >10 % of other bacteria. However, non-*Lactobacillus*-dominated microbiota have been identified in the genital tract of healthy and asymptomatic women, suggesting that in the absence of pathological signs, this microbiota could be considered normal [80].

The similarity between bacterial genera in vaginal and endometrial samples of healthy women supports the hypothesis that uterine cavity is colonized mainly by vaginal bacteria coming from the vagina by ascending route. Specific physiochemical or biological conditions in the uterus of some women may lead to colonization by the bacterial community that differs significantly from the vaginal community. In such cases, collection and analysis of endometrial samples is important for diagnostics of the microbial state of the uterus [80].

Uterine tubes and ovarian microbiota

Both uterine tubes and ovaries display highly variable microbial communities among women. In contrast with the acidity of vaginal pH value, these organs harbor a variety of bacteria growing in mildly alkaline conditions. *Lactobacillus* sp. is present in lower ratio than in vagina or cervix [4].

Pelzer *et al.* [83] have demonstrated using both culture-dependent and culture-independent techniques, that in the absence of infection, the human uterine tube is not a sterile site. Uterine tubes in asymptomatic women contain diverse microbial communities, which are affected by hormones and antibiotics, and display biogeographical tropism. Microbiota is represented by members of the phylum *Firmicutes*, most notably *Staphylococcus* sp., *Enterococcus* sp., and *Lactobacillus* sp. Other highly abundant and prevalent taxa include pseudomonads (*Pseudomonas* sp. and *Burkholderia* sp.) and known genital tract anaerobes *Propionibacterium* sp. and *Prevotella* sp. The results of microbial profiling are consistent with cultivation for most cohorts, with *Staphylococcus* sp. dominating both the culture-dependent and culture-independent results. Community profiles differ significantly between the left and the right uterine tubes. *Lactobacillus* sp., *Enterococcus* sp. and *Prevotella* sp. are more abundant within the left tube versus the right tube, whilst *Staphylococcus* sp. is more abundant within the right tube. The microbial community within the

ampulla demonstrates a significantly greater abundance of *Enterococcus* sp. and *P. acnes* when compared to the isthmus [83]. For the sake of the complexity of knowledge, we will add that in contrast with the vaginal epithelium, the simple columnar epithelium of the uterine tubes contains numerous specific cells of the immune system. As our previous research shows, these immunologically active cells are mostly regulatory T- lymphocytes [84]. The occurrence of these intraepithelial T- lymphocytes together with secretion of tubal fluid containing cytokines and chemokines by tubal epithelial cells [85] cause pathogen inhibition inside uterine tube. Probably because of both mentioned factors, the presence of lymphatic follicles in the wall of uterine tubes, as the sign of chronic inflammation, is rare and is present during histological examination only in 2.1 % of surgically removed uterine tubes [86].

Miles *et al.* [73] detected *Bacteroides*, *Corynebacterium*, *Lactobacillus*, *Coprococcus* and *Hymenobacter* in uterine tubes, and *Lactobacillus*, *Corynebacterium*, *Escherichia*, *Blautia* in ovarian samples surgically removed during total hysterectomy and bilateral salpingo-oophorectomy. Further analyses of ovarian follicular fluid by Pelzer *et al.* [87] revealed *L. iners*, *Actinomyces* spp., *Corynebacterium auromuosum*, *Fusobacterium* sp., *Prevotella*, or *Staphylococcus* sp. being colonisation more prevalent in the left than in the right ovary. Based on this finding we can suppose that the follicular fluid is not sterile. Microorganisms colonizing follicular fluid and the ensuing cytokine response could be a further as yet unrecognized cause and/or predictor of adverse assisted reproduction techniques outcomes and infertility.

Zhou *et al.* [88] analyzed the diversity and composition of the microbiota from 25 ovarian cancer tissues and 25 normal distal uterine tube tissues by 16S rRNA sequencing. Results of sequencing showed that the diversity and richness indexes were significantly decreased in ovarian cancer tissues compared to tissues from normal distal uterine tubes. The ratio of *Proteobacteria* and *Firmicutes* was notably increased in ovarian cancer, which revealed that microbial composition change might be associated with the process of ovarian cancer development. The authors assume that the microbial composition change may be involved in the initiation and progression of ovarian cancer via influencing and regulating the local immune microenvironment of uterine tubes except for regular pathways [88].

Placental microbiota

The placenta exhibits its own unique microbiome, with a low abundance but a metabolically rich microbiome. The combination of 16S rDNA and whole-genome shotgun metagenomic techniques indicate that the placental microbiota largely consists of nonpathogenic commensal microbiota from the phyla of *Firmicutes*, *Tenericutes*, *Proteobacteria*, *Bacteroidetes*, and *Fusobacteria*. By such composition, the placental microbiota mostly resembles the microbiota of the oral cavity and the deep endometrium of non-pregnant women rather than of the adjacent vaginal microbiota [2, 89]. Since fetal viability, growth and development are completely dependent on optimal placental function, the recent finding of a placental microbiome in healthy pregnancy may implicate a role for the bacteria in normal fetal growth and development [90].

Conclusion

Results of culture-dependent and culture-independent studies have revealed composition, diversity and functions of healthy female genital tract microbiota

and its relation to the physiology and pathophysiology of reproductive health. In a balanced microecosystem, homeostasis and mutualism characterize the relationship between the microbiota and the human host. This balance plays important role in reproductive health, whereas its disruption by variations of internal and/or external factors leads to dysbiosis and higher risk for diseases. The understanding of female genital tract microbiota provides new options of clinical diagnostics for infertility, new approaches for assisted reproduction techniques and new treatments for gynecological disorders, such as probiotics and microbiome transplantation.

Conflict of Interest

There is no conflict of interest.

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